

GARMIN IRON TRIATHLON RAWA MAZOWIECKA



Organizator: Klub Triathlonowy Rawa; Urząd Miasta Rawa Mazowiecka.; OSIR Rawa Maz.; LABOSPORT Polska; PZT
Data: 31.07.2022
Dystans: 1/8 IM
Miejscowość: Rawa Mazowiecka

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Plec	Kat	Msc Kat	Pływanie	msc	T1	Rower	msc	T2	Bieg	msc	Wynik
1	468	Glapiński Maksymilian	Warszawa	CTS - CzajaTrainingSystem Loyalty Point Racing Team	M	M20	1									01:01:14
2	273	Wojtyna Łukasz	Warszawa	NEON TEAM	M	M30	1	00:06:28	5	00:02:00	00:36:15	8	00:01:47	00:18:35	3	01:05:05
3	479	Trębacz Piotr	Rawa Mazowiecka		M	M20	2	00:08:44	44	00:02:24	00:33:28	1	00:01:40	00:18:56	6	01:05:12
4	491	Jankiewicz Delgado Jarosław	Skierniewice	UKS Nawa Skierniewice	M	M16	1	00:06:13	1	00:01:49	00:38:30	30	00:01:31	00:18:07	2	01:06:10
5	492	Lesiński Jakub	Skierniewice	UKS Nawa Skierniewice	M	M16	2	00:06:19	2	00:01:48	00:36:39	13	00:01:38	00:20:19	17	01:06:43
6	277	Otto Tomasz	Warszawa		M	M30	2	00:07:57	20	00:02:11	00:36:00	7	00:01:39	00:18:57	7	01:06:44
7	420	Grochowski Paweł	Warszawa	MBC Team	M	M30	3	00:08:11	29	00:02:06	00:35:23	5	00:01:39	00:19:42	10	01:07:01
8	442	Szymanik Paweł	Rawa Mazowiecka		M	M20	3	00:09:11	53	00:02:11	00:35:40	6	00:01:44	00:18:40	4	01:07:26
9	366	Piechotka Łukasz	Warszawa	SZYMANOWSKI Triathlon Team Sport2freedom	M	M40	1	00:08:12	30	00:02:10	00:34:46	4	00:01:39	00:20:51	19	01:07:38
10	403	Rosiński Artur	Ruda Śląska	NewsMap.pl	M	M20	4	00:08:43	42	00:02:06	00:37:21	25	00:01:53	00:17:35	1	01:07:38
11	488	Anzin Maksym	Zielonka	TRICLUB Warszawa	M	M20	5	00:06:24	3	00:01:57	00:38:49	33	00:01:39	00:18:55	5	01:07:44
12	464	Dimitrow Marcin	Warszawa	NEON TEAM D7	M	M40	2	00:07:57	20	00:02:24	00:33:44	2	00:02:00	00:22:09	40	01:08:14
13	291	Kuriata Zofia	Stary Wielistaw	BULLET TEAM	K	K18	1	00:07:30	12	00:02:03	00:36:52	17	00:01:44	00:20:16	15	01:08:25
14	457	Ogłoblin Adam	Warszawa	TRI AMO	M	M30	4	00:06:54	8	00:02:00	00:36:41	16	00:02:03	00:21:16	26	01:08:54
15	285	Romański Maciej	Tarnowskie Góry	Tri Division Triathlon Team	M	M40	3	00:07:28	11	00:02:02	00:36:40	15	00:01:47	00:21:02	23	01:08:59
16	395	Modzelewski Maciej	Łowicz	Klub Kolarski Łowicz	M	M30	5	00:08:51	45	00:02:40	00:36:18	9	00:01:57	00:19:25	8	01:09:11
17	470	Kropiewnicka Agnieszka	Warszawa	SZYMANOWSKI Triathlon Team FantasTRlcs	K	K40	1	00:07:05	10	00:02:04	00:37:11	21	00:01:41	00:21:12	24	01:09:13
18	308	Lipowski Mikołaj	Łask	FUJITSU RUNNING TEAM ŁÓDŹ	M	M30	6	00:07:45	17	00:02:03	00:36:37	12	00:01:43	00:21:53	33	01:10:01
19	476	Giżyńska Anna	Warszawa	KAZIKI	K	K40	2	00:09:13	54	00:02:09	00:37:20	24	00:02:00	00:19:27	9	01:10:09
