

Susz Triathlon 2025 28.06.2025 r.  
Dystans: Sprint



| Mce | Nr  | Nazwisko Imię          | Team                                    | Kraj | Rok ur. | Kat. wiek. | Miejsce kat | Pływanie | Pływanie miejsce | T1       | Rower    | Rower miejsce | T2       | Bieg     | Bieg miejsce | Czas     | K | M  | Kara |
|-----|-----|------------------------|-----------------------------------------|------|---------|------------|-------------|----------|------------------|----------|----------|---------------|----------|----------|--------------|----------|---|----|------|
| 1   | 143 | KUCZYŃSKI Krzysztof    | TRENUJ / HEJTri                         | POL  | 1994    | M30-34     | 1           | 00:10:23 | 14               | 00:01:38 | 00:28:45 | 2             | 00:01:22 | 00:17:05 | 5            | 00:59:13 |   | 1  |      |
| 2   | 132 | KRIEGER Łukasz         | Endure Team                             | POL  | 1990    | M35-39     | 1           | 00:10:22 | 13               | 00:01:44 | 00:28:32 | 1             | 00:01:17 | 00:18:03 | 21           | 00:59:58 |   | 2  |      |
| 3   | 348 | ZINIEWICZ Emil         | MWR Team                                | POL  | 2005    | M20-24     | 1           | 00:09:05 | 2                | 00:01:42 | 00:31:29 | 35            | 00:01:20 | 00:16:46 | 2            | 01:00:22 |   | 3  |      |
| 4   | 122 | KLUPCZYŃSKI Piotr      | Pho3nix UKS Lusowo                      | POL  | 1992    | M30-34     | 2           | 00:10:41 | 19               | 00:01:37 | 00:29:10 | 3             | 00:01:17 | 00:17:40 | 11           | 01:00:25 |   | 4  |      |
| 5   | 38  | CZECHOWSKI Dawid       | TM IRONTEAM                             | POL  | 2004    | M20-24     | 2           | 00:10:26 | 17               | 00:01:56 | 00:29:23 | 7             | 00:01:34 | 00:17:15 | 6            | 01:00:34 |   | 5  |      |
| 6   | 195 | NAJMOWICZ Paweł        | 12 Pułk Logistyczny Triathlon           | POL  | 1993    | M30-34     | 3           | 00:10:16 | 11               | 00:01:47 | 00:30:33 | 20            | 00:01:19 | 00:16:49 | 3            | 01:00:44 |   | 6  |      |
| 7   | 272 | ŚLUPIK Tomasz          | ENDLESS PAIN                            | POL  | 1993    | M30-34     | 4           | 00:09:57 | 6                | 00:01:54 | 00:29:53 | 11            | 00:01:32 | 00:17:29 | 9            | 01:00:45 |   | 7  |      |
| 8   | 290 | SZATROWSKI Radosław    | Endureteam                              | POL  | 1985    | M40-44     | 1           | 00:09:02 | 1                | 00:01:52 | 00:30:27 | 19            | 00:01:33 | 00:17:58 | 19           | 01:00:52 |   | 8  |      |
| 9   | 322 | WAŚOWSKI Rafał         | BIKE U UP                               | POL  | 1990    | M35-39     | 2           | 00:10:23 | 15               | 00:01:45 | 00:29:40 | 10            | 00:01:19 | 00:18:01 | 20           | 01:01:08 |   | 9  |      |
| 10  | 303 | ŚWIĄTŁOŃ Michał        |                                         | POL  | 1995    | M30-34     | 5           | 00:10:14 | 8                | 00:01:45 | 00:29:20 | 4             | 00:01:33 | 00:19:16 | 57           | 01:02:08 |   | 10 |      |
| 11  | 401 | SMĘDA Bartosz          | 12 Brygada Zmechanizowana Szczecin      | POL  | 1986    | M35-39     | 3           | 00:09:38 | 4                | 00:01:40 | 00:32:11 | 45            | 00:01:19 | 00:17:23 | 8            | 01:02:11 |   | 11 |      |
| 12  | 188 | MISZTELA Jakub         | PTT DELTA/ DAWAJ KALACH TEAM            | POL  | 2005    | M20-24     | 3           | 00:10:19 | 12               | 00:01:43 | 00:31:25 | 30            | 00:01:21 | 00:17:43 | 13           | 01:02:31 |   | 12 |      |
| 13  | 395 | SARBAK Bartosz         | 12 Pułk Logistyczny Kolobrzeg           | POL  | 1996    | M25-29     | 1           | 00:11:05 | 27               | 00:01:59 | 00:30:17 | 14            | 00:01:36 | 00:17:34 | 10           | 01:02:31 |   | 12 |      |
| 14  | 13  | BIJAK Patryk           | WMTriself                               | POL  | 1996    | M25-29     | 2           | 00:09:30 | 3                | 00:01:49 | 00:32:13 | 47            | 00:01:26 | 00:17:40 | 12           | 01:02:38 |   | 14 |      |
| 15  | 190 | MOCEK Jędrzej          |                                         | POL  | 2004    | M20-24     | 4           | 00:11:34 | 37               | 00:02:03 | 00:30:26 | 17            | 00:01:48 | 00:17:02 | 4            | 01:02:53 |   | 15 |      |
| 16  | 280 | STANISZEWSKI Krzysztof | Szkola Pływania Żarłacz                 | POL  | 1986    | M35-39     | 4           |          |                  |          |          |               |          |          |              | 01:02:58 |   | 16 |      |
| 17  | 151 | KUREK Piotr            | KS Posenania                            | POL  | 1981    | M40-44     | 2           | 00:10:16 | 10               | 00:01:48 | 00:30:58 | 24            | 00:01:18 | 00:18:45 | 39           | 01:03:05 |   | 17 |      |
| 18  | 53  | FOJUTOWSKI Jan         | TRISPACE/TREK/MKS 63 BYDGOSZCZ          | POL  | 2006    | M16-19     | 1           | 00:10:24 | 16               | 00:01:38 | 00:31:15 | 28            | 00:01:18 | 00:18:35 | 30           | 01:03:10 |   | 18 |      |
| 19  | 107 | KAMIŃSKI Tomasz        | TM Iron Team                            | POL  | 1982    | M40-44     | 3           | 00:11:37 | 39               | 00:01:55 | 00:30:11 | 13            | 00:01:28 | 00:18:11 | 23           | 01:03:22 |   | 19 |      |
| 20  | 274 | SOBOLEWSKI Mateusz     |                                         | POL  | 2003    | M20-24     | 5           | 00:10:52 | 21               | 00:01:55 | 00:31:03 | 26            | 00:01:24 | 00:18:08 | 22           | 01:03:22 |   | 19 |      |
| 21  | 138 | KUBACKI Marcin         | Konińska Akademia Triathlonu            | POL  | 2006    | M16-19     | 2           | 00:10:32 | 18               | 00:01:32 | 00:31:26 | 33            | 00:01:15 | 00:18:41 | 36           | 01:03:26 |   | 21 |      |
| 22  | 52  | FLIEGER Patryk         | TRIO Team                               | POL  | 1987    | M35-39     | 5           | 00:12:33 | 62               | 00:01:50 | 00:29:35 | 8             | 00:01:23 | 00:18:11 | 24           | 01:03:32 |   | 22 |      |
| 23  | 106 | KALDOWSKI Łukasz       | SMARTENDU                               | POL  | 1993    | M30-34     | 6           | 00:11:51 | 46               | 00:02:21 | 00:29:22 | 5             | 00:01:34 | 00:18:27 | 29           | 01:03:35 |   | 23 |      |
| 24  | 9   | BEDNARCZYK Tomasz      | Pro3team/ Inżyniera Łódowa              | POL  | 1987    | M35-39     | 6           | 00:11:01 | 23               | 00:02:04 | 00:30:02 | 12            | 00:01:38 | 00:19:22 | 59           | 01:04:07 |   | 24 |      |
| 25  | 244 | RÓŻAŁSKI Piotr         | ETT - Elblag Triathlon Team             | POL  | 1979    | M45-49     | 1           | 00:11:06 | 29               | 00:01:57 | 00:30:52 | 22            | 00:01:29 | 00:18:43 | 38           | 01:04:07 |   | 24 |      |
| 26  | 391 | RESZEK Paweł           | JW 4026                                 | POL  | 1985    | M40-44     | 4           | 00:12:07 | 53               | 00:01:59 | 00:30:27 | 18            | 00:01:46 | 00:17:53 | 15           | 01:04:12 |   | 26 |      |
| 27  | 152 | KURIATA Zofia          | WLKS Kmicic / KAZIKI                    | POL  | 2003    | K20-24     | 1           |          |                  |          |          |               |          |          |              | 01:04:20 | 1 |    |      |
| 28  | 7   | BARANEK Bartek         | LUFT TRI TEAM                           | POL  | 2008    | M16-19     | 3           | 00:11:45 | 44               | 00:01:51 | 00:30:23 | 16            | 00:01:48 | 00:18:46 | 40           | 01:04:33 |   | 27 |      |
| 29  | 468 | PYK TOMASZ             | TM IRON TEAM                            | POL  | 1984    | M40-44     | 5           | 00:10:54 | 22               | 00:01:46 | 00:31:26 | 31            | 00:01:25 | 00:19:06 | 51           | 01:04:37 |   | 28 |      |
| 30  | 211 | PAWELCZYK Piotr        |                                         | POL  | 1994    | M30-34     | 7           | 00:11:27 | 35               | 00:02:11 | 00:31:50 | 39            | 00:01:25 | 00:17:53 | 16           | 01:04:46 |   | 29 |      |
| 31  | 79  | GRODZKI Marek          | CTS                                     | POL  | 1975    | M50-54     | 1           | 00:11:53 | 48               | 00:02:10 | 00:29:36 | 9             | 00:01:35 | 00:19:37 | 71           | 01:04:51 |   | 30 |      |
| 32  | 162 | LITWINIUK Krzysztof    | Kriss Coaching                          | POL  | 1980    | M45-49     | 2           | 00:11:02 | 25               | 00:01:44 | 00:31:02 | 25            | 00:01:37 | 00:19:33 | 67           | 01:04:58 |   | 31 |      |
| 33  | 408 | Grudziński Szymon      | triton Konin / Koszal Coaching          | POL  | 1981    | M40-44     | 6           | 00:13:08 | 86               | 00:02:08 | 00:30:20 | 15            | 00:01:15 | 00:18:14 | 26           | 01:05:05 |   | 32 |      |
| 34  | 305 | ŻOŁNOWSKI Karol        | Witecka Team                            | POL  | 1997    | M25-29     | 3           | 00:11:05 | 28               | 00:01:41 | 00:32:20 | 51            | 00:01:24 | 00:18:35 | 32           | 01:05:05 |   | 32 |      |
| 35  | 330 | WITECKA Martyna        |                                         | POL  | 1998    | K25-29     | 1           | 00:11:02 | 24               | 00:01:39 | 00:31:32 | 36            | 00:01:28 | 00:19:30 | 65           | 01:05:11 | 2 |    |      |
| 36  | 105 | KALIŃOWSKI Piotr       | Szymanowski Triathlon Team              | POL  | 1973    | M50-54     | 2           | 00:09:51 | 5                | 00:01:46 | 00:32:38 | 61            | 00:01:30 | 00:19:29 | 62           | 01:05:14 |   | 34 |      |
| 37  | 471 | OCHAL PAWEŁ            | TEAMOCHAL                               | POL  | 1981    | M40-44     | 7           | 00:12:59 | 79               | 00:02:03 | 00:32:07 | 43            | 00:01:32 | 00:16:43 | 1            | 01:05:24 |   | 35 |      |
| 38  | 223 | POKRYWIŃSKI Marcin     | Dare2Tri                                | POL  | 1981    | M40-44     | 7           | 00:11:14 | 32               | 00:02:01 | 00:31:26 | 32            | 00:01:39 | 00:19:04 | 50           | 01:05:24 |   | 35 |      |
| 39  | 381 | KUŚWIK Przemysław      | 16 Jarościński Batalion Remontu Lotnisk | POL  | 1998    | M25-29     | 4           | 00:12:03 | 50               | 00:02:08 | 00:29:22 | 6             | 00:02:02 | 00:19:54 | 80           | 01:05:29 |   | 37 |      |
| 40  | 134 | KROPIEWNICKI Przemek   | Sport2freedom / TM Iron Team            | POL  | 1982    | M40-44     | 9           | 00:11:35 | 38               | 00:01:50 | 00:31:27 | 34            | 00:01:28 | 00:19:30 | 63           | 01:05:50 |   | 38 |      |
| 41  | 60  | GAŚTOR Oliwia          | Kaziki                                  | POL  | 2003    | K20-24     | 2           | 00:09:58 | 7                | 00:01:57 | 00:33:36 | 81            | 00:01:33 | 00:19:07 | 52           | 01:06:11 | 3 |    |      |
| 42  | 242 | ROSPOND Grzegorz       | CLICO                                   | POL  | 1981    | M40-44     | 10          | 00:12:51 | 74               | 00:01:54 | 00:30:47 | 21            | 00:01:32 | 00:19:15 | 56           | 01:06:19 |   | 39 |      |
| 43  | 169 | ŁUCZAK Bartosz         | Vamos Racing Team                       | POL  | 1996    | M25-29     | 5           |          |                  |          |          |               |          |          |              | 01:06:22 |   | 40 |      |
| 44  | 174 | MACIEJ Fołtyniewicz    |                                         | POL  | 1973    | M50-54     | 3           | 00:12:10 | 55               | 00:02:12 | 00:32:24 | 55            | 00:01:24 | 00:18:16 | 27           | 01:06:26 |   | 41 |      |
| 45  | 341 | ZARĘBA Łukasz          |                                         | POL  | 1999    | M25-29     | 6           | 00:11:52 | 47               | 00:01:47 | 00:32:36 | 60            | 00:01:26 | 00:18:53 | 46           | 01:06:34 |   | 42 |      |
