GARMIN IRON TRIATHLON ŚLESIN 2022

Organizator: Urząd Miasta i Gminy Ślesin; LABOSPORT Polska sp.z.o.o.
Data: 05.06.2022
Dystans: 1/4 IRONMAN (0,95-45-10,55)
Miejscowość: Ślesin

Sponsor tytularny

Sponsorzy strategiczni

Gospodarz

Organizator

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
1	1	**BREMBOR TOMASZ**	CHORZÓW	VAMOS RACING TEAM	POL	1994	M25	1	10:59:56	00:11:21 (1)	00:01:51	01:01:52 (1)	00:00:47	00:35:26 (2)	**01:51:17**	1		
2	4	**KALASZCZYŃSKI ŁUKASZ**	PŁOCK	KM SPORT PRO TEAM	POL	1984	M35	1	10:59:58	00:12:42 (7)	00:01:58	01:03:40 (4)	00:00:50	00:34:51 (1)	**01:54:01**	2		
3	3	**ŁAWICKI MARCIN**	LUBIN	MKS POLKOWICE	POL	1986	M35	2	10:59:56	00:12:16 (4)	00:01:47	01:03:43 (5)	00:00:45	00:36:04 (3)	**01:54:35**	3		
4	2	**BODNAR MACIEJ**	JÓZEFOSŁAW	MBC TEAM / SZKOŁA TRIATHLONU	POL	1994	M25	2	10:59:57	00:11:44 (3)	00:01:55	01:04:08 (6)	00:00:47	00:36:30 (4)	**01:55:04**	4		
5	6	**POPŁAWSKI JAN**	OSTROWIEC ŚWIĘTOKRZY	NEON TEAM	POL	1993	M25	3	10:59:55	00:12:20 (5)	00:01:58	01:03:33 (3)	00:00:42	00:37:17 (5)	**01:55:50**	5		
6	5	**TOCHOWICZ KASPER**	GOLESZÓW	TRIWISE TRIWISE	POL	1995	M25	4	10:59:56	00:12:24 (6)	00:01:50	01:03:30 (2)	00:00:50	00:38:02 (6)	**01:56:36**	6		
7	308	**GĄSIOR PATRYK**	WARSZAWA	FORPRO	POL	1994	M25	5	10:59:56	00:11:43 (2)	00:02:14	01:06:05 (10)	00:01:08	00:38:37 (7)	**01:59:47**	7		
8	192	**KOWALCZYK MARCIN**	ŁÓDŹ	CELIRONMAN	POL	1979	M40	1	11:00:53	00:15:58 (50)	00:02:57	01:05:05 (8)	00:01:08	00:39:51 (9)	**02:04:59**	8		
9	104	**ANDRZEJEWSKI MARCIN**	BYDGOSZCZ	MROWTRI	POL	1985	M35	3	10:59:57	00:15:02 (22)	00:02:14	01:06:07 (11)	00:01:08	00:40:38 (11)	**02:05:09**	9		
10	303	**SZCZĘŚNIAK PIOTR**	STRZELIN	GVT BMC 3SOFT	POL	1979	M40	2	10:59:58	00:15:12 (26)	00:02:21	01:06:41 (12)	00:01:26	00:39:46 (8)	**02:05:26**	10		
11	292	**PIREK MARIUSZ**	WARSZAWA	TRINERGY TEAM	POL	1985	M35	4	10:59:56	00:14:24 (13)	00:02:14	01:06:46 (13)	00:00:56	00:41:34 (19)	**02:05:54**	11		
12	173	**MROCZKOWSKI KAROL**	WROCŁAW	ALOHA TRIATHLON TEAM	POL	1990	M30	1	11:00:07	00:14:12 (9)	00:02:30	01:08:09 (17)	00:01:20	00:40:42 (12)	**02:06:53**	12		
13	165	**KURACH MICHAL**	WARSZAWA	FIVE DIMENSIONS	POL	1985	M35	5	11:00:14	00:15:36 (36)	00:02:41	01:04:45 (7)	00:01:33	00:42:33 (26)	**02:07:08**	13		
14	241	**CHOJNACKI MARCIN**	PRZANOWICE	TRIWISE	POL	1974	M45	1	11:00:43	00:15:30 (34)	00:02:50	01:05:43 (9)	00:01:18	00:42:23 (25)	**02:07:44**	14		
15	339	**IZBIŃSKI RAFAŁ**	SKARŻYSKO-KAMIENNA	TRINERGY	POL	1979	M40	3	11:00:25	00:15:14 (27)	00:02:42	01:08:30 (19)	00:01:29	00:40:04 (10)	**02:07:59**	15		
16	298	**MODRZYK ARKADIUSZ**	BABIMOST	TRI AMO / CENTRUM MEDYCYNY SPORTOWEJ OLIM	POL	1985	M35	6	10:59:56	00:15:15 (28)	00:02:36	01:08:55 (21)	00:00:59	00:40:51 (13)	**02:08:36**	16		
17	257	**MAJKA MICHAŁ**	WARSZAWA	LABOSPORT TEAM	POL	1978	M40	4	10:59:56	00:15:22 (32)	00:02:28	01:09:07 (23)	00:01:03	00:41:25 (18)	**02:09:25**	17		
18	115	**MATUSIAK MATEUSZ**	ZGIERZ	SNG WILD DUCKS	POL	1987	M35	7	11:00:16	00:15:09 (24)	00:02:13	01:08:59 (22)	00:01:06	00:42:14 (23)	**02:09:41**	18		
19	37	**KOWALCZYK PIOTR**	WARSZAWA	KAZIKI	POL	1981	M40	5	11:00:00	00:15:15 (29)	00:02:22	01:09:16 (26)	00:01:04	00:41:49 (21)	**02:09:46**	19		
20	64	**WOJCIESZKO PIOTR**	WROCLAW	CHMURA COACHING	POL	1981	M40	6	11:00:09	00:15:45 (39)	00:02:40	01:08:51 (20)	00:01:12	00:41:18 (16)	**02:09:46**	20		
21	226	**MAGDZIARZ GERARD**	SUCHEDNIÓW	MBC - MACIEJ BODNAR COACHING	POL	1978	M40	7	11:00:26	00:17:06 (97)	00:02:33	01:08:10 (18)	00:01:13	00:41:20 (17)	**02:10:22**	21		
22	102	**JUZOF SEBASTIAN**	POZNAŃ	SZKOŁA TRIATHLONU	POL	1996	M25	6	11:00:54	00:16:49 (82)	00:02:57	01:07:04 (14)	00:01:17	00:43:11 (32)	**02:11:18**	22		
23	118	**NOWAK PAWEŁ**	SIEKIERKI WIELKIE	MOTIV HOME TEAM	POL	1982	M40	8	11:00:21	00:15:46 (41)	00:02:58	01:10:20 (34)	00:01:27	00:41:03 (15)	**02:11:34**	23		