20	329	Kośla Paweł	Żyrardów		M	M30	7	00:09:35	67	00:02:00	00:37:05	19	00:01:42	00:20:24	18	01:10:46
21	462	Kieruzel Michał	Bełchatów	MK	M	M30	8	00:08:13	31	00:02:45	00:36:23	11	00:02:01	00:21:26	28	01:10:48
22	397	Małańska Julia	Sadowa		K	K20	1	00:06:38	6	00:01:57	00:39:08	35	00:02:07	00:21:13	25	01:11:03
23	434	Kosecki Konrad	Ząbki	TRICLUB	M	M40	4	00:08:30	36	00:02:20	00:36:20	10	00:01:55	00:22:01	37	01:11:06
24	436	Mitrowski Maciej	Warszawa	Luft Tri Team	M	M16	3	00:08:04	26	00:01:53	00:39:48	41	00:01:37	00:19:51	11	01:11:13
25	487	Frączak Jan	Warszawa	Inter Cars Triathlon Team	M	M40	5	00:09:24	58	00:02:31	00:37:36	26	00:01:58	00:20:06	12	01:11:35
26	287	Szymanek Adrian	Warszawa		M	M20	6	00:08:34	39	00:03:13	00:37:04	18	00:01:44	00:21:48	31	01:12:23
27	334	Piłowski Michał	Żyrardów	Trinity Triathlon	M	M30	9	00:08:30	36	00:02:27	00:38:00	29	00:02:01	00:21:29	29	01:12:27
28	426	Majos Paulina	Kielce	Go2Tri Szczecin	K	K20	2	00:06:25	4	00:02:05	00:39:49	42	00:01:47	00:22:21	43	01:12:27
29	282	Gabler Grzegorz	Warka	!?M Inspiration/ KS Start Pułaski Warka	M	M30	10	00:07:58	24	00:02:34	00:39:44	40	00:02:07	00:20:16	15	01:12:39
30	373	Wróbel Karol	Warszawa	Junior Luft Tri Team	M	M16	4	00:09:15	57	00:02:18	00:37:14	23	00:01:56	00:22:05	39	01:12:48
31	418	Czajkowski Stanisław	Konstancin-Jeziorna	Junior Luft Tri Team	M	M14	1	00:07:39	15	00:02:14	00:39:14	36	00:01:46	00:21:56	35	01:12:49
32	289	Jopkiewicz Karol	Piotrków Trybunalski		M	M20	7	00:09:26	61	00:02:58	00:34:36	3	00:02:18	00:23:37	64	01:12:55
33	379	Kamiński Jarek	Warszawa	Triathletic Team Triathlon Club Ochota	M	M30	11	00:08:30	36	00:02:08	00:38:38	31	00:01:47	00:21:55	34	01:12:58
34	347	Przepióra Wiktor	Warszawa	Body Support Trening personalny Wiktor Przepióra	M	M30	12	00:08:04	26	00:02:51	00:37:36	26	00:02:10	00:22:28	46	01:13:09
35	438	Golemić Kazimierz	Wrocław	IM INSPIRATION	M	M50	1	00:08:52	46	00:02:24	00:36:39	13	00:02:08	00:23:25	59	01:13:28
36	422	Bujanowicz Marek	Warszawa	Junior Luft Tri Team	M	M14	2	00:07:52	19	00:02:11	00:41:22	56	00:01:45	00:20:56	22	01:14:06
37	272	Rzeźnik Przemysław	Rostkowo		M	M20	8	00:10:23	91	00:02:21	00:39:33	37	00:02:02	00:20:13	14	01:14:32
38	400	Lindholm Emelie	Warszawa	Niezrzeszona TREK	K	K16	1	00:07:36	14	00:01:52	00:41:46	58	00:01:51	00:21:40	30	01:14:45
39	399	Reszka Przemysław	Opoczno	4TRI TEAM	M	M30	13	00:09:07	51	00:03:01	00:37:05	19	00:02:24	00:23:27	60	01:15:04
40	451	Dobkowska-Szefer Daria	Siemianowice Śląskie	Eden Racing	K	K20	3	00:09:32	64	00:02:44	00:39:43	39	00:02:08	00:21:19	27	01:15:26
