

Garmin Iron Triathlon - Płock  
18.05.2024 r.  
Dystans: 1/8 IM  
(0,475-22,5-5,275)



M-ce	Numer	Nazwisko Imię	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara czasowa
1	330	MARCINEK TOMASZ	TM Iron Team	1991			00:05:53	1	00:05:06	00:33:20	1	00:00:49	00:16:52	2	01:02:00		1	
2	286	GIŻYŃSKI MARIUSZ	KAZIKI Giża Team	1981	M40	1	00:08:06	28	00:05:29	00:37:23	9	00:01:02	00:15:28	1	01:07:28		2	
3	337	MAŚLANKO MACIEJ	TM Iron Team Gra-Lech s.c - namioty	1992	M30	1	00:07:06	8	00:05:35	00:36:57	5	00:00:50	00:17:44	4	01:08:12		3	
4	315	PRENDECKI RAFAL	Go2Tri Szczecin	1980	M40	2	00:07:33	16	00:06:41	00:34:54	2	00:00:44	00:18:52	7	01:08:44		4	
5	289	KROPIEWNICKI PRZEMYSŁAW	SZYMANOWSKI Triathlon Team / Sport2freedom	1982	M40	3	00:07:04	7	00:05:57	00:36:30	4	00:00:42	00:18:38	5	01:08:51		5	
6	324	BJAK PATRYK	WM Triself Ross Energy	1996	M25	1	00:06:22	4	00:06:16	00:38:21	11	00:00:47	00:17:41	3	01:09:27		6	
7	222	JAKUBOWSKI TOMASZ	Dawaj Kalach Team	1996	M25	2	00:06:23	5	00:06:03	00:37:10	8	00:00:46	00:19:12	9	01:09:34		7	
8	288	LIGĘZA TOMASZ		1988	M35	1	00:07:25	14	00:05:58	00:37:00	6	00:00:56	00:18:43	6	01:10:02		8	
9	338	KAZANECKI TOMASZ	Twister Team	1976	M45	1	00:07:35	17	00:06:11	00:36:06	3	00:00:54	00:20:17	20	01:11:03		9	
10	331	MADEJ ZUZANNA	KAZIKI - SwimTriRzeszów	2004	K18	1	00:06:00	2	00:06:02	00:39:13	15	00:00:35	00:20:02	15	01:11:52	1		
11	261	PEKRUL WOJCIECH	Sli Triathlon Team / Dawaj Kalach Team	1993	M30	2	00:07:25	13	00:06:31	00:37:32	10	00:00:55	00:20:14	18	01:12:37		10	
12	219	IGNATOWICZ ANDRZEJ	Tarchomin Triathlon Team	1974	M50	1	00:07:59	24	00:06:57	00:38:46	14	00:01:03	00:19:57	13	01:14:42		11	
13	318	MAJOS PAULINA	TM Iron Team	1996	K25	1	00:06:57	6	00:06:04	00:39:57	23	00:00:50	00:20:55	29	01:14:43	2		
14	346	GRZEŚKOWIAK JAN	UKS G-8 Bielany Warszawa	2008	M16	1	00:06:06	3	00:05:30	00:43:25	48	00:00:43	00:19:11	8	01:14:55		12	
15	297	DOBROSIELSKI ANDRZEJ	LABOSPORT Team	1990	M30	3	00:07:18	9	00:07:06	00:40:15	25	00:00:57	00:19:21	10	01:14:57		13	
16	247	ROMAŃSKI MACIEJ	TriDivision Triathlon Team	1981	M40	4	00:07:21	10	00:06:19	00:40:56	34	00:00:55	00:19:45	12	01:15:16		14	
17	240	ANDRZEJCZAK KRYSZTIAN	Dawaj Kalach Team	1996	M25	3	00:07:57	23	00:06:33	00:38:40	12	00:01:05	00:21:29	35	01:15:44		15	
18	238	OWCZAREK JACEK	#Dawaj Kalach Team	1972	M50	2	00:08:33	38	00:07:11	00:38:43	13	00:01:02	00:20:34	24	01:16:03		16	
19	299	JAROCKA WIOLETA	Twister Team	1985	K35	1	00:08:33	37	00:05:40	00:40:54	33	00:00:44	00:20:21	22	01:16:12	3		
20	356	STAŃCZAK BARTOSZ	LuftTriTeam Mamut Camp	1979	M45	2	00:09:34	64	00:06:36	00:37:08	7	00:01:09	00:22:11	45	01:16:38		17	
21	233	KRZYSZTOFIK KACPER	Tri Aktywny Piotrków / EDC.EXPERT	1977	M45	3	00:08:43	44	00:05:47	00:41:00	35	00:00:55	00:20:21	21	01:16:46		18	