| 46  | 208 | PALUCH Jan             | Triathlon Consulting                    | POL  | 2006    | M16-19     | 4           | 00:13:13 | 94               | 00:01:42 | 00:32:29 | 58            | 00:01:40 | 00:17:46 | 14           | 01:06:50 |   | 43 |      |
| 47  | 24  | BURNATOWICZ Piotr      | KAZIKI                                  | POL  | 2003    | M20-24     | 6           | 00:11:44 | 43               | 00:02:02 | 00:32:20 | 52            | 00:01:37 | 00:19:12 | 55           | 01:06:55 |   | 44 |      |
| 48  | 167 | ŁOPACIŃSKI Wojciech    | Endure Team                             | POL  | 2001    | M20-24     | 7           | 00:12:06 | 52               | 00:01:55 | 00:32:27 | 57            | 00:01:41 | 00:18:51 | 44           | 01:07:00 |   | 45 |      |
| 49  | 103 | KACPERSKI Wojtek       | WMKS Olsztyńska Szkoła Triathlonu       | POL  | 1981    | M40-44     | 11          | 00:13:27 | 106              | 00:01:56 | 00:32:14 | 48            | 00:01:31 | 00:17:56 | 18           | 01:07:04 |   | 46 |      |
| 50  | 156 | LAURYN Patryk          | EasyTri                                 | POL  | 1988    | M35-39     | 7           | 00:12:43 | 69               | 00:02:04 | 00:32:08 | 44            | 00:01:56 | 00:18:54 | 47           | 01:07:45 |   | 47 |      |
| 51  | 23  | BUJKO Tomasz           | BujkoTriTeam                            | POL  | 1984    | M40-44     | 12          |          |                  |          |          |               |          |          |              | 01:07:51 |   | 48 |      |
| 52  | 239 | ROGOZIŃSKI Dawid       | TEAMOCHAL                               | POL  | 1988    | M35-39     | 8           | 00:15:23 | 191              | 00:02:06 | 00:31:21 | 29            | 00:01:40 | 00:17:22 | 7            | 01:07:52 |   | 49 |      |
| 53  | 127 | KOSMAŁA Michał         | KOPARCO Biskupski Running Team          | POL  | 1977    | M45-49     | 3           | 00:13:11 | 91               | 00:02:19 | 00:30:55 | 23            | 00:01:47 | 00:19:55 | 81           | 01:08:07 |   | 50 |      |
| 54  | 118 | KAŁOŁ Sławomir         | TIMBUD TEAM                             | POL  | 1964    | M60-64     | 1           | 00:13:13 | 95               | 00:02:05 | 00:31:43 | 38            | 00:01:35 | 00:19:35 | 69           | 01:08:11 |   | 51 |      |
| 55  | 133 | KROPIEWNICKA Agnieszka | Sport2freedom/TM Iron Team              | POL  | 1982    | K40-44     | 1           | 00:11:26 | 34               | 00:01:59 | 00:33:10 | 70            | 00:01:31 | 00:20:12 | 88           | 01:08:18 | 4 |    |      |
| 56  | 475 | BERNER SZYMON          | KU ZAS WAT                              | POL  | 2004    | M20-24     | 8           | 00:10:48 | 20               | 00:02:33 | 00:34:25 | 106           | 00:02:00 | 00:18:35 | 31           | 01:08:21 |   | 52 |      |
| 57  | 224 | POLIWODZIŃSKI Mateusz  | TEAMOCHAL                               | POL  | 2007    | M16-19     | 5           | 00:12:25 | 59               | 00:01:38 | 00:34:49 | 115           | 00:01:27 | 00:18:12 | 25           | 01:08:31 |   | 53 |      |
| 58  | 172 | MACHNIO Bartosz        | AZS WUM                                 | POL  | 2001    | M20-24     | 9           | 00:12:30 | 60               | 00:02:29 | 00:31:40 | 37            | 00:01:30 | 00:20:27 | 99           | 01:08:36 |   | 54 |      |
| 59  | 478 | NACHYŁA JAKUB          | TEAM NACHYŁA                            | POL  | 2002    | M20-24     | 10          | 00:11:07 | 30               | 00:02:09 | 00:32:23 | 54            | 00:01:35 | 00:21:24 | 135          | 01:08:38 |   | 55 |      |
| 60  | 205 | OŻAROWSKI Marcin       | EvoTriathlon                            | POL  | 1980    | M45-49     | 4           | 00:12:39 | 66               | 00:02:48 | 00:32:20 | 53            | 00:01:57 | 00:19:02 | 49           | 01:08:46 |   | 56 |      |
| 61  | 206 | PAKUŁA Piotr           | EndureTeam                              | POL  | 1989    | M35-39     | 9           | 00:11:31 | 36               | 00:02:21 | 00:32:06 | 42            | 00:01:48 | 00:21:12 | 126          | 01:08:58 |   | 57 |      |
| 62  | 111 | KARASIŃSKI Marcin      |                                         | POL  | 1970    | M55-59     | 1           | 00:11:24 | 33               | 00:02:26 | 00:35:02 | 125           | 00:01:33 | 00:18:36 | 33           | 01:09:01 |   | 58 |      |
| 63  | 120 | KISIELNICKI Bartosz    | KTS IRONMAN                             | POL  | 1983    | M40-44     | 13          | 00:12:51 | 75               | 00:02:22 | 00:33:01 | 66            | 00:01:40 | 00:19:20 | 58           | 01:09:14 |   | 59 |      |
| 64  | 58  | GARDENER Jacek         | LKS Victoria Zabostów                   | POL  | 1964    | M60-64     | 2           | 00:13:12 | 93               | 00:02:02 | 00:32:17 | 49            | 00:01:18 | 00:20:30 | 101          | 01:09:19 |   | 60 |      |
| 65  | 332 | WŁODARCZYK Piotr       | BUDCHEM                                 | POL  | 1979    | M45-49     | 5           | 00:13:20 | 100              | 00:02:12 | 00:32:18 | 50            | 00:01:52 | 00:19:40 | 72           | 01:09:22 |   | 61 |      |
| 66  | 124 | KOCCIAN Karol          | Endure Team                             | POL  | 1984    | M40-44     | 14          | 00:13:59 | 126              | 00:02:06 | 00:32:43 | 63            | 00:01:56 | 00:18:47 | 42           | 01:09:31 |   | 62 |      |
| 67  | 28  | CHMIELEWSKI Maciej     | TRI Division Triathlon Team             | POL  | 2005    | M20-24     | 11          | 00:13:05 | 83               | 00:02:09 | 00:32:43 | 64            |          |          |              |          |   |    |      |

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| Mce | Nr  | Nazwisko Imię                 | Team                                               | Kraj | Rok ur. | Kat. wiek. | Miejsce kat | Pływanie | Pływanie miejsce | T1       | Rower    | Rower miejsce | T2       | Bieg     | Bieg miejsce | Czas     | K  | M   | Kara |
|-----|-----|-------------------------------|----------------------------------------------------|------|---------|------------|-------------|----------|------------------|----------|----------|---------------|----------|----------|--------------|----------|----|-----|------|
| 71  | 130 | KRASNODEBSKI Sebastian        | Team Mysia                                         | POL  | 1982    | M40-44     | 16          | 00:13:10 | 89               | 00:02:34 | 00:31:57 | 41            | 00:01:51 | 00:20:21 | 93           | 01:09:53 |    | 67  |      |
| 72  | 264 | SIENNICKA Kornelia            | Luft Tri Team                                      | POL  | 2005    | K20-24     | 3           | 00:10:15 | 9                | 00:01:54 | 00:34:30 | 108           | 00:01:53 | 00:21:21 | 134          | 01:09:53 | 5  |     |      |
| 73  | 233 | PRZYBYLSKI Krzysztof          | Najmowicz TEAM                                     | POL  | 1986    | M35-39     | 12          | 00:12:18 | 58               | 00:02:41 | 00:34:23 | 104           | 00:01:41 | 00:18:51 | 45           | 01:09:54 |    | 68  |      |
| 74  | 30  | CHYLIŃSKI Adam                | KP Sukces Chorzów                                  | POL  | 1976    | M45-49     | 6           | 00:11:53 | 49               | 00:02:16 | 00:33:52 | 87            | 00:01:33 | 00:20:23 | 98           | 01:09:57 |    | 69  |      |
| 75  | 95  | JAROCKA Wioleta               | Twister Team                                       | POL  | 1985    | K40-44     | 2           | 00:13:08 | 85               | 00:01:49 | 00:33:50 | 86            | 00:01:32 | 00:19:48 | 78           | 01:10:07 | 6  |     |      |
| 76  | 3   | ANTONIUK Artur                | Erkado Racing Team Kraśnik                         | POL  | 1980    | M45-49     | 7           | 00:14:25 | 146              | 00:02:04 | 00:32:32 | 59            | 00:01:31 | 00:20:00 | 83           | 01:10:32 |    | 70  |      |
| 77  | 32  | CIESZYŃSKI Jacek              | TM IronTeam                                        | POL  | 1963    | M60-64     | 3           | 00:12:37 | 63               | 00:02:48 | 00:33:12 | 71            | 00:02:05 | 00:20:19 | 92           | 01:11:01 |    | 71  |      |
| 78  | 369 | GNIOT Jacek                   | 8 K-PBOT / TM IRON TEAM                            | POL  | 1961    | M50-54     | 4           | 00:15:49 | 210              | 00:01:51 | 00:31:15 | 27            | 00:01:57 | 00:20:23 | 97           | 01:11:15 |    | 72  |      |
| 79  | 376 | KOĆ Piotr                     | 9BKPanc/ Triathlon Siedlce Club                    | POL  | 1997    | M25-29     | 7           | 00:13:23 | 101              | 00:02:47 | 00:33:30 | 79            | 00:01:56 | 00:19:41 | 73           | 01:11:17 |    | 73  |      |
| 80  | 371 | GOŁATA Wojciech               | Bdow / LKS Ostromecko                              | POL  | 1980    | M45-49     | 8           | 00:12:58 | 78               | 00:02:16 | 00:35:08 | 127           | 00:01:37 | 00:19:23 | 60           | 01:11:22 |    | 74  |      |
| 81  | 344 | ZEMBRZUSKI Lukasz             | KK Żaluski Team                                    | POL  | 2003    | M20-24     | 12          | 00:12:48 | 73               | 00:02:29 | 00:34:05 | 94            | 00:02:49 | 00:19:12 | 54           | 01:11:23 |    | 75  |      |
| 82  | 129 | KOWALSKA Angelika             | ENDURE TEAM                                        | POL  | 1981    | K40-44     | 3           | 00:14:48 | 164              | 00:01:53 | 00:33:02 | 67            | 00:01:39 | 00:20:12 | 89           | 01:11:34 | 7  |     |      |
| 83  | 315 | TYSZKIEWICZ Rafał             | Luft Tri Team                                      | POL  | 1970    | M55-59     | 2           | 00:15:43 | 203              | 00:02:30 | 00:33:37 | 83            | 00:01:51 | 00:17:54 | 17           | 01:11:35 |    | 76  |      |
| 84  | 240 | ROHDE Piotr                   | TM Iron Team                                       | POL  | 2007    | M16-19     | 6           | 00:13:04 | 81               | 00:01:52 | 00:35:41 | 140           | 00:01:33 | 00:19:30 | 64           | 01:11:40 |    | 77  |      |
| 85  | 255 | SALIŃSKI Michał               | KTS IRONMAN                                        | POL  | 1983    | M40-44     | 17          | 00:14:03 | 129              | 00:01:52 | 00:34:24 | 105           | 00:01:37 | 00:19:44 | 77           | 01:11:40 |    | 77  |      |
| 86  | 8   | BARANEK Paweł                 | Clouds on Mars                                     | POL  | 1980    | M45-49     | 9           | 00:13:08 | 87               | 00:02:11 | 00:33:03 | 68            | 00:02:06 | 00:21:18 | 131          | 01:11:46 |    | 79  |      |
| 87  | 227 | PRUCHNIEWSKI Sławomir         |                                                    | POL  | 1979    | M45-49     | 10          | 00:12:38 | 64               | 00:02:37 | 00:33:59 | 91            | 00:01:40 | 00:20:57 | 111          | 01:11:51 |    | 80  |      |
| 88  | 298 | SZYMAŃSKI Mieszko             | Trii-med                                           | POL  | 2003    | M20-24     | 13          |          |                  |          |          |               |          |          |              | 01:11:53 |    | 81  |      |
| 89  | 159 | LIS Daniel                    | TRIMASTER                                          | POL  | 1984    | M40-44     | 18          | 00:13:02 | 80               | 00:02:20 | 00:33:09 | 69            | 00:02:05 | 00:21:25 | 137          | 01:12:01 |    | 82  |      |
| 90  | 64  | GŁOWACKI Wiktor               |                                                    | POL  | 1999    | M25-29     | 8           | 00:14:35 | 155              | 00:02:03 | 00:34:14 | 98            | 00:01:39 | 00:19:34 | 68           | 01:12:05 |    | 83  |      |
| 91  | 176 | MALINOWSKA Karolina           | Litwin Sports/GLKS Świdnica                        | POL  | 2003    | K20-24     | 4           | 00:13:43 | 118              | 00:02:27 | 00:34:06 | 95            | 00:01:32 | 00:20:33 | 102          | 01:12:21 | 8  |     |      |
| 92  | 258 | KURCZYCKI MICHAŁ              | WANIEWSKI COACHING                                 | POL  | 1979    | M45-49     | 11          | 00:12:41 | 67               | 00:02:23 | 00:34:00 | 92            | 00:01:50 | 00:21:31 | 146          | 01:12:25 |    | 84  |      |