41	374	Roszkowski Tomasz	Warszawa	DEJ	M	M30	14	00:07:32	13	00:02:50	00:39:49	42	00:02:28	00:23:05	54	01:15:44
42	268	Galewicz Ewa	Płock		K	K30	1	00:09:32	64	00:02:40	00:37:43	28	00:02:24	00:23:45	66	01:16:04
43	475	Budrewicz Milena	Warszawa	KAZIKI World Dental	K	K30	2	00:08:43	42	00:02:35	00:40:32	49	00:02:19	00:22:18	42	01:16:27
44	314	Zopoth-Lipiejko Joanna	Toruń	SZKOŁA TRIATHLONU TRIATHLON KONSULTING	K	K40	3	00:08:23	35	00:02:35	00:40:15	47	00:01:59	00:23:21	57	01:16:33
45	428	Grodecki Przemysław	Pabianice	SNS FOOD TRI TEAM	M	M50	2	00:08:38	40	00:03:35	00:38:44	32	00:02:32	00:23:04	52	01:16:33
46	416	Buganiuk Marek	Dzierżoniów		M	M40	6	00:09:28	62	00:02:28	00:37:12	22	00:02:37	00:25:15	92	01:17:00
47	398	Pachowski Adrian	Warszawa (Mokotów)	Swim Victory	M	M20	9	00:06:56	9	00:02:49	00:43:21	76	00:01:55	00:22:17	41	01:17:18
48	445	Jabłoński Przemysław	Radzymin	Coca Cola Runners COCA COLA	M	M30	15	00:09:58	80	00:03:00	00:40:46	50	00:01:54	00:21:59	36	01:17:37
49	318	Pietrzak Karol	Glinnik		M	M30	16	00:10:31	97	00:02:23	00:40:00	44	00:02:04	00:23:18	55	01:18:16
50	460	Wróblewski Maciej	Rawa Mazowiecka	BEDNARSKI TRI TEAM	M	M20	10	00:10:50	102	00:02:30	00:41:17	54	00:02:05	00:21:52	32	01:18:34
51	455	Bojanowski Jacek	Wiączyń Dolny		M	M50	3	00:08:15	32	00:03:10	00:41:31	57	00:02:56	00:22:50	50	01:18:42
52	336	Romanowski Kamil	Marki	TRINITY TEAM	M	M40	7	00:10:09	85	00:03:15	00:38:51	34	00:02:24	00:24:53	87	01:19:32
53	429	Migda Marek	Żyrardów	Trinity Triathlon UNITY	M	M40	8	00:11:07	113	00:03:44	00:39:41	38	00:02:41	00:22:28	46	01:19:41
54	427	Domańska Emilia	Warszawa	Kuźnia Triathlonu	K	K40	4	00:08:55	49	00:02:27	00:42:27	63	00:02:11	00:23:58	70	01:19:58
55	433	Rogala Piotr	Wrocław		M	M30	17	00:07:57	20	00:04:13	00:40:12	46	00:03:29	00:24:14	73	01:20:05
56	495	Biłko Krystian	Warszawa	4Bilko 4BilkoTeam	M	M30	18	00:09:43	70	00:03:34	00:43:33	78	00:02:27	00:20:54	20	01:20:11
57	288	Kralczyński Łukasz	Warszawa (Mokotów)	Speleoklub Warszawski	M	M30	19	00:09:24	58	00:02:44	00:40:47	52	00:02:43	00:25:05	89	01:20:43
58	292	Lichocka Patrycja	Poznań		K	K20	4	00:10:23	91	00:02:36	00:43:34	79	00:02:12	00:22:02	38	01:20:47
59	265	Baś Fryderyk	Sulejówkę		M	M16	5	00:08:53	47	00:03:27	00:43:08	72	00:02:13	00:23:24	58	01:21:05
60	351	Małachowski Marek	Rawa Mazowiecka	Rawa Tim Zawsze Slim	M	M40	9	00:09:45	72	00:02:57	00:42:37	67	00:02:59	00:23:30	62	01:21:48
61	481	Reda Marek	Płock		M	M40	10	00:09:32	64	00:03:32	00:41:19	55	00:02:41	00:24:46	86	01:21:50