22	244	RUMINSKI KRYSZTIAN		1985	M35	2	00:07:47	19	00:07:38	00:39:42	17	00:01:10	00:20:54	28	01:17:11		19	
23	285	GIŻYŃSKA ANNA	KAZIKI	1982	K40	1	00:09:25	60	00:07:00	00:39:53	19	00:00:55	00:20:05	17	01:17:18	4		
24	221	WALUKIEWICZ ADAM	Eden Racing Team	2003	M18	1	00:07:52	22	00:07:07	00:40:42	31	00:01:44	00:19:59	14	01:17:24		20	
25	309	JANKOWSKI PAWEŁ	TRILEVEL	1984	M40	5	00:07:21	12	00:06:54	00:40:22	28	00:01:20	00:21:43	37	01:17:40		21	
26	304	TOMCZUK FILIP	TRICLUB	1992	M30	4	00:09:00	51	00:06:47	00:39:55	21	00:00:39	00:21:28	34	01:17:49		22	
27	351	WIKŁAK JAN		2004	M18	2	00:07:26	15	00:05:58	00:40:51	32	00:00:46	00:22:49	52	01:17:50		23	
28	327	CINIEWSKI IGOR	Team Rzabka	2002	M18	3	00:08:49	45	00:07:54	00:40:21	27	00:00:55	00:20:05	16	01:18:04		24	
29	349	KAMIŃSKI JAKUB		1991	M30	5	00:09:01	52	00:07:10	00:40:14	24	00:01:08	00:20:33	23	01:18:06		25	
30	218	PRZYMUS ZIEMOWIT	Rybicki Triathlon Team	1966	M55	1	00:09:07	57	00:07:25	00:39:53	20	00:01:06	00:21:02	31	01:18:33		26	
31	329	MIKOŁAJUK ADAM		1982	M40	6	00:09:05	54	00:07:24	00:39:56	22	00:01:18	00:20:55	30	01:18:38		27	
32	354	GROSZEWSKI RADOSŁAW	TRISWIMRUN GOLDAP	1976	M45	4	00:08:02	25	00:06:44	00:41:24	38	00:00:56	00:21:46	38	01:18:52		28	
33	226	ŻMIJEWSKI SZYMON	PersonaTriathlon.pl	2007	M16	2	00:07:51	21	00:08:32	00:41:18	37	00:01:10	00:20:16	19	01:19:07		29	
34	319	KWIATKOWSKI SZYMON		1983	M40	7	00:08:27	34	00:07:48	00:40:31	30	00:01:10	00:21:37	36	01:19:33		30	
35	278	MAGDZIARZ MATEUSZ	TRICLUB	1993	M30	6	00:08:38	41	00:08:28	00:39:45	18	00:00:45	00:22:13	46	01:19:49		31	
36	239	BENISZ MICHAŁ	TriWawa	1995	M25	4	00:08:34	39	00:07:52	00:41:29	39	00:01:31	00:20:43	25	01:20:09		32	
37	243	LIS DANIEL	Trimasters FOX_Tri	1984	M40	8	00:08:25	32	00:07:32	00:41:15	36	00:01:51	00:21:56	40	01:20:59		33	
38	269	MATA CZ JAROSŁAW	PTT DELTA	1979	M45	5	00:09:26	61	00:07:52	00:39:36	16	00:01:24	00:22:52	54	01:21:10		34	
39	302	CZECH ADRIAN	Triathlon training center	1997	M25	5	00:09:55	72	00:07:26	00:41:51	41	00:01:12	00:21:03	32	01:21:27		35	
40	326	KUNDZEWSKA JOANNA	Sport2freedom	1983	K40	2	00:09:05	55	00:07:27	00:42:05	42	00:00:53	00:22:21	48	01:21:51	5		
41	290	DOMAŃSKA EMILIA	Triathletic Team	1982	K40	3	00:08:55	50	00:06:47	00:42:44	45	00:01:19	00:22:50	53	01:22:35		6	
42	279	KOWALSKI DANIEL	Zdun Triathlon Team Omega Logistic Kalisz	1975	M45	6	00:08:42	43	00:07:08	00:42:46	47	00:01:12	00:23:20	61	01:23:08		36	
43	211	CICHOWICZ MARTYNA	PTT Delta Płock / Dawaj Kalach Team	1993	K30	1	00:07:48	20	00:07:48	00:42:45	46	00:01:29	00:23:26	65	01:23:16		7	
44	291	GRABOWSKI TOMASZ	Kuźnia Triathlonu	1964	M60	1	00:09:53	69	00:08:24	00:40:20	26	00:01:24	00:23:15	58	01:23:16		37	
