

Garmin Iron Triathlon - Płock 23.05.2021 r.  
Dystans: Dystans 1/2 (1,9 / 90 / 20,0)



M-ce	Numer	Nazwisko	Imię	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara czasowa	
1	548	KALASZCZYŃSKI	ŁUKASZ	KM Sport PRO Team	1984	M30	1	00:25:58	2	00:05:06	02:11:53	1	00:01:22	01:14:50	1	03:59:09			1	
2	544	SOBCZYK	SERGIUSZ	TRINERGY / TRIATHLETIC TEAM	1991	M30	2	00:26:47	3	00:05:26	02:16:32	3	00:01:27	01:16:55	3	04:07:07			2	
3	535	JEGLIŃSKI	ŁUKASZ	Twister Team	1988	M30	3	00:30:52	11	00:06:21	02:14:55	2	00:01:31	01:15:51	2	04:09:30			3	
4	556	NIZIO	ADAM	Roadbike.pl / Maciej Bodnar Coaching	1995	M18	1	00:30:13	8	00:06:47	02:17:42	4	00:01:25	01:22:22	6	04:18:29			4	
5	555	SIEKIERSKI	MATEUSZ	MAREK	Nadaktywni Białystok/ SportowiecWieżski	1993	M18	2	00:29:05	6	00:06:59	02:25:47	8	00:01:26	01:19:56	4	04:23:13			5
6	551	CZERWIEC	ARTUR	Iron Dragon Triathlon	1976	M40	1	00:25:45	1	00:06:34	02:25:04	7	00:01:45	01:25:26	8	04:24:34			6	
7	557	PIOTROWSKI	ALEKSANDER		1991	M30	4	00:31:02	13	00:06:42	02:21:01	6	00:01:46	01:25:22	7	04:25:53			7	
8	547	OLKOWSKI	PRZEMYSŁAW		1980	M40	2	00:30:31	9	00:06:23	02:19:43	5	00:01:41	01:32:40	18	04:30:58			8	
9	534	KRASNODĘBSKI	SEBASTIAN		1982	M30	5	00:33:52	20	00:07:12	02:25:54	9	00:01:38	01:27:24	12	04:36:00			9	
10	513	JAWORSKI	RAFAL		1984	M30	6	00:31:15	14	00:08:51	02:30:43	12	00:01:37	01:25:34	9	04:38:00			10	
11	529	DANEK	BARTEK	TRINERGY TEAM	1973	M40	3	00:28:58	5	00:07:13	02:33:37	18	00:01:20	01:28:17	13	04:39:25			11	
12	525	WIŚNIEWSKI	ADAM	Celironman	1991	M30	7	00:31:00	12	00:06:55	02:32:48	16	00:01:31	01:27:17	11	04:39:31			12	
13	543	KRAWCZYK	BERNARD	TRINERGY TEAM	1977	M40	4	00:31:20	15	00:09:07	02:32:35	15	00:02:40	01:29:21	14	04:45:03			13	
14	540	KRASOŃ	MARCIN	Trinergy	1981	M40	5	00:33:34	18	00:07:56	02:35:41	20	00:01:31	01:27:07	10	04:45:49			14	
15	510	WALUKIEWICZ	DARIUSZ	Przelajka TRI	1976	M40	6	00:34:31	22	00:08:16	02:30:38	11	00:01:59	01:32:13	16	04:47:37			15	
16	503	KOMOSZYŃSKI	MARCIN		1986	M30	8	00:28:51	4	00:08:19	02:35:00	19	00:01:31	01:34:02	19	04:47:43			16	
17	530	KAZMIERCZAK	PIOTR	LABOSPORT Team	1974	M40	7	00:34:46	23	00:06:42	02:32:21	14	00:01:44	01:32:21	17	04:47:54			17	
18	539	FIREK	ADRIAN	HIT THE TRAIL Tomasz Klisz	1985	M30	9	00:31:30	16	00:09:14	02:37:30	21	00:02:01	01:29:36	15	04:49:51			18	
19	516	GALL	RAFAL	RAMASPORT.PL	1975	M40	8	00:29:28	7	00:08:25	02:39:06	24	00:01:51	01:34:49	21	04:53:39			19	
20	537	GNIOT	JACEK	TRISPACE/TREK / Wojskowe Zakłady Uzbrojenia S.A.	1971	M50	1	00:36:40	27	00:06:38	02:32:12	13	00:01:24	01:37:04	22	04:53:58			20	
21	533	WOJCIECHOWSKI	TOMASZ	TRITON KONIN	1969	M50	2	00:33:47	19	00:07:19	02:37:49	22	00:02:08	01:34:36	20	04:55:39			21	
22	522	WIATROWSKI	KRZYSZTOF	TriWiatraki / run-passion.pl	1977	M40	9	00:36:00	26	00:07:39	02:49:12	28	00:01:56	01:20:55	5	04:55:42			22	
23	546	SZYMKOWIAK	NORBERT	GALIBIER BIKEFUN TEAM	1994	M18	3	00:34:16	21	00:07:10	02:28:00	10	00:01:44	01:46:08	27	04:57:18			23	
24	515	ŚWIDERSKI	PAWEŁ		1979	M40	10	00:30:34	10	00:10:11	02:39:03	23	00:02:19	01:39:45	23	05:01:52			24	