24	315	**GORWA ROBERT**	SZCZYTNIKI	KUSH GANGSTA	POL	1978	M40	9	11:00:42	00:17:02 (93)	00:02:57	01:09:41 (30)	00:01:37	00:41:01 (14)	**02:12:18**	24		
25	281	**POGORZELSKI WOJCIECH**	TOLKMICKO	TEAM NOWINKA CHWILAPAUZY.PL	POL	1981	M40	10	11:00:05	00:15:05 (23)	00:02:26	01:09:16 (27)	00:01:04	00:44:35 (42)	**02:12:26**	25		
26	287	**ZIÓŁKOWSKI GRZEGORZ**	GIŻYCKO	7PRO TEAM	POL	1998	M18	1	11:00:13	00:14:40 (17)	00:02:46	01:11:19 (41)	00:00:58	00:43:06 (31)	**02:12:49**	26		
27	290	**FAJFER ARKADIUSZ**	PODDĘBICE	SNG WILD DUCKS	POL	1984	M35	8	11:00:49	00:17:13 (102)	00:03:22	01:09:13 (25)	00:01:24	00:41:40 (20)	**02:12:52**	27		
28	334	**WRÓBLEWSKI MATEUSZ**	RAWA MAZOWIECKA	BEDNARSKI TRI TEAM	POL	1991	M30	2	11:00:27	00:16:05 (57)	00:02:10	01:10:50 (38)	00:01:06	00:42:41 (27)	**02:12:52**	28		
29	279	**PRZEDPEŁSKI RADOSŁAW**	ŁÓDŹ	SNG WILD DUCKS	POL	1982	M40	11	11:00:46	00:16:30 (75)	00:02:54	01:10:13 (33)	00:01:15	00:42:03 (22)	**02:12:55**	29		
30	221	**KUCZMA JERZY**	DZIERŻONIÓW	HALFDEAD	POL	1995	M25	7	11:00:07	00:14:26 (14)	00:02:24	01:09:23 (28)	00:01:35	00:45:18 (47)	**02:13:06**	30		
31	331	**KACZOR BŁAŻEJ**	ŚLESIN	POLONIA ŚRODA	POL	1987	M35	9	11:00:36	00:14:39 (16)	00:02:59	01:11:53 (43)	00:01:09	00:42:52 (29)	**02:13:32**	31		
32	309	**MARKIEWICZ MARCIN**	ŚWIDNICA	LABOSPORT TEAM ŻELAZNA ŚWIDNICA	POL	1972	M50	1	11:00:05	00:14:14 (10)	00:02:39	01:10:49 (37)	00:01:29	00:45:09 (45)	**02:14:20**	32		
33	136	**BULERSKI MARCIN**	OBORA	AMATORSKA GRUPA KOLARSKA CCC	POL	1982	M40	12	11:00:40	00:17:00 (92)	00:02:48	01:10:05 (32)	00:01:18	00:43:36 (36)	**02:14:47**	33		
34	335	**PUCH ROBERT**	ELBLĄG		POL	1975	M45	2	11:00:19	00:15:38 (38)	00:02:36	01:07:08 (15)	00:01:06	00:48:20 (95)	**02:14:48**	34		
35	177	**NOWOK MICHAL**	RUDA ŚLĄSKA	PWC	POL	1997	M25	8	11:02:22	00:16:53 (89)	00:02:47	01:09:07 (24)	00:01:12	00:44:59 (44)	**02:14:58**	35		
36	238	**BŁACHOWIAK JAKUB**	LESZNO	STREFASPORTU.PL	POL	1989	M30	3	11:00:31	00:15:59 (52)	00:02:37	01:11:15 (40)	00:01:18	00:44:05 (39)	**02:15:14**	36		
37	326	**ZIĘTEK SEWERYN**	LUBIN		POL	1980	M40	13	11:00:44	00:16:49 (83)	00:02:58	01:11:56 (44)	00:01:41	00:42:19 (24)	**02:15:43**	37		
38	73	**GRABAREK MATEUSZ**	GOŁUCHÓW	ZDUN TRIATHLON TEAM	POL	1989	M30	4	11:01:15	00:16:35 (76)	00:02:33	01:12:51 (57)	00:00:58	00:43:18 (33)	**02:16:15**	38		
39	231	**PASZEK PRZEMYSŁAW**	TYCHY		POL	1984	M35	10	11:00:45	00:16:24 (70)	00:03:16	01:12:06 (47)	00:01:26	00:44:01 (38)	**02:17:13**	39		
40	78	**MACIEJEWSKI ADAM**	KONIN	TRITON KONIN	POL	1999	M18	2	11:00:33	00:15:56 (48)	00:02:15	01:13:56 (71)	00:00:53	00:44:33 (41)	**02:17:33**	40		
41	283	**BODNAR KAMIL**	TORUŃ		POL	1998	M18	3	10:59:56	00:15:45 (39)	00:03:04	01:09:38 (29)	00:01:32	00:47:45 (80)	**02:17:44**	41		
42	58	**WOJCIECHOWSKI MICHAŁ**	KONIN	TRITON KONIN	POL	1991	M30	5	11:00:21	00:16:27 (71)	00:02:40	01:12:16 (49)	00:00:51	00:46:01 (56)	**02:18:15**	42		
43	321	**GROCHOWSKA OLA**	KATOWICE	GVT	POL	1994	K25	1	11:00:22	00:14:17 (12)	00:02:32	01:14:09 (78)	00:01:04	00:46:35 (63)	**02:18:37**		1	
44	289	**SOCHA TOMASZ**	WARSZAWA	TRINERGY TEAM	POL	1968	M50	2	11:01:10	00:17:43 (122)	00:03:42	01:09:49 (31)	00:01:42	00:45:50 (52)	**02:18:46**	43		
45	275	**KASPRZYK KAMIL**	KIELCE	MBC TEAM / SZKOŁA TRIATHLONU	POL	1980	M40	14	11:00:41	00:17:28 (113)	00:03:01	01:10:34 (36)	00:01:03	00:46:45 (66)	**02:18:51**	44		
46	146	**PIESIK DAWID**	BYDGOSZCZ	I'M INSPIRATION TEAM	POL	1990	M30	6	11:00:43	00:17:02 (93)	00:03:08	01:13:53 (69)	00:01:32	00:43:18 (33)	**02:18:53**	45		
47	316	**WILICKI TOMASZ**	ŁÓDŹ	BEDNARSKI TRI TEAM	POL	1979	M40	15	11:01:44	00:15:20 (31)	00:03:45	01:11:46 (42)	00:01:40	00:46:29 (61)	**02:19:00**	46		
48	20	**BYCH MACIEJ**	OŁAWA	TRIDEA TEAM	POL	1975	M45	3	11:00:39	00:14:51 (19)	00:02:42	01:11:57 (45)	00:01:22	00:48:14 (88)	**02:19:06**	47		
49	174	**ŁUCZAK ADAM**	STARE OBORZYSKA	SZKOŁA TRIATHLONU MAVERICKS	POL	1984	M35	11	11:01:24	00:17:45 (125)	00:03:03	01:12:03 (46)	00:01:15	00:45:25 (49)	**02:19:31**	48		