| 93  | 67  | GOLYŚ Dawid                   | TriDivision Triathlon Team                         | POL  | 1995    | M30-34     | 8           |          |                  |          |          |               |          |          |              | 01:12:34 |    | 85  |      |
| 94  | 217 | PIOTROWICZ Ewa                | EvoTriathlon                                       | POL  | 1987    | K35-39     | 1           | 00:13:38 | 114              | 00:02:20 | 00:34:18 | 100           | 00:01:45 | 00:20:35 | 103          | 01:12:36 | 9  |     |      |
| 95  | 91  | JAKUBOWSKI Jakub              | Najmowicz Triathlon                                | POL  | 1990    | M35-39     | 13          | 00:12:53 | 76               | 00:02:23 | 00:35:30 | 136           | 00:01:48 | 00:20:09 | 86           | 01:12:43 |    | 86  |      |
| 96  | 241 | ROHDE Łukasz                  | TM Iron Team                                       | POL  | 2005    | M20-24     | 14          | 00:12:14 | 56               | 00:02:17 | 00:35:11 | 129           | 00:01:50 | 00:21:13 | 128          | 01:12:45 |    | 87  |      |
| 97  | 309 | TONAK Mikołaj                 | TM Iron Team                                       | POL  | 1997    | M25-29     | 9           | 00:14:56 | 168              | 00:02:29 | 00:33:57 | 90            | 00:01:41 | 00:19:42 | 75           | 01:12:45 |    | 87  |      |
| 98  | 31  | CICHOWSKI Janusz              | ETT ELBLĄG TRIATHLON TEAM                          | POL  | 1985    | M40-44     | 19          | 00:13:30 | 107              | 00:02:23 | 00:34:08 | 96            | 00:01:48 | 00:21:00 | 116          | 01:12:49 |    | 89  |      |
| 99  | 110 | KAPSA Dawid                   | TRISPACE/TREK                                      | POL  | 1978    | M45-49     | 12          | 00:16:12 | 227              | 00:01:48 | 00:33:24 | 77            | 00:01:49 | 00:19:42 | 74           | 01:12:55 |    | 90  |      |
| 100 | 5   | BANASZEWSKI Jakub             | Orka Masters Ilawa/ Endure Team                    | POL  | 1998    | M25-29     | 10          | 00:13:10 | 88               | 00:02:22 | 00:34:20 | 102           | 00:01:51 | 00:21:14 | 130          | 01:12:57 |    | 91  |      |
| 101 | 15  | BOGACZ Mariusz                | BIKE U U / Zryw Radziejów                          | POL  | 1978    | M45-49     | 13          | 00:14:08 | 132              | 00:02:16 | 00:32:41 | 62            | 00:01:56 | 00:21:58 | 161          | 01:12:59 |    | 92  |      |
| 102 | 18  | BONIKOWSKI Jakub              |                                                    | POL  | 1972    | M50-54     | 5           | 00:13:30 | 109              | 00:02:12 | 00:33:19 | 74            | 00:01:31 | 00:22:27 | 177          | 01:12:59 |    | 92  |      |
| 103 | 234 | PRZYMUŚ Ziemowit              | Rybicki Triathlon Team                             | POL  | 1966    | M55-59     | 3           | 00:13:40 | 115              | 00:02:16 | 00:33:53 | 88            | 00:02:05 | 00:21:06 | 118          | 01:13:00 |    | 94  |      |
| 104 | 116 | KASPEROWICZ Marcin            | MK77Tri                                            | POL  | 1977    | M45-49     | 14          | 00:13:48 | 119              | 00:02:11 | 00:33:24 | 76            | 00:01:57 | 00:21:42 | 154          | 01:13:02 |    | 95  |      |
| 105 | 173 | MACIASZEK Gabriela            | CTS                                                | POL  | 2002    | K20-24     | 5           | 00:13:07 | 84               | 00:02:04 | 00:35:14 | 131           | 00:01:28 | 00:21:09 | 121          | 01:13:02 | 10 |     |      |
| 106 | 98  | JEREMIEJEW Rafał              | Mrozek Tri Team                                    | POL  | 1973    | M50-54     | 6           | 00:14:29 | 149              | 00:02:01 | 00:33:53 | 89            | 00:01:52 | 00:20:50 | 109          | 01:13:05 |    | 96  |      |
| 107 | 389 | ONDRA Karol                   | 1 Brygada Logistyczna                              | POL  | 1994    | M30-34     | 9           | 00:16:43 | 241              | 00:02:40 | 00:33:36 | 82            | 00:01:48 | 00:18:25 | 28           | 01:13:12 |    | 97  |      |
| 108 | 398 | SKWIERCZ Andrzej              | Centrum Szkolenia Logistyki w Grupie               | POL  | 1986    | M35-39     | 14          | 00:14:09 | 134              | 00:03:13 | 00:33:24 | 75            | 00:02:04 | 00:20:23 | 96           | 01:13:13 |    | 98  |      |
| 109 | 352 | ŻELAZNY Maciej                | Trigym Szczecin                                    | POL  | 1991    | M30-34     | 10          | 00:13:43 | 117              | 00:01:57 | 00:35:20 | 134           | 00:01:49 | 00:20:28 | 100          | 01:13:17 |    | 99  |      |
| 110 | 99  | JĘDRYCZKA Piotr               |                                                    | POL  | 1993    | M30-34     | 11          | 00:11:42 | 41               | 00:02:01 | 00:37:39 | 199           | 00:01:40 | 00:20:22 | 95           | 01:13:24 |    | 100 |      |
| 111 | 35  | CZAJKOWSKI Bartosz czajkowski | TM IRON TEAM                                       | POL  | 1993    | M30-34     | 12          | 00:14:43 | 162              | 00:02:09 | 00:35:01 | 123           | 00:01:40 | 00:20:01 | 84           | 01:13:34 |    | 101 |      |
| 112 | 57  | GARBIEC Tomasz                | Parafia Św. Marek Warszawa Targówek                | POL  | 1975    | M50-54     | 7           | 00:16:55 | 245              | 00:02:14 | 00:32:11 | 46            | 00:01:35 | 00:20:40 | 104          | 01:13:35 |    | 102 |      |
| 113 | 45  | DUBANIEWICZ Michał            | AZS WAT                                            | POL  | 2002    | M20-24     | 15          | 00:13:27 | 105              | 00:02:56 | 00:35:46 | 144           | 00:02:46 | 00:18:57 | 48           | 01:13:52 |    | 103 |      |
| 114 | 47  | DUK Janusz                    | Dijk                                               | POL  | 1966    | M55-59     | 4           | 00:14:23 | 145              | 00:02:30 | 00:33:38 | 84            | 00:01:53 | 00:21:28 | 141          | 01:13:52 |    | 103 |      |
| 115 | 289 | SZARMACHER Sebastian          | Rozbiegane Działdowo                               | POL  | 1983    | M40-44     | 20          | 00:15:41 | 202              | 00:02:21 | 00:33:40 | 85            | 00:01:50 | 00:20:21 | 94           | 01:13:53 |    | 105 |      |
| 116 | 373 | GWIAZDOWSKI Cezary            | Lotnicza Akademia Wojskowa                         | POL  | 2004    | M20-24     | 16          | 00:14:03 | 128              | 00:02:03 | 00:35:51 | 145           | 00:01:44 | 00:20:17 | 90           | 01:13:58 |    | 106 |      |
| 117 | 75  | GRABARSKI Paweł               | Banda Tri G                                        | POL  | 1982    | M40-44     | 21          | 00:14:18 | 143              | 00:02:44 | 00:34:19 | 101           | 00:01:57 | 00:20:43 | 106          | 01:14:01 |    | 107 |      |
| 118 | 11  | BELTER Daniel                 |                                                    | POL  | 1996    | M25-29     | 11          |          |                  |          |          |               |          |          |              | 01:14:08 |    | 108 |      |
| 119 | 135 | KROPLEWSKI Maciej             | CTS                                                | POL  | 1981    | M40-44     | 22          | 00:13:30 | 108              | 00:02:27 | 00:34:30 | 107           | 00:02:04 | 00:21:48 | 157          | 01:14:19 |    | 109 |      |
| 120 | 46  | DUDEK Igor                    |                                                    | POL  | 2003    | M20-24     | 17          | 00:15:36 | 197              | 00:02:27 | 00:35:16 | 132           | 00:02:21 | 00:18:43 | 37           | 01:14:23 |    | 110 |      |
| 121 | 102 | JUSZCZAK Mateusz              | Biała Manufaktura Triathlonu                       | POL  | 1996    | M25-29     | 12          | 00:12:38 | 65               | 00:02:11 | 00:36:04 | 155           | 00:01:59 | 00:21:31 | 145          | 01:14:23 |    | 110 |      |
| 122 | 357 | ZYWUSZKO Wioletta             | ETT Elbląg Triathlon Team                          | POL  | 1976    | K45-49     | 1           | 00:13:52 | 122              | 00:02:16 | 00:34:44 | 113           | 00:02:35 | 00:21:09 | 122          | 01:14:36 | 11 |     |      |
| 123 | 22  | BRZOŚKA Henryk                | SportLove Kielce                                   | POL  | 1966    | M55-59     | 5           | 00:15:16 | 186              | 00:02:35 | 00:34:36 | 111           | 00:02:13 | 00:19:59 | 82           | 01:14:39 |    | 112 |      |
| 124 | 88  | IRZEŃSKI Michał               | Swim TRI Rzeszów                                   | POL  | 1984    | M40-44     | 23          | 00:13:24 | 102              | 00:02:15 | 00:36:03 | 153           | 00:01:56 | 00:21:04 | 117          | 01:14:42 |    | 113 |      |
| 125 | 403 | SOKOŁ Adam                    | WCR w Jasle                                        | POL  | 1976    | M45-49     | 15          | 00:12:48 | 72               | 00:02:51 | 00:35:23 | 135           | 00:02:27 | 00:21:21 | 133          | 01:14:50 |    | 114 |      |
| 126 | 82  | HALA Marta                    | UKS Lusowo                                         | POL  | 1980    | K45-49     | 2           | 00:14:17 | 140              | 00:02:46 | 00:35:01 | 124           | 00:02:03 | 00:20:44 | 107          | 01:14:51 | 12 |     |      |
| 127 | 362 | BAGROWSKI Karol               | 1 Brygada Rakiet Toruń / 16 Dywizja Zmechanizowana | POL  | 1996    | M25-29     | 13          | 00:12:06 | 51               | 00:02:09 | 00:34:57 | 121           | 00:01:44 | 00:24:03 | 218          | 01:14:59 |    | 115 |      |
| 128 | 115 | KARWOWSKI Jarosław            | SNT                                                | POL  | 1985    | M40-44     | 24          | 00:12:44 | 70               | 00:02:43 | 00:36:35 | 173           | 00:01:46 | 00:21:12 | 127          | 01:15:00 |    | 116 |      |
| 129 | 131 | KRAWCZYK Jakub                | Vamos Racing Team                                  | POL  | 1992    | M30-34     | 13          | 00:14:41 | 161              | 00:02:13 | 00:34:38 | 112           | 00:01:52 | 00:21:38 | 152          | 01:15:02 |    | 117 |      |
| 130 | 378 | KRAWCZUK Piotr                | CGDP                                               | POL  | 1982    | M40-44     | 25          | 00:19:06 | 287              | 00:02:09 | 00:33:12 | 72            | 00:01:26 | 00:19:28 | 61           | 01:15:21 |    | 118 |      |
| 131 | 291 | SZCZYGIEŁ Anna                | KAZIKI                                             | POL  | 1988    | K35-39     | 2           | 00:13:25 | 104              | 00:02:38 | 00:36:03 | 154           | 00:02:17 | 00:20:58 | 113          | 01:15:21 | 13 |     |      |
| 132 | 366 | CIEŁUSZECKI Mariusz           | 18 Białostocki Pułk Rozpoznawczy                   | POL  | 1983    | M40-44     | 26          | 00:15:32 | 196              | 00:02:22 | 00:34:00 | 93            | 00:03:20 | 00:20:10 | 87           | 01:15:24 |    | 119 |      |
| 133 | 65  | GOC-KOZAKIEWICZ Marta         | Kwidzyn Biega/ Speed Squad                         | POL  | 1975    | K50-54     | 1           | 00:14:35 | 156              | 00:03:11 | 00:34:53 | 119           | 00:01:56 | 00:20:53 | 110          | 01:15:28 | 14 |     |      |
| 134 | 197 | NERC Patrycja                 | CTS                                                | POL  | 2003    | K20-24     | 6           | 00:11:49 | 45               | 00:02:13 | 00:36:24 | 169           | 00:01:44 | 00:23:24 | 200          | 01:15:34 | 15 |     |      |
| 135 | 26  | BUTOWSKI Krzysztof            | Toruński Klub Triathlonowy                         | POL  | 1981    | M40-44     | 27          | 00:15:05 | 177              | 00:02:23 | 00:34:50 | 117           | 00:02:09 | 00:21:09 | 124          | 01:15:36 |    | 120 |      |
| 136 | 407 | TOPOLSKI Mariusz              | 56 Baza Inowrocław                                 | POL  | 1978    | M45-4      |             |          |                  |          |          |               |          |          |              |          |    |     |      |

Susz Triathlon 2025 28.06.2025 r.  