25	553	MAJEWSKI	KACPER		1981	M40	11	00:36:44	29	00:08:26	02:33:26	17	00:03:11	01:49:14	31	05:11:01			25	
26	506	ANTONIUK	MARCIN	23 TEAM	1975	M40	12	00:33:32	17	00:08:01	02:42:50	25	00:01:59	01:48:21	28	05:14:43			26	
27	545	SKIBA	MARIUSZ	KS IRONMAN CS POLSKA	1985	M30	10	00:34:50	24	00:08:00	02:50:56	30	00:01:52	01:39:53	24	05:15:31			27	
28	512	WARMIŃSKI	PIOTR		1983	M30	11	00:37:34	32	00:08:52	02:43:20	26	00:02:28	01:43:52	26	05:16:06			28	
29	536	ZAREMBA	ALEKSANDER		1994	M18	4	00:35:59	25	00:07:46	02:50:26	29	00:01:55	01:50:56	34	05:27:02			29	
30	508	SIWY	DOMINIK		1979	M40	13	00:38:10	35	00:10:45	02:45:46	27	00:02:38	01:50:43	32	05:28:02			30	
31	528	SZYMAŃSKI	MARCIN	KROSS STAFF TEAM / SCKS Jurand Ciechanów	1979	M40	14	00:41:34	37	00:10:08	02:57:03	32	00:02:10	01:48:46	30	05:39:41			31	
32	514	MOJSIEWICZ	SLAWOMIR	STIRW-CKRW	1976	M40	15	00:37:56	34	00:10:55	02:58:38	33	00:03:45	01:50:55	33	05:42:09			32	
33	501	OLCZAK	ARKADIUSZ	MLUKS TRIATHLON KOŁO OLLO Team	1972	M40	16	00:39:48	36	00:08:55	02:56:50	31	00:02:18	01:59:19	39	05:47:10			33	
34	541	BOGUSZ	ŻANETA		1992	K18	1	00:36:42	28	00:09:19	03:20:12	41	00:02:31	01:39:54	25	05:48:38	1			
35	554	GRODZISKI	KRZYSZTOF		2000	M18	5	00:36:48	30	00:09:51	03:02:18	34	00:03:54	01:58:19	38	05:51:10			34	
36	523	NIEMCZYK	KAZIMIERZ		1962	M50	3	00:43:39	39	00:10:03	03:05:54	36	00:03:58	01:48:27	29	05:52:01			35	
37	519	MADEJ	TOMASZ	PwC	1981	M40	17	00:37:38	33	00:12:23	03:04:37	35	00:03:18	01:56:37	37	05:54:33			36	
38	507	KOŁOWROTNY	WOJCIECH	Kotki Kołowrotki	1972	M40	18	00:37:18	31	00:12:39	03:08:15	37	00:04:49	01:52:15	35	05:55:16			37	
39	502	WITKOWSKI	ŁUKASZ	Nasielsk Baszta Team	1986	M30	12	00:46:49	42	00:11:15	03:19:17	40	00:03:59	01:54:41	36	06:16:01			38	
40	520	MELNIKAU	ANDREI		1986	M30	13	00:44:10	40	00:11:15	03:17:17	38	00:02:06	02:05:35	41	06:20:23			39	
41	526	PRZYŻYCKI	ŁUKASZ		1987	M30	14	00:51:01	43	00:13:07	03:19:09	39	00:03:28	02:04:18	40	06:31:03			40	
42	505	GUTOWSKI	ROBERT		1979	M40	19	00:45:13	41	00:14:34	03:31:30	42	00:04:24	02:08:30	42	06:44:11			41	
43	509	POLACZUK	PIOTR		1973	M40	20	00:41:57	38	00:15:10	03:38:32	43	00:05:18	02:16:16	43	06:57:13			42	
549		BRZESZKIEWICZ	DAMIAN		1993	M18		00:35:51		00:08:59	03:06:04		00:06:03						DNF	
531		GODLEWSKA	MARIA	BoskielWly	2001	K18		00:37:55		00:13:12	02:59:44		00:04:50						DNF	
532		GODLEWSKI	MACIEJ	BoskielWly	1972	M40		00:38:30		00:13:17	03:08:15		00:03:56						DNF	
511		JANCZEWSKI	MAREK	WM Triself	1979	M40		00:38:59		00:09:17	02:43:41		00:02:06						DNF	
552		LITWINIUK	PIOTR	Triathletic Team	1983	M30		00:30:19		00:06:35	02:30:48								DNF	
517		BIELECKI	JAKUB	NEON TEAM	1983	M30													DNS	
518		BONAVIA	JOSEF		1981	M40													DNS	
504		CHROSTOWSKI	PIOTR	CZK Puck	1984	M30													DNS	
538		CIEŚLIK	SONIA		1992	K18													DNS	

Dystans pływania (liczba okrążeń): 1900m (2 ok.)  
Dystans roweru (liczba okrążeń): 90km (4 ok.)  
Dystans biegu (liczba okrążeń): 20,0km (4 ok.)  
Pianki dozwolone  
Temp. powietrza: 17.0C  
Temp. wody: 17.0C

Sędzia główny: Joanna Pyrzynska-Figurska