

Garmin Iron Triathlon - ELBLĄG

18.07.2021 r.

Dystans: Dystans 1/8 (0,475 / 22,5 / 5,25)



| M-ce | Numer | Nazwisko | Imię | Team | Rok ur. | Kat. wiek. | Miejsce kat | Pływanie | Pływanie miejsce | T1 | Rower | Rower miejsce | T2 | Bieg | Bieg miejsce | Czas | K | M | Kara czasowa |
|------|-------|------------------------|------|--|---------|------------|-------------|----------|------------------|----------|----------|---------------|----------|----------|--------------|----------|---|----|--------------|
| 1 | 453 | ZALEWSKI IGOR | | TRIATHLON CLUB WROCLAW | 1993 | M20 | 1 | 00:06:30 | 5 | 00:01:30 | 00:33:37 | 4 | 00:02:00 | 00:18:30 | 1 | 01:02:07 | | 1 | |
| 2 | 380 | KOZAK KAROL | | TriWise | 2000 | M20 | 2 | 00:06:21 | 3 | 00:01:35 | 00:31:40 | 1 | 00:02:07 | 00:20:31 | 5 | 01:02:14 | | 2 | |
| 3 | 373 | BEDNARCZYK TOMASZ | | Bike U Up | 1987 | M30 | 1 | 00:06:43 | 11 | 00:01:59 | 00:34:14 | 7 | 00:02:12 | 00:20:41 | 7 | 01:05:49 | | 3 | |
| 4 | 531 | PASZKIEWICZ MARCIN | | IM Inspiration | 1994 | M20 | 3 | 00:05:56 | 1 | 00:02:08 | 00:35:49 | 20 | 00:02:21 | 00:20:45 | 8 | 01:06:59 | | 4 | |
| 5 | 498 | STANISZEWSKI KRZYSZTOF | | EvoTriathlon | 1986 | M30 | 2 | 00:06:43 | 12 | 00:02:20 | 00:35:16 | 14 | 00:02:14 | 00:20:39 | 6 | 01:07:12 | | 5 | |
| 6 | 443 | SZOT DAWID | | IRON TRIATHLON TEAM | 1992 | M20 | 4 | 00:08:42 | 66 | 00:02:14 | 00:34:27 | 9 | 00:02:05 | 00:20:07 | 2 | 01:07:35 | | 6 | |
| 7 | 536 | LIS PAWEŁ | | CTS | 1977 | M40 | 1 | 00:06:31 | 7 | 00:02:00 | 00:35:32 | 17 | 00:02:25 | 00:21:25 | 11 | 01:07:53 | | 7 | |
| 8 | 502 | GOŠZKA JAKUB | | GOS-DENT | 1998 | M20 | 5 | 00:07:48 | 37 | 00:02:21 | 00:33:21 | 2 | 00:02:48 | 00:21:44 | 14 | 01:08:02 | | 8 | |
| 9 | 438 | MARTYNOWICZ MICHAŁ | | TRISPACE/TREK | 1972 | M40 | 2 | 00:06:45 | 14 | 00:02:11 | 00:35:17 | 15 | 00:02:16 | 00:22:17 | 22 | 01:08:46 | | 9 | |
| 10 | 483 | WASILEWSKI RAIWO | | Water Knights Triathlon Zabierzów | 1995 | M20 | 6 | 00:06:34 | 8 | 00:02:00 | 00:36:58 | 31 | 00:02:05 | 00:21:27 | 12 | 01:09:04 | | 10 | |
| 11 | 381 | ŚLIWKA PIOTR | | EvoTriathlon | 1980 | M40 | 3 | 00:08:17 | 47 | 00:02:25 | 00:36:21 | 24 | 00:02:12 | 00:20:25 | 4 | 01:09:40 | | 11 | |
| 12 | 530 | PUCH ROBERT | | | 1975 | M40 | 4 | 00:08:33 | 60 | 00:01:54 | 00:33:36 | 3 | 00:02:37 | 00:23:03 | 35 | 01:09:43 | | 12 | |
| 13 | 517 | LEMKE LESZEK | | Grube Truskawy | 1977 | M40 | 5 | 00:08:07 | 41 | 00:02:29 | 00:34:45 | 11 | 00:02:36 | 00:21:58 | 16 | 01:09:55 | | 13 | |
| 14 | 411 | SZATROWSKI RADOSŁAW | | | 1985 | M30 | 3 | 00:06:14 | 2 | 00:02:24 | 00:35:19 | 16 | 00:03:12 | 00:22:49 | 31 | 01:09:58 | | 14 | |
| 15 | 367 | SĄSIĄDEK CEZARY | | CTS / Kriss Coaching Team | 1981 | M40 | 6 | 00:06:35 | 9 | 00:02:13 | 00:35:12 | 13 | 00:02:58 | 00:23:09 | 38 | 01:10:07 | | 15 | |
| 16 | 378 | PRENDECKI RAFAL | | Prendki Tri / Go2Tri brooks-running.pl | 1980 | M40 | 7 | 00:07:18 | 23 | 00:02:45 | 00:35:10 | 12 | 00:02:31 | 00:22:30 | 26 | 01:10:14 | | 16 | |
| 17 | 407 | ŚMIĘSZNY MARCIN | | | 1983 | M30 | 4 | 00:08:27 | 53 | 00:02:31 | 00:36:52 | 29 | 00:02:15 | 00:20:25 | 3 | 01:10:30 | | 17 | |
| 18 | 533 | BEDNARSKI MICHAŁ | | Bednarski Tri Team | 1978 | M40 | 8 | 00:07:25 | 29 | 00:02:17 | 00:34:25 | 8 | 00:02:24 | 00:24:04 | 60 | 01:10:35 | | 18 | |
| 19 | 395 | JABŁOŃSKI MARCIN | | KRYSPORT TEAM | 1971 | M50 | 1 | 00:08:37 | 62 | 00:02:09 | 00:35:53 | 21 | 00:02:28 | 00:21:36 | 13 | 01:10:43 | | 19 | |
| 20 | 532 | KROPIEWNICKA AGNIESZKA | | SZYMANOWSKI Triathlon Team FantastRfcs | 1982 | K30 | 1 | 00:06:44 | 13 | 00:01:59 | 00:37:52 | 50 | 00:02:20 | 00:21:59 | 17 | 01:10:54 | | 1 | |