45	316	CERANKA KRZYSZTOF		1987	M35	3	00:08:35	40	00:07:53	00:42:34	44	00:01:12	00:23:20	62	01:23:34		38	
46	214	BULKA BARTOSZ	LABOSPORT	1985	M35	4	00:08:25	31	00:07:27	00:45:02	62	00:00:49	00:22:19	47	01:24:02		39	
47	343	GARDNER ANDREW	WITC: The International Running & Triathlon Community in Poland	1977	M45	7	00:10:09	83	00:08:41	00:41:41	40	00:02:04	00:21:47	39	01:24:22		40	
48	274	BLĄŻEWICZ PAWEŁ	WMKS Olsztyńska Szkoła Triathlonu	1993	M30	7	00:09:54	71	00:07:26	00:44:49	60	00:01:01	00:21:17	33	01:24:27		41	
49	209	GACHOWSKI GRZEGORZ		1971	M50	3	00:10:30	92	00:08:21	00:40:25	29	00:01:26	00:24:20	74	01:25:02		42	
50	229	SZWARC FRANCISZEK		2007	M16	3	00:09:33	63	00:07:28	00:45:08	64	00:01:27	00:22:00	42	01:25:36		43	
51	277	CZAJKA BENIAMIN		2000	M18	4	00:10:05	78	00:07:09	00:48:14	84	00:00:50	00:19:29	11	01:25:47		44	
52	322	DZIATKOWSKI DAWID		1997	M25	6	00:07:38	18	00:08:53	00:45:06	63	00:01:01	00:23:17	59	01:25:55		45	
53	350	WEZDECKI MIKOŁAJ	T3 Triathlon Club	1983	M40	9	00:09:58	74	00:08:19	00:43:44	51	00:01:55	00:22:23	49	01:26:19		46	
54	236	MARCINKOWSKI MICHAŁ	PTT DELTA	1987	M35	5	00:09:54	70	00:07:54	00:44:22	55	00:01:32	00:22:43	50	01:26:25		47	
55	258	SAJKOWSKI BARTOSZ		1981	M40	10	00:09:26	62	00:09:14	00:44:26	56	00:01:30	00:21:59	41	01:26:35		48	
56	340	KLEPACKI TOMASZ	KS Triathlon Rawa	1956	M65	1	00:08:50	46	00:07:47	00:46:16	70	00:01:04	00:23:28	66	01:27:25		49	
57	237	PAĆKOWSKI JAKUB	GVC	1991	M30	8	00:08:24	30	00:09:21	00:44:51	61	00:01:29	00:23:24	63	01:27:29		50	
58	282	ORZESZEK PIOTR	TriWawa	1984	M40	11	00:08:27	33	00:08:33	00:44:44	59	00:01:18	00:24:29	78	01:27:31		51	
59	263	JARZYŃSKI DOMINIK	Nordea Triathlon Team	1978	M45	8	00:10:26	90	00:08:33	00:42:13	43	00:01:21	00:25:01	84	01:27:34		52	
60	230	BARAŃSKI GRZEGORZ	Urodamed	1968	M55	2	00:08:04	27	00:08:19	00:46:27	72	00:01:16	00:23:48	70	01:27:54		53	
61	305	TYŁAK WERONIKA	Fujitsu Tri Team / Triathletic Team	1989	K35	2	00:09:15	58	00:07:12	00:46:53	74	00:01:12	00:24:01	72	01:28:33	8		
62	256	JĘŻ AREK	GRUPA JEŻ Grupa Jeż	1980	M40	12	00:09:38	65	00:08:37	00:44:33	57	00:00:59	00:25:22	88	01:29:09		54	
63	303	OLEŚZEK BARTŁOMIEJ	Toruński Klub Triathlonowy	1987	M35	6	00:10:16	85	00:08:54	00:46:35	73	00:01:21	00:22:11	44	01:29:17		55	
64	336	SADOWSKI KAROL	Komobike Scott	1972	M50	4	00:09:59	75	00:08:25	00:44:06	53	00:01:22	00:25:36	91	01:29:28		56	
65	283	CZAPKA MAKSYMILIAN	Triathlon Training Center	2008	M16	4	00:08:52	49	00:08:48	00:47:31	75	00:01:25	00:23:09	57	01:29:45		57	
66	253	ŚLIWIŃSKI KRYSZTIAN		1981	M40	13	00:09:48	68	00:08:31	00:48:44	89	00:02:04	00:20:44	26	01:29:51		58	
67	332	KŁYS MARCIN	Ortomedis Marcin Kłys	1978	M45	9	00:08:28	35	00:08:04	00								