Dystans: Sprint



| Mce | Nr  | Nazwisko Imię                 | Team                                   | Kraj | Rok ur. | Kat. wiek. | Miejsce kat | Pływanie | Pływanie miejsce | T1       | Rower    | Rower miejsce | T2       | Bieg     | Bieg miejsce | Czas     | K  | M   | Kara |
|-----|-----|-------------------------------|----------------------------------------|------|---------|------------|-------------|----------|------------------|----------|----------|---------------|----------|----------|--------------|----------|----|-----|------|
| 141 | 380 | KULESZA Dawid                 | Centrum Szkolenia Logistyki w Grupie   | POL  | 1992    | M30-34     | 14          | 00:15:51 | 212              | 00:03:07 | 00:33:19 | 73            | 00:01:52 | 00:21:48 | 158          | 01:15:57 |    | 126 |      |
| 142 | 257 | SAMULSKA Ewa                  | Triclub                                | POL  | 1978    | K45-49     | 3           | 00:13:17 | 98               | 00:01:58 | 00:36:45 | 175           | 00:01:40 | 00:22:17 | 171          | 01:15:57 | 16 |     |      |
| 143 | 268 | SIWIEC Agata                  | Sqoora Training                        | POL  | 1997    | K25-29     | 2           | 00:12:53 | 77               | 00:02:41 | 00:37:49 | 208           | 00:02:16 | 00:20:18 | 91           | 01:15:57 | 16 |     |      |
| 144 | 353 | ŻELICHOWSKI Artur             | Beskid Tri Team                        | POL  | 1973    | M50-54     | 11          | 00:16:40 | 240              | 00:02:50 | 00:34:33 | 109           | 00:01:47 | 00:20:08 | 85           | 01:15:58 |    | 127 |      |
| 145 | 73  | GÓRNY Bartosz                 | TRISPACE/TREK                          | POL  | 1988    | M35-39     | 15          | 00:14:17 | 141              | 00:02:39 | 00:35:04 | 126           | 00:02:01 | 00:21:59 | 163          | 01:16:00 |    | 128 |      |
| 146 | 49  | FERDEK Aleksandra             |                                        | POL  | 1988    | K35-39     | 3           | 00:11:04 | 26               | 00:03:01 | 00:39:53 | 258           | 00:02:21 | 00:19:43 | 76           | 01:16:02 | 18 |     |      |
| 147 | 43  | DOMBROWSKI Patryk             | wTlenie                                | POL  | 1990    | M35-39     | 16          | 00:15:55 | 214              | 00:02:22 | 00:37:04 | 182           | 00:01:57 | 00:18:47 | 41           | 01:16:05 |    | 129 |      |
| 148 | 85  | HARASIMIUK-GRODZKA Małgorzata | CTS                                    | POL  | 1977    | K45-49     | 4           | 00:14:59 | 173              | 00:02:38 | 00:35:13 | 130           | 00:01:52 | 00:21:28 | 142          | 01:16:10 | 19 |     |      |
| 149 | 71  | GOŹDZIEWICZ Paweł             | ComplexSports\Biegamyrazem.pl          | POL  | 1977    | M45-49     | 18          | 00:14:05 | 130              | 00:38:49 |          |               |          |          |              | 01:16:11 |    | 130 |      |
| 150 | 70  | GOZDAN Tomasz                 | Najmowicz Triathlon                    | POL  | 1996    | M25-29     | 14          | 00:13:19 | 99               | 00:03:28 | 00:36:11 | 161           | 00:02:02 | 00:21:34 | 148          | 01:16:34 |    | 131 |      |
| 151 | 479 | Szałachowski Tomasz           | 9 WARMIŃSKI PUŁK ROZPOZNAWCZY          | POL  | 1984    | M40-44     | 28          | 00:15:03 | 175              | 00:02:43 | 00:38:00 | 211           | 00:02:21 | 00:18:36 | 34           | 01:16:43 |    | 132 |      |
| 152 | 204 | OŻAROWSKA Monika              | EvoTriathlon                           | POL  | 1983    | K40-44     | 4           | 00:11:43 | 42               | 00:02:33 | 00:37:09 | 185           | 00:01:56 | 00:23:29 | 202          | 01:16:50 | 20 |     |      |
| 153 | 335 | WOJCIESZUK Anna               | CTS                                    | POL  | 1993    | K30-34     | 1           | 00:13:11 | 90               | 00:03:13 | 00:38:35 | 224           | 00:02:20 | 00:19:31 | 66           | 01:16:50 | 20 |     |      |
| 154 | 270 | SKOWROŃSKI Patryk             | SWIMTRIRZESZÓW                         | POL  | 1996    | M25-29     | 15          | 00:14:58 | 170              | 00:02:58 | 00:35:35 | 139           | 00:02:44 | 00:20:46 | 108          | 01:17:01 |    | 133 |      |
| 155 | 320 | WASIEK Mirosław               | AG Tri -Team Rumia                     | POL  | 1967    | M55-59     | 6           | 00:14:17 | 142              | 00:02:49 | 00:35:16 | 133           | 00:02:10 | 00:22:36 | 182          | 01:17:08 |    | 134 |      |
| 156 | 225 | POLEC Robert polec            | #Z niczego do wszystkiego IM           | POL  | 1976    | M45-49     | 19          | 00:13:58 | 123              | 00:02:28 | 00:35:34 | 138           | 00:01:58 | 00:23:13 | 193          | 01:17:11 |    | 135 |      |
| 157 | 282 | STASZAK Franciszek            | Konińska Akademia Triathlonu           | POL  | 2007    | M16-19     | 7           | 00:14:34 | 153              | 00:01:57 | 00:39:35 | 249           | 00:02:01 | 00:19:12 | 53           | 01:17:19 |    | 136 |      |
| 158 | 226 | PROŃ Adam                     | Ironsilesia                            | POL  | 1975    | M50-54     | 12          | 00:16:03 | 219              | 00:02:39 | 00:35:59 | 148           | 00:01:52 | 00:20:59 | 114          | 01:17:32 |    | 137 |      |
| 159 | 359 | WACLAWSKI Bartosz             | OrkaMasters Ilawa                      | POL  | 1989    | M35-39     | 17          | 00:12:17 | 57               | 00:02:18 | 00:37:45 | 207           | 00:02:02 | 00:23:13 | 195          | 01:17:35 |    | 138 |      |
| 160 | 66  | GOLEMIEC Kazimierz            | I?M INSPIRATION                        | POL  | 1965    | M60-64     | 4           | 00:14:41 | 160              | 00:02:45 | 00:34:59 | 122           | 00:02:04 | 00:23:07 | 192          | 01:17:36 |    | 139 |      |
| 161 | 104 | KADO Grzegorz                 | Welland Medical Polska                 | POL  | 1963    | M60-64     | 5           | 00:15:48 | 209              | 00:02:35 | 00:36:01 | 150           | 00:01:53 | 00:21:26 | 140          | 01:17:43 |    | 140 |      |
| 162 | 2   | ANDRZEJEWICZ Łukasz           | Warsaw Masters Team                    | POL  | 1991    | M30-34     | 15          | 00:11:42 | 40               | 00:03:07 | 00:36:57 | 181           | 00:01:47 | 00:24:11 | 224          | 01:17:44 |    | 141 |      |
| 163 | 196 | NAPOROWSKI Rafał              | SportLove                              | POL  | 1976    | M45-49     | 20          | 00:14:38 | 159              | 00:02:27 | 00:36:14 | 163           | 00:02:20 | 00:22:10 | 166          | 01:17:49 |    | 142 |      |
| 164 | 76  | GRABOWSKA Justyna             | HTF Ludwik Sikorski                    | POL  | 1977    | K45-49     | 5           | 00:14:35 | 154              | 00:02:42 | 00:35:41 | 141           | 00:02:04 | 00:22:48 | 187          | 01:17:50 | 22 |     |      |
| 165 | 323 | WĘGIER Arkadiusz              | susz                                   | POL  | 1977    | M45-49     | 21          | 00:16:25 | 231              | 00:02:48 | 00:34:47 | 114           | 00:02:14 | 00:21:36 | 150          | 01:17:50 |    | 143 |      |
| 166 | 252 | SABITOV Nadia                 | HTF Ludwik Sikorski                    | POL  | 2001    | K20-24     | 7           | 00:13:25 | 103              | 00:02:14 | 00:38:45 | 228           | 00:01:54 | 00:21:41 | 153          | 01:17:59 | 23 |     |      |
| 167 | 384 | MOJSIEWICZ Sławomir           | Inspektorat Wsparcia SZ                | POL  | 1976    | M45-49     | 22          | 00:14:32 | 152              | 00:02:41 | 00:36:27 | 170           | 00:02:06 | 00:22:16 | 170          | 01:18:02 |    | 144 |      |
| 168 | 92  | JAMROZIK-KAPELA Barbara       | Moldy Unicorns                         | POL  | 1988    | K35-39     | 4           | 00:14:37 | 157              | 00:02:14 | 00:38:36 | 225           | 00:01:32 | 00:21:08 | 120          | 01:18:07 | 24 |     |      |
| 169 | 412 | WONKO Ewa                     | IM Inspiration                         | POL  | 1986    | K35-39     | 5           | 00:15:06 | 179              | 00:03:09 | 00:36:02 | 151           | 00:01:55 | 00:21:58 | 162          | 01:18:10 | 25 |     |      |
| 170 | 212 | PAŻ Michał                    | PKO Bank Polski                        | POL  | 1978    | M45-49     | 23          | 00:14:26 | 148              | 00:02:46 | 00:34:49 | 116           | 00:02:45 | 00:23:29 | 203          | 01:18:15 |    | 145 |      |
| 171 | 191 | MOMOT Krzysztof               | Bialska Manufaktura Triathlonu         | POL  | 1964    | M60-64     | 6           | 00:15:18 | 188              | 00:02:55 | 00:33:25 | 78            | 00:02:48 | 00:23:50 | 212          | 01:18:16 |    | 146 |      |
| 172 | 360 | MATACZ Jarosław               | PTT DELTA                              | POL  | 1979    | M45-49     | 24          | 00:15:48 | 207              | 00:03:08 | 00:33:33 | 80            | 00:02:21 | 00:23:29 | 201          | 01:18:19 |    | 147 |      |
| 173 | 470 | ANDRZEJEWSKA SYLWIA           | TEAMOCHAL                              | POL  | 1988    | K35-39     | 6           | 00:16:29 | 233              | 00:02:05 | 00:36:16 | 165           | 00:02:05 | 00:21:29 | 143          | 01:18:24 | 26 |     |      |
| 174 | 87  | HOMA Wiktor                   |                                        | POL  | 2008    | M16-19     | 8           | 00:16:08 | 226              | 00:02:15 | 00:35:58 | 146           | 00:01:23 | 00:22:46 | 186          | 01:18:30 |    | 148 |      |
| 175 | 48  | DZIWIŚZ Damian                | HTT Elbląg                             | POL  | 1988    | M35-39     | 18          | 00:16:31 | 235              | 00:02:31 | 00:35:43 | 142           | 00:02:27 | 00:21:29 | 144          | 01:18:41 |    | 149 |      |
| 176 | 154 | KWIECIŃSKI Sebastian          | Tri Sebuś                              | POL  | 1977    | M45-49     | 25          | 00:14:58 | 169              | 00:02:51 | 00:37:36 | 198           | 00:01:54 | 00:21:25 | 138          | 01:18:44 |    | 150 |      |
| 177 | 482 | PASZKE NIKODEM                | Tri Talent Team                        | POL  | 2009    | M16-19     | 9           | 00:12:45 | 71               | 00:02:08 | 00:36:14 | 164           | 00:01:57 | 00:25:40 | 256          | 01:18:44 |    | 150 |      |
| 178 | 393 | ROSTKOWSKI Arkadiusz          | 16 BZmot Zakuski/ Najmowicz Triathlon  | POL  | 1993    | M30-34     | 16          | 00:18:38 | 278              | 00:02:20 | 00:37:14 | 187           | 00:02:12 | 00:18:38 | 35           | 01:19:02 |    | 152 |      |
| 179 | 300 | ŚLEDZIEWSKI Cezary            | Wydry Olsztyn                          | POL  | 1971    | M50-54     | 13          | 00:15:21 | 189              | 00:02:46 | 00:37:45 | 206           | 00:02:02 | 00:21:24 | 136          | 01:19:18 |    | 153 |      |
| 180 | 281 | STANISZEWSKI Maciej           | Szkoła Pływania Żarłaczce              | POL  | 1981    | M40-44     | 29          | 00:15:25 | 192              | 00:03:05 | 00:36:20 | 166           | 00:01:54 | 00:22:34 | 179          | 01:19:18 |    | 153 |      |
| 181 | 177 | MAMCARZ Jarosław              | Tri Max                                | POL  | 1967    | M55-59     | 7           | 00:13:13 | 96               | 00:02:10 | 00:38:12 | 217           | 00:02:07 | 00:24:08 | 221          | 01:19:50 |    | 155 |      |
| 182 | 372 | GROMALA Igor                  | 9 Pułk Rozpoznawczy Lidzbark Warmiński | POL  | 1994    | M30-34     | 17          | 00:13:11 | 92               | 00:02:47 | 00:38:49 | 234           | 00:02:20 | 00:22:50 | 189          | 01:19:57 |    | 156 |      |
| 183 | 237 | RACHUBA Julia                 | Konińska Akademia Triathlonu           | POL  | 2007    | K16-19     | 1           | 00:14:17 | 139              | 00:01:42 | 00:37:57 | 210           | 00:01:18 | 00:24:46 | 240          | 01:20:00 | 27 |     |      |
| 184 | 222 | POHL DUCZMAL Elżbieta         | CTS Jakub Czaja                        | POL  | 1973    | K50-54     | 2           | 00:16:07 | 221              | 00:02:15 | 00:36:11 | 160           | 00:01:56 | 00:23:35 | 205          | 01:20:04 | 28 |     |      |
| 185 | 209 | PALUS Paweł                   | ISANDS/ SEBASTIAN KARAŚ TRI TEAM       | POL  | 1973    | M50-54     | 14          | 00:13:59 | 127              | 00:02:38 | 00:34:22 | 103           | 00:02:29 | 00:26:40 | 288          | 01:20:08 |    | 157 |      |
| 186 | 336 | WOŁYNIEC Emilia               | TRISWIMRUN GOLDAP                      | POL  | 1983    | K40-44     | 5           | 00:15:18 | 187              | 00:02:20 | 00:38:07 | 214           | 00:01:46 | 00:22:43 | 185          | 01:20:14 | 29 |     |      |
| 187 | 304 | THIEDE Jakub                  | MWR Sport Team                         | POL  | 1980    | M45-49     | 26          | 00:15:46 | 206              | 00:02:34 | 00:36:54 | 177           | 00:01:51 | 00:23:22 | 199          | 01:20:27 |    | 158 |      |
| 188 | 166 | LOOSE Anna                    | wTlenie                                | POL  | 1989    | K35-39     | 7           | 00:13:15 | 97               | 00:03:10 | 00:38:33 | 223           | 00:02:22 | 00:23:21 | 197          | 01:20:41 | 30 |     |      |