Opracowanie : Jacek Grzybowski
jacek.grzybowski@sts-timing.pl

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M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
50	62	BEDNARCZYK ROBERT	WARSZAWA	KAZIKI DIAKONOWBEDNARCZY.PL	POL	1987	M35	12	11:02:58	00:20:09 (215)	00:03:09	01:12:26 (51)	00:01:13	00:43:04 (30)	**02:20:01**	49		
51	297	SWIANIEWICZ ANTONI	WARSZAWA	TRI AMO	POL	1985	M35	13	11:01:11	00:16:27 (72)	00:02:43	01:12:18 (50)	00:01:33	00:47:18 (72)	**02:20:19**	50		
52	247	ANTONIUK MARCIN	WARSZAWA	23 TEAM	POL	1975	M45	4	11:00:15	00:16:09 (60)	00:02:46	01:12:31 (54)	00:01:12	00:47:57 (85)	**02:20:35**	51		
53	328	KEMPA JAN	SZCZECIN	ŻARY RUNNERS TEAM	POL	1994	M25	9	10:59:58	00:15:24 (33)	00:03:38	01:15:27 (91)	00:02:42	00:43:28 (35)	**02:20:39**	52		
54	313	LEŚNIAK TOMASZ	OTWOCK	KUŹNIA TRIATHLONU	POL	1973	M45	5	11:00:56	00:15:56 (48)	00:02:59	01:13:25 (61)	00:01:07	00:47:36 (76)	**02:21:03**	53		
55	107	DĄBROWSKI ŁUKASZ	OSTRÓW WIELKOPOLSKI		POL	1982	M40	16	11:01:33	00:18:36 (155)	00:02:45	01:13:27 (62)	00:01:01	00:45:26 (50)	**02:21:15**	54		
56	147	HUNKIEWICZ WOJCIECH	MARKI	MBC TEAM SZKOŁA TRIATHLONU	POL	1972	M50	3	11:00:33	00:16:04 (55)	00:02:42	01:13:06 (59)	00:01:18	00:48:24 (97)	**02:21:34**	55		
57	35	FILIPOWSKI ZDZISŁAW	KONSTANTYNÓW ŁÓDZKI	HTF LUDWIK SIKORSKI / BEDNARSKI TRI TEAM	POL	1970	M50	4	11:00:54	00:15:16 (30)	00:02:55	01:12:38 (55)	00:01:05	00:49:42 (120)	**02:21:36**	56		
58	43	BIELEC ADAM	SKĘPE	KCALOKILERZY	POL	1989	M30	7	11:02:19	00:18:29 (150)	00:02:49	01:16:33 (110)	00:01:19	00:42:41 (27)	**02:21:51**	57		
59	324	OSMOLIK JAREK	ZĄBKI	TRIZARZA	POL	1977	M45	6	11:01:54	00:17:18 (109)	00:03:11	01:12:09 (48)	00:01:13	00:48:34 (100)	**02:22:25**	58		
60	191	KOŚCIAŃSKI ŁUKASZ	KALISZ		POL	1983	M35	14	11:01:33	00:16:03 (54)	00:02:50	01:13:35 (65)	00:01:20	00:48:41 (104)	**02:22:29**	59		
61	92	SZCZEPAŃSKI MICHAŁ	GDAŃSK		POL	1991	M30	8	11:00:46	00:17:14 (104)	00:03:49	01:14:00 (74)	00:01:20	00:46:09 (57)	**02:22:32**	60		
62	175	OSTROWSKI GRZEGORZ	ŁÓDŹ		POL	1973	M45	7	11:01:22	00:18:20 (146)	00:03:48	01:14:54 (86)	00:01:42	00:44:10 (40)	**02:22:54**	61		
63	254	BABCIAK ROMAN	NOWY STAW	WANIEWSKI COACHING LOTOS RUNNING TEAM	POL	1977	M45	8	11:01:17	00:18:05 (136)	00:03:05	01:13:57 (72)	00:01:09	00:47:01 (70)	**02:23:17**	62		
64	250	MIOTK MICHAŁ	GDYNIA	RAK-TEAM-TRIATHLON	POL	1985	M35	15	11:00:37	00:16:22 (69)	00:02:57	01:15:49 (95)	00:01:23	00:46:58 (68)	**02:23:29**	63		
65	122	OTŁOWSKI ALEKSY	WARSZAWA	TRIMASTERS	POL	1991	M30	9	10:59:56	00:12:48 (8)	00:02:28	01:19:01 (153)	00:01:05	00:48:08 (87)	**02:23:30**	64		
66	243	WÓJCIK GRZEGORZ	WARSZAWA	MBC TEAM	POL	1979	M40	17	11:01:08	00:17:08 (99)	00:02:55	01:18:20 (145)	00:01:17	00:43:54 (37)	**02:23:34**	65		
67	80	WINKLER MARCIN	SOMPOLNO	MBC TEAM	POL	1979	M40	18	11:01:27	00:18:31 (152)	00:03:49	01:10:27 (35)	00:01:18	00:49:41 (118)	**02:23:46**	66		
68	322	URBAŃSKA EWA	ŁOCHOWO	TM IRON TEAM	POL	1976	K45	1	11:00:23	00:17:05 (95)	00:02:43	01:12:42 (56)	00:01:24	00:49:55 (126)	**02:23:49**		2	
69	41	ŁAWNICZAK KRZYSZTOF	KAZIMIERZ BISKUPI	OSIR KAZIMIERZ BISKUPI	POL	1986	M35	16	11:00:21	00:14:56 (20)	00:02:44	01:13:39 (66)	00:01:22	00:51:09 (148)	**02:23:50**	67		
70	116	DOBROSIELSKI ANDRZEJ	CHOTOMÓW	LABOSPORT TEAM	POL	1990	M30	10	11:00:11	00:14:33 (15)	00:03:36	01:15:59 (100)	00:01:22	00:48:27 (99)	**02:23:57**	68		
71	330	LOREK KINGA	ELBLĄG	BEKO TEAM	POL	1998	K18	1	11:00:11	00:14:16 (11)	00:02:12	01:19:02 (154)	00:01:09	00:47:37 (77)	**02:24:16**		3	
72	293	TOKARSKI PRZEMYSŁAW	PIOTRKÓW TRYBUNALSKI	TRI AKTYWNY PIOTRKÓW TRI AKTYWNY PIOTRKÓW	POL	1979	M40	19	11:00:48	00:17:42 (121)	00:03:32	01:12:29 (52)	00:01:26	00:49:32 (115)	**02:24:41**	69		
73	133	NIESTĘPSKI PAWEŁ	LEGIONOWO		POL	1990	M30	11	11:01:20	00:15:55 (47)	00:03:05	01:16:36 (113)	00:01:25	00:47:41 (78)	**02:24:42**	70		
74	219	BUGAJ ROBERT	KONIN	TRITON KONIN	POL	1982	M40	20	11:00:50	00:15:11 (25)	00:03:05	01:19:21 (157)	00:01:19	00:45:49 (51)	**02:24:45**	71		
75	277	WAWRZYNIAK MAREK	GDYNIA		POL	1972	M50	5	11:03:03	00:19:41 (200)	00:03:11	01:10:58 (39)	00:01:07	00:49:48 (123)	**02:24:45**	72		
76	149	KOGUT BARTŁOMIEJ	OŁAWA		POL	1981	M40	21	11:00:48	00:15:48 (44)	00:03:31	01:13:11 (60)	00:01:25	00:50:54 (145)	**02:24:49**	73		
77	181	SMIGIELSKI DAMIAN	DALKI	GNIEZNO	POL	1978	M40	22	11:02:29	00:18:50 (166)	00:04:18	01:13:45 (67)	00:01:37	00:46:19 (59)	**02:24:49**	74		
78	110	WALASIK ŁUKASZ	ŁÓDŹ		POL	1987	M35	17	11:01:04	00:15:30 (35)	00:02:53	01:18:07 (136)	00:01:03	00:47:24 (74)	**02:24:57**	75		
79	114	SZKODZIŃSKI PAWEŁ	LUBIN		POL	1976	M45	9	11:00:54	00:19:52 (203)	00:03:47	01:13:59 (73)	00:02:29	00:44:56 (43)	**02:25:03**	76		
80	260	WASILEWSKI ALEKSANDER	TORUN	BEDNARSKI TRI TEAM NESTLE FITNESS CYCLING TEAM	POL	1972	M50	6	11:01:59	00:18:12 (141)	00:03:39	01:14:01 (75)	00:01:21	00:47:51 (81)	**02:25:04**	77		
81	120	SZEWCZYK ROBERT	JAROCIN		POL	1978	M40	23	11:01:58	00:16:09 (62)	00:03:18	01:17:54 (127)	00:01:25	00:46:18 (58)	**02:25:04**	78		
82	150	JAGAS RADEK	GRABINA	HTF LUDWIK SIKORSKI	POL	1972	M50	7	11:01:02	00:16:29 (74)	00:02:58	01:17:10 (119)	00:01:00	00:47:55 (83)	**02:25:32**	79		
83	109	WASZKIEWICZ DARIUSZ	INOWROCŁAW	IM INSPIRATION	POL	1976	M45	10	11:00:22	00:19:07 (182)	00:03:06	01:13:32 (64)	00:01:32	00:48:26 (98)	**02:25:43**	80		
84	307	CZAJKOWSKI MICHAŁ	NOWA WOLA		POL	1973	M45	11	11:00:41	00:15:58 (51)	00:03:10	01:16:08 (102)	00:01:22	00:49:11 (109)	**02:25:49**	81		
85	48	CYBULSKI KONRAD	KUTNO	HTF LUDWIK SIKORSKI AMZ-KUTNO S.A	POL	1973	M45	12	11:02:39	00:19:36 (196)	00:04:02	01:14:44 (83)	00:01:29	00:46:00 (55)	**02:25:51**	82		
86	124	WŁODARCZYK PIOTR	ŁÓDŹ	LTP / WWW.SPORTTRIATHLON.PL	POL	1976	M45	13	11:01:08	00:18:00 (133)	00:02:47	01:14:04 (76)	00:01:30	00:49:39 (117)	**02:26:00**	83		
87	103	STĘPIEŃ ADAM	CHORZÓW	SZKOŁA TRIATHLONU	POL	1990	M30	12	11:00:57	00:16:04 (55)	00:02:43	01:15:52 (96)	00:01:06	00:50:19 (136)	**02:26:04**	84		
88	194	SOCHA KAROL	WARSZAWA	TRIZARZA	POL	1994	M25	10	11:01:05	00:18:14 (143)	00:03:34	01:14:07 (77)	00:01:14	00:48:56 (107)	**02:26:05**	85		
89	16	ZAWADZKI PAWEŁ	KALISZ	BPM STUDIO TEAM	POL	1985	M35	18	11:01:19	00:18:45 (162)	00:03:51	01:13:51 (68)	00:01:28	00:48:16 (90)	**02:26:11**	86		
90	198	BŁASZCZYK ŁUKASZ	POZNAŃ-LUBOMYŚLE		POL	1985	M35	19	11:01:33	00:17:41 (120)	00:03:11	01:15:06 (87)	00:01:01	00:49:14 (110)	**02:26:13**	87		
91	21	ROGULSKI ADAM	WYSZKÓW	CATENA WYSZKÓW	POL	1988	M30	13	11:02:44	00:15:47 (43)	00:03:59	01:16:22 (107)	00:01:47	00:48:19 (93)	**02:26:14**	88		
92	280	BRZEZIŃSKI ŁUKASZ	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1987	M35	20	11:01:15	00:17:13 (102)	00:02:41	01:15:32 (93)	00:01:14	00:49:44 (122)	**02:26:24**	89		
93	156	NUNES PEDRO	WARSZAWA	KAZIKI	POR	1985	M35	21	11:01:39	00:16:20 (67)	00:02:51	01:19:27 (159)	00:01:26	00:46:20 (60)	**02:26:24**	90		
94	59	WOJCIECHOWSKI ADAM	STARE MIASTO	TRITON KONIN	POL	1994	M25	11	11:01:45	00:20:05 (211)	00:02:35	01:15:17 (90)	00:01:16	00:47:12 (71)	**02:26:25**	91		
95	162	MASŁOWSKI MARCIN	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1979	M40	24	11:01:47	00:17:09 (101)	00:03:44	01:16:36 (112)	00:01:09	00:47:53 (82)	**02:26:31**	92		
96	148	DWOJACKI WOJCIECH	KUTNO	KAZIKI	POL	1992	M30	14	11:00:51	00:17:49 (127)	00:02:53	01:15:58 (98)	00:01:05	00:48:48 (105)	**02:26:33**	93		
97	52	JONIO KATARZYNA	SZELIGI	TRIATHLETIC TEAM / KUŹNIA TRIATHLONU	POL	1981	K40	1	11:00:24	00:16:12 (64)	00:02:44	01:18:36 (147)	00:01:17	00:47:56 (84)	**02:26:45**		4	
98	14	SIKORA JULITA	LIGOTA PIĘKNA	GVT	POL	1973	K45	2	10:59:56	00:17:38 (116)	00:02:42	01:17:27 (122)	00:01:18	00:47:43 (79)	**02:26:48**		5	