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SPONSOR TYTUŁARNY

GARMIN.

GOSPODARZ

PŁOCK

SPONSOR STRATEGICZNY

beko

PWA  
POLSKIE  
ZWIĄZKI  
WODNYCH  
SPORTÓW

ORGANIZATOR

labo  
SPORT



M-ce	Numer	Nazwisko Imię	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara czasowa
71	328	ZALAS JERZY	ODPADY-EXPERT	1971	M50	5	00:08:04	26	00:09:33	00:45:15	65	00:01:37	00:26:04	96	01:30:33		63	
72	201	KOCIŃSKI ADRIAN	LKS Kurpie, Biegam Bo Lubię Ostrołęka	1991	M30	9	00:10:38	93	00:09:45	00:46:16	71	00:01:23	00:22:47	51	01:30:49		64	
73	344	WÓJCICKI TOMASZ		1974	M50	6	00:08:39	42	00:09:54	00:45:36	68	00:02:00	00:25:20	87	01:31:29		65	
74	300	GÓRNIAK JEREMIASZ		2000	M18	5	00:09:02	53	00:08:07	00:45:38	69	00:00:47	00:27:57	109	01:31:31		66	
75	307	SADOWSKI JAKUB		1991	M30	10	00:09:56	73	00:07:48	00:48:54	92	00:01:50	00:23:05	56	01:31:33		67	
76	347	GOLĘDZINOWSKI TOM	Relentless Triathlon Team	1965	M55	3	00:12:14	108	00:08:49	00:44:00	52	00:02:10	00:24:23	77	01:31:36		68	
77	257	GAJEWSKI KONRAD		1965	M55	4	00:09:18	59	00:09:56	00:45:34	67	00:01:41	00:25:15	86	01:31:44		69	
78	251	MUCHA KONRAD		1994	M30	11	00:10:17	86	00:09:17	00:48:21	87	00:01:47	00:22:04	43	01:31:46		70	
79	268	POCIEJ BOHDAN	PTT DELTA	1958	M65	2	00:10:19	87	00:09:16	00:44:20	54	00:01:28	00:26:41	101	01:32:04		71	
80	341	WYSOCKI OSKAR		2000	M18	6	00:11:25	103	00:07:57	00:48:16	85	00:01:27	00:23:04	55	01:32:09		72	
81	262	GIETKA ALEKSANDER	Gietka Team	1983	M40	15	00:08:52	48	00:10:03	00:47:32	77	00:01:31	00:24:33	80	01:32:31		73	
82	223	KUCIABA JACEK		1972	M50	7	00:10:22	89	00:08:30	00:49:55	94	00:01:00	00:24:34	81	01:34:21		74	
83	325	OBSTAWSKA SYLWIA		1992	K30	2	00:10:11	84	00:08:08	00:51:23	100	00:01:01	00:23:40	69	01:34:23	9		
84	231	BARAŃSKA AGNIESZKA	Urodamed	1978	K45	1	00:10:58	98	00:09:34	00:48:50	91	00:01:32	00:24:12	73	01:35:06	10		
85	323	KUPCZAK ANNA	TM Iron Team	2001	K18	2	00:10:47	97	00:08:03	00:48:34	88	00:01:28	00:26:25	99	01:35:17	11		
86	206	ROSZKOWSKI PIOTR		1988	M35	8	00:09:46	67	00:10:17	00:50:20	96	00:01:08	00:24:22	76	01:35:53		75	
87	203	GAJEWSKI ŁUKASZ		1991	M30	12	00:11:24	102	00:11:44	00:47:32	78	00:01:13	00:24:22	75	01:36:15		76	
88	202	BORAWSKI PIOTR		1992	M30	13	00:13:29	114	00:10:26	00:47:39	80	00:01:30	00:23:29	67	01:36:33		77	
89	355	ORGANIŚCIAK MARCIN		1983	M40	16	00:10:43	96	00:12:04	00:43:39	50	00:03:42	00:26:27	100	01:36:35		78	
90	224	MACKOŃSKI MIROSLAW	TRICLUB	1962	M60	2	00:11:46	105	00:09:58	00:47:32	76	00:02:24	00:25:22	89	01:37:02		79	
91	312	VARAKSA YAUHANI		1985	M35	9	00:14:30	121	00:09:23	00:44:43	58	00:01:33	00:27:23	103	01:37:32		80	