| 21 | 433 | WALENTYNOWICZ ŁUKASZ | | MKS Truso Elbląg | 2005 | M16 | 1 | 00:07:20 | 26 | 00:01:49 | 00:37:49 | 49 | 00:02:20 | 00:22:00 | 18 | 01:11:18 | | 20 | |
| 22 | 423 | KMITA ROBERT | | BG Triathlon Team Płońsk | 1990 | M30 | 5 | 00:09:47 | 109 | 00:02:23 | 00:33:41 | 5 | 00:02:29 | 00:23:05 | 36 | 01:11:25 | | 21 | |
| 23 | 485 | KOZAK NIKODEM | | | 2004 | M16 | 2 | 00:07:00 | 18 | 00:02:32 | 00:38:15 | 53 | 00:02:29 | 00:21:24 | 10 | 01:11:40 | | 22 | |
| 24 | 458 | KOLAKOWSKI MIKOŁAJ | | Endure Team Runeda / Intel Technology Poland | 1971 | M50 | 2 | 00:07:30 | 32 | 00:02:17 | 00:35:44 | 19 | 00:02:40 | 00:23:29 | 46 | 01:11:40 | | 22 | |
| 25 | 336 | DLUTKOWSKI JAKUB | | | 1996 | M20 | 7 | 00:07:11 | 19 | 00:02:50 | 00:37:20 | 43 | 00:02:29 | 00:21:51 | 15 | 01:11:41 | | 24 | |
| 26 | 509 | KINAS REMIGIUSZ | | Vamos Racing Team | 1972 | M40 | 9 | 00:07:15 | 22 | 00:02:13 | 00:34:05 | 6 | 00:02:30 | 00:25:42 | 86 | 01:11:45 | | 25 | |
| 27 | 426 | MAKSYMILUK MARTA | | ETT Elbląg Triathlon Team | 1988 | K30 | 2 | 00:08:07 | 42 | 00:01:57 | 00:37:14 | 40 | 00:02:19 | 00:22:21 | 24 | 01:11:58 | | 2 | |
| 28 | 524 | MATKIEWICZ PIOTR | | LABOSPORT Team | 1986 | M30 | 6 | 00:07:12 | 21 | 00:02:14 | 00:37:44 | 46 | 00:02:36 | 00:22:33 | 27 | 01:12:19 | | 26 | |
| 29 | 508 | PEKRUL WOJCIECH | | Miejszy Treningami / Dawaj Kalach Team | 1993 | M20 | 8 | 00:07:19 | 24 | 00:02:30 | 00:36:56 | 30 | 00:02:31 | 00:23:19 | 42 | 01:12:35 | | 27 | |
| 30 | 359 | GOGOL TOMASZ | | | 1989 | M30 | 7 | 00:08:47 | 69 | 00:01:49 | 00:37:17 | 41 | 00:02:01 | 00:22:47 | 30 | 01:12:41 | | 28 | |
| 31 | 372 | CICHOWSKI JANUSZ | | ETT Elbląg Triathlon Team | 1985 | M30 | 8 | 00:06:55 | 16 | 00:01:51 | 00:37:46 | 47 | 00:02:44 | 00:23:29 | 45 | 01:12:45 | | 29 | |
| 32 | 377 | WAŚNIEWSKA MARTYNA | | | 2004 | K16 | 1 | 00:06:30 | 6 | 00:01:34 | 00:40:15 | 87 | 00:02:12 | 00:22:20 | 23 | 01:12:51 | | 3 | |
| 33 | 361 | PULCZYŃSKI ROBERT | | KLIF TEAM Chłapowo | 2003 | M18 | 1 | 00:07:00 | 17 | 00:02:17 | 00:37:11 | 38 | 00:02:34 | 00:23:59 | 58 | 01:13:01 | | 30 | |
| 34 | 468 | LEWIŃSKI ANDRZEJ | | biegamyrzem.pl / CTS | 1973 | M40 | 10 | 00:08:46 | 68 | 00:02:06 | 00:36:34 | 26 | 00:02:41 | 00:22:56 | 32 | 01:13:03 | | 31 | |
| 35 | 416 | PIECUKIEWICZ PAWEŁ | | Vamos Na Trening Team | 1983 | M30 | 9 | 00:08:10 | 44 | 00:02:36 | 00:37:18 | 42 | 00:02:56 | 00:22:29 | 25 | 01:13:29 | | 32 | |
| 36 | 522 | ABRAMCZYK MARCIN | | Piasecki Concept | 1977 | M40 | 11 | 00:08:54 | 73 | 00:02:19 | 00:36:59 | 33 | 00:02:39 | 00:22:41 | 49 | 01:13:32 | | 33 | |
| 37 | 424 | ŚLEDZIŃSKI LESZEK | | Prawie.PRO | 1987 | M30 | 10 | 00:09:49 | 111 | 00:02:46 | 00:34:42 | 10 | 00:02:53 | 00:23:31 | 27 | 01:13:41 | | 34 | |
| 38 | 492 | BIELIŃSKI PIOTR | | Wawieski Coaching | 1976 | M40 | 12 | 00:09:02 | 74 | 00:02:21 | 00:37:01 | 34 | 00:02:18 | 00:23:00 | 33 | 01:13:42 | | 35 | |
| 39 | 478 | TYSZKIEWICZ RAFAL | | Luft Tri Team | 1970 | M50 | 3 | 00:07:20 | 27 | 00:02:35 | 00:37:42 | 45 | 00:02:38 | 00:23:31 | 48 | 01:13:46 | | 36 | |
| 40 | 376 | WRZOCHALSKI ROBERT | | Tridea Team | 1973 | M40 | 13 | 00:09:24 | 90 | 00:02:19 | 00:35:44 | 18 | 00:02:36 | 00:23:53 | 57 | 01:13:56 | | 37 | |
| 41 | 535 | DEBIEC EWA | | CTS | 1982 | K30 | 3 | 00:09:43 | 104 | 00:02:08 | 00:37:06 | 35 | 00:02:31 | 00:22:41 | 28 | 01:14:09 | | 4 | |
| 42 | 436 | JASIŃSKI KAMIL | | | 1995 | M20 | 9 | 00:10:01 | 117 | 00:02:38 | 00:36:58 | 32 | 00:02:46 | 00:22:06 | 19 | 01:14:29 | | 38 | |