Opracowanie : Jacek Grzybowski
jacek.grzybowski@sts-timing.pl

GARMIN IRON TRIATHLON ŚLESIN 2022

Organizator: Urząd Miasta i Gminy Ślesin; LABOSPORT Polska sp.z.o.o.
Data: 05.06.2022
Dystans: 1/4 IRONMAN (0,95-45-10,55)
Miejscowość: Ślesin

Sponsor tytularny

Sponsorzy strategiczni

Gospodarz

Organizator

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
99	244	CYGAN ARKADIUSZ	KSIĄŻENICE	SZKOŁA TRIATHLONU	POL	1985	M35	22	11:01:22	00:22:36 (271)	00:03:31	01:13:55 (70)	00:01:27	00:45:19 (48)	**02:26:48**	94		
100	159	KIEPURA ANDRZEJ	TUREK	IM INSPIRATION	POL	1976	M45	14	11:01:00	00:16:51 (85)	00:03:30	01:17:15 (120)	00:01:22	00:48:14 (89)	**02:27:12**	95		
101	333	JUSZCZAK PAWEŁ	LUBIN	ŁAWKA TEAM	POL	1986	M35	23	11:00:50	00:18:13 (142)	00:03:06	01:16:29 (109)	00:01:25	00:48:17 (92)	**02:27:30**	96		
102	242	DOMAŃSKI JAKUB	KOŁO		POL	1984	M35	24	11:01:10	00:17:09 (100)	00:03:42	01:18:07 (135)	00:01:38	00:46:59 (69)	**02:27:35**	97		
103	236	NIEMCZEWSKI RAFAŁ	KAZIMIERZ BISKUPI	B3 CITYZEN POZNAŃ	POL	1978	M40	25	11:01:30	00:15:48 (45)	00:03:28	01:18:44 (149)	00:02:19	00:47:35 (75)	**02:27:54**	98		
104	252	ŻYTOWIECKI MACIEJ	PŁOCK	1980	POL	1980	M40	26	11:00:31	00:16:51 (85)	00:02:51	01:16:22 (108)	00:01:47	00:50:12 (132)	**02:28:03**	99		
105	227	KAGOŃ DAMIAN	MIKOŁÓW	SZKOŁA TRIATHLONU/ LEADER FOX MTB TEAM LEAD	POL	1978	M40	27	11:01:04	00:18:51 (167)	00:04:04	01:14:40 (81)	00:01:24	00:49:06 (108)	**02:28:05**	100		
106	36	BAK ARTUR	GÓRA KALWARIA	BMW GARAGE	POL	1972	M50	8	11:01:19	00:16:08 (59)	00:03:21	01:15:54 (97)	00:02:00	00:50:50 (143)	**02:28:13**	101		
107	112	PAKUŁA RAFAŁ	ŁÓDŹ	CYKLOMANIACY.PL	POL	1985	M35	25	11:01:10	00:15:46 (42)	00:03:13	01:18:09 (138)	00:02:02	00:49:14 (110)	**02:28:24**	102		
108	169	DUK JANUSZ	LODZ	LABOSPORT TEAM	POL	1966	M55	1	11:01:25	00:18:00 (133)	00:03:09	01:16:10 (103)	00:01:06	00:50:01 (128)	**02:28:26**	103		
109	332	ZAKRZEWSKI KRZYSZTOF	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1980	M40	28	11:01:23	00:18:51 (167)	00:03:30	01:14:46 (84)	00:02:03	00:49:18 (112)	**02:28:28**	104		
110	85	RATAJSKI JAKUB	ŚRODA WIELKOPOLSKA		POL	1993	M25	12	11:02:22	00:23:07 (277)	00:03:11	01:13:29 (63)	00:02:05	00:46:44 (65)	**02:28:36**	105		
111	96	PURCZYŃSKI MICHAŁ	SIEKIERKI WIELKIE	WICHER SIEKIERKI WICHER SIEKIERKI	POL	1980	M40	29	11:00:58	00:17:38 (116)	00:04:05	01:19:14 (156)	00:01:48	00:45:58 (54)	**02:28:43**	106		
112	19	OWCZAREK JACEK	PIĄTKOWISKO		POL	1972	M50	9	11:02:09	00:19:45 (202)	00:03:14	01:14:29 (79)	00:01:29	00:49:55 (125)	**02:28:52**	107		
113	82	KAŹMIERCZAK MARCIN	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1974	M45	15	11:01:00	00:16:48 (81)	00:03:19	01:16:14 (106)	00:01:45	00:50:48 (142)	**02:28:54**	108		
114	237	ROSZUK JAKUB	OZIMEK	EWA BUGDOŁ TEAM	POL	1979	M40	30	11:00:45	00:16:03 (53)	00:03:38	01:18:02 (134)	00:01:29	00:49:43 (121)	**02:28:55**	109		
115	262	KAŁUŻNY ADAM	KOMORNIKI	NAGEL GROUP	POL	1982	M40	31	11:00:29	00:17:15 (108)	00:03:45	01:17:55 (128)	00:01:27	00:48:36 (101)	**02:28:58**	110		
116	50	KOWALSKI SZYMON	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1977	M45	16	11:01:07	00:17:06 (97)	00:03:04	01:17:56 (130)	00:01:26	00:49:57 (127)	**02:29:29**	111		
117	83	KAŹMIERCZAK MATEUSZ	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	2002	M18	4	11:02:01	00:17:28 (113)	00:02:41	01:17:57 (131)	00:01:21	00:50:02 (130)	**02:29:29**	112		
118	61	SZWEDOWICZ AGNIESZKA	PIŁA	SZKOŁA TRIATHLONU	POL	1985	K35	1	11:01:06	00:17:40 (119)	00:03:13	01:17:29 (124)	00:01:27	00:49:48 (124)	**02:29:37**		6	
119	294	ŚWIERŻEWSKI ŁUKASZ	WARSZAWA	SPORTOWARODZINA.PL	POL	1975	M45	17	11:01:49	00:18:32 (153)	00:03:10	01:15:09 (89)	00:01:43	00:51:08 (147)	**02:29:42**	113		
120	108	BĘBEŃCA BŁAŻEJ	RADOM	PWC	POL	1983	M35	26	11:01:36	00:19:17 (190)	00:03:58	01:18:17 (140)	00:01:35	00:46:37 (64)	**02:29:44**	114		
121	47	STEINKE ADAM	ŁÓDŹ		POL	1989	M30	15	11:02:06	00:18:16 (144)	00:03:45	01:17:50 (126)	00:01:36	00:48:23 (96)	**02:29:50**	115		
122	49	WŁOSTOWSKI MAREK	KRAKÓW	VEGE RUNNERS	POL	1983	M35	27	11:02:44	00:19:39 (199)	00:03:19	01:17:45 (125)	00:03:17	00:45:56 (53)	**02:29:56**	116		
123	318	SWINIARSKI JAROSŁAW	GDYNIA	TRIDEA - TRI GDYNIA	POL	1958	M60	1	11:02:11	00:20:05 (211)	00:04:09	01:12:29 (52)	00:01:28	00:51:52 (160)	**02:30:03**	117		
124	317	MAZGAJ BARTŁOMIEJ	ALEKSANDRÓW ŁÓDZKI	HTF LUDWIK SIKORSKI	POL	1986	M35	28	11:01:51	00:17:28 (111)	00:02:58	01:16:36 (113)	00:01:06	00:51:57 (163)	**02:30:05**	118		
125	81	WIĘCKOWSKI MICHAŁ	SOCHACZEW		POL	1983	M35	29	11:01:25	00:19:00 (176)	00:04:03	01:14:53 (85)	00:01:31	00:50:52 (144)	**02:30:19**	119		
126	208	ŚLEBIODA ANDRZEJ	KLECZEW	OSIR KLECZEW/ FTS	POL	1975	M45	18	11:02:57	00:20:11 (217)	00:03:45	01:19:43 (165)	00:01:36	00:45:14 (46)	**02:30:29**	120		
127	234	KUCHARSKI BARTŁOMIEJ	KUTNO	PRZYSPIESZ KRAULA	POL	1991	M30	16	11:00:52	00:16:45 (79)	00:03:00	01:15:32 (93)	00:01:17	00:53:57 (194)	**02:30:31**	121		
128	193	KWIATKOWSKI MIKOŁAJ	WARSZAWA		POL	1992	M30	17	11:02:58	00:19:00 (176)	00:03:13	01:14:42 (82)	00:01:38	00:52:11 (167)	**02:30:44**	122		
129	218	GALANCIAK PIOTR	ŁÓDŹ	ATOS / HTF LUDWIK SIKORSKI	POL	1983	M35	30	11:00:19	00:16:27 (72)	00:03:38	01:15:27 (92)	00:01:45	00:53:27 (190)	**02:30:44**	123		
130	212	POPŁAWSKI MICHAŁ	WARSZAWA	KUŹNIA TRIATHLONU	POL	1980	M40	32	11:01:11	00:17:14 (107)	00:04:45	01:18:01 (132)	00:01:24	00:49:29 (114)	**02:30:53**	124		
131	132	JOPKIEWICZ KAROL	PIOTRKÓW TRYBUNALSKI		POL	1996	M25	13	11:00:56	00:19:05 (179)	00:03:23	01:08:04 (16)	00:01:28	00:59:20 (251)	**02:31:20**	125		
132	223	FRYDRYCH AGATA	WARSZAWA	KUŹNIA TRIATHLONU	POL	1991	K30	1	11:01:08	00:18:18 (145)	00:04:31	01:16:40 (115)	00:01:23	00:50:32 (138)	**02:31:24**		7	
133	229	NAPIERACZ MARTA	GDYNIA	RAKTEAM	POL	1979	K40	2	11:01:13	00:17:14 (104)	00:03:04	01:18:19 (143)	00:01:11	00:51:36 (156)	**02:31:24**		8	
134	99	JAŃCZAK JAROSŁAW	ŁÓDŹ	SNG WILD DUCKS	POL	1973	M45	19	11:01:37	00:16:21 (68)	00:03:26	01:20:08 (172)	00:01:54	00:49:41 (118)	**02:31:30**	126		
135	22	JEDRZEJCZYK PIOTR	PIASECZNO		POL	1973	M45	20	11:00:57	00:18:32 (153)	00:03:24	01:19:42 (164)	00:01:36	00:48:19 (94)	**02:31:33**	127		
136	158	BRZUSKA LESŁAW	ŁÓDŹ		POL	1979	M40	33	11:01:24	00:18:10 (139)	00:03:23	01:17:18 (121)	00:02:26	00:50:39 (141)	**02:31:56**	128		
137	125	BESZŁEJ MACIEJ	WROCŁAW		POL	1984	M35	31	11:01:44	00:19:19 (191)	00:03:36	01:18:39 (148)	00:02:19	00:48:16 (90)	**02:32:09**	129		
138	338	KUBIELSKI BARTOSZ	WARSZAWA	TRI AMO	POL	1974	M45	21	11:01:27	00:18:24 (147)	00:03:16	01:16:53 (117)	00:01:13	00:53:07 (183)	**02:32:53**	130		
139	17	POPEK MACIEJ	WŁOCŁAWEK	IRON HOUSE TRIATHLON WŁOCŁAWEK	POL	1977	M45	22	11:02:27	00:18:54 (171)	00:04:33	01:16:11 (105)	00:01:41	00:51:38 (157)	**02:32:57**	131		
140	311	STAŃCZAK BARTOSZ	STRZEGOWO	LUFTTRITEAM MAMUT CAMP	POL	1979	M40	34	11:00:47	00:18:38 (158)	00:02:59	01:15:09 (88)	00:01:11	00:55:03 (213)	**02:33:00**	132		
141	210	POPŁAWSKA ANNA	WARSZAWA	KUŹNIA TRIATHLONU	POL	1981	K40	3	11:01:12	00:19:07 (181)	00:03:09	01:16:45 (116)	00:01:41	00:52:21 (170)	**02:33:03**		9	
142	45	SZUŁAWA MARCIN	ZDUNY	NATURAL EPO TEAM COLIAN NA START	POL	1973	M45	23	11:02:19	00:20:19 (222)	00:04:12	01:18:45 (151)	00:01:31	00:48:40 (103)	**02:33:27**	133		
143	265	PAKULSKI MARCIN	WARSZAWA	NAGEL GROUP	POL	1984	M35	32	11:01:32	00:18:59 (175)	00:03:30	01:18:01 (133)	00:01:09	00:51:55 (162)	**02:33:34**	134		
144	232	KOWALCZYK KAROL	WARSZAWA		POL	1984	M35	33	11:02:54	00:20:38 (231)	00:03:55	01:21:20 (192)	00:01:28	00:46:30 (62)	**02:33:51**	135		
145	222	PILARCZYK BARTEK	OSTRÓW WLKP.	AGAT TRI SUPERSONIC	POL	1978	M40	35	11:01:00	00:16:15 (66)	00:03:28	01:23:09 (210)	00:01:44	00:49:20 (113)	**02:33:56**	136		
146	284	GŁUCHOWSKI PRZEMEK	ŻYCHLIN		POL	1976	M45	24	11:00:56	00:19:58 (206)	00:04:34	01:18:17 (141)	00:02:39	00:48:40 (102)	**02:34:08**	137		
147	111	SZKLARCZYK ARTUR	WARSZAWA	BIKE SALON TEAM	POL	1984	M35	34	11:01:21	00:18:06 (138)	00:04:43	01:19:54 (167)	00:01:38	00:50:01 (129)	**02:34:22**	138		

Opracowanie : Jacek Grzybowski
jacek.grzybowski@sts-timing.pl

GARMIN IRON TRIATHLON ŚLESIN 2022

Organizator: Urząd Miasta i Gminy Ślesin; LABOSPORT Polska sp.z.o.o.
Data: 05.06.2022
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Miejscowość: Ślesin