92	311	IGNATOWICZ JAKUB	TarchominTriathlonTeam	2002	M18	7	00:08:51	47	00:08:19	00:51:46	101	00:01:20	00:27:29	104	01:37:45		81	
93	266	MIKOŁAJCZYK MATEUSZ		1981	M40	17	00:10:00	76	00:09:47	00:48:03	81	00:01:30	00:28:26	112	01:37:46		82	
94	348	WALECKA-SZCZEPANIK SYLWIA		1973	K50	1	00:10:01	77	00:08:54	00:51:11	98	00:01:31	00:26:19	97	01:37:56	12		
95	249	LIPKA ADRIAN		2005	M18	8	00:09:44	66	00:10:42	00:51:00	97	00:01:57	00:24:37	83	01:38:00		83	
96	298	ROHOZA ADAM	Skierniewice	1984	M40	18	00:10:40	94	00:10:27	00:48:04	82	00:01:17	00:27:39	107	01:38:07		84	
97	342	TOUCHSTONE CAROLINE	WITC	1979	K45	2	00:09:06	56	00:08:50	00:54:12	110	00:02:02	00:23:59	71	01:38:09	13		
98	259	MARTSENIUK VOLODYMYR		1994	M30	14	00:08:09	29	00:10:17	00:55:55	117	00:01:07	00:24:29	79	01:39:57		85	
99	287	ROBIŃSKI JAKUB	Canal+ Canal+	1989	M35	10	00:11:55	107	00:10:12	00:48:47	90	00:02:00	00:27:11	102	01:40:05		86	
100	333	PRZECH-FUS AGNIESZKA	MROZEK TRI TEAM	1967	K55	1	00:11:11	100	00:09:05	00:48:20	86	00:01:15	00:30:18	119	01:40:09	14		
101	235	BOGUCKI KAMIL		1987	M35	11	00:10:07	81	00:09:34	00:51:18	99	00:02:24	00:27:39	106	01:41:02		87	
102	339	KAMIŃSKI GRZEGORZ	Małachowianka	1965	M55	5	00:12:47	111	00:09:45	00:49:56	95	00:00:52	00:28:47	114	01:42:07		88	
103	228	SZWARC GRZEGORZ		1978	M45	10	00:11:48	106	00:09:23	00:52:09	104	00:01:51	00:27:42	108	01:42:53		89	
104	292	JĘDRZEJEWSKI JAN	UKS WAWER Warszawa	2007	M16	5	00:08:32	36	00:11:37	01:00:20	124	00:03:12	00:20:52	27	01:44:33		90	
105	306	KLIMEK PIOTR		1996	M25	7	00:10:42	95	00:09:57	00:53:02	106	00:02:06	00:29:04	115	01:44:51		91	
106	252	WROŃSKI PAWEŁ	MKS VICTORIA NASIELSK brak	1984	M40	19	00:11:01	99	00:11:39	00:54:23	112	00:01:59	00:26:24	98	01:45:26		92	
107	301	SZCZAK PAWEŁ		1952	M70	1	00:13:49	116	00:10:57	00:49:07	93	00:02:08	00:29:27	116	01:45:28		93	
108	314	KRZEMIŃSKA - MAKOWSKA JUSTYNA	GothamCity	1978	K45	3	00:14:12	120	00:11:00	00:54:23	113	00:01:05	00:25:08	85	01:45:48	15		
109	241	WOŁOWIEC AGATA		1999	K25	2	00:15:27	126	00:10:00	00:54:06	108	00:01:16	00:25:38	92	01:46:27	16		
110	242	TOMCZEWSKI MARCIN		1971	M50	8	00:13:17	113	00:11:32	00:52:47	105	00:01:47	00:27:30	105	01:46:53		94	
111	320	GRACZYK ROMAN		1973	M50	9	00:11:20	101	00:10:57	00:51:54	102	00:01:35	00:31:08	122	01:46:54		95	
112	310	MOŚCIEJ ADAM	Coca Cola	1981	M40	20	00:11:27	104	00:09:58	00:55:36	116	00:02:12	00:28:10	110	01:47:23		96	
113	273	SEO MINWOO	Hyundai Engineering	1980	M40	21	00:12:18	109	00:11:06	00:55:07	115	00:02:57	00:25:57	94	01:47:25		97	