| 189 | 345 | ZESZUTEK Natalia              | Endure Team                            | POL  | 1985    | K40-44     | 6           | 00:14:48 | 165              | 00:02:16 | 00:36:56 | 180           | 00:02:36 | 00:24:09 | 222          | 01:20:45 | 31 |     |      |
| 190 | 148 | KUKLA Łukasz                  | SportLove Kielce                       | POL  | 1981    | M40-44     | 30          | 00:15:14 | 183              | 00:02:47 | 00:37:40 | 201           | 00:01:39 | 00:23:32 | 204          | 01:20:52 |    | 159 |      |
| 191 | 404 | STANDO Miłosz                 |                                        | POL  | 2001    | M20-24     | 18          | 00:15:06 | 178              | 00:03:16 | 00:39:10 | 238           | 00:02:02 | 00:21:20 | 132          | 01:20:54 |    | 160 |      |
| 192 | 267 | SIUDZIŃSKI Jakub              | TRI SEBUŚ TEAM                         | POL  | 1995    | M30-34     | 18          | 00:16:24 | 230              | 00:02:50 | 00:36:03 | 152           | 00:02:17 | 00:23:21 | 198          | 01:20:55 |    | 161 |      |
| 193 | 81  | GUTOWSKI Paweł                | UKS TRSSUSZ                            | POL  | 1981    | M40-44     | 31          | 00:14:17 | 138              | 00:02:30 | 00:37:31 | 193           | 00:01:56 | 00:24:52 | 245          | 01:21:06 |    | 162 |      |
| 194 | 158 | LEWANDOWSKI Andrzej           | UAM Triathlon Poznań                   | POL  | 1959    | M65-69     | 1           | 00:13:51 | 120              | 00:03:02 | 00:37:55 | 209           | 00:02:22 | 00:23:56 | 215          | 01:21:06 |    | 162 |      |
| 195 | 383 | MIKUŁOWSKI Kamil oskar        | 18 PR                                  | POL  | 1996    | M25-29     | 16          | 00:13:38 | 113              | 00:04:24 | 00:38:39 | 226           | 00:02:32 | 00:21:53 | 160          | 01:21:06 |    | 162 |      |
| 196 | 307 | TOMASZEWSKA Julita            | TIMBUD TEAM                            | POL  | 1978    | K45-49     | 6           | 00:15:46 | 204              | 00:02:34 | 00:36:23 | 168           | 00:02:29 | 00:23:56 | 214          | 01:21:08 | 32 |     |      |
| 197 | 147 | KUJAWIŃSKI Robert             | EvoTriathlon                           | POL  | 1979    | M45-49     | 27          | 00:13:58 | 125              | 00:02:01 | 00:38:26 | 220           | 00:01:53 | 00:24:51 | 243          | 01:21:09 |    | 165 |      |
| 198 | 316 | URBANIAK Otylia               | Konińska Akademia Triathlonu           | POL  | 2007    | K16-19     | 2           | 00:13:41 | 116              | 00:02:12 | 00:41:09 | 276           | 00:02:00 | 00:22:12 | 167          | 01:21:14 | 33 |     |      |
| 199 | 96  | JARZABEK LINDHOLM Anna        | TRICLUB                                | POL  | 1975    | K50-54     | 3           | 00:16:53 | 243              | 00:02:18 | 00:37:33 | 195           | 00:01:58 | 00:22:35 | 180          | 01:21:17 | 34 |     |      |
| 200 | 347 | ZIENTARSKI Patyk              | AZS WAT                                | POL  | 2003    | M20-24     | 19          | 00:16:32 | 236              | 00:03:50 | 00:39:23 | 244           | 00:01:58 | 00:19:51 | 79           | 01:21:34 |    | 166 |      |
| 201 | 189 | MŁYNARCZYK Sławomir           | SportLove Triathlon Kielc              | POL  | 1976    | M45-49     | 28          | 00:15:56 | 216              | 00:03:23 | 00:38:05 | 213           | 00:01:58 | 00:22:19 | 173          | 01:21:41 |    | 167 |      |
| 202 | 265 | SIENNICKA Lukrecja            | BMT/Luft Team                          | POL  | 1970    | K55-59     | 1           | 00:14:38 | 158              | 00:02:31 | 00:35:58 | 147           | 00:02:32 | 00:26:10 | 273          | 01:21:49 | 35 |     |      |
| 203 | 334 | WOJCIECHOWSKI Adam            | CTS                                    | POL  | 1969    | M55-59     | 8           | 00:15:58 | 217              | 00:03:51 | 00:37:22 | 189           | 00:02:22 | 00:22:20 | 174          | 01:21:53 |    | 168 |      |
| 204 | 350 | ZMUDZIŃSKI Tomek              | Endure Team                            | POL  | 1986    | M35-39     | 19          | 00:19:35 | 296              | 00:02:04 | 00:36:06 | 157           | 00:01:42 | 0        |              |          |    |     |      |

Susz Triathlon 2025 28.06.2025 r.  
Dystans: Sprint



| Mce | Nr  | Nazwisko Imię            | Team                                          | Kraj | Rok ur. | Kat. wiek. | Miejsce kat | Pływanie | Pływanie miejsce | T1       | Rower    | Rower miejsce | T2       | Bieg     | Bieg miejsce | Czas     | K  | M   | Kara |
|-----|-----|--------------------------|-----------------------------------------------|------|---------|------------|-------------|----------|------------------|----------|----------|---------------|----------|----------|--------------|----------|----|-----|------|
| 211 | 74  | GÓŹDŹ Wojtek             | SportLove Kielce                              | POL  | 1974    | M50-54     | 16          | 00:14:32 | 151              | 00:04:20 | 00:37:25 | 190           | 00:02:00 | 00:24:13 | 226          | 01:22:30 |    | 176 |      |
| 212 | 394 | RUSOŃ Oliwia             |                                               | POL  | 1994    | K30-34     | 2           | 00:17:15 | 252              | 00:02:52 | 00:36:08 | 159           | 00:02:33 | 00:23:47 | 210          | 01:22:35 | 36 |     |      |
| 213 | 44  | DONIEC Jakub             | Drużyna PSSE                                  | POL  | 1980    | M45-49     | 30          | 00:17:29 | 255              | 00:03:01 | 00:38:11 | 216           | 00:02:55 | 00:21:09 | 123          | 01:22:45 |    | 177 |      |
| 214 | 311 | TROCH Maciej             | WMR Sport Team                                | POL  | 1978    | M45-49     | 30          | 00:14:31 | 150              | 00:03:52 | 00:36:00 | 149           | 00:02:26 | 00:25:56 | 266          | 01:22:45 |    | 177 |      |
| 215 | 29  | CHUDY Anna               | MrsThin                                       | POL  | 1987    | K35-39     | 8           | 00:16:54 | 244              | 00:03:22 | 00:39:02 | 235           | 00:01:56 | 00:21:37 | 151          | 01:22:51 | 37 |     |      |
| 216 | 139 | KUCHCIŃSKI Aleksander    | NAJMOWICZ TRIATHLON                           | POL  | 1997    | M25-29     | 18          | 00:14:05 | 131              | 00:03:35 | 00:39:10 | 239           | 00:02:23 | 00:23:42 | 207          | 01:22:55 |    | 179 |      |
| 217 | 144 | KUDREWICZ Mirek          | EvoTriathlon                                  | POL  | 1964    | M60-64     | 7           | 00:16:38 | 237              | 00:02:35 | 00:36:55 | 178           | 00:02:42 | 00:24:16 | 227          | 01:23:06 |    | 180 |      |
| 218 | 337 | WOREK Michał             |                                               | POL  | 1983    | M40-44     | 33          | 00:15:27 | 193              | 00:03:01 | 00:38:23 | 218           | 00:02:24 | 00:23:51 | 213          | 01:23:06 |    | 180 |      |
| 219 | 387 | NOWIK Jarosław           | 18 Pułk Rozpoznawczy                          | POL  | 1970    | M55-59     | 9           | 00:13:34 | 110              | 00:03:43 | 00:38:48 | 233           | 00:02:27 | 00:24:36 | 235          | 01:23:08 |    | 182 |      |
| 220 | 243 | RÓŹAŁSKA Aleksandra      | ETT- Elbląg Triathlon Team                    | POL  | 1978    | K45-49     | 7           | 00:15:14 | 182              | 00:02:34 | 00:40:06 | 261           | 00:02:04 | 00:23:13 | 194          | 01:23:11 | 38 |     |      |
| 221 | 184 | MICHALAK Anna            | Bednarski Tri Team                            | POL  | 1973    | K50-54     | 4           | 00:16:16 | 228              | 00:02:51 | 00:36:34 | 172           | 00:02:15 | 00:25:32 | 253          | 01:23:28 | 39 |     |      |
| 222 | 262 | SIEMIANOWSKI Sławomir    | UKS TRS SUSZ                                  | POL  | 1975    | M50-54     | 17          | 00:16:21 | 229              | 00:02:53 | 00:36:54 | 176           | 00:03:18 | 00:24:05 | 219          | 01:23:31 |    | 183 |      |
| 223 | 163 | LIZAK Włodzimierz        | ETT Elbląg Triathlon Team                     | POL  | 1963    | M60-64     | 8           | 00:14:59 | 172              | 00:03:16 | 00:39:16 | 241           | 00:02:29 | 00:23:47 | 209          | 01:23:47 |    | 184 |      |
| 224 | 302 | ŚŁÓSAREK Piotr, Ieszek   | Toruński Klub Triathlonowy                    | POL  | 1956    | M65-69     | 2           | 00:16:29 | 232              | 00:03:06 | 00:36:22 | 167           | 00:01:57 | 00:25:53 | 264          | 01:23:47 |    | 184 |      |
| 225 | 59  | GAŚTOR Piotr             | Rozbiegany Susz                               | POL  | 1984    | M40-44     | 34          | 00:17:25 | 253              | 00:02:59 | 00:40:03 | 259           | 00:02:40 | 00:20:41 | 105          | 01:23:48 |    | 186 |      |
| 226 | 279 | STANISZEWSKA Joanna      | Szkoła Pływania Żartacze                      | POL  | 1986    | K35-39     | 9           | 00:13:37 | 112              | 00:02:45 | 00:40:13 | 264           | 00:01:55 | 00:25:25 | 249          | 01:23:55 | 40 |     |      |
| 227 | 405 | SZWAGIEREK Dawid         | GRUBASSY                                      | POL  | 2001    | M20-24     | 20          | 00:15:59 | 218              | 00:03:51 | 00:40:56 | 272           | 00:02:10 | 00:20:59 | 115          | 01:23:55 |    | 187 |      |
| 228 | 121 | KLEPAČKI Tomasz          | KS Triathlon Rawa                             | POL  | 1956    | M65-69     | 3           | 00:14:09 | 135              | 00:03:09 | 00:38:45 | 229           | 00:02:20 | 00:25:35 | 255          | 01:23:58 |    | 188 |      |
| 229 | 187 | MIKOŁAJUK Robert         | Bialska Manufaktura Triathlonu                | POL  | 1984    | M40-44     | 35          | 00:16:39 | 238              | 00:02:48 | 00:39:36 | 251           | 00:02:22 | 00:22:42 | 184          | 01:24:07 |    | 189 |      |
| 230 | 50  | FIEGEL Wojciech          |                                               | POL  | 1978    | M45-49     | 32          | 00:15:51 | 211              | 00:03:05 | 00:37:05 | 183           | 00:01:59 | 00:26:09 | 272          | 01:24:09 |    | 190 |      |
| 231 | 220 | PODGÓRSKI Jędrzej        | MWR Sport Team                                | POL  | 1998    | M25-29     | 19          | 00:14:15 | 136              | 00:02:49 | 00:40:35 | 267           | 00:01:57 | 00:24:45 | 237          | 01:24:21 |    | 191 |      |
| 232 | 186 | MIERZEJEWSKI Łukasz      |                                               | POL  | 1990    | M35-39     | 21          | 00:12:43 | 68               | 00:04:08 | 00:39:53 | 257           | 00:03:16 | 00:24:24 | 232          | 01:24:24 |    | 192 |      |
| 233 | 90  | JAKUBOWSKA-OLECH Edyta   | AMATOR Świecie                                | POL  | 1967    | K55-59     | 2           | 00:18:25 | 274              | 00:02:33 | 00:37:40 | 200           | 00:02:09 | 00:23:45 | 208          | 01:24:32 | 41 |     |      |
| 234 | 293 | SZTAJNKE Mateusz         |                                               | POL  | 1991    | M30-34     | 20          | 00:16:56 | 246              | 00:03:17 | 00:40:33 | 266           | 00:02:49 | 00:21:07 | 119          | 01:24:42 |    | 193 |      |
| 235 | 78  | GREEN Stuart             |                                               | GBR  | 1968    | M55-59     | 10          | 00:19:02 | 285              | 00:03:24 | 00:34:55 | 120           | 00:02:43 | 00:24:50 | 242          | 01:24:54 |    | 194 |      |
| 236 | 253 | SADOWSKI Karol           | Sadowski team                                 | POL  | 1985    | M40-44     | 36          | 00:17:42 | 260              | 00:03:09 | 00:40:36 | 268           | 00:01:57 | 00:21:32 | 147          | 01:24:56 |    | 195 |      |
| 237 | 178 | MARKUSZEWSKI Waldemar    | UKS TRS Susz                                  | POL  | 1974    | M50-54     | 18          | 00:16:08 | 225              | 00:02:49 | 00:36:56 | 179           | 00:02:37 | 00:26:31 | 284          | 01:25:01 |    | 196 |      |
| 238 | 42  | DOBKOWSKA Gabriela       |                                               | POL  | 1992    | K30-34     | 3           | 00:18:33 | 276              | 00:02:32 | 00:39:30 | 248           | 00:02:10 | 00:22:19 | 172          | 01:25:04 | 42 |     |      |
| 239 | 89  | JACH Marcin              |                                               | POL  | 2000    | M25-29     | 20          | 00:19:43 | 298              | 00:02:57 | 00:39:24 | 245           | 00:02:14 | 00:20:57 | 112          | 01:25:15 |    | 197 |      |
| 240 | 392 | ROSIŃSKA Marcelina       | 9 BKPanc.                                     | POL  | 1995    | K30-34     | 4           | 00:13:05 | 82               | 00:02:54 | 00:39:37 | 254           | 00:02:01 | 00:27:49 | 305          | 01:25:26 | 43 |     |      |
| 241 | 34  | CUSZŁAG Jakub            | LK Klosters                                   | POL  | 1966    | M55-59     | 11          | 00:17:28 | 254              | 00:02:43 | 00:38:11 | 215           | 00:01:50 | 00:25:15 | 247          | 01:25:27 |    | 198 |      |
| 242 | 214 | PIASECKI Andrzej         | Piasecki Concept                              | POL  | 1953    | M70-74     | 1           | 00:17:43 | 261              | 00:03:33 | 00:37:36 | 196           | 00:01:53 | 00:24:45 | 238          | 01:25:30 |    | 199 |      |