| 43 | 370 | MROZ DOMINIK | | STOWARZYSZENIE SPORTOWE KC CKS - ORKA SZCZECIN | 2005 | M16 | 3 | 00:06:22 | 4 | 00:01:45 | 00:40:40 | 91 | 00:02:00 | 00:23:50 | 56 | 01:14:37 | | 39 | |
| 44 | 389 | KOROL MAREK | | SMARUJ NA TRENING TEAM | 1977 | M40 | 14 | 00:07:26 | 30 | 00:02:31 | 00:38:59 | 63 | 00:02:33 | 00:23:20 | 43 | 01:14:49 | | 40 | |
| 45 | 518 | MAJKOWSKI KAROL | | LUK-CONNECT TRI TEAM | 1983 | M30 | 11 | 00:08:49 | 70 | 00:02:46 | 00:35:57 | 22 | 00:02:31 | 00:25:06 | 75 | 01:15:09 | | 41 | |
| 46 | 326 | RAPACKI SZYMON | | Nordea Triathlon Team | 1985 | M30 | 12 | 00:08:24 | 50 | 00:02:22 | 00:37:12 | 39 | 00:02:40 | 00:24:51 | 69 | 01:15:29 | | 42 | |
| 47 | 514 | TUMIEL MARCIN | | | 1982 | M30 | 13 | 00:08:13 | 45 | 00:02:05 | 00:38:24 | 55 | 00:02:28 | 00:24:25 | 64 | 01:15:35 | | 43 | |
| 48 | 480 | DOMAGAŁA MAREK | | Smaruj Na Trening Team | 1977 | M40 | 15 | 00:07:23 | 28 | 00:02:18 | 00:37:10 | 37 | 00:03:21 | 00:25:26 | 82 | 01:15:38 | | 44 | |
| 49 | 447 | RACZKOWSKI RADOSŁAW | | Crossfit Białystok | 1983 | M30 | 14 | 00:10:47 | 135 | 00:03:01 | | | | 00:24:24 | 62 | 01:15:56 | | 45 | |
| 50 | 405 | KOWERDA MARCIN | | | 1993 | M20 | 10 | 00:07:30 | 31 | 00:02:57 | 00:39:02 | 66 | 00:02:39 | 00:23:50 | 55 | 01:15:58 | | 46 | |
| 51 | 467 | SARNOWSKI ZBYSZEK | | UKS TRS SUSZ/Kriss Coaching | 1974 | M40 | 16 | 00:08:32 | 59 | 00:02:50 | 00:36:48 | 27 | 00:02:42 | 00:25:17 | 78 | 01:16:09 | | 47 | |
| 52 | 375 | SYGULA MATEUSZ | | KOLARSKI.EU TEAM KOLARSKI.EU TEAM | 1979 | M40 | 17 | 00:09:57 | 115 | 00:01:54 | 00:36:16 | 23 | 00:02:16 | 00:25:51 | 89 | 01:16:14 | | 48 | |
| 53 | 495 | DZIEDZIC MALGORZATA | | Smaruj Na Trening Team | 1990 | K30 | 4 | 00:07:42 | 33 | 00:02:03 | 00:38:57 | 62 | 00:02:32 | 00:25:04 | 74 | 01:16:18 | | 5 | |
| 54 | 386 | OZAROWSKI MARCIN | | EvoTriathlon Proxit | 1980 | M40 | 18 | 00:09:43 | 103 | 00:02:52 | 00:39:02 | 65 | 00:02:40 | 00:22:11 | 20 | 01:16:28 | | 49 | |
| 55 | 529 | KOSMATKA PAWEŁ | | Tri Talent Team Gdańsk | 1993 | M20 | 11 | 00:08:19 | 48 | 00:02:13 | 00:38:06 | 51 | 00:02:58 | 00:24:56 | 71 | 01:16:32 | | 50 | |
| 56 | 470 | MARSZAŁEK TOMASZ | | Endure Team | 1978 | M40 | 19 | 00:08:23 | 49 | 00:03:13 | 00:36:26 | 25 | 00:02:45 | 00:25:45 | 87 | 01:16:32 | | 50 | |
| 57 | 448 | TĘGI MACIEJ | | | 1985 | M30 | 15 | 00:09:16 | 81 | 00:02:26 | 00:39:12 | 70 | 00:02:27 | 00:23:13 | 41 | 01:16:34 | | 52 | |
| 58 | 398 | MALTSEV ARTEM | | | 2005 | M16 | 4 | 00:06:41 | 10 | 00:01:58 | 00:39:59 | 85 | 00:02:14 | 00:25:54 | 91 | 01:16:46 | | 53 | |
| 59 | 452 | ŚLEDZIŃSKI CEZARY | | AKM Olsztyn | 1971 | M50 | 4 | 00:09:49 | 112 | 00:02:51 | 00:39:59 | 84 | 00:02:49 | 00:21:22 | 9 | 01:16:50 | | 54 | |
| 60 | 403 | KACZMAREK DARIUSZ | | TRITON KONIN | 1969 | M50 | 5 | 00:09:41 | 102 | 00:02:29 | 00:38:27 | 56 | 00:02:52 | 00:23:40 | 53 | 01:17:09 | | 55 | |
| 61 | 462 | KARABIN JAROSŁAW | | | 1982 | M30 | 16 | 00:08:53 | 71 | 00:03:17 | 00:39:11 | 69 | 00:02:53 | 00:23:02 | 34 | 01:17:16 | | 56 | |
| 62 | 441 | PRĘDOTA KRZYSZTOF | | Tarchomin Triathlon Team | 1972 | M40 | 20 | 00:10:11 | 120 | 00:02:06 | 00:38:59 | 64 | 00:02:28 | 00:23:34 | 51 | 01:17:18 | | 57 | |
| 63 | 442 | ZALEWSKI MICHAŁ | | Crossfit Białystok | 1985 | M30 | 17 | 00:08:26 | 52 | 00:02:47 | 00:39:16 | 73 | 00:02:31 | 00:24:25 | 63 | 01:17:25 | | 58 | |
| 64 | 454 | KOZŁOWSKI ŁUKASZ | | | 1981 | M40 | 21 | 00:08:37 | 63 | 00:02:52 | 00:38:47 | 58 | 00:03:19 | 00:24:03 | 59 | 01:17:38 | | 59 | |
| 65 | 388 | PURCZYŃSKI MICHAŁ | | Wicher Siewierki Wicher Siewierki | 1980 | M40 | 22 | 00:08:38 | 64 | 00:03:35 | 00:39:22 | 78 | 00:02:48 | 00:23:39 | | | | | |