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Gospodarz

Organizator

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
148	128	KAWKA PAULINA	WARSZAWA	23 TEAM	POL	1991	K30	2	11:00:50	00:16:49 (83)	00:02:57	01:23:05 (209)	00:01:11	00:50:34 (139)	02:34:36		10	
149	325	PANUŚ MARCIN	ŁÓDŹ	BEDNARSKI TRI TEAM	POL	1977	M45	25	11:03:02	00:22:19 (265)	00:03:10	01:14:29 (79)	00:01:41	00:53:04 (182)	02:34:43	139		
150	155	CECHOWSKI PIOTR	BURZENIN	BEDNNARSKI TRI TEAM	POL	1980	M40	36	11:01:55	00:18:52 (169)	00:03:29	01:19:27 (160)	00:01:44	00:51:14 (152)	02:34:46	140		
151	153	TOMCZUK BARTOSZ	KALISZ		POL	1984	M35	35	11:01:41	00:17:56 (131)	00:03:35	01:19:21 (157)	00:01:51	00:52:13 (169)	02:34:56	141		
152	235	PERZ GRZEGORZ	OSTRÓW WIELKOPOLSKI		POL	1991	M30	18	11:01:11	00:18:52 (169)	00:04:18	01:19:08 (155)	00:01:56	00:50:55 (146)	02:35:09	142		
153	166	KULIK MICHAŁ	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1979	M40	37	11:02:20	00:18:01 (135)	00:04:08	01:18:11 (139)	00:02:03	00:52:51 (179)	02:35:14	143		
154	271	RZEPKA TOMASZ	ALEKSANDRÓW ŁÓDZKI	HTF LUDWIK SIKORSKI	POL	1976	M45	26	11:01:45	00:19:14 (188)	00:04:42	01:16:35 (111)	00:01:30	00:53:19 (187)	02:35:20	144		
155	154	MAZUREK MARCIN	WARSZAWA		POL	1976	M45	27	11:00:35	00:15:52 (46)	00:04:17	01:22:28 (204)	00:01:38	00:51:09 (148)	02:35:24	145		
156	39	NOWOGRODZKI ŁUKASZ	MARCINKOWICE		POL	1977	M45	28	11:02:27	00:17:59 (132)	00:03:23	01:18:09 (137)	00:01:25	00:54:31 (205)	02:35:27	146		
157	86	KUCIA KAMIL	TYCHY	WARSZTAT FORMY	POL	1984	M35	36	11:02:28	00:18:36 (155)	00:03:29	01:21:22 (193)	00:01:24	00:50:38 (140)	02:35:29	147		
158	31	BRYLOWSKI MARCIN	KALISZ	NATURALEPOTEAM KZPT JEMAR KZPT, BRANDBULL,	POL	1973	M45	29	11:02:13	00:19:22 (192)	00:03:30	01:20:21 (178)	00:01:16	00:51:09 (148)	02:35:38	148		
159	267	GOLER ELA	WARSZAWA	MBC TEAM	POL	1986	K35	2	11:02:03	00:19:07 (182)	00:03:16	01:22:04 (199)	00:01:16	00:50:14 (133)	02:35:57		11	
160	32	RASZCZYŃSKI ROBERT	BEŁCHATÓW	SIDOR TEAM	POL	1981	M40	38	11:02:24	00:18:28 (149)	00:03:35	01:16:10 (103)	00:01:31	00:56:40 (223)	02:36:24	149		
161	274	PIETRUSZEWSKA EWA	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1988	K30	3	11:02:36	00:18:39 (160)	00:03:20	01:20:09 (173)	00:01:05	00:53:13 (186)	02:36:26		12	
162	184	KOPROWSKI ŁUKASZ	ŁÓDŹ	BEDNARSKI TRI TEAM/PWC	POL	1976	M45	30	11:02:07	00:19:30 (194)	00:03:30	01:25:14 (230)	00:01:25	00:46:55 (67)	02:36:34	150		
163	224	SZABŁOWSKI KRZYSZTOF	ROSANÓW	SNG WILD DUCKS	POL	1978	M40	39	11:01:37	00:17:51 (128)	00:03:08	01:15:58 (98)	00:01:21	00:58:24 (240)	02:36:42	151		
164	323	RYNKAR ADRIAN	LUBIN	ŁAWKA TEAM	POL	1976	M45	31	11:01:07	00:18:25 (148)	00:04:11	01:20:15 (176)	00:02:02	00:51:54 (161)	02:36:47	152		
165	204	STRADOMSKI JACEK	OLSZTYN	A & J	POL	1965	M55	2	11:00:29	00:16:07 (58)	00:03:46	01:17:55 (129)	00:02:11	00:56:57 (226)	02:36:56	153		
166	67	KUBICKI LESZEK	WŁOCŁAWEK	NIEZRZESZONY	POL	1953	M65	1	10:59:56	00:16:11 (63)	00:03:30	01:17:27 (122)	00:01:30	00:58:22 (238)	02:37:00	154		
167	178	KIRSZ KRZYSZTOF	GDAŃSK	PWC	POL	1992	M30	19	11:02:05	00:18:44 (161)	00:03:16	01:23:04 (208)	00:01:40	00:50:22 (137)	02:37:06	155		
168	172	MANIAK DOMINIK	KRAKÓW		POL	1993	M25	14	11:01:40	00:18:55 (172)	00:03:25	01:18:31 (146)	00:02:11	00:54:06 (199)	02:37:08	156		
169	341	MANKOWSKI BARTOSZ	JASTROWIE		POL	1989	M30	20	11:03:16	00:21:49 (259)	00:03:52	01:19:41 (163)	00:01:57	00:50:15 (134)	02:37:34	157		
170	291	SZKOBEL BARTEK	ŁÓDŹ	BEDNARSKI TRI TEAM	POL	1983	M35	37	11:01:53	00:20:21 (224)	00:02:36	01:20:14 (175)	00:01:39	00:52:44 (177)	02:37:34	158		
171	71	LIZIK ARKADIUSZ	GOWARZEWO		POL	1979	M40	40	11:02:39	00:21:05 (245)	00:03:21	01:20:20 (177)	00:01:10	00:51:48 (159)	02:37:44	159		
172	24	KRZAN GRZEGORZ	JĘDRZYCHÓW	GIANT POLSKA	POL	1962	M60	2	11:00:29	00:18:39 (159)	00:04:37	01:20:51 (187)	00:01:31	00:52:21 (170)	02:37:59	160		
173	131	DMOCH BARTŁOMIEJ	WARSZAWA	TRIATHLETIC TEAM	POL	1989	M30	21	11:01:30	00:19:12 (186)	00:03:26	01:21:51 (198)	00:01:49	00:51:41 (158)	02:37:59	161		
174	306	DYLIK MARCIN	ALEKSANDRÓW ŁÓDZKI	HTF LUDWIK SIKORSKI	POL	1981	M40	41	11:00:59	00:17:14 (104)	00:03:24	01:21:07 (190)	00:01:21	00:54:57 (209)	02:38:03	162		
175	302	DZIEDZIC MAŁGORZATA	GDAŃSK	SMARUJ NA TRENING TEAM	POL	1990	K30	4	11:00:27	00:15:37 (37)	00:02:51	01:22:53 (207)	00:01:15	00:55:30 (215)	02:38:06		13	
176	282	MAKAREWICZ ARKADIUSZ	WROCŁAW		POL	1994	M25	15	11:01:38	00:19:23 (193)	00:04:15	01:25:12 (228)	00:01:04	00:48:52 (106)	02:38:46	163		
177	130	URBANIAK KRYSTIAN	KROTOSZYN		POL	1998	M18	5	11:03:08	00:14:50 (18)	00:03:36	01:17:09 (118)	00:01:21	01:01:55 (267)	02:38:51	164		
178	142	MARCINIAK IZABELA	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1982	K40	4	11:01:41	00:16:52 (88)	00:03:06	01:24:34 (223)	00:01:14	00:53:07 (183)	02:38:53		14	
179	15	WILICZKIEWICZ KONRAD	WROCŁAW	KONRAD WILICZKIEWICZ KONRAD WILICZKIEWICZ	POL	1981	M40	42	11:00:38	00:16:51 (85)	00:04:53	01:20:41 (182)	00:02:08	00:54:29 (204)	02:39:02	165		
180	88	LISIUS TOMASZ	GDAŃSK		POL	1964	M55	3	11:01:23	00:19:33 (195)	00:03:57	01:21:31 (194)	00:01:41	00:52:27 (173)	02:39:09	166		
181	246	KIELECKI TOMASZ	WARSZAWA (MOKOTÓW		POL	1985	M35	38	11:01:44	00:20:56 (239)	00:04:07	01:19:55 (168)	00:01:51	00:52:32 (175)	02:39:21	167		
182	56	MIAŚKIEWICZ WITOLD	SZAŁE	ZDUN TRIATHLON TEAM WITOLD MIAŚKIEWICZ	POL	1968	M50	10	11:02:46	00:21:36 (252)	00:03:54	01:20:47 (184)	00:01:49	00:51:30 (153)	02:39:36	168		
183	91	AUGUSTYNIAK PIOTR	BYDGOSZCZ		POL	1976	M45	32	11:02:52	00:21:01 (242)	00:03:01	01:19:49 (166)	00:01:47	00:54:01 (197)	02:39:39	169		
184	195	PERZYŃSKI KRZYSZTOF	WARSZAWA	TRIMASTERS	POL	1990	M30	22	11:02:20	00:19:52 (204)	00:03:51	01:20:05 (171)	00:01:44	00:54:14 (201)	02:39:46	170		
185	206	BRODA MICHAŁ	WROCŁAW	TRIATHLON CLUB WROCŁAW	POL	2000	M18	6	11:03:01	00:21:36 (253)	00:05:55	01:20:47 (184)	00:02:01	00:49:34 (116)	02:39:53	171		
186	300	WIŚNIEWSKI JAN	OPATÓWEK		POL	1970	M50	11	11:01:38	00:17:05 (95)	00:04:15	01:18:18 (142)	00:02:15	00:58:08 (237)	02:40:01	172		
187	12	KOKOTEK MACIEJ	ŁÓDŹ	HTF LUDWIK SIKORSKI KITA TEAM	POL	1977	M45	33	11:02:17	00:18:10 (139)	00:03:35	01:28:51 (258)	00:01:35	00:47:58 (86)	02:40:09	173		
188	278	CZECH AGATA	BASZKÓWKA		POL	1992	K30	5	11:01:31	00:16:12 (64)	00:03:31	01:27:11 (251)	00:01:21	00:52:09 (165)	02:40:24		15	
189	138	MAĆKIEWICZ MICHAŁ	PIOTRKÓW TRYBUNALSKI		POL	1992	M30	23	11:01:32	00:16:09 (60)	00:03:38	01:25:01 (225)	00:01:47	00:53:50 (193)	02:40:25	174		
190	230	PASZEK JOANNA	TYCHY		POL	1986	K35	3	11:02:31	00:20:02 (209)	00:03:13	01:25:27 (234)	00:01:41	00:50:17 (135)	02:40:40		16	
191	63	MAŁKOWSKI ZBIGNIEW	SZRENIAWA	SZKOŁA TRIATHLONU	POL	1973	M45	34	11:02:44	00:20:50 (237)	00:03:58	01:18:20 (144)	00:01:56	00:55:55 (217)	02:40:59	175		
192	225	ŻOŁADEK JUSTYNA	SUCHEDNIÓW	MBC MACIEK BODNAR	POL	1977	K45	3	11:01:30	00:17:45 (126)	00:03:34	01:26:30 (246)	00:01:42	00:51:34 (155)	02:41:05		17	
193	266	KOCHEL MICHAŁ	WROCŁAW		POL	1980	M40	43	11:01:16	00:20:16 (219)	00:04:03	01:23:15 (212)	00:01:39	00:51:59 (164)	02:41:12	176		
194	66	OLCZAK ARKADIUSZ	KOŚCIELEC	MLUKS TRIATHLON KOŁO OLLO TEAM	POL	1972	M50	12	11:02:48	00:19:17 (189)	00:03:29	01:18:48 (152)	00:01:27	00:58:41 (245)	02:41:42	177		
195	127	TOKARSKI DAMIAN	PIOTRKÓW KUJAWSKI		POL	1972	M50	13	11:02:57	00:21:46 (258)	00:03:06	01:22:22 (203)	00:01:49	00:52:45 (178)	02:41:48	178		
196	98	GRAJEWSKI ŁUKASZ	KALISZ	KALISZ TEAM	POL	1993	M25	16	11:02:06	00:19:11 (184)	00:04:34	01:19:36 (162)	00:01:37	00:57:10 (229)	02:42:08	179		