62	262	Królikowski Paweł	Konstantynów Łódzki	Krzysztof Wolski Sport Triathlon - Qadrathlon	M	M60	1	00:10:15	88	00:02:08	00:44:19	89	00:02:06	00:23:03	51	01:21:51
63	386	Szpakiewicz Sylwia	Płońsk		K	K40	5	00:09:46	75	00:04:10	00:42:14	62	00:02:51	00:23:19	56	01:22:20
64	448	Gajda Katarzyna	Oleśnica	Oleśnicka Grupa Triathlonowa	K	K30	3	00:09:13	54	00:03:21	00:44:43	96	00:02:35	00:22:34	48	01:22:26
65	493	Momot Ewelina	Gniezno	GST TriEagle TEAM	K	K16	2	00:08:01	25	00:02:37	00:43:26	77	00:01:54	00:26:28	109	01:22:26
66	355	Sadowy Robert	Skierniewice	RS Project	M	M40	11	00:11:35	126	00:02:56	00:42:47	68	00:02:09	00:23:04	52	01:22:31
67	340	Żak Rafał	Warszawa	AKS ZŁY	M	M40	12	00:08:09	28	00:02:18	00:49:05	126	00:02:11	00:20:55	21	01:22:38
68	370	Piechota Mateusz	Warszawa	Kuźnia Triathlonu	M	M30	20	00:09:46	75	00:03:07	00:43:40	80	00:02:13	00:23:53	68	01:22:39
69	369	Bałdya Paweł	Pruszków	WTP	M	M40	13	00:10:28	95	00:04:10	00:40:09	45	00:03:44	00:24:14	73	01:22:45
70	440	Pieniec Adam	Józefosław		M	M30	21	00:09:03	50	00:03:05	00:43:46	81	00:02:34	00:24:20	76	01:22:48
71	469	Pantkowski Waldemar	Opoczno		M	M40	14	00:09:31	63	00:04:11	00:42:11	61	00:02:28	00:24:44	85	01:23:05
72	447	Zdanowski Bartosz	Żyrardów		M	M40	15	00:11:00	108	00:03:25	00:40:50	53	00:02:51	00:25:07	91	01:23:13

GARMIN IRON TRIATHLON RAWA MAZOWIECKA



Organizator: Klub Triathlonowy Rawa; Urząd Miasta Rawa Mazowiecka; OSiR Rawa Maz.; LABOSPORT Polska; PZT
Data: 31.07.2022
Dystans: 1/8 IM
Miejsco: Rawa Mazowiecka

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Płeć	Kat	Msc Kat	Pływanie	msc	T1	Rower	msc	T2	Bieg	msc	Wynik
73	302	Perdek Konrad	Wrocław	NIGHT RUNNERS Wrocław	M	M30	22	00:11:23	119	00:03:43	00:42:30	65	00:03:14	00:22:35	49	01:23:25
74	421	Handzlik Kinga	Oleśnica	LABOSPORT Team	K	K20	5	00:12:19	134	00:03:02	00:45:24	106	00:02:34	00:20:10	13	01:23:29
75	496	Wrzeszcz Adrian	Łódź	HTF Ludwik Sikorski Adrian! Błagam wolniej.	M	M40	16	00:09:47	77	00:02:44	00:42:58	70	00:03:38	00:24:32	79	01:23:39
76	383	Samulski Ewa	Warszawa	Power Training	K	K40	6	00:09:07	51	00:03:06	00:44:45	97	00:02:31	00:24:17	75	01:23:46
77	467	Łojtek Marta	Milicz		K	K20	6	00:09:45	72	00:02:38	00:43:17	73	00:02:06	00:26:03	104	01:23:49
78	490	Nowaczek Kalina	Warszawa		K	K16	3	00:10:03	83	00:02:31	00:44:42	95	00:02:06	00:24:32	79	01:23:54
79	393	Dąbrowski Dawid	Włocławek	DENTISS DENTISS	M	M30	23	00:09:52	78	00:04:16	00:42:56	69	00:02:28	00:24:27	77	01:23:59
80	315	Boman Justyna	Łódź		K	K30	4	00:10:09	85	00:02:37	00:45:33	107	00:01:35	00:24:08	72	01:24:02
81	452	Sitek Piotr	Jaktorów		M	M30	24	00:11:12	115	00:02:37	00:42:10	60	00:02:42	00:25:39	99	01:24:20