Garmin Iron Triathlon - ELBLĄG

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Dystans: Dystans 1/8 (0,475 / 22,5 / 5,25)



| M-ce | Numer | Nazwisko | Imię | Team | Rok ur. | Kat. wiek. | Miejsce kat | Pływanie | Pływanie miejsce | T1 | Rower | Rower miejsce | T2 | Bieg | Bieg miejsce | Czas | K | M | Kara czasowa |
|------|-------|---------------|-------------|---|---------|------------|-------------|----------|------------------|----------|----------|---------------|----------|----------|--------------|----------|---|-----|--------------|
| 76 | 412 | SZNAZA | TADEUSZ | Open Balance Health Triathlon Team | 1959 | M60 | 1 | 00:08:30 | 57 | 00:03:25 | 00:39:19 | 75 | 00:03:11 | 00:25:23 | 81 | 01:19:48 | | | 68 |
| 77 | 497 | WOLNY | WOJCIECH | TRI AMO | 1981 | M40 | 27 | 00:09:41 | 100 | 00:03:16 | 00:39:49 | 83 | 00:02:52 | 00:24:29 | 65 | 01:20:07 | | | 69 |
| 78 | 500 | RAGUZA | GRZEGORZ | EvoTriathlon SPORTEVO | 1978 | M40 | 28 | 00:08:09 | 43 | 00:02:33 | 00:39:19 | 76 | 00:02:52 | 00:27:19 | 115 | 01:20:12 | | | 70 |
| 79 | 444 | DĄBROWSKI | SZYMON | | 1992 | M20 | 13 | 00:09:21 | 86 | 00:02:42 | 00:36:48 | 28 | 00:03:04 | 00:28:20 | 130 | 01:20:15 | | | 71 |
| 80 | 399 | MALTCEV | SERGEI | | 1970 | M50 | 6 | 00:09:23 | 88 | 00:02:38 | 00:39:09 | 68 | 00:03:28 | 00:25:41 | 85 | 01:20:19 | | | 72 |
| 81 | 451 | WUJKOWSKA | IZABELA | 3life team | 1999 | K20 | 3 | 00:09:30 | 91 | 00:02:25 | 00:42:19 | 111 | 00:02:42 | 00:23:32 | 49 | 01:20:28 | | 9 | |
| 82 | 379 | FOJUDZKI | MARCIN | TRI AMO | 1982 | M30 | 20 | 00:06:53 | 15 | 00:03:06 | 00:39:17 | 74 | 00:03:39 | 00:27:47 | 123 | 01:20:42 | | | 73 |
| 83 | 430 | KWIATKOWSKA | AGATA | MKS Truso Elbląg | 2004 | K16 | 2 | 00:07:11 | 20 | 00:02:12 | 00:43:52 | 133 | 00:02:34 | 00:24:53 | 70 | 01:20:42 | | 10 | |
| 84 | 332 | RÓŻAŁSKA | ALEKSANDRA | ETT Elbląg Triathlon Team | 1978 | K40 | 1 | 00:08:54 | 72 | 00:02:40 | 00:41:14 | 100 | 00:02:53 | 00:25:03 | 73 | 01:20:44 | | 11 | |
| 85 | 520 | RONTARSKI | ADAM | UKS Tri-Team Rumia | 1974 | M40 | 29 | 00:09:34 | 97 | 00:03:09 | 00:40:10 | 86 | 00:02:43 | 00:25:21 | 80 | 01:20:57 | | | 74 |
| 86 | 521 | TYSZER | ADAM | UKS Tri-Team Rumia | 1981 | M40 | 30 | 00:08:04 | 40 | 00:03:20 | 00:40:54 | 93 | 00:03:00 | 00:25:40 | 84 | 01:20:58 | | | 75 |
| 87 | 484 | HOŃKO | PRZEMYSŁAW | 1 liga Tri Team | 1984 | M30 | 21 | 00:09:24 | 89 | 00:02:09 | 00:39:36 | 82 | 00:02:53 | 00:27:09 | 112 | 01:21:11 | | | 76 |
| 88 | 494 | PANIKOWSKI | TOMASZ | Olsztyńska Szkołka Triathlonu | 1983 | M30 | 22 | 00:09:33 | 94 | 00:02:23 | 00:41:17 | 102 | 00:02:56 | 00:25:10 | 76 | 01:21:19 | | | 77 |
| 89 | 513 | MARKUSZEWSKI | WALDEMAR | UKS TRS SUSZ | 1974 | M40 | 31 | 00:09:04 | 76 | 00:02:56 | 00:40:57 | 95 | 00:02:35 | 00:25:52 | 90 | 01:21:24 | | | 78 |
| 90 | 401 | SZALCZYK | MATEUSZ | | 1990 | M30 | 23 | 00:10:13 | 122 | 00:02:24 | 00:41:17 | 101 | 00:02:19 | 00:25:19 | 79 | 01:21:32 | | | 79 |
| 91 | 360 | ZIEMIŃSKA | MAGDALENA | ETT Elbląg Triathlon Team | 1978 | K40 | 2 | 00:09:30 | 92 | 00:02:41 | 00:39:35 | 81 | 00:03:02 | 00:26:52 | 106 | 01:21:40 | | 12 | |
| 92 | 349 | DYLERT | ARKADIUSZ | Flex RUNNERS / Flex Sp. z o.o. | 1980 | M40 | 32 | 00:08:46 | 67 | 00:03:16 | 00:41:12 | 98 | 00:02:44 | 00:25:57 | 93 | 01:21:55 | | | 80 |
| 93 | 445 | TYLAK | GRZEGORZ | | 1988 | M30 | 24 | 00:09:41 | 101 | 00:02:22 | 00:38:10 | 52 | 00:02:29 | 00:29:16 | 137 | 01:21:58 | | | 81 |
| 94 | 476 | MIRZALEK | PIOTR | ETT Elbląg Triathlon Team | 1978 | M40 | 33 | 00:11:08 | 145 | 00:02:48 | 00:38:50 | 59 | 00:02:52 | 00:26:32 | 99 | 01:22:10 | | | 82 |