114	225	BANASIUŁ GABRIEL		2000	M18	9	00:10:07	80	00:10:37	00:59:38	123	00:02:33	00:24:35	82	01:47:30		98	
115	267	FONFARA KATARZYNA		1990	K30	3	00:15:37	127	00:09:55	00:54:30	114	00:01:37	00:25:53	93	01:47:32	17		
116	217	JABŁOŃSKA DIANA		1999	K25	3	00:12:59	112	00:12:23	00:54:18	111	00:01:19	00:28:43	113	01:49:42	18		
117	265	ORGANIŚCIAK KAROLINA		1987	K35	3	00:10:27	91	00:12:17	00:53:22	107	00:02:49	00:30:59	121	01:49:54	19		
118	296	GOLUB MARCIN	Canal+	1988	M35	12	00:15:15	124	00:13:06	00:57:05	119	00:01:22	00:23:34	68	01:50:22		99	
119	255	KOWALCZYK ŁUKASZ		1990	M30	15	00:13:57	117	00:12:10	00:52:03	103	00:02:58	00:29:33	117	01:50:41		100	
120	295	ROMANOWSKI IREK		1981	M40	22	00:15:15	125	00:09:50	00:56:37	118	00:01:30	00:30:32	120	01:53:44		101	
121	232	RÓŻYCKA MARLENA		1982	K40	4	00:12:29	110	00:13:39	00:57:43	121	00:02:26	00:30:10	118	01:56:27	20		
122	271	LEE DONGSOO	Hyundai Engineering	1971	M50	10	00:17:01	129	00:11:23	00:58:29	122	00:01:24	00:28:19	111	01:56:36		102	
123	334	NIEMYJSKI JAROSŁAW	Bike Fun Legionowo	1983	M40	23	00:14:06	118	00:12:30	00:54:09	109	00:02:16	00:34:53	126	01:57:54		103	
124	317	KOPCZYŃSKI WALDEMAR	Lemot	1958	M65	3	00:14:08	119	00:12:34	00:57:08	120	00:02:20	00:35:32	127	02:01:42		104	
125	245	WERESKA DOROTA		1989	K35	4									02:06:00	21		
126	216	KIMEL MAGDALENA		2002	K18	3	00:10:06	79	00:13:57	01:03:53	126	00:02:29	00:37:58	128	02:08:23	22		
127	250	MODRYKAMIEŃ BARBARA		1976	K45	4	00:13:39	115	00:13:17	01:09:05	127	00:02:48	00:31:18	123	02:10:07	23		
128	220	PLACEK MATEUSZ		1999	M25	8	00:15:41	128	00:14:01	01:00:56	125	00:01:30	00:39:07	129	02:11:15		105	
129	313	MIAOJEDOW BOŻENA	AKS Polonia Warszawa	1954	K70	1	00:14:42	122	00:12:26	01:15:39	128	00:01:41	00:33:12	125	02:17:40	24		
130	215	DOGAN BUSRA		1995	K25	4	00:14:49	123	00:12:12	01:21:43	129	00:01:34	00:32:56	124	02:23:14	25		
234		GRODZICKI TOMASZ		1987	M35		00:12:29		00:14:48						DNF			
275		KĘPIŃSKI JAN	LUFT TRI TEAM	2006	M18		00:07:18		00:05:58						DNF			
335		KOROL WIKTOR	UKS G-8 Bielany Warszawa	2009	M14		00:06:01		00:05:40						DNF			
345		PIERZYŃSKI BARTOSZ		1989	M35		00:08:26		00:07:19						DNF			
284		WIŚNIEWSKI PATRYK	Chemiczny Olimp / Rybicki Triathlon Coach	1994	M30		00:09:08		00:08:22						DNF			
272		KIM YANG HWAN	Hyundai Engineering	1977	M45										DNF			
204		KWON CHANGAN		1983	M40										DNF			
254		MICHALAK PAWEŁ		2008	M16										DNF			
227		NOWAKOWSKA PATRYCJA	I'M Inspiration	1999	K25										DNF			
321		REYES BONG	EOSE CHT Bikers Club	1981	M40										DNF			