| 243 | 56  | GAJEK-CZELADZIŃSKA Magda | KAT Konińska Akademia Triathlonu              | POL  | 1993    | K30-34     | 5           | 00:15:14 | 181              | 00:02:43 | 00:40:43 | 269           | 00:02:47 | 00:24:07 | 220          | 01:25:34 | 44 |     |      |
| 244 | 261 | SEBASTIANOWICZ Wojciech  | PTT Delta                                     | POL  | 1972    | M50-54     | 19          | 00:14:43 | 163              | 00:03:34 | 00:37:32 | 194           | 00:02:57 | 00:26:56 | 293          | 01:25:42 |    | 200 |      |
| 245 | 388 | NOWOSIELSKI Sławomir     |                                               | POL  | 1976    | M45-49     | 33          | 00:21:03 | 313              | 00:03:03 | 00:35:08 | 128           | 00:02:18 | 00:24:11 | 225          | 01:25:43 |    | 201 |      |
| 246 | 207 | PAKUŁA Izabela           |                                               | POL  | 1985    | K40-44     | 7           | 00:15:55 | 215              | 00:02:20 | 00:40:59 | 274           | 00:02:11 | 00:24:22 | 230          | 01:25:47 | 45 |     |      |
| 247 | 219 | POCIEJ Bohdan            |                                               | POL  | 1958    | M65-69     | 4           | 00:16:07 | 222              | 00:03:26 | 00:37:44 | 205           | 00:02:54 | 00:25:43 | 259          | 01:25:54 |    | 202 |      |
| 248 | 180 | MATEJA Janusz michał     | ESJATEAM                                      | POL  | 1957    | M65-69     | 5           | 00:15:28 | 194              | 00:03:23 | 00:37:15 | 188           | 00:02:33 | 00:27:20 | 301          | 01:25:59 |    | 203 |      |
| 249 | 473 | NIKEL NATALIA            | KPP ŁAWA                                      | POL  | 1997    | K25-29     | 3           | 00:15:03 | 174              | 00:02:11 | 00:40:45 | 270           | 00:01:47 | 00:26:14 | 275          | 01:26:00 | 46 |     |      |
| 250 | 216 | PIKUŁ Piotr              |                                               | POL  | 1980    | M45-49     | 34          | 00:14:58 | 171              | 00:03:33 | 00:43:38 | 309           | 00:02:25 | 00:21:51 | 159          | 01:26:25 |    | 204 |      |
| 251 | 155 | LASKOWSKI Kamil          | EvoTriathlon                                  | POL  | 1992    | M30-34     | 21          | 00:19:40 | 297              | 00:02:50 | 00:39:16 | 242           | 00:02:00 | 00:22:48 | 188          | 01:26:34 |    | 205 |      |
| 252 | 164 | LIZUT Mikołaj            | Deftec Team                                   | POL  | 2008    | M16-19     | 10          | 00:14:26 | 147              | 00:04:55 | 00:40:07 | 262           | 00:03:10 | 00:23:58 | 217          | 01:26:36 |    | 206 |      |
| 253 | 33  | CURYŁO Wacław            | Boguszków Team                                | POL  | 1964    | M60-64     | 9           | 00:18:08 | 266              | 00:02:31 | 00:37:25 | 191           | 00:02:00 | 00:26:39 | 286          | 01:26:43 |    | 207 |      |
| 254 | 377 | KOZANECKA Renata         | 21 Baza Lotnictwa Taktycznego                 | POL  | 1975    | K50-54     | 5           | 00:15:48 | 208              | 00:03:04 | 00:38:40 | 227           | 00:02:28 | 00:26:45 | 290          | 01:26:45 | 47 |     |      |
| 255 | 108 | KAMIONKA Karolina        | CTS                                           | POL  | 1998    | K25-29     | 4           | 00:15:29 | 195              | 00:02:46 | 00:38:46 | 232           | 00:02:22 | 00:27:23 | 302          | 01:26:46 | 48 |     |      |
| 256 | 230 | PRZEDŁACKI Piotr         |                                               | POL  | 1974    | M50-54     | 20          | 00:16:57 | 247              | 00:03:56 | 00:37:36 | 197           | 00:04:43 | 00:23:37 | 206          | 01:26:49 |    | 208 |      |
| 257 | 399 | SŁAWSKI Arkadiusz        | 33 BLT, Konińska Akademia Trathlonu           | POL  | 1976    | M45-49     | 35          | 00:15:38 | 199              | 00:05:07 | 00:37:30 | 192           | 00:02:08 | 00:26:29 | 281          | 01:26:52 |    | 209 |      |
| 258 | 292 | SZNAZA Tadeusz           | Open Balance HTT Elbląg                       | POL  | 1959    | M65-69     | 6           | 00:16:07 | 223              | 00:03:35 | 00:39:35 | 250           | 00:02:43 | 00:24:53 | 246          | 01:26:53 |    | 210 |      |
| 259 | 277 | STACHOWIAK Sandra        | TM IRONTEAM                                   | POL  | 1997    | K25-29     | 5           | 00:19:07 | 288              | 00:02:36 | 00:38:00 | 212           | 00:02:26 | 00:24:45 | 239          | 01:26:54 | 49 |     |      |
| 260 | 368 | FRĄCZEK Tomasz           | 8K-PBOT                                       | POL  | 1981    | M40-44     | 37          | 00:15:46 | 205              | 00:04:36 | 00:37:43 | 203           | 00:03:09 | 00:25:42 | 258          | 01:26:56 |    | 211 |      |
| 261 | 213 | PETRYKOWSKI Andrzej      |                                               | POL  | 1967    | M55-59     | 12          | 00:19:29 | 293              | 00:04:05 | 00:36:30 | 171           | 00:02:40 | 00:24:19 | 229          | 01:27:03 |    | 212 |      |
| 262 | 385 | MOJSIEWICZ Natalia       | WAT                                           | POL  | 2003    | K20-24     | 8           | 00:18:14 | 273              | 00:02:51 | 00:39:11 | 240           | 00:02:07 | 00:24:48 | 241          | 01:27:11 | 50 |     |      |
| 263 | 263 | SIENKIEWICZ Wojciech     | Kriss Coaching                                | POL  | 1959    | M65-69     | 7           | 00:18:13 | 272              | 00:04:16 | 00:37:41 | 202           | 00:02:49 | 00:24:34 | 234          | 01:27:33 |    | 213 |      |
| 264 | 306 | TOLWIŃSKI Bogusław       | HTT OPEN BALANCE ELBLĄG                       | POL  | 1968    | M55-59     | 13          | 00:14:09 | 133              | 00:03:05 | 00:41:39 | 283           | 00:02:09 | 00:26:31 | 283          | 01:27:33 |    | 213 |      |
| 265 | 142 | KUCMIŃSKI Tomasz         |                                               | POL  | 1984    | M40-44     | 38          | 00:21:55 | 324              | 00:04:18 | 00:36:12 | 162           | 00:02:44 | 00:22:39 | 183          | 01:27:48 |    | 215 |      |
| 266 | 141 | KUCMIŃSKA Katarzyna      |                                               | POL  | 1987    | K35-39     | 10          | 00:19:35 | 295              | 00:03:58 | 00:39:18 | 243           | 00:02:38 | 00:22:20 | 175          | 01:27:49 | 51 |     |      |
| 267 | 41  | DEGLER Dariusz           | TRI Team Wójtowicz                            | POL  | 1976    | M45-49     | 36          | 00:13:34 | 111              | 00:04:05 | 00:39:26 | 246           | 00:02:33 | 00:28:34 | 310          | 01:28:12 |    | 216 |      |
| 268 | 346 | ZIARNIK Julia            | SPORTLOVE KIELCE                              | POL  | 1999    | K25-29     | 6           | 00:15:23 | 190              | 00:02:44 | 00:42:11 | 296           | 00:02:13 | 00:25:46 | 260          | 01:28:17 | 52 |     |      |
| 269 | 62  | GIERES Waldemar          | PTT DELTA                                     | POL  | 1968    | M55-59     | 14          | 00:16:48 | 242              | 00:02:30 | 00:37:06 | 184           | 00:02:04 | 00:29:58 | 317          | 01:28:26 |    | 217 |      |
| 270 | 367 | DOROCHOWICZ Alicja       | CSAIU Toruń                                   | POL  | 1997    | K25-29     | 7           | 00:19:53 | 300              | 00:03:54 | 00:39:37 | 252           | 00:02:00 | 00:23:16 | 196          | 01:28:40 | 53 |     |      |
| 271 | 319 | WALESIUK Monika          |                                               | POL  | 1978    | K45-49     | 8           | 00:20:11 | 304              | 00:03:05 | 00:41:17 | 281           | 00:02:53 | 00:21:14 | 129          | 01:28:40 | 53 |     |      |
| 272 | 472 | RAPP MARTYNA             | RAPP FITNESS                                  | POL  | 1975    | K50-54     | 6           | 00:16:30 | 234              | 00:03:45 | 00:41:03 | 275           | 00:02:44 | 00:24:41 | 236          | 01:28:43 | 55 |     |      |
| 273 | 326 | WIŚŁAK Magdalena         | SportWise                                     | POL  | 2008    | K16-19     | 3           | 00:15:07 | 180              | 00:03:13 | 00:41:14 | 279           | 00:03:31 | 00:25:53 | 265          | 01:28:58 | 56 |     |      |
| 274 | 396 | SĘKOWSKA Paulina         | 7 Pomorska Brygada Wojsk Obrony Terytorialnej | POL  | 1988    | K35-39     | 11          | 00:19:27 | 292              | 00:03:10 | 00:40:55 | 271           | 00:01:50 | 00:23:49 | 211          |          |    |     |      |

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| Mce | Nr  | Nazwisko Imię                    | Team                                               | Kraj | Rok ur. | Kat. wiek. | Miejsce kat | Pływanie | Pływanie miejsce | T1       | Rower    | Rower miejsce | T2       | Bieg     | Bieg miejsce | Czas       | K  | M   | Kara |
|-----|-----|----------------------------------|----------------------------------------------------|------|---------|------------|-------------|----------|------------------|----------|----------|---------------|----------|----------|--------------|------------|----|-----|------|
| 281 | 40  | DANIELEWSKA Katarzyna            |                                                    | POL  | 1984    | K40-44     | 8           | 00:18:54 | 282              | 00:02:36 | 00:41:43 | 285           | 00:02:03 | 00:25:27 | 251          | 01:30:43   | 60 |     |      |
| 282 | 229 | PRZECZ-FUS Agnieszka             | Mrozek TRI Team                                    | POL  | 1967    | K55-59     | 3           | 00:17:31 | 256              | 00:02:53 | 00:39:29 | 247           | 00:02:14 | 00:28:36 | 311          | 01:30:43   | 60 |     |      |
| 283 | 94  | JANKOWSKI Arkadiusz              | Nagel Group                                        | POL  | 1977    | M45-49     | 39          | 00:20:07 | 303              | 00:03:31 | 00:38:27 | 221           | 00:02:13 | 00:26:29 | 282          | 01:30:47   |    | 222 |      |
| 284 | 145 | KUHN Natalia                     | HTT Elbląg                                         | POL  | 1988    | K35-39     | 13          | 00:16:04 | 220              | 00:03:46 | 00:39:38 | 255           | 00:04:48 | 00:26:31 | 285          | 01:30:47   | 62 |     |      |
| 285 | 128 | KOŚKA Tomasz                     |                                                    | POL  | 1986    | M35-39     | 22          | 00:19:57 | 301              | 00:04:05 | 00:38:24 | 219           | 00:02:23 | 00:26:01 | 269          | 01:30:50   |    | 223 |      |
| 286 | 10  | BEDYK Ireneusz                   | PTT DELTA                                          | POL  | 1957    | M65-69     | 8           | 00:19:06 | 286              | 00:04:00 | 00:38:45 | 230           | 00:03:15 | 00:26:06 | 271          | 01:31:12   |    | 224 |      |
| 287 | 354 | ŻELICHOWSKI Bartosz              | Beskid Tri Team                                    | POL  | 2002    | M20-24     | 22          | 00:19:49 | 299              | 00:02:25 | 00:41:12 | 277           | 00:01:29 | 00:26:55 | 292          | 01:31:50   |    | 225 |      |
| 288 | 170 | ŁUCZAK Michał                    | Rak?n?Roll                                         | POL  | 1978    | M45-49     | 40          | 00:18:12 | 271              | 00:03:48 | 00:39:07 | 237           | 00:02:09 | 00:28:38 | 312          | 01:31:54   |    | 226 |      |
| 289 | 126 | KOPYRA Katarzyna                 | NAJMIOWICZ TRIATHLON                               | POL  | 1997    | K25-29     | 8           | 00:17:36 | 258              | 00:04:19 | 00:40:05 | 260           | 00:02:48 | 00:27:12 | 297          | 01:32:00   | 63 |     |      |
| 290 | 181 | MATEJA Klara                     | TriLadies                                          | POL  | 1959    | K65-69     | 1           | 00:18:25 | 275              | 00:03:32 | 00:41:52 | 291           | 00:02:23 | 00:25:51 | 262          | 01:32:03   | 64 |     |      |
| 291 | 390 | RADOMIŃSKI Tomasz                | 23. BLT                                            | POL  | 1974    | M50-54     | 21          | 00:18:00 | 265              | 00:03:26 | 00:42:26 | 297           | 00:02:02 | 00:26:15 | 278          | 01:32:09   |    | 227 |      |
| 292 | 476 | TUTUS MICHAŁ                     |                                                    | POL  | 1986    | M35-39     | 23          | 00:23:49 | 333              | 00:03:26 | 00:41:14 | 280           | 00:01:42 | 00:22:14 | 168          | 01:32:25   |    | 228 |      |
| 293 | 363 | BALIŃSKI Sławomir                | fo                                                 | POL  | 1978    | M45-49     | 41          | 00:20:52 | 311              | 00:03:19 | 00:41:45 | 286           | 00:02:20 | 00:24:16 | 228          | 01:32:32   |    | 229 |      |
| 294 | 370 | GOŁATA Agnieszka                 | RCI BYDGOSZCZ / LKS OSTROMECKO                     | POL  | 1982    | K40-44     | 9           | 00:18:10 | 268              | 00:03:31 | 00:41:40 | 284           | 00:02:16 | 00:27:00 | 295          | 01:32:37   | 65 |     |      |
| 295 | 39  | CZYŻEWSKI Darek                  |                                                    | POL  | 1971    | M50-54     | 22          | 00:15:41 | 201              | 00:03:06 | 00:44:17 | 316           | 00:02:59 | 00:26:40 | 287          | 01:32:43   |    | 230 |      |