| 95 | 439 | CZAJKOWSKA | MAGDALENA | BCT Team Gdynia/Bayer Life Team | 1982 | K30 | 6 | 00:09:10 | 78 | 00:02:31 | 00:41:28 | 103 | 00:02:37 | 00:26:26 | 97 | 01:22:12 | | 13 | |
| 96 | 408 | LESZCZYŃSKA | ALEKSANDRA | WMKS Olsztyńska Szkołka Triathlonu | 1988 | K20 | 4 | 00:10:13 | 121 | 00:02:22 | 00:42:45 | 118 | 00:02:37 | 00:24:50 | 68 | 01:22:47 | | 14 | |
| 97 | 397 | KUCIABA | JACEK | | 1972 | M40 | 34 | 00:09:34 | 96 | 00:02:52 | 00:40:54 | 94 | 00:03:02 | 00:26:35 | 101 | 01:22:57 | | | 83 |
| 98 | 392 | ZYKEC | MARIUSZ | MKS Truso Elbląg | 1966 | M50 | 7 | 00:09:22 | 87 | 00:04:20 | 00:42:31 | 114 | 00:03:28 | 00:23:27 | 44 | 01:23:08 | | | 84 |
| 99 | 471 | MARSZALEK | KARINA | Endure Team Endure Team | 1980 | K40 | 3 | 00:08:27 | 54 | 00:02:53 | 00:39:25 | 80 | 00:03:19 | 00:29:17 | 138 | 01:23:21 | | 15 | |
| 100 | 525 | GŁOWACKI | SEBASTIAN | Cisowianka Team | 1981 | M40 | 35 | 00:09:34 | 95 | 00:03:23 | 00:39:13 | 72 | 00:03:27 | 00:28:05 | 128 | 01:23:42 | | | 85 |
| 101 | 358 | ZALAS | JERZY | ODPADY-EXPERT | 1971 | M50 | 8 | 00:08:28 | 55 | 00:03:05 | 00:38:56 | 60 | 00:03:33 | 00:29:51 | 142 | 01:23:53 | | | 86 |
| 102 | 446 | BUTOWSKA | KATARZYNA | | 1982 | K30 | 7 | 00:10:14 | 123 | 00:03:30 | 00:44:00 | 136 | 00:03:05 | 00:23:06 | 37 | 01:23:55 | | 16 | |
| 103 | 479 | MEYER | ŁUKASZ | LUK-CONNECT RACING TEAM | 1980 | M40 | 36 | 00:11:46 | 157 | 00:03:31 | 00:37:07 | 36 | 00:03:49 | 00:27:49 | 124 | 01:24:02 | | | 87 |
| 104 | 450 | ROMANOWSKI | KAMIL | TRINITY TEAM | 1981 | M40 | 37 | 00:11:27 | 153 | 00:02:59 | 00:39:03 | 67 | 00:02:52 | 00:27:51 | 125 | 01:24:12 | | | 88 |
| 105 | 415 | WIŚNIEWSKA | KATARZYNA | | 1989 | K30 | 8 | 00:09:50 | 113 | 00:02:24 | 00:41:47 | 106 | 00:02:44 | 00:27:28 | 117 | 01:24:13 | | 17 | |
| 106 | 417 | BIERNACKI | JAKUB | | 1965 | M50 | 9 | 00:12:19 | 167 | 00:03:19 | 00:39:21 | 77 | 00:03:15 | 00:26:18 | 96 | 01:24:32 | | | 89 |
| 107 | 353 | ANDRUSZ | ARKADIUSZ | bikestats.pl | 1975 | M40 | 38 | 00:12:12 | 166 | 00:02:23 | 00:41:12 | 99 | 00:02:48 | 00:26:02 | 94 | 01:24:37 | | | 90 |
| 108 | 342 | FALKOWSKA | MARTYNA | 3T Białystok | 1997 | K20 | 5 | 00:09:19 | 85 | 00:02:22 | 00:43:09 | 123 | 00:02:57 | 00:27:07 | 111 | 01:24:54 | | 18 | |
| 109 | 519 | BUCZMA | DOROTA | | 1973 | K40 | 4 | 00:09:14 | 79 | 00:02:51 | 00:42:01 | 108 | 00:02:55 | 00:27:56 | 126 | 01:24:57 | | | 19 |
| 110 | 419 | RZĘPA | MACIEJ | | 1973 | M40 | 39 | 00:08:17 | 46 | 00:02:33 | 00:40:40 | 92 | 00:03:04 | 00:30:30 | 145 | 01:25:04 | | | 91 |
| 111 | 356 | BLUJ | ROMAN | VO2max MTB Team | 1960 | M60 | 2 | 00:11:54 | 160 | 00:03:28 | 00:38:41 | 57 | 00:03:12 | 00:28:04 | 127 | 01:25:19 | | | 92 |
| 112 | 354 | GRUBA | JACEK | TRISPACE/TREK | 1960 | M60 | 3 | 00:10:51 | 138 | 00:03:26 | 00:40:58 | 96 | 00:02:53 | 00:27:13 | 113 | 01:25:21 | | | 93 |
| 113 | 429 | GRUSZECKI | PIOTR | MKS Truso Elbląg | 2004 | M16 | 5 | 00:07:44 | 34 | 00:03:10 | 00:43:01 | 121 | 00:03:03 | 00:28:40 | 134 | 01:25:38 | | | 94 |
| 114 | 350 | LACKORZYŃSKI | KRZYSZTOF | | 1987 | M30 | 25 | 00:09:04 | 75 | 00:03:42 | 00:43:38 | 129 | 00:02:54 | 00:26:37 | 102 | 01:25:55 | | | 95 |
| 115 | 435 | REDA | MAREK | | 1977 | M40 | 40 | 00:09:06 | 77 | 00:03:59 | 00:41:11 | 97 | 00:02:44 | 00:28:55 | 136 | 01:25:55 | | | 95 |
| 116 | 338 | ROBLES | JOSE CARLOS | Castilla | 1988 | M30 | 26 | 00:11:25 | 152 | 00:02:30 | 00:41:41 | 105 | 00:02:52 | 00:27:35 | 121 | 01:26:03 | | | 97 |
| 117 | 347 | KEPIŃSKI | SŁAWOMIR | | 1968 | M50 | 10 | 00:09:52 | 114 | 00:03:42 | 00:42:54 | 119 | 00:02:41 | 00:26:57 | 108 | 01:26:06 | | | 98 |