Dystans pływania (liczba okrażeń): 450m (1

Garmin Iron Triathlon - Płock  
18.05.2024 r.  
Dystans: 1/8 IM  
(0,475-22,5-5,275)



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ORGANIZATOR

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SPORT



M-ce	Numer	Nazwisko Imię	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara czasowa
	294	GUZOWSKA ANNA		1993	K30										DNS			
	270	JAKUBOWICZ DAWID	LUFT TRI TEAM	1982	M40										DNS			
	248	JAWORSKA JULITA		1993	K30										DNS			
	281	KOWALCZYK PAWEŁ	TRICLUB	1988	M35										DNS			
	208	KOWALIK TOMASZ		1985	M35										DNS			
	276	KRASUŃ MICHAŁ		1979	M45										DNS			
	264	MADEJ MARIA		2007	K16										DNS			
	246	NIEWIADOMSKI KACPER		2006	M18										DNS			
	260	NOWAK ARKADIUSZ	Sii Triathlon Team / Dawaj Kalach Team	1982	M40										DNS			
	213	PEREIRA BELINDA		1987	K35										DNS			
	210	PODLEŚ DAWID	Dawaj Kalach Team	1991	M30										DNS			
	207	POPIEL MACIEJ		1981	M40										DNS			
	352	ZAKRZEWICZ WOJCIECH		1993	M30										DNS			
	212	ŁĄCZYŃSKI CEZARY		1989	M35										DNS			

Dystans pływania (liczba okrążeń): 450m (1 ok.)  
Dystans roweru (liczba okrążeń): 22,5km (2 ok.)  
Dystans biegu (liczba okrążeń): 5,275km (1 ok.)  
Pianki dozwolone  
Temp. powietrza: 17C  
Temp. wody: 18.5C

Sędzia główny: WOJCIECH KNAP

www.sts-timing.pl  
Strona: 3