Opracowanie : Jacek Grzybowski
jacek.grzybowski@sts-timing.pl

GARMIN IRON TRIATHLON ŚLESIN 2022

Organizator: Urząd Miasta i Gminy Ślesin; LABOSPORT Polska sp.z.o.o.
Data: 05.06.2022
Dystans: 1/4 IRONMAN (0,95-45-10,55)
Miejscowość: Ślesin

Sponsor tytularny

Sponsorzy strategiczni

Gospodarz

Organizator

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
197	207	ANIELAK MATEUSZ	ŁÓDŹ	I'M INSPIRATION	POL	1991	M30	24	11:02:24	00:19:05 (179)	00:05:15	01:24:04 (216)	00:01:45	00:52:11 (167)	02:42:20	180		
198	40	LEWANDOWSKA AGATA	MIĘKINIA	BAJA	POL	1986	K35	4	11:02:37	00:21:29 (251)	00:04:06	01:22:19 (201)	00:01:42	00:52:53 (180)	02:42:29		18	
199	44	STAPF KAROLINA	DĄBRÓWKA	TRIDEA - TRI GDYNIA	POL	1975	K45	4	11:01:49	00:20:08 (214)	00:03:44	01:23:43 (215)	00:01:42	00:53:23 (188)	02:42:40		19	
200	276	KUREK GRZEGORZ	RĄBIEŃ AB		POL	1974	M45	35	11:01:35	00:17:27 (110)	00:03:28	01:20:13 (174)	00:01:54	01:00:13 (260)	02:43:15	181		
201	77	MOSZCZYNSKI LUKASZ	POZNAŃ	PRZYSPIESZ KRAULA	POL	1985	M35	39	11:02:49	00:19:58 (207)	00:03:33	01:21:37 (196)	00:01:14	00:56:54 (225)	02:43:16	182		
202	258	WOSZCZEK MICHAŁ	ŁÓDŹ	BEDNARSKI TRI TEAM	POL	1977	M45	36	11:01:45	00:16:38 (77)	00:04:17	01:25:50 (239)	00:01:32	00:55:01 (212)	02:43:18	183		
203	329	TAMBORSKI TOMASZ	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1977	M45	37	11:00:59	00:17:28 (111)	00:04:18	01:19:56 (169)	00:01:43	01:00:04 (258)	02:43:29	184		
204	93	URBAŃSKI PIOTR	KALISZ	PICIA	POL	1979	M40	44	11:02:47	00:22:53 (274)	00:04:21	01:25:03 (226)	00:01:10	00:50:11 (131)	02:43:38	185		
205	179	ŚLIWA BOGUMIŁ	KALISZ		POL	1985	M35	40	11:01:46	00:18:55 (172)	00:04:22	01:25:41 (236)	00:02:07	00:52:42 (176)	02:43:47	186		
206	263	JANKOWSKI ARKADIUSZ	GLIWICE	NAGEL GROUP	POL	1977	M45	38	11:01:28	00:20:18 (221)	00:03:20	01:22:40 (205)	00:01:36	00:55:53 (216)	02:43:47	187		
207	310	SACHMATA ANIA	PIASECZNO	BEDNARSKI TRI TEAM	POL	1994	K25	2	11:01:55	00:17:37 (115)	00:04:26	01:25:54 (240)	00:02:10	00:53:59 (195)	02:44:06		20	
208	295	KACZOR HUBERT	ŻYRARDÓW		POL	1974	M45	39	11:02:52	00:20:10 (216)	00:03:57	01:21:43 (197)	00:02:08	00:56:13 (219)	02:44:11	188		
209	340	FIGIEL ARKADIUSZ	KALISZ	ZDUN TRIATHLON TEAM	POL	1966	M55	4	11:00:41	00:20:19 (222)	00:03:06	01:24:07 (217)	00:01:43	00:54:59 (211)	02:44:14	189		
210	129	BAGIŃSKI RYSZARD	SULEJÓW	TRI AKTYWNY PIOTRKÓW	POL	1971	M50	14	11:00:52	00:19:53 (205)	00:03:38	01:24:52 (224)	00:01:53	00:54:14 (201)	02:44:30	190		
211	269	KUJAWSKI MARCIN	LODZ	HTF LUDWIK SIKORSKI	POL	1977	M45	40	11:02:08	00:18:36 (155)	00:03:47	01:21:02 (189)	00:01:51	00:59:16 (249)	02:44:32	191		
212	105	JUSZCZYK MIROSŁAW	OSÓWIEC		POL	1990	M30	25	11:02:16	00:16:43 (78)	00:04:01	01:35:52 (287)	00:01:30	00:47:20 (73)	02:45:26	192		
213	319	WRÓBLEWSKI WOJCIECH	ZGIERZ	SNG WILD DUCKS	POL	1979	M40	45	11:01:35	00:20:56 (238)	00:03:26	01:20:37 (180)	00:01:39	00:58:48 (247)	02:45:26	193		
214	51	RUTKOWSKI ADAM	WIELKA NIESZAWKA		POL	1994	M25	17	11:01:40	00:17:44 (123)	00:04:17	01:28:20 (254)	00:01:57	00:53:25 (189)	02:45:43	194		
215	186	NIEKE BARTŁOMIEJ	WARSZAWA URSYNÓW	PWC	POL	1996	M25	18	11:03:19	00:19:12 (185)	00:03:21	01:28:50 (257)	00:01:27	00:53:01 (181)	02:45:51	195		
216	13	PUPKA ARTUR	LIGOTA PIĘKNA	GVT	POL	1964	M55	5	11:00:17	00:18:46 (163)	00:03:49	01:22:50 (206)	00:02:14	00:58:27 (241)	02:46:06	196		
217	74	MELON PIOTR	WARSZAWA		POL	1996	M25	19	11:02:51	00:17:38 (116)	00:03:39	01:25:49 (238)	00:01:54	00:57:07 (227)	02:46:07	197		
218	79	KISIELIŃSKI PAWEŁ	JÓZEFOSŁAW		POL	1975	M45	41	11:02:04	00:16:47 (80)	00:04:49	01:21:36 (195)	00:02:41	01:00:19 (262)	02:46:12	198		
219	18	ROSA MARCIN	SIEDLCE		POL	1987	M35	41	11:03:19	00:21:15 (247)	00:03:24	01:25:31 (235)	00:01:14	00:54:53 (208)	02:46:17	199		
220	312	LEWANDOWSKI ADAM	MIĘKINIA	BAJA ŻONA	POL	1986	M35	42	11:01:17	00:19:59 (208)	00:04:22	01:19:34 (161)	00:02:40	00:59:42 (255)	02:46:17	200		
221	211	GRABOWSKA JUSTYNA	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1977	K45	5	11:01:03	00:17:54 (130)	00:03:49	01:23:40 (214)	00:01:43	00:59:17 (250)	02:46:23		21	
222	84	LIZIK RADOSŁAW	BYDGOSZCZ	TRISPACE/TREK	POL	1975	M45	42	11:01:55	00:19:13 (187)	00:04:05	01:25:03 (226)	00:01:31	00:56:41 (224)	02:46:33	201		
223	272	TOMALSKI PIOTR	PŁOCK	PTT DELTA PŁOCK	POL	1975	M45	43	11:03:14	00:21:20 (249)	00:04:11	01:20:41 (181)	00:02:05	00:58:22 (238)	02:46:39	202		
224	176	PIŁKOWSKI TADEUSZ	WARSZAWA	PWC TEAM 360 WARSZAWA	POL	1990	M30	26	11:01:49	00:24:03 (285)	00:04:34	01:16:06 (101)	00:02:35	00:59:31 (252)	02:46:49	203		
225	11	WICIK MARCIN	RADZIONKÓW		POL	1993	M25	20	11:02:56	00:20:16 (219)	00:04:26	01:28:47 (256)	00:02:17	00:51:10 (151)	02:46:56	204		
226	23	TOMAŚ MARIUSZ	OŁAWA	GRAJAN OŁAWA	POL	1977	M45	44	11:01:47	00:22:59 (275)	00:03:40	01:20:45 (183)	00:02:11	00:57:22 (230)	02:46:57	205		
227	34	WOJCIECHOWSKI PAWEŁ	KALISZ	BPM STUDIO TEAM	POL	1979	M40	46	11:02:14	00:23:09 (278)	00:04:06	01:20:50 (186)	00:01:17	00:57:44 (235)	02:47:06	206		
228	304	OLSZEWSKI KAMIL	JÓZEFÓW		POL	1989	M30	27	11:03:04	00:21:01 (242)	00:02:39	01:22:20 (202)	00:01:35	00:59:35 (254)	02:47:10	207		
229	288	MOTYLEWSKA BARBARA	LUBOŃ		POL	1995	K25	3	11:02:34	00:21:59 (263)	00:04:00	01:25:16 (232)	00:02:36	00:53:34 (191)	02:47:25		22	
230	214	KNAPIK KAROL	OSIELSKO	DAWAJ KALACH TEAM	POL	1990	M30	28	11:01:15	00:17:44 (124)	00:03:49	01:24:31 (221)	00:01:33	01:00:05 (259)	02:47:42	208		
231	141	TUREK MARTA	ŻNIN	TRIBA BOSIR BARCIN	POL	1988	K30	6	11:02:10	00:20:39 (232)	00:03:36	01:25:15 (231)	00:01:12	00:57:10 (228)	02:47:52		23	
232	264	BOGDANOWICZ MACIEJ	ORZESZE	NAGEL GROUP	POL	1977	M45	45	11:00:30	00:20:35 (229)	00:03:48	01:20:02 (170)	00:01:10	01:02:20 (271)	02:47:55	209		
233	144	BRZEZIŃSKI TOMASZ	WARSZAWA	PROMEDICA24	POL	1974	M45	46	11:03:28	00:21:39 (255)	00:05:17	01:24:09 (218)	00:02:20	00:54:39 (206)	02:48:04	210		
234	256	RIEMER TOMASZ	LODZ	MKT	POL	1965	M55	6	11:01:42	00:24:32 (291)	00:03:35	01:24:19 (220)	00:02:05	00:54:17 (203)	02:48:48	211		
235	26	FRANKOWSKI MICHAŁ	CHODZIEŻ	LODOŻERCY CHODZIEŻ 1988	POL	1988	M30	29	11:02:54	00:20:49 (235)	00:03:28	01:30:23 (264)	00:01:53	00:52:24 (172)	02:48:57	212		
236	201	PISAREK ŁUKASZ	ALEKSANDROW ŁÓDZKI		POL	1982	M40	47	11:01:37	00:18:30 (151)	00:03:28	01:18:44 (149)	00:01:25	01:07:19 (281)	02:49:26	213		
237	76	ŁUCZAK RADEK	ŁÓDŹ		POL	1971	M50	15	11:00:46	00:21:23 (250)	00:05:14	01:26:15 (243)	00:02:50	00:54:02 (198)	02:49:44	214		
238	100	ŻUK MARCIN	TORUŃ	NATURNIA	POL	1975	M45	47	11:00:57	00:19:37 (197)	00:04:48	01:25:12 (229)	00:01:44	00:58:34 (243)	02:49:55	215		
239	253	ŚWIECH KRYSTIAN	WŁOCŁAWEK	KRYSTIAN ŚWIECH	POL	1980	M40	48	11:02:40	00:21:02 (244)	00:04:21	01:21:11 (191)	00:01:59	01:01:22 (265)	02:49:55	216		
240	168	CHENCZKE DOMINIK	KOŹMINEK	ZDUN TRIATHLON TEAM	POL	1979	M40	49	11:03:21	00:21:41 (256)	00:03:05	01:22:07 (200)	00:01:09	01:02:07 (269)	02:50:09	217		
241	314	GRABOWSKI MICHAŁ	ŁOWĘCIN		POL	1986	M35	43	11:01:29	00:20:59 (240)	00:04:11	01:26:38 (247)	00:01:53	00:56:32 (222)	02:50:13	218		
242	205	KARSKI JAROSŁAW	LEGIONOWO	PWC TRI TEAM	POL	1975	M45	48	11:02:32	00:20:34 (227)	00:05:23	01:26:46 (249)	00:03:02	00:54:42 (207)	02:50:27	219		
243	57	KRAJEWSKI PIOTR	WARSZAWA		POL	1970	M50	16	11:00:36	00:20:04 (210)	00:04:40	01:13:06 (58)	00:01:28	01:11:17 (293)	02:50:35	220		
244	25	SZAŁATA JACEK	ROKIETNICA	PROSPORT1	POL	1968	M50	17	11:03:04	00:22:39 (272)	00:04:08	01:25:26 (233)	00:01:37	00:57:34 (233)	02:51:24	221		
245	286	WARUSZEWSKI ŁUKASZ	TORUŃ		POL	1992	M30	30	11:03:16	00:25:41 (297)	00:04:15	01:24:18 (219)	00:04:06	00:53:11 (185)	02:51:31	222		