| 118 | 456 | BAŚ | MICHAŁ | Warszawa | 1993 | M20 | 14 | 00:09:17 | 83 | 00:03:32 | | | | 00:25:34 | 83 | 01:26:16 | | | 99 |
| 119 | 474 | KAPKA | ANDRZEJ | PV Triathlon Witten | 1957 | M60 | 4 | 00:11:05 | 143 | 00:03:01 | 00:42:38 | 117 | 00:02:47 | 00:26:47 | 104 | 01:26:18 | | | 100 |
| 120 | 406 | GAPSKI | DARIUSZ | Open Balance Health Triathlon Team | 1986 | M30 | 27 | 00:11:54 | 159 | 00:03:02 | 00:43:17 | 125 | 00:03:06 | 00:25:02 | 72 | 01:26:21 | | | 101 |
| 121 | 421 | KRZOS | TOMASZ | At Oświelenie Koszal Triathlon | 1973 | M40 | 41 | 00:10:58 | 140 | 00:02:51 | 00:42:29 | 112 | 00:02:54 | 00:27:15 | 114 | 01:26:27 | | | 102 |
| 122 | 414 | KRUCZKOWSKI | PIOTR | KRYSPOWIEC | 1965 | M50 | 11 | 00:12:06 | 163 | 00:02:34 | 00:40:22 | 88 | 00:03:00 | 00:28:37 | 133 | 01:26:39 | | | 103 |
| 123 | 493 | NAPIÓRKOWSKA | KAROLINA | No Limits Swim school \ Trenigo | 1982 | K30 | 9 | 00:10:28 | 127 | 00:02:23 | 00:44:10 | 138 | 00:02:52 | 00:26:48 | 105 | 01:26:41 | | 20 | |
| 124 | 437 | PRZEPIĘĆ | KAMILA | Beko Team | 1984 | K30 | 10 | 00:07:56 | 39 | 00:02:16 | 00:43:08 | 122 | 00:02:59 | 00:30:26 | 144 | 01:26:45 | | 21 | |
| 125 | 465 | KORCHOW | MICHAŁ | SIGMA BK | 1991 | M30 | 28 | 00:09:40 | 99 | 00:03:58 | 00:45:37 | 145 | 00:03:49 | 00:23:43 | 54 | 01:26:47 | | | 104 |
| 126 | 472 | BAL | SEBASTIAN | ETT Elbląg Triathlon Team | 1976 | M40 | 42 | 00:10:32 | 129 | 00:03:13 | 00:43:31 | 127 | 00:02:58 | 00:26:34 | 100 | 01:26:48 | | | 105 |
| 127 | 491 | MEISSNER | JANUSZ | | 1961 | M60 | 5 | 00:10:33 | 130 | 00:04:06 | 00:43:37 | 128 | 00:02:52 | 00:25:50 | 88 | 01:26:58 | | | 106 |
| 128 | 455 | MILEWSKI | BENEDYKT | BEZ KLUBU | 1966 | M50 | 12 | 00:11:44 | 155 | 00:03:13 | 00:42:31 | 115 | 00:02:53 | 00:26:54 | 107 | 01:27:15 | | | 107 |
| 129 | 409 | KULESZA | MACIEJ | Open Balance HTT | 1970 | M50 | 13 | 00:09:17 | 82 | 00:02:55 | 00:42:06 | 109 | 00:03:15 | 00:29:48 | 141 | 01:27:21 | | | 108 |
| 130 | 427 | WOJCIK-MIRSKA | LILIANA | | 2007 | K14 | 1 | 00:09:14 | 80 | 00:03:52 | 00:44:01 | 137 | 00:02:44 | 00:28:32 | 132 | 01:28:23 | | 22 | |
| 131 | 343 | KOSUDA | PAWEŁ | Runners Team Ciechanów | 1977 | M40 | 43 | 00:11:14 | 147 | 00:03:25 | 00:45:01 | 141 | 00:02:55 | 00:25:57 | 92 | 01:28:32 | | | 109 |
| 132 | 324 | KAISER | BARBARA | | 1993 | K20 | 6 | 00:10:05 | 119 | 00:03:42 | 00:42:10 | 110 | 00:03:24 | 00:29:53 | 143 | 01:29:14 | | 23 | |
| 133 | 321 | GRÓDECKA | DOROTA | Drużyna Cyborga | 1980 | K40 | 5 | 00:10:45 | 133 | 00:02:31 | 00:46:47 | 153 | 00:02:56 | 00:26:32 | 98 | 01:29:31 | | 24 | |
| 134 | 323 | KÜHN | NATALIA | Open Balance Health Triathlon Team | 1988 | K30 | 11 | 00:10:39 | 131 | 00:03:11 | 00:42:35 | 116 | 00:03:02 | 00:32:01 | 156 | 01:31:28 | | 25 | |
| 135 | 469 | CIECIERSKI | DARIUSZ | Velmar Blachy Pruszyński Velmar Blachy Pruszyński | 1970 | M50 | 14 | 00:09:43 | 105 | 00:03:49 | 00:46:54 | 156 | 00:03:31 | 00:27:33 | 120 | 01:31:30 | | 110 | |
| 136 | 387 | PARZELSKI | GERARD | VENTUS Radom | 1975 | M40 | 44 | 00:10:17 | 124 | 00:04:03 | 00:43:26 | 126 | 00:03:05 | 00:30:50 | 148 | 01:31:41 | | 111 | |
| 137 | 331 | ŁANKUĆ | MARCIN | | 1994 | M20 | 15 | 00:12:07 | 164 | 00:03:32 | 00:46:45 | 152 | 00:02:32 | 00:27:06 | 110 | 01:32:02 | | | 112 |
| 138 | 339 | ŁUKACZYK | MAREK | | 1975 | M40 | 45 | 00:12:00 | 161 | 00:03:31 | 00:45:27 | 143 | 00:02:26 | 00:28:44 | 135 | 01:32:08 | | | 113 |
| 139 | 327 | LIPKOWSKI | TOMASZ | | 1972 | M40 | 46 | 00:10:27 | 126 | 00:03:24 | 00:42:56 | | | | | | | | |

Garmin Iron Triathlon - ELBLĄG
18.07.2021 r.