82	459	Sachmata Ania	Piaseczno	Bednarski Tri Team	K	K20	7	00:08:40	41	00:04:20	00:44:49	99	00:03:10	00:23:29	61	01:24:28
83	425	Biernacki Tomasz	Warszawa		M	M40	17	00:09:43	70	00:04:34	00:45:14	103	00:02:39	00:22:25	44	01:24:35
84	497	Janiec Tomasz	Jarosław		M	M20	11	00:10:52	104	00:03:13	00:44:28	91	00:02:55	00:23:34	63	01:25:02
85	494	Stefaniak Wiktor	Rawa Mazowiecka	K.S. Triathlon Rawa	M	M16	6	00:08:17	33	00:02:28	00:47:00	117	00:02:32	00:24:55	88	01:25:12
86	389	Mansfeld Łukasz	Warszawa		M	M30	25	00:11:02	109	00:03:33	00:42:28	64	00:02:33	00:24:08	95	01:25:15
87	415	Piotrowski Andrzej	Warszawa	ORTOREH TEAM	M	M50	4	00:10:29	96	00:03:37	00:42:34	66	00:03:13	00:25:24	96	01:25:17
88	453	Adamiec Artur	Bełk		M	M40	18	00:10:16	89	00:03:12	00:44:53	101	00:02:24	00:24:35	83	01:25:20
89	296	Owczarek Tomasz	Częstochowa		M	M50	5	00:08:20	34	00:03:17	00:43:04	71	00:03:25	00:27:22	121	01:25:28
90	341	Lelicki Roman	Bełchatów		M	M40	19	00:10:51	103	00:04:15	00:43:17	73	00:03:03	00:24:05	71	01:25:31
91	267	Berta Damian	Radzymin		M	M40	20	00:10:21	90	00:02:34	00:42:07	59	00:03:25	00:27:18	119	01:25:45
92	294	Lackorzyński Krzysztof	Nowy Dwór Mazowiecki		M	M30	26	00:10:07	84	00:03:25	00:45:58	112	00:02:05	00:24:28	78	01:26:03
93	368	Meissner Janusz	Kartuzy		M	M60	2	00:11:05	112	00:04:13	00:44:10	87	00:03:05	00:23:55	69	01:26:28
94	331	Kwieciński Dominik	Tomaszów Mazowiecki		M	M20	12	00:10:01	81	00:04:37	00:40:20	48	00:04:11	00:27:22	121	01:26:31
95	278	Grodecka Dorota	Łódź		K	K40	7	00:10:59	107	00:03:26	00:44:47	98	00:02:53	00:24:40	84	01:26:45
96	290	Kałużna Milena	Łódź		K	K20	8	00:08:54	48	00:02:52	00:45:21	104	00:02:22	00:27:27	123	01:26:56
97	388	Pęta Łukasz	Warszawa (Wilanów)		M	M30	27	00:12:44	138	00:03:49	00:40:46	50	00:03:28	00:26:44	111	01:27:31
98	489	Pępiński Tomasz	Gdańsk	MBC Team	M	M40	21	00:10:31	97	00:03:30	00:43:20	75	00:03:14	00:27:16	116	01:27:51
99	372	Kwapisz Mariusz	Łódź		M	M30	28	00:11:36	127	00:03:58	00:44:07	85	00:02:34	00:25:41	101	01:27:56
100	375	Cholast Damian	Bogduszewice		M	M30	29	00:07:50	18	00:03:35	00:46:11	114	00:02:45	00:27:36	126	01:27:57
101	446	Jabłoński Grzegorz	Radzymin	Coca cola RADZYMIN TEAM Coca-Cola	M	M20	13	00:11:17	118	00:04:09	00:44:26	90	00:02:46	00:25:39	99	01:28:17
102	364	Stolarek Arkadiusz	Łódź		M	M30	30	00:10:45	101	00:04:54	00:46:34	116	00:02:20	00:24:33	81	01:29:06
103	439	Ciecierski Dariusz	Toruń	zAfazjaNaSportowo Velmar Blachy Pruszyński zAfazjaNaSportowo Velmar Blachy Pruszyński	M	M50	6	00:11:08	114	00:03:21	00:43:58	83	00:02:35	00:28:13	131	01:29:15
