

Elemental Tri Series - Białystok - MP 16.08.2020

Dystans: MP AG (1,5-40-10)

MISTRZOSTWA POLSKI W TRIATHLONIE
DYSTANS STANDARD

M-ce	Numer	Nazwisko Imię	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara czasowa
1	411	TOCHOWICZ KASPER	TriWise Triwise	1995	M25	1	00:21:14	6	00:00:49	00:55:45	1	00:01:28	00:34:21	1	01:53:37		1	
2	398	POPLAWSKI JAN	NEON TEAM	1993	M25	2	00:21:18	8	00:00:48	00:57:19	3	00:01:31	00:35:26	3	01:56:22		2	
3	402	SOBCZYK SERGIUSZ	