Dystans: Dystans 1/8 (0,475 / 22,5 / 5,25)



| M-ce | Numer | Nazwisko | Imię | Team | Rok ur. | Kat. wiek. | Miejsce kat. | Pływanie | Pływanie miejsce | T1 | Rower | Rower miejsce | T2 | Bieg | Bieg miejsce | Czas | K | M | Kara czasowa |
|------|-------|------------------|--------------|---|---------|------------|--------------|----------|------------------|----------|----------|---------------|----------|----------|--------------|----------|----|---|--------------|
| 151 | 463 | PLAWIAK | WOJCIECH | Kuźnia Triathlonu AT Team | 1985 | M30 | 31 | 00:09:40 | 98 | 00:03:26 | 00:50:36 | 175 | 00:03:49 | 00:27:37 | 122 | 01:35:08 | | | 122 |
| 152 | 420 | DANOWSKI | KAMIL | | 1989 | M30 | 32 | 00:12:59 | 175 | 00:05:34 | 00:43:49 | 131 | 00:04:31 | 00:28:27 | 131 | 01:35:20 | | | 123 |
| 153 | 466 | TALAGA | MALGORZATA | Barrakuda Gdansk | 1981 | K40 | 6 | 00:09:33 | 93 | 00:03:37 | 00:43:39 | 130 | 00:03:22 | 00:35:09 | 174 | 01:35:20 | 30 | | |
| 154 | 486 | BARTKIEWICZ | PIOTR | Straight from the couch | 1974 | M40 | 51 | | | | | | | | | 01:35:43 | | | 124 |
| 155 | 526 | SUKIENNIK | TOMASZ | | 1980 | M40 | 52 | 00:13:01 | 176 | 00:04:48 | 00:45:25 | 142 | 00:03:48 | 00:29:47 | 140 | 01:36:49 | | | 125 |
| 156 | 507 | MADAJEWSKI | ŁUKASZ | Balu Amstaff Team | 1993 | M20 | 16 | 00:10:42 | 132 | 00:04:13 | 00:47:05 | 158 | 00:03:37 | 00:31:21 | 150 | 01:36:58 | | | 126 |
| 157 | 418 | KLICZEWSKA | KATARZYNA | ETT Elbląg Triathlon Team | 1971 | K50 | 1 | 00:14:07 | 177 | 00:04:08 | 00:47:38 | 161 | 00:04:12 | 00:27:29 | 119 | 01:37:34 | 31 | | |
| 158 | 384 | GOLON | JAKUB | Golonex | 1993 | M20 | 17 | 00:12:52 | 171 | 00:04:22 | 00:47:27 | 159 | 00:02:35 | 00:30:34 | 146 | 01:37:50 | | | 127 |
| 159 | 402 | TOŁWIŃSKI | BOGUSŁAW | MKS Truso Elbląg | 1968 | M50 | 16 | 00:12:53 | 173 | 00:02:47 | 00:46:18 | 149 | 00:03:27 | 00:32:25 | 158 | 01:37:50 | | | 127 |
| 160 | 391 | TOŁWIŃSKA | AGNIESZKA | OPEN BALANCE brak | 1973 | K40 | 7 | 00:12:08 | 165 | 00:03:14 | 00:46:40 | 150 | 00:03:26 | 00:32:26 | 159 | 01:37:54 | 32 | | |
| 161 | 394 | GAZARKIEWICZ | ANTONI | BIURO HYDROGRAFICZNE MW GDYNIA SAM SOBIE | 1952 | M60 | 6 | 00:12:34 | 170 | 00:03:44 | 00:46:49 | 154 | 00:04:26 | 00:30:37 | 147 | 01:38:10 | | | 129 |
| 162 | 348 | OWCZAREK | WIKTORIA | | 2004 | K16 | 4 | 00:10:02 | 118 | 00:02:55 | 00:43:14 | 124 | 00:03:21 | 00:38:41 | 181 | 01:38:13 | 33 | | |
| 163 | 515 | SKIBIŃSKA | ANNA | ETT Elbląg Triathlon Team | 1977 | K40 | 8 | 00:11:11 | 146 | 00:03:44 | 00:45:42 | 146 | 00:04:20 | 00:33:41 | 166 | 01:38:38 | 34 | | |
| 164 | 325 | DZIUBEK | MACIEJ | Coco Bongo Pink Team | 1987 | M30 | 33 | 00:09:49 | 110 | 00:04:30 | 00:49:29 | 172 | 00:03:42 | 00:31:24 | 152 | 01:38:54 | | | 130 |
| 165 | 328 | WODZIŃSKA | SLAWOMIRA | SwimStory | 1980 | K40 | 9 | 00:10:20 | 125 | 00:03:48 | 00:48:04 | 164 | 00:03:12 | 00:34:03 | 171 | 01:39:27 | 35 | | |
| 166 | 374 | WRÓBLEWSKI | ARTUR | | 1975 | M40 | 53 | 00:11:16 | 149 | 00:04:59 | 00:45:58 | 147 | 00:03:31 | 00:33:50 | 169 | 01:39:34 | | | 131 |
| 167 | 434 | POLEDNIA | BAZYLI | | 1998 | M20 | 18 | 00:14:35 | 180 | 00:03:48 | 00:49:17 | 169 | 00:04:37 | 00:27:21 | 116 | 01:39:38 | | | 132 |
| 168 | 516 | SKIBIŃSKI | ROBERT | ETT-ELBLĄG TRIATHLON TEAM | 1973 | M40 | 54 | 00:14:56 | 182 | 00:03:17 | 00:43:53 | 134 | 00:04:25 | 00:33:15 | 163 | 01:39:46 | | | 133 |
| 169 | 410 | BARDEŁ | JUSTYNA | Bednarski Tri Team | 1983 | K30 | 14 | 00:11:01 | 142 | 00:03:55 | 00:47:30 | 160 | 00:04:09 | 00:33:39 | 165 | 01:40:14 | 36 | | |
| 170 | 341 | KUŚNIERZ | DARIUSZ | BKM "POLAR" Bartoszyce | 1964 | M50 | 17 | 00:11:15 | 148 | 00:04:11 | 00:46:13 | 148 | 00:04:01 | 00:35:35 | 177 | 01:41:15 | | | 134 |
| 171 | 413 | JASZCZUK | JAROSŁAW | ORO | 1977 | M40 | 55 | 00:09:44 | 107 | 00:04:52 | 00:49:23 | 170 | 00:03:57 | 00:33:47 | 167 | 01:41:43 | | | 135 |
| 172 | 440 | TUSZYŃSKA | KATARZYNA | | 1975 | K40 | 10 | 00:12:01 | 162 | 00:03:24 | 00:49:13 | 168 | 00:03:48 | 00:33:22 | 164 | 01:41:48 | | | 37 |
| 173 | 457 | WITCZAK | JUSTYNA | | 1986 | K30 | 15 | 00:10:58 | 139 | 00:03:36 | 00:48:26 | 165 | 00:03:39 | 00:35:28 | 176 | 01:42:07 | | | 38 |
| 174 | 506 | PIŚKIEWICZ | AGNIESZKA | HTT Elbląg | 1984 | K30 | 16 | 00:12:56 | 174 | 00:02:50 | 00:51:12 | 177 | 00:03:33 | 00:33:53 | 170 | 01:44:24 | | | 39 |