104	466	Wojciechowski Ryszard	Warszawa	Kuźnia Triathlonu	M	M50	6	00:10:31	97	00:04:51	00:44:30	92	00:03:37	00:25:46	102	01:29:15
105	317	Rochmiński Norbert	Skierniewice		M	M30	31	00:10:25	93	00:03:47	00:44:34	94	00:02:34	00:28:05	130	01:29:25
106	435	Kański Jakub	Łódź	SNG WILD DUCKS	M	M40	22	00:12:02	130	00:03:04	00:44:30	92	00:02:46	00:27:16	116	01:29:38
107	432	Romaniuk Wojciech	Warszawa		M	M40	23	00:09:24	58	00:04:40	00:44:07	85	00:03:27	00:28:13	131	01:29:51
108	431	Wierzbicki Łukasz	Warszawa	Kuźnia Triathlonu	M	M40	24	00:09:52	78	00:04:28	00:45:47	111	00:03:11	00:27:16	116	01:30:34
109	266	Parzelski Gerard	Radom	VENTUS Radom	M	M40	25	00:09:39	68	00:04:36	00:44:49	99	00:03:12	00:28:23	134	01:30:39
110	392	Batorek Bogdan	Rawa Mazowiecka	Rawa Tim Zawsze Slim	M	M40	26	00:11:34	124	00:04:08	00:46:31	115	00:02:45	00:25:55	103	01:30:53
111	271	Dłużniewski Mateusz	Warszawa		M	M20	14	00:09:40	69	00:04:27	00:48:54	124	00:01:55	00:26:05	105	01:31:01
112	443	Staroń Łukasz	Warszawa - Polska	ORTOREH TEAM/Najmowicz Triathlon	M	M30	32	00:07:57	20	00:03:36	00:48:09	120	00:03:21	00:28:02	129	01:31:05
113	319	Leligdowicz Oskar	Warszawa		M	M30	33	00:11:03	110	00:04:05	00:48:37	122	00:02:21	00:25:16	93	01:31:22
114	411	Łuczak Michał	Marianów	Rolling Rak'n'roll	M	M40	27	00:13:40	155	00:04:30	00:44:01	84	00:03:05	00:26:46	112	01:32:02
115	361	Duda Marek	Wrocław		M	M50	8	00:10:33	100	00:03:27	00:45:38	109	00:02:38	00:29:47	137	01:32:03
116	362	Piasecki Maciej	Warszawa		M	M40	28	00:10:57	106	00:05:09	00:47:34	119	00:03:19	00:25:06	90	01:32:05
117	306	Siódemak Marcin	Warszawa		M	M40	29	00:13:39	154	00:04:10	00:47:10	118	00:02:47	00:24:33	81	01:32:19
118	376	Głowacki Kamil	Wola Moszczenicka		M	M20	15	00:13:25	148	00:02:56	00:51:11	141	00:02:22	00:22:27	45	01:32:21
119	414	Kessler Dominika	Piastów	This is SPARTA	K	K30	5	00:11:12	115	00:03:36	00:50:59	139	00:03:12	00:23:37	64	01:32:36
120	456	Wilc Konrad	Międzybórz		M	M40	30	00:13:27	149	00:03:26	00:45:00	102	00:03:00	00:28:16	133	01:33:09
121	450	Kotodziej Antoni	Kalej		M	M70	1	00:12:47	139	00:03:30	00:43:54	82	00:02:41	00:30:29	141	01:33:21
122	409	Gronczewski Artur	Warszawa (Targówek)	Rolling Rak'n'roll	M	M40	31	00:14:31	160	00:05:24	00:45:23	105	00:02:37	00:25:33	98	01:33:28
123	333	Lewandowski Paweł	Pruszków		M	M40	32	00:10:26	94	00:04:04	00:50:30	135	00:03:21	00:25:19	94	01:33:40
124	307	Dziubek Maciej	Warszawa		M	M30	34	00:09:45	72	00:04:41	00:50:04	132	00:03:10	00:26:19	108	01:33:59
125	449	Kosiorek Daniel	Łowicz		M	M30	35	00:11:24	120	00:04:16	00:51:23	142	00:03:10	00:23:50	67	01:34:03