| 296 | 397 | SKOLIMOWSKA Agnieszka            | 23. BLT                                            | POL  | 1978    | K45-49     | 10          | 00:18:52 | 281              | 00:04:01 | 00:41:48 | 287           | 00:02:49 | 00:25:57 | 268          | 01:33:27   | 66 |     |      |
| 297 | 480 | DEMBIŃSKI PIOTR                  |                                                    | POL  | 1993    | M30-34     | 23          | 00:21:15 | 314              | 00:02:54 | 00:41:51 | 290           | 00:02:01 | 00:25:40 | 257          | 01:33:41   |    | 231 |      |
| 298 | 351 | ZWARA Łukasz                     |                                                    | POL  | 1983    | M40-44     | 39          | 00:20:46 | 309              | 00:04:22 | 00:43:00 | 300           | 00:03:11 | 00:22:25 | 176          | 01:33:44   |    | 232 |      |
| 299 | 276 | SOWA Aneta                       | HTF Ludwik Sikorski                                | POL  | 1971    | K50-54     | 7           | 00:17:09 | 250              | 00:03:25 | 00:43:30 | 306           | 00:02:15 | 00:27:37 | 304          | 01:33:56   | 67 |     |      |
| 300 | 364 | BAŃKOWSKI Maciej                 |                                                    | POL  | 1981    | M40-44     | 40          | 00:20:50 | 310              | 00:03:28 | 00:42:04 | 294           | 00:03:03 | 00:24:32 | 233          | 01:33:57   |    | 233 |      |
| 301 | 20  | BRONISZ Jarosław                 | EVOTRIATHLON                                       | POL  | 1986    | M35-39     | 24          | 00:18:11 | 269              | 00:03:28 | 00:43:28 | 305           | 00:03:04 | 00:25:50 | 261          | 01:34:01   |    | 234 |      |
| 302 | 202 | OSOWSKA Ewa                      | KS Sokół Zblewo                                    | POL  | 1957    | K65-69     | 2           | 00:18:12 | 270              | 00:02:49 | 00:43:23 | 303           | 00:02:25 | 00:27:31 | 303          | 01:34:20   | 68 |     |      |
| 303 | 117 | KAWICKA Marta                    | KRISS COACHING                                     | POL  | 1998    | K25-29     | 9           | 00:19:20 | 290              | 00:02:53 | 00:41:12 | 278           | 00:03:01 | 00:28:00 | 306          | 01:34:26   | 69 |     |      |
| 304 | 308 | TOMASZEWSKI Wojciech             |                                                    | POL  | 1970    | M55-59     | 15          | 00:20:35 | 307              | 00:04:00 | 00:40:27 | 265           | 00:02:44 | 00:27:18 | 300          | 01:35:04   |    | 235 |      |
| 305 | 238 | RADELCZUK Michał                 | HTT Open Balance Elbląg                            | POL  | 1986    | M35-39     | 25          | 00:23:40 | 332              | 00:03:51 | 00:38:46 | 231           | 00:02:57 | 00:25:53 | 263          | 01:35:07   |    | 236 |      |
| 306 | 355 | TOLWIŃSKA Agnieszka              | HTT OPEN BALANCE ELBLĄG                            | POL  | 1973    | K50-54     | 8           | 00:18:09 | 267              | 00:03:29 | 00:44:21 | 318           | 00:02:53 | 00:26:15 | 276          | 01:35:07   | 70 |     |      |
| 307 | 114 | KARWOWSKA Ewa                    | OrkaMasters Ilawa                                  | POL  | 1983    | K40-44     | 10          | 00:15:16 | 184              | 00:03:47 | 00:44:51 | 320           | 00:02:54 | 00:28:43 | 314          | 01:35:31   | 71 |     |      |
| 308 | 477 | NADKAŃSKI ANDRZEJ                | GRAWEROWANIE 3D                                    | POL  | 1955    | M70-74     | 2           | 00:18:39 | 279              | 00:03:30 | 00:39:48 | 256           | 00:02:37 | 00:31:14 | 324          | 01:35:48   |    | 237 |      |
| 309 | 379 | KRÓL-HRUSZKA Jakub               | 16 Żuławski Pułk Logistyczny Obróńców Westerplatte | POL  | 2002    | M20-24     | 23          | 00:19:01 | 284              | 00:03:23 | 00:43:12 | 302           | 00:03:10 | 00:27:14 | 298          | 01:36:00   |    | 238 |      |
| 310 | 68  | GOSK Grzegorz                    | Polska Współdzielnia Biznesu                       | POL  | 1978    | M45-49     | 42          | 00:17:32 | 257              | 00:05:00 | 00:44:18 | 317           | 00:03:25 | 00:25:57 | 267          | 01:36:12   |    | 239 |      |
| 311 | 365 | CHARYTONIUK Joanna               | 18 pułk rozpoznawczy                               | POL  | 1988    | K35-39     | 14          | 00:17:44 | 262              | 00:03:41 | 00:46:09 | 325           | 00:01:55 | 00:26:58 | 294          | 01:36:27   | 72 |     |      |
| 312 | 198 | NIEMKIEWICZ Grzegorz             | NIEMKIEWICZ TEAM                                   | POL  | 1987    | M35-39     | 26          | 00:20:39 | 308              | 00:03:53 | 00:45:06 | 322           | 00:01:32 | 00:25:26 | 250          | 01:36:36   |    | 240 |      |
| 313 | 273 | SOBCZAK Paweł                    |                                                    | POL  | 1952    | M70-74     | 3           | 00:22:50 | 329              | 00:03:27 | 00:39:37 | 253           | 00:03:00 | 00:28:01 | 307          | 01:36:55   |    | 241 |      |
| 314 | 295 | SZYDŁOWSKI Cezary                |                                                    | POL  | 1985    | M40-44     | 41          | 00:17:58 | 264              | 00:03:49 | 00:47:22 | 328           | 00:02:15 | 00:25:34 | 254          | 01:36:58   |    | 242 |      |
| 315 | 375 | KLINGER Łukasz                   | JW 4410                                            | POL  | 1988    | M35-39     | 27          | 00:21:36 | 322              | 00:04:37 | 00:45:00 | 321           | 00:03:14 | 00:22:36 | 181          | 01:37:03   |    | 243 |      |
| 316 | 301 | ŚLĘZAK Adam                      | OSP POGRODZIE                                      | POL  | 1989    | M35-39     | 28          |          |                  |          |          |               |          |          |              | 01:37:04   |    | 244 |      |
| 317 | 400 | SŁOMKA Maria                     | 8pplot                                             | POL  | 1994    | K30-34     | 6           | 00:17:03 | 248              | 00:03:33 | 00:47:26 | 329           | 00:02:41 | 00:26:24 | 280          | 01:37:07   | 73 |     |      |
| 318 | 160 | LIS Ewa                          | TRICLUB                                            | POL  | 1987    | K35-39     | 15          | 00:17:04 | 249              | 00:03:14 | 00:48:08 | 330           | 00:02:23 | 00:26:23 | 279          | 01:37:12   | 74 |     |      |
| 319 | 16  | BOGALECKI Marek                  | KS Sokół Zblewo                                    | POL  | 1956    | M65-69     | 9           | 00:21:30 | 317              | 00:04:21 | 00:41:22 | 282           | 00:03:03 | 00:27:11 | 296          | 01:37:27   |    | 245 |      |
| 320 | 112 | KARCZEWSKI Sławomir              |                                                    | POL  | 1966    | M55-59     | 16          | 00:16:08 | 224              | 00:03:57 | 00:37:43 | 204           | 00:04:09 | 00:35:32 | 338          | 01:37:29   |    | 246 |      |
| 321 | 101 | JÓZEFOWICZ Paulina               | AZS Gdańsk                                         | POL  | 2003    | K20-24     | 9           | 00:23:25 | 331              | 00:03:27 | 00:41:50 | 289           | 00:02:43 | 00:28:28 | 309          | 01:39:53   | 75 |     |      |
| 322 | 466 | DEPKA AGAT                       |                                                    | EST  | 1977    | K45-49     | 11          | 00:15:36 | 198              | 00:04:17 | 00:42:03 | 292           | 00:02:53 | 00:35:17 | 337          | 01:40:06   | 76 |     |      |
| 323 | 349 | ZŁOCKI Marcin                    | BESKID TRI                                         | POL  | 1986    | M35-39     | 29          | 00:21:31 | 318              | 00:03:49 | 00:40:58 | 273           | 00:02:47 | 00:31:07 | 323          | 01:40:12   |    | 247 |      |
| 324 | 297 | SZYMANIEC-SZYMAŃSKA Natalia      | Żarłacz                                            | POL  | 1989    | K35-39     | 16          | 00:23:17 | 330              | 00:03:28 | 00:42:38 | 298           | 00:02:40 | 00:28:40 | 313          | 01:40:43   | 77 |     |      |
| 325 | 72  | GÓRNY Marian                     | CROSSFIT TEAM SUSZ                                 | POL  | 1952    | M70-74     | 4           | 00:20:19 | 306              | 00:03:34 | 00:43:39 | 310           | 00:03:28 | 00:30:38 | 321          | 01:41:38   |    | 248 |      |
| 326 | 69  | GOWIN Emilia                     |                                                    | POL  | 2004    | K20-24     | 10          | 00:17:42 | 259              | 00:04:08 | 00:43:43 | 312           | 00:02:33 | 00:33:46 | 336          | 01:41:52   | 78 |     |      |
| 327 | 318 | WACŁAWSKA Agata                  | OrkaMasters Ilawa                                  | POL  | 1981    | K40-44     | 11          | 00:20:14 | 305              | 00:03:54 | 00:45:51 | 324           | 00:03:44 | 00:28:50 | 315          | 01:42:33   | 79 |     |      |
| 328 | 325 | WIERZCHOWSKI Bartosz             |                                                    | POL  | 1994    | M30-34     | 24          | 00:24:45 | 337              | 00:05:25 | 00:42:53 | 299           | 00:03:09 | 00:26:45 | 291          | 01:42:57   |    | 249 |      |
| 329 | 165 | LOOSE Anna                       | KS Sokół Zblewo                                    | POL  | 1983    | K40-44     | 12          | 00:21:47 | 323              | 00:03:17 | 00:46:38 | 326           | 00:02:37 | 00:28:52 | 316          | 01:43:11   | 80 |     |      |
| 330 | 63  | GLONBIEWSKI Maciej               | Bąkowo geng                                        | POL  | 1983    | M40-44     | 42          | 00:18:56 | 283              | 00:05:05 | 00:43:34 | 307           | 00:02:53 | 00:33:31 | 333          | 01:43:59   |    | 250 |      |
| 331 | 254 | SADOWSKI Konrad                  |                                                    | POL  | 1981    | M40-44     | 43          | 00:19:22 | 291              | 00:05:02 | 00:43:41 | 311           | 00:02:31 | 00:33:34 | 334          | 01:44:10   |    | 251 |      |
| 332 | 231 | PRZYBOROWSKA Bożena przyborowska | Łączy nas nie tylko joga:)                         | POL  | 1964    | K60-64     | 1           | 00:17:53 | 263              | 00:03:40 | 00:49:11 | 333           | 00:02:02 | 00:31:31 | 326          | 01:44:17   | 81 |     |      |
| 333 | 374 | HAREMZA Mariusz                  | FORMOZA                                            | POL  | 1978    | M45-49     | 43          | 00:25:18 | 338              | 00:03:58 | 00:46:42 | 327           | 00:03:37 | 00:25:30 | 252          | 01:45:05   |    | 252 |      |
| 334 | 236 | PYZIK Ewa                        |                                                    | POL  | 1972    | K50-54     | 9           | 00:21:29 | 316              | 00:04:27 | 00:43:54 | 313           | 00:03:06 | 00:32:15 | 329          | 01:45:11   | 82 |     |      |
| 335 | 321 | WASILEWSKI MARCIN                | OrkaMasters Ilawa                                  | POL  | 2008    | M16-19     | 11          | 00:21:32 | 320              | 00:03:56 | 00:44:02 | 315           | 00:03:08 | 00:32:43 | 331          | 01:45:21   |    | 253 |      |
| 336 | 251 | SABINIARZ Modest                 | KS Sokół Zblewo                                    | POL  | 1969    | M55-59     | 17          | 00:29:17 | 341              | 00:04:31 | 00:43:27 | 304           | 00:01:53 | 00:26:42 | 289          | 01:45:50   |    | 254 |      |
| 337 | 203 | OSUCH Mirosława                  |                                                    | POL  | 1967    | K55-59     | 4           | 00:24:39 | 335              | 00:04:06 | 00:43:56 | 314           | 00:03:31 | 00:29:59 | 318          | 01:46:11   | 83 |     |      |
| 338 | 80  | GUTOWSKA Izabela                 | HTT OPEN BALANCE ELBLĄG                            | POL  | 1980    | K45-49     | 12          | 00:24:42 | 336              | 00:03:18 | 00:49:15 | 334           | 00:02:23 | 00:27:15 | 299          | 01:46:53   | 84 |     |      |
| 339 | 247 | RYBIŃSKI Sławomir                | Pabi                                               | POL  | 1970    | M55-59     | 18          | 00:20:53 | 312              | 00:03:07 | 00:41:49 | 288           | 00:03:05 | 00:38:42 | 339          | 01:47:36   |    | 255 |      |
| 340 | 228 | PRUSZYŃSKA Marlena               | Tri Starogard Gdański                              | POL  | 1967    | K55-59     | 5           | 00:20:00 | 302              | 00:04:06 | 00:48:29 | 331           | 00:03:31 | 00:32:12 | 328          | 01:48:18   | 85 |     |      |
| 341 | 36  | CZARNECKA-SALA Elżbieta          | Hesal                                              | POL  | 1963    | K60-64     | 2           | 00:19:18 | 289              | 00:03:37 | 00:53:07 | 339           | 00:02:10 | 00:30:14 | 319          | 01:48:26   | 86 |     |      |
| 342 | 339 | ZAMBRZYCKA Magdalena             | Rak?n?Roll                                         | POL  | 1976    | K45-49     | 13          | 00:21:32 | 321              | 00:04:07 | 00:48:56 | 332           | 00:02:41 | 00:32:42 | 330          | 01:49:58   | 87 |     |      |