Opracowanie : Jacek Grzybowski
jacek.grzybowski@sts-timing.pl

GARMIN IRON TRIATHLON ŚLESIN 2022

Organizator: Urząd Miasta i Gminy Ślesin; LABOSPORT Polska sp.z.o.o.
Data: 05.06.2022
Dystans: 1/4 IRONMAN (0,95-45-10,55)
Miejscowość: Ślesin

Sponsor tytularny

Sponsorzy strategiczni

Gospodarz

Organizator

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
246	239	**BŁACHOWIAK KAROLINA**	LESZNO	FIT LAMA	POL	1989	K30	7	11:01:01	00:20:05 (211)	00:04:23	01:30:46 (266)	00:01:43	00:55:12 (214)	**02:52:09**		24	
247	273	**TOMSZYS PIOTR**	WARSZAWA	ASSECO ACTIVE TEAM	POL	1965	M55	7	11:02:55	00:23:17 (282)	00:04:18	01:24:33 (222)	00:01:39	00:58:32 (242)	**02:52:19**	223		
248	121	**CEWIŃSKA IDA**	WARSZAWA	TRIMASTERS	POL	1994	K25	4	11:00:19	00:15:01 (21)	00:03:21			00:52:30 (174)	**02:52:28**		25	
249	70	**SZEIDL TOMEK**	LÓDŹ		POL	1985	M35	44	11:02:28	00:21:11 (246)	00:03:55	01:30:28 (265)	00:01:08	00:56:11 (218)	**02:52:53**	224		
250	209	**SZYLKIN WOJCIECH**	ZIELONA GORA	TEAM IRON.VET IRONVET	POL	1981	M40	50	11:03:25	00:22:11 (264)	00:04:36	01:25:45 (237)	00:02:42	00:57:47 (236)	**02:53:01**	225		
251	126	**ANDREJÓW MARIUSZ**	WROCŁAW	BECOMEONE	POL	1970	M50	18	11:02:15	00:28:05 (304)	00:04:06	01:20:58 (188)	00:03:32	00:56:21 (220)	**02:53:02**	226		
252	30	**KĘDZIERSKI MICHAŁ**	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1985	M35	45	11:02:37	00:22:21 (267)	00:04:29	01:31:55 (271)	00:02:10	00:52:10 (166)	**02:53:05**	227		
253	123	**LISIAK PATRYK**	POZNAŃ	PZU SPORT TEAM	POL	1975	M45	49	11:03:29	00:18:49 (165)	00:04:19	01:30:10 (263)	00:01:46	00:59:31 (252)	**02:54:35**	228		
254	197	**DUDZIŃSKI JAKUB**	KOSZALIN		POL	1993	M25	21	11:00:39	00:20:34 (228)	00:03:41	01:26:42 (248)	00:01:19	01:02:47 (273)	**02:55:03**	229		
255	200	**WERNER MICHAŁ**	ŁABISZYN	ŁABISZYN RUNNERS GARDENFLORA MTB TEAM	POL	1990	M30	31	11:01:58	00:21:58 (262)	00:04:46	01:32:30 (273)	00:02:18	00:53:59 (195)	**02:55:31**	230		
256	75	**KOZIMOR GRZEGORZ**	LEWIN BRZESKI	ASYS POLSKA OPOLE	POL	1974	M45	50	11:03:05	00:21:58 (261)	00:03:55	01:28:18 (253)	00:02:49	00:58:44 (246)	**02:55:44**	231		
257	163	**JĘDRZEJCZYK LESZEK**	PIASECZNO		POL	1965	M55	8	11:03:14	00:21:18 (248)	00:04:54	01:26:24 (244)	00:03:23	00:59:45 (256)	**02:55:44**	232		
258	285	**PRZYBOROWSKI RADOSŁAW**	KOŁO	RADEK - SOBIE	POL	1971	M50	19	11:01:51	00:22:21 (267)	00:03:36	01:26:26 (245)	00:02:17	01:01:14 (264)	**02:55:54**	233		
259	60	**SZELĄGIEWICZ PIOTR**	WROCŁAW		POL	1982	M40	51	11:03:21	00:16:55 (90)	00:08:03	01:32:59 (276)	00:04:36	00:53:41 (192)	**02:56:14**	234		
260	151	**PALUCHOWSKI MARCIN**	WARSZAWA	MONNARI SCUBA TEAM	POL	1969	M50	20	11:02:22	00:19:38 (198)	00:04:15	01:30:07 (262)	00:02:08	01:00:14 (261)	**02:56:22**	235		
261	53	**OSIPOWICZ KAMIL**	WARSZAWA		POL	1990	M30	32	11:03:05	00:20:46 (233)	00:04:05	01:31:31 (269)	00:01:29	00:58:34 (243)	**02:56:25**	236		
262	97	**JERZYK KRZYSZTOF**	KALISZ		POL	1993	M25	22	11:03:01	00:24:20 (288)	00:04:28	01:35:10 (284)	00:01:15	00:51:30 (154)	**02:56:43**	237		
263	217	**MAĆKOWIAK MIROSŁAW**	CZARNÓWKA		POL	1962	M60	3	11:03:10	00:23:13 (280)	00:05:24	01:28:46 (255)	00:03:20	00:56:23 (221)	**02:57:06**	238		
264	180	**SOBOLEWSKI MICHAŁ**	KONIN	BODY BALANS	POL	1990	M30	33	11:02:02	00:18:48 (164)	00:05:30	01:26:01 (241)	00:01:23	01:05:25 (279)	**02:57:07**	239		
265	190	**JASIAK KATARZYNA**	OSTRÓW WIELKOPOLSKI		POL	1997	K25	5	11:03:27	00:20:46 (233)	00:04:24	01:31:44 (270)	00:01:55	00:58:53 (248)	**02:57:42**		26	
266	161	**MĄCZYŃSKI CZESŁAW**	PŁOCK		POL	1952	M70+	1	11:02:48	00:26:08 (299)	00:04:27	01:23:39 (213)	00:02:06	01:02:26 (272)	**02:58:46**	240		
267	270	**SUCHANEK JAN**	WARSZAWA		CZE	1976	M45	51	11:02:00	00:18:58 (174)	00:04:19	01:26:14 (242)	00:02:11	01:07:28 (284)	**02:59:10**	241		
268	216	**SZKOPEK SEBASTIAN**	ODOLANÓW		POL	1979	M40	52	11:02:34	00:22:19 (265)	00:04:39	01:29:24 (260)	00:01:13	01:01:41 (266)	**02:59:16**	242		
269	203	**CHRZANOWSKI TOMASZ**	WROCŁAW		POL	2000	M18	7	11:02:46	00:22:31 (270)	00:06:27	01:33:52 (279)	00:02:38	00:54:09 (200)	**02:59:37**	243		
270	95	**SZAFRAŃSKI DARIUSZ**	ZDUŃSKA WOLA		POL	1976	M45	52	11:02:35	00:27:09 (300)	00:06:53	01:20:34 (179)	00:02:25	01:03:14 (275)	**03:00:15**	244		
271	185	**ZIELIŃSKA KAROLINA**	PŁOŃSK	TRIBOARS/PWC	POL	1998	K18	2	11:02:18	00:18:05 (136)	00:04:20	01:42:31 (298)	00:02:02	00:54:57 (209)	**03:01:55**		27	
272	196	**HAŁADUS DOMINIK**	CZĘSTOCHOWA	SZKOŁA TRIATHLONU	POL	1983	M35	46	11:02:01	00:25:17 (296)	00:05:04	01:33:11 (277)	00:02:34	00:57:25 (231)	**03:03:31**	245		
273	189	**JASIAK WOJCIECH**	OSTRÓW WIELKOPOLSKI		POL	2002	M18	8	11:03:24	00:24:10 (287)	00:05:12	01:32:26 (272)	00:01:59	00:59:51 (257)	**03:03:38**	246		
274	320	**SOWA ANETA**	UNIEJÓW	HTF LUDWIK SIKORSKI UZDROWISKO TERMALNE UNI	POL	1971	K50	1	11:01:52	00:21:53 (260)	00:03:45	01:34:40 (281)	00:01:38	01:02:13 (270)	**03:04:09**		28	
275	90	**CHOJECKI JAN**	BYDGOSZCZ		POL	2003	M18	9	11:03:20	00:16:57 (91)	00:03:52	01:38:54 (292)	00:01:16	01:03:12 (274)	**03:04:11**	247		