126	352	Szulecki Michał	Piaseczno		M	M40	33	00:11:29	122	00:04:24	00:48:51	123	00:02:52	00:26:48	113	01:34:24
127	419	Kukielka Jarosław	Piotrków Trybunalski		M	M40	34	00:10:11	87	00:05:19	00:50:49	136	00:02:40	00:25:29	97	01:34:28
128	301	Chorbiński Krystian	Nowa Wola		M	M30	36	00:12:21	135	00:04:30	00:46:09	113	00:03:30	00:28:01	128	01:34:31
129	335	Iskierka Ewelina	Rawa Mazowiecka	KS Triathlon Rawa	K	K40	8	00:11:37	128	00:03:34	00:48:13	121	00:02:45	00:28:54	135	01:35:03
130	339	Wojtkowiak Waldemar	Warszawa		M	M40	35	00:12:16	132	00:05:25	00:44:16	88	00:04:19	00:30:18	139	01:36:34
131	404	Korulczyk Franciszek	Międzyrzec Podlaski	KS Narwał Międzyrzec Podlaski	M	M16	7	00:06:50	7	00:04:02	00:50:09	134	00:02:15	00:33:27	157	01:36:43
132	391	Wrzeszcz Bartosz	Łódź	HTF Ludwik Sikorski	M	M16	8	00:09:13	54	00:03:08						01:37:02
133	472	Frenkel Marek	Stare Babice		M	M50	9	00:11:03	110	00:06:05	00:45:35	108	00:04:28	00:30:01	138	01:37:12
134	358	Maciejewski Marcin	Warszawa		M	M30	37	00:13:31	151	00:06:52	00:49:02	125	00:02:15	00:26:07	106	01:37:47
135	396	Wójciszko Karol	Międzyrzec Podlaski	WedlugPlanu.pl	M	M30	38	00:11:31	123	00:06:02	00:50:55	138	00:03:08	00:26:15	107	01:37:51
136	394	Wcisło Emilia	Łódź	HTF Ludwik Sikorski	K	K30	6	00:12:36	136	00:04:45	00:51:07	140	00:02:16	00:27:29	124	01:38:13
137	360	Stachurska Anna	Ruda Śląska	NewsMap.pl	K	K20	9	00:10:54	105	00:05:15	00:54:37	149	00:02:29	00:26:34	110	01:39:49
138	295	Furtak Adam	Nowy Dwór Mazowiecki		M	M40	36	00:13:36	153	00:05:11	00:50:07	133	00:03:58	00:27:00	114	01:39:52
139	345	Skopowski Dariusz	Łódź		M	M30	39	00:14:16	159	00:05:25	00:45:41	110	00:03:33	00:31:17	148	01:40:12
140	320	Stefaniak Monika	Poznań	Arena Ruchu / gRUNwald Team Poznań	K	K40	9	00:11:43	129	00:04:17	00:49:06	127	00:02:47	00:32:21	152	01:40:14
141	385	Krzemińska - Makowska Justyna	Warszawa	GothamCity	K	K40	10	00:13:07	144	00:05:25	00:52:36	143	00:02:20	00:27:06	115	01:40:34
142	402	Rohoza Adam	Skierniewice		M	M30	40	00:12:39	137	00:04:32	00:49:06	127	00:02:19	00:32:38	154	01:41:14
143	365	Iwanowicz Marek	Kanie	Graft	M	M50	10	00:14:06	158	00:04:40	00:50:53	137	00:04:32	00:30:37	144	01:44:48
144	424	Świniarska Ewa	Aleksandrów Łódzki	HTF Ludwik Sikorski Esthetica Clinic	K	K40	11	00:12:50	140	00:04:11	00:49:41	130	00:04:00	00:34:14	158	01:44:56

GARMIN IRON TRIATHLON RAWA MAZOWIECKA

Organizator: Klub Triathlonowy Rawa; Urząd Miasta Rawa Mazowiecka.; OSiR Rawa Maz.; LABOSPORT Polska; PZT
Data: 31.07.2022
Dystans: 1/8 IM
Miejscowość: Rawa Mazowiecka



Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Płeć	Kat	Msc Kat	Pływanie	msc	T1	Rower	msc	T2	Bieg	msc	Wynik
145	321	Stefaniak Tomisław	Poznań	Arena Ruchu Monika Stefaniak Arena Ruchu Monika Stefaniak	M	M60	3	00:12:50	140	00:05:10	00:49:34	129	00:04:55	00:32:38	154	01:45:07
146	480	Grzejszczak Rafał	Pęcice		M	M20	16	00:10:02	82	00:05:17	00:57:03	154	00:02:36	00:30:30	142	01:45:28
147	343	Kuciński Mariusz	Tomaszów Mazowiecki		M	M20	17	00:11:24	120	00:04:26	00:56:30	152	00:02:46	00:30:23	140	01:45:29
148	413	Szajna Agata	Józefosław	Rolling Rak'n'Roll	K	K50	1	00:13:29	150	00:03:39	00:49:49	131	00:03:18	00:35:28	160	01:45:43
149	483	Koper Kamil	Rawa Mazowiecka		M	M20	18	00:13:57	157	00:05:53	00:55:06	150	00:03:10	00:29:00	136	01:47:06
150	406	Dąbrowska Monika	Piaseczno	Rolling Rak'n'Roll	K	K40	12	00:14:39	162	00:04:08	00:53:02	144	00:03:35	00:31:56	151	01:47:20
151	371	Nowak Aleksander	Konstantynów Łódzki		M	M50	11	00:11:16	117	00:08:14	00:57:27	155	00:03:28	00:27:20	120	01:47:45
152	323	Miasojedow Bożena	Warszawa	AKS Polonia Warszawa	K	K60	1	00:12:16	132	00:05:53	00:56:04	151	00:02:59	00:30:39	145	01:47:51
153	473	Zawadka Agnieszka	Blizne Jasińskiego		K	K50	2	00:14:31	160	00:05:11	00:53:10	145	00:04:11	00:31:34	150	01:48:37
154	346	Mastalerz Piotr	Łęczycza		M	M30	41	00:12:14	131	00:09:56	00:54:36	148	00:03:49	00:30:32	143	01:51:07
155	357	Maciejewska Hanna	Warszawa		K	K30	7	00:13:03	143	00:07:25	00:56:30	152	00:03:06	00:31:13	147	01:51:17
156	454	Lubicki Adrian	Tomaszów Maz		M	M20	19	00:12:50	140	00:06:53	01:01:14	160	00:02:53	00:27:29	124	01:51:19
157	387	Majewska Anna	Łódź		K	K30	8	00:13:13	147	00:05:11	01:02:03	161	00:03:31	00:27:39	127	01:51:37
158	276	Chołuj Agata	Marki	MARKOWI BIEGACZE	K	K40	13	00:11:34	124	00:03:48	00:58:04	156	00:03:29	00:35:20	159	01:52:15
159	482	Kowzan Patryk	Rawa Mazowiecka		M	M20	20	00:13:10	145	00:06:21	01:00:05	158	00:03:02	00:31:33	149	01:54:11
160	261	Karasinska-Zdunek Anna	Warszawa	Bashy Crew	K	K30	9	00:13:11	146	00:06:06	01:00:24	159	00:02:27	00:33:08	156	01:55:16
161	408	Granica Monika	Ojrzanów-Towarzystwo	Rolling Rak'n'Roll	K	K20	10	00:13:46	156	00:05:57	00:53:27	146	00:03:40	00:39:43	161	01:56:33
162	441	Chimko Piotr	Łódź	PHILIPS ŁÓDŹ ACTIVE RUNNERS TEAM PHILIPS	M	M40	37	00:13:33	152	00:06:29	00:59:47	157	00:06:14	00:32:35	153	01:58:38
163	412	Ługowski Paweł	Warszawa	Rolling Rak'n'Roll	M	M60	4	00:14:47	164	00:06:07	00:54:27	147	00:03:13	00:40:47	162	01:59:21
164	327	Szewczyk Bartosz	Pruszków		M	M30	42	00:14:39	162	00:05:13	01:06:30	162	00:03:07	00:30:47	146	02:00:16