| 175 | 475 | TUL | PAULINA | KTS IRONMAN KWIDZYN | 1990 | K30 | 17 | 00:14:28 | 179 | 00:05:00 | 00:48:37 | 166 | 00:03:49 | 00:32:34 | 161 | 01:44:28 | | | 40 |
| 176 | 334 | KOWALEWSKA | EWELINA | | 1991 | K30 | 18 | 00:11:01 | 141 | 00:04:41 | 00:49:09 | 167 | 00:04:02 | 00:36:34 | 179 | 01:45:27 | | | 41 |
| 177 | 460 | SOLTYSIAK-MCGINN | EWELINA | TRIAMO | 1991 | K30 | 18 | 00:11:45 | 156 | 00:03:25 | 00:51:29 | 178 | 00:05:00 | 00:33:48 | 168 | 01:45:27 | | | 41 |
| 178 | 425 | DUCZEK | MARIUSZ | Team Karaś | 1973 | M40 | 56 | 00:12:28 | 168 | 00:05:43 | 00:49:46 | 173 | 00:05:35 | 00:32:44 | 162 | 01:46:16 | | | 136 |
| 179 | 362 | SAMBOR | ELŻBIETA | Open Balance Health Triathlon Team Pani | 1965 | K50 | 2 | 00:11:06 | 144 | 00:03:35 | 00:54:28 | 182 | 00:03:27 | 00:35:23 | 175 | 01:47:59 | | | 43 |
| 180 | 511 | BARTCZAK | MAGDA | ETT-ELBLĄG TRIATHLON TEAM / TMT Toruń Multisport Team | 1985 | K30 | 20 | 00:11:23 | 151 | 00:03:09 | 00:49:49 | 174 | 00:03:55 | 00:39:55 | 183 | 01:48:11 | | | 44 |
| 181 | 504 | WOJCIECHOWSKI | MATEUSZ | wojciechowski.tech | 1986 | M30 | 34 | 00:15:24 | 183 | 00:05:07 | 00:45:27 | 144 | 00:04:56 | 00:37:36 | 180 | 01:48:30 | | | 137 |
| 182 | 528 | ZARĘBSKI | SLAWOMIR | | 1959 | M60 | 7 | 00:14:12 | 178 | 00:04:24 | 00:49:27 | 171 | 00:06:52 | 00:35:45 | 178 | 01:50:40 | | | 138 |
| 183 | 523 | TUROWSKA | AGATA | Decathlon Team | 1996 | K20 | 8 | 00:10:47 | 136 | 00:04:18 | 00:52:55 | 181 | 00:04:07 | 00:38:48 | 182 | 01:50:55 | | | 45 |
| 184 | 357 | POGORZELSKI | SLAWOMIR | | 1970 | M50 | 18 | 00:19:25 | 184 | 00:03:44 | 00:52:25 | 180 | 00:03:07 | 00:34:39 | 172 | 01:53:20 | | | 139 |
| 185 | 473 | BAL | KATARZYNA | ETT Elbląg Triathlon Team | 1979 | K40 | 11 | 00:14:45 | 181 | 00:04:39 | 00:51:58 | 179 | 00:03:27 | 00:41:10 | 184 | 01:55:59 | | | 46 |
| 382 | | ĆWIKŁA | EWELINA | | 1986 | K30 | | | | | | | | | | DNF | | | |
| 489 | | GIZIEWSKI | PRZEMYSŁAW | | 1986 | M30 | | | | | | | | | | DNF | | | |
| 431 | | ZAMOJSKA | ALICJA | MKS Truso Elbląg | 2004 | K16 | | 00:07:45 | | 00:02:47 | 00:50:46 | | | | | DNF | | | |
| 365 | | BIGAJ | ANDRZEJ | Drużyna A / No teams | 1981 | M40 | | | | | | | | | | DNS | | | |
| 390 | | BRZESKI | ADAM | LUK-CONNECT TRI TEAM | 1974 | M40 | | | | | | | | | | DNS | | | |
| 322 | | DOLA | KAMIL | Najmowicz Triathlon | 2000 | M20 | | | | | | | | | | DNS | | | |
| 330 | | GROCHOWSKI | PAWEŁ | MBC Team | 1987 | M30 | | | | | | | | | | DNS | | | |
| 464 | | JANICKA-JAWOR | JOANNA | emjot tri team | 1978 | K40 | | | | | | | | | | DNS | | | |
| 368 | | JANKOWSKI | MICHAŁ | Kwidzyn Bike Racing Team | 1988 | M30 | | | | | | | | | | DNS | | | |
| 396 | | JÓŹWIĄK | MAREK | KRYSPORT TEAM | 1964 | M50 | | | | | | | | | | DNS | | | |
| 329 | | KACZMAREK | DOMINIK | K2 Sieć Pizzerii TRI for ME K2 Sieć Pizzerii TRI for ME | 1977 | M40 | | | | | | | | | | DNS | | | |
| 383 | | KOCIK | ARKADIUSZ | | 1968 | M50 | | | | | | | | | | DNS | | | |
| 344 | | KRZESAK | ADAM | | 1974 | M40 | | | | | | | | | | DNS | | | |
| 369 | | LUDWIŃSKA | CZUBAK KINGA | | 1994 | K20 | | | | | | | | | | DNS | | | |
| 428 | | MAJ | NICOLAS | MKS Truso Elbląg | 2005 | M16 | | | | | | | | | | DNS | | | |
| 340 | | NIEMYJSKI | JAROSŁAW | Bike Fun Legionowo | 1983 | M30 | | | | | | | | | | DNS | | | |
| 335 | | NOJAK | MARTA | Kuźnia Triathlonu | 1978 | K40 | | | | | | | | | | DNS | | | |
| 333 | | PARZUSIŃSKI | ADAM | | 1988 | M30 | | | | | | | | | | DNS | | | |
| 459 | | PLAWIAK | BARTŁOMIEJ | PLAWIAK | 1981 | M40 | | | | | | | | | | DNS | | | |
| 346 | | RZEPIELA | DARIA | | 1994 | K20 | | | | | | | | | | DNS | | | |
| 364 | | SKOWROŃSKI | JAROSŁAW | Kriss Coaching | 1986 | M30 | | | | | | | | | | DNS | | | |
| 351 | | SKUBISZ | JACEK | | 1991 | M30 | | | | | | | | | | DNS | | | |
| 363 | | WIZA | ARTUR | Asseco Active Team | 1971 | M50 | | | | | | | | | | DNS | | | |
| 490 | | ŻARDECKI | DAWID | | 1992 | M20 | | | | | | | | | | DNS | | | |
| 345 | | ZARZYCKI | JAKUB | Gamey Triathlon Team | 1998 | M20 | | | | | | | | | | DNS | | | |

Dystans pływania (liczba okrążeń): 475m (1 ok.)
Dystans roweru (liczba okrążeń): 22,5km (1 ok.)
Dystans biegu (liczba okrążeń): 5,0km (1 ok.)

Pianki dozwolone
Temp. powietrza: 21.5C
Temp. wody: 25.5C

Sędzia główny: JAN DALKIEWICZ