| 343 | 250 | SABINIARZ Beata                  | KS Sokół Zblewo                                    | POL  | 1970    | K55-59     | 6           | 00:26:00 | 339              | 00:03:01 | 00:50:18 | 336           | 00:03:28 | 00:28:26 | 308          | 01:51:13   | 88 |     |      |
| 344 | 286 | STRZEPKA PADLO Anna              | Rock?n?roll                                        | POL  | 1981    | K40-44     | 13          | 00:24:32 | 334              | 00:03:28 | 00:50:49 | 337           | 00:02:44 | 00:30:30 | 320          | 01:52:03</ |    |     |      |

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| Mce | Nr  | Nazwisko Imię                 | Team                                              | Kraj | Rok ur. | Kat. wiek. | Miejsce kat | Pływanie | Pływanie miejsce | T1       | Rower    | Rower miejsce | T2       | Bieg     | Bieg miejsce | Czas     | K  | M | Kara |
|-----|-----|-------------------------------|---------------------------------------------------|------|---------|------------|-------------|----------|------------------|----------|----------|---------------|----------|----------|--------------|----------|----|---|------|
| 351 | 21  | BRYGOLA Kinga                 | Team Brygola                                      | POL  | 2003    | K20-24     | 11          | 00:21:32 | 319              | 00:03:22 | 00:54:15 | 341           | 00:03:23 | 00:42:36 | 341          | 02:05:08 | 92 |   |      |
|     | 27  | CHMIELEWSKI Piotr             | Warsaw Masters Team                               | POL  | 1978    | M45-49     |             | 00:12:03 |                  | 00:02:17 |          |               |          |          |              | DNF      |    |   |      |
|     | 140 | KUCIABA Jacek                 |                                                   | POL  | 1972    | M50-54     |             | 00:22:09 |                  | 00:02:31 | 00:39:33 |               |          |          |              | DNF      |    |   |      |
|     | 153 | KUŹELEWSKA Julia              | Iron Team                                         | POL  | 2002    | K20-24     |             | 00:11:52 |                  | 00:02:07 | 00:33:40 |               | 00:02:01 |          |              | DNF      |    |   |      |
|     | 266 | SIENNICKA Martyna             |                                                   | POL  | 2002    | K20-24     | 9           |          |                  |          |          |               |          |          |              | DNF      |    |   |      |
|     | 1   | ANDRAŁOJC Anna                | Team Mysia                                        | POL  | 1991    | K30-34     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 4   | BANASIUK Mateusz              |                                                   | POL  | 1985    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 14  | BOCHNO Piotr                  | BMT                                               | POL  | 1975    | M50-54     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 17  | BOGUCKI Marcin                |                                                   | POL  | 1983    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 19  | BORYCKI Marcin                | Dawaj Kalach Team                                 | POL  | 1972    | M50-54     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 25  | BURSIEWICZ Emil               | Elem                                              | POL  | 1985    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 37  | CZECH Marisz                  | AG Tri-Team Rumia                                 | POL  | 1981    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 54  | FREITAG Jacek                 | TRIDEA                                            | POL  | 1990    | M35-39     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 55  | GACEK Katarzyna               | TRI STAROGARD GDAŃSKI                             | POL  | 1975    | K50-54     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 61  | GENDEK Jerzy                  |                                                   | POL  | 1947    | M75-79     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 77  | GRABOWSKI Andrzej             | PTT DELTA                                         | POL  | 1976    | M45-49     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 84  | HARASIMIUK-GRODZKA Małgorzata | CTS                                               | POL  | 1977    | K45-49     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 86  | HINC Aleksandra               |                                                   | POL  | 1986    | K35-39     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 93  | JANKOWSKI Jacek               |                                                   | POL  | 1984    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 97  | JAWOROWSKI Wojciech           | HTT Elbląg                                        | POL  | 1963    | M60-64     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 109 | KAMPA Rafał                   |                                                   | POL  | 1991    | M30-34     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 119 | KISIELNICKA Karolina          |                                                   | POL  | 1983    | K40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 358 | KORYCKI Mieszko               | mpm                                               | POL  | 1988    | M35-39     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 136 | KRÓL Patryk                   | Triathlon Consulting                              | POL  | 1991    | M30-34     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 137 | KSIĄŻEK Andrzej               |                                                   | POL  | 1961    | M60-64     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 161 | LITWINIUK Karol               | Kriss Coaching                                    | POL  | 1984    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 175 | MACIJEWICZ Maciej             | HTT Open Balance Elbląg                           | POL  | 1993    | M30-34     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 179 | MARTYNOWICZ Michał            | Łąpa_Tri_Run Crew                                 | POL  | 1972    | M50-54     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 182 | MATRAS Bartosz                | Litwin Sports                                     | POL  | 1993    | M30-34     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 183 | MAZUROWSKI Tomasz             | NajmowiczTriatlon                                 | POL  | 1972    | M50-54     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 185 | MIELOCH Artur                 | Dawaj Kalach Team                                 | POL  | 1983    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 192 | MÓWIŃSKI Filip                |                                                   | POL  | 1992    | M30-34     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 386 | NIEDZIÓŁKA Jakub              | 23 BLT                                            | POL  | 1998    | M25-29     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 474 | OELBERG WOJCIECH              | PKO BANK POLSKI                                   | POL  | 1981    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 199 | OLLER Grzegorz                | TRI Starogard Gdański                             | POL  | 1970    | M55-59     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 200 | OLLER Jakub                   | TRI STAROGARD GDAŃSKI                             | POL  | 1991    | M30-34     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 201 | ONICHIMOWSKI Piotr            | WMKS Olsztyńska Szkołka Triathlonu                | POL  | 1979    | M45-49     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 210 | PAWELCZYK Marcin              |                                                   | POL  | 1992    | M30-34     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 215 | PIECHOWSKA Ewa                | CTS                                               | POL  | 1990    | K35-39     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 218 | PIŚKIEWICZ Agnieszka          | HTT Open Balance Elbląg                           | POL  | 1984    | K40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 235 | PYKA Marek                    | Chop Ze Żelaza Tri Team                           | POL  | 1977    | M45-49     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 245 | RUDA Kacper                   | HTT OPEN BALANCE ELBLĄG                           | POL  | 2000    | M25-29     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 246 | RUSAK Lukasz                  | EndureTeam                                        | POL  | 1980    | M45-49     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 248 | RYCHTER Andrzej               | PKO BANK POLSKI                                   | POL  | 1974    | M50-54     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 249 | RYNKO Paweł                   | Najmowicz Triathlon                               | POL  | 1980    | M45-49     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 256 | SAMBOR Elżbieta               | Open Balance HTT Elbląg                           | POL  | 1965    | K60-64     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 259 | SAWICKI Adrian                | Rak?n?Roll                                        | POL  | 1985    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 269 | SKIERKOWSKI Karol             | Twister Team                                      | POL  | 1985    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 271 | SKWIERZ Mirek                 |                                                   | POL  | 1969    | M55-59     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 275 | SOBOLEWSKI Michał             | PKO BP                                            | POL  | 1980    | M45-49     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 278 | STAJNIAK Bartłomiej           | STAJNIAK TEAM                                     | POL  | 1991    | M30-34     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 283 | STEFANKIEWICZ Jakub           | triathlonstrykow.pl                               | POL  | 1989    | M35-39     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 284 | STERCZEWSKI Karol             | Endlesspainteam                                   | POL  | 2005    | M20-24     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 287 | SURMA Henryk                  | Beskid Tri Team                                   | POL  | 1980    | M45-49     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 288 | SUWIŃSKA Zuzanna              |                                                   | POL  | 1993    | K30-34     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 294 | SZUREK Sławomir               | Silesia Triathlon Team / UKS "Piątka Plus"Rydułto | POL  | 1971    | M50-54     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 296 | SZYDŁOWSKI Jakub              | Idmar Racing Team                                 | POL  | 1983    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 406 | SZYMBORSKI Maciej             | 18 Pułk Rozpoznawczy                              | POL  | 1980    | M45-49     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 310 | TROCEWICZ Jacek               | Relentless tri team                               | POL  | 1976    | M45-49     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 312 | TURSKI Robert                 | RAK Team                                          | POL  | 1976    | M45-49     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 314 | TYMIŃSKI Dariusz              | PTT DELTA                                         | POL  | 1968    | M55-59     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 317 | URBANOWICZ Krzysztof          | Mega Coffee Team                                  | POL  | 1985    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 329 | WITCZAK Bartosz               | PULSTORY                                          | POL  | 1973    | M50-54     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 340 | ZAPALSKI Marek                | smartendu                                         | POL  | 1983    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |
|     | 356 | ŻUK Mateusz                   | KS Posenania                                      | POL  | 1983    | M40-44     |             |          |                  |          |          |               |          |          |              | DNS      |    |   |      |

Dystans pływania (liczba okrażeń): 750m ( 1 ok.)  
Dystans roweru (liczba okrażeń): 20km ( 1 ok.)  
Dystans biegu (liczba okrażeń): 5km ( 4 ok.)  
Pianki dozwolone  
Temp. powietrza: 19 C  
Temp. wody: 20,3 C

542 D - ODBYTA  
535 LAP  
580 V DSQ - NIE ODBYTA KARA  
612 V DSQ - NIE ODBYTA KARA  
LAP: 763 , 771 , 759 , 758 , 753  
727 D - ODBYTA  
745 D - ODBYTA  
Kary w T1: 753 , 755, 771,727  
www.sts-timing.pl  
Strona: 6

Sędzia główny: Marcin Tur  
Delegat techniczny: Joanna Pyrzynska-Figurska