276	268	**CZUBA KRZYSZTOF**	OZORKÓW		POL	1971	M50	21	11:03:25	00:23:13 (281)	00:05:50	01:27:32 (252)	00:03:38	01:04:09 (277)	**03:04:22**	248		
277	152	**BARTNICKI MICHAŁ**	KUTNO		POL	1997	M25	23	11:01:19	00:24:26 (290)	00:05:24	01:23:14 (211)	00:03:06	01:08:19 (286)	**03:04:29**	249		
278	143	**LEWANDOWSKI KAROL**	PIASECZNO	33. BLTR	POL	1994	M25	24	11:01:13	00:20:50 (236)	00:04:36	01:27:00 (250)	00:01:18	01:12:38 (295)	**03:06:22**	250		
279	157	**WCISŁEK MATEUSZ**	KALISZ	ZDUN TRIATHLON TEAM	POL	1981	M40	53	11:03:21	00:23:40 (283)	00:03:54	01:32:34 (274)	00:01:59	01:05:17 (278)	**03:07:24**	251		
280	170	**WĄS MICHAŁ**	WROCŁAW		POL	2002	M18	10	11:01:02	00:17:52 (129)	00:06:25	01:31:20 (268)	00:02:03	01:10:54 (291)	**03:08:34**	252		
281	33	**OSIŃSKI ŁUKASZ**	ŁÓDŹ		POL	1987	M35	47	11:03:08	00:21:37 (254)	00:05:26	01:31:17 (267)	00:02:52	01:07:41 (285)	**03:08:53**	253		
282	215	**RYBACKI PIOTR**	ODOLANÓW	SZWAGIER TEM	POL	1977	M45	53	11:02:32	00:20:14 (218)	00:05:36	01:29:45 (261)	00:02:47	01:10:53 (290)	**03:09:15**	254		
283	336	**SOWIŃSKI ROBERT**	JAKSIN	GVT BMC	POL	1977	M45	54	11:01:02	00:19:44 (201)	00:04:27	01:32:46 (275)	00:03:19	01:09:13 (287)	**03:09:29**	255		
284	299	**PAWŁOWSKI JAKUB**	ŁÓDŹ	SNG WILD DUCKS SNG WILD DUCKS	POL	1985	M35	48	11:03:18	00:23:55 (284)	00:05:05			01:01:59 (268)	**03:09:49**	256		
285	119	**NOWAK NATALIA**	ŁÓDŹ	PTASZYNAKRUSZYNAVELBRODATYDZIK	POL	1991	K30	8	11:02:21	00:21:44 (257)	00:04:22	01:41:20 (294)	00:02:32	01:00:38 (263)	**03:10:36**		29	
286	255	**MACIEJOWSKA - BĄCZEK KATARZYNA**	MIĘDZYRZECZE GÓRNE	TM IRON TEAM	POL	1975	K45	6	11:02:42	00:24:49 (294)	00:05:21	01:42:19 (296)	00:02:09	00:57:39 (234)	**03:12:17**		30	
287	54	**GAŁEK KRZYSZTOF**	WROCŁAW		POL	1999	M18	11	11:02:16	00:22:25 (269)	00:05:00	01:40:08 (293)	00:01:38	01:03:56 (276)	**03:13:07**	257		
288	249	**OWCZAREK PAWEŁ**	PABIANICE		POL	1971	M50	22	11:02:00	00:23:01 (276)	00:03:59	01:29:16 (259)	00:02:32	01:15:11 (300)	**03:13:59**	258		
289	245	**ILJIN JACEK**	JANÓW		POL	1979	M40	54	11:02:41	00:20:37 (230)	00:04:27	01:33:18 (278)	00:02:39	01:13:00 (296)	**03:14:01**	259		
290	94	**BŁASZCZYK KRZYSZTOF**	LUBOMYŚLE	ROZKA TEAM	POL	1959	M60	4	11:02:13	00:19:01 (178)	00:05:49	01:35:01 (282)	00:02:45	01:13:53 (298)	**03:16:29**	260		
291	199	**BAŁYS ŁUKASZ**	BYDGOSZCZ		POL	1990	M30	34	11:02:03	00:24:37 (293)	00:04:55	01:38:16 (290)	00:02:15	01:09:54 (288)	**03:19:57**	261		
292	233	**WIKLAK ADAM**	NOWA IWICZNA	AGMA PROJEKT	POL	1975	M45	55	11:03:14	00:20:23 (226)	00:04:20	01:35:31 (286)	00:01:51	01:18:05 (304)	**03:20:10**	262		
293	106	**MOLIŃSKI GRZEGORZ**	POZNAŃ	POMPAX	POL	1971	M50	23	11:02:05	00:24:34 (292)	00:07:37	01:34:08 (280)	00:03:07	01:11:18 (294)	**03:20:44**	263		
294	261	**GRETKA OLGA**	ŁÓDŹ	BEDNARSKI TRI TEAM	POL	1988	K30	9	11:01:58	00:25:13 (295)	00:03:53	01:38:50 (291)	00:02:17	01:11:02 (292)	**03:21:15**		31	

Opracowanie : Jacek Grzybowski
jacek.grzybowski@sts-timing.pl

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M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
295	182	**CZAPIŃSKA KATARZYNA**	WARSZAWA	SZKOŁA TRIATHLONU/PWC	POL	1981	K40	5	11:02:41	00:24:07 (286)	00:04:05	01:43:27 (300)	00:02:28	01:07:27 (283)	**03:21:34**		32	
296	259	**URBANIAK WIESŁAW**	KROTOSZYN	KS KROTOSZ KROTOSZYN	POL	1964	M55	9	11:03:09	00:24:24 (289)	00:04:38	01:43:11 (299)	00:02:23	01:07:20 (282)	**03:21:56**	264		
297	42	**TURKOWSKI ADRIAN**	KAZIMIERZ BISKUPI		POL	1995	M25	25	11:01:40	00:21:01 (241)	00:05:28	01:37:33 (289)	00:03:19	01:17:13 (303)	**03:24:34**	265		
298	183	**KARPOWICZ PAWEŁ**	GDAŃSK	PWC	POL	1989	M30	35	11:03:17	00:28:17 (305)	00:06:18	01:36:16 (288)	00:03:38	01:10:28 (289)	**03:24:57**	266		
299	188	**SYNDER-TAMBORSKA KATARZYNA**	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1977	K45	7	11:01:51	00:20:22 (225)	00:05:12	01:42:05 (295)	00:02:27	01:15:04 (299)	**03:25:10**		33	
300	72	**ŁUKASIAK BARTŁOMIEJ**	WARSZAWA		POL	1985	M35	49	11:02:59	00:27:25 (301)	00:07:06	01:55:28 (304)	00:02:39	00:57:31 (232)	**03:30:09**	267		
301	101	**PILARSKI EDMUND**	KONIN	KLUB BIEGACZA AKTYWNI KONIN	POL	1951	M70+	2	11:00:47	00:25:49 (298)	00:07:31	01:47:06 (302)	00:03:52	01:06:06 (280)	**03:30:24**	268		
302	145	**CHUDZIASZEK CEZARY**	LĘBORK		POL	1964	M55	10	11:03:07	00:27:31 (302)	00:06:28	01:35:02 (283)	00:03:40	01:21:21 (305)	**03:34:02**	269		
303	301	**BURNOS-PASZCZAK ALEKSANDRA**	NEKLA		POL	1987	K35	5	11:03:23	00:27:51 (303)	00:04:56	01:42:29 (297)	00:02:05	01:16:42 (302)	**03:34:03**		34	
304	55	**KRZYMIŃSKI TOMASZ**	WĘGLEW KOLONIA	MED.-TOM TOMASZ KRZYMIŃSKI MOBILNY GABINET	POL	1989	M30	36	11:02:13	00:23:11 (279)	00:05:59	01:47:18 (303)	00:02:10	01:15:32 (301)	**03:34:10**	270		
305	28	**NOWAK ROMAN**	SIERADZ	SCANFIL SCANFIL	POL	1980	M40	55	11:03:10	00:45:47 (306)	00:05:48	01:35:12 (285)	00:02:10	01:13:50 (297)	**03:42:47**	271		
306	140	**LEPSIK SYLWIA**	KALISZ		POL	1977	K45	8	11:03:26	00:22:52 (273)	00:07:25	01:46:51 (301)	00:04:54	01:24:15 (306)	**03:46:17**		35	

Opracowanie : Jacek Grzybowski
jacek.grzybowski@sts-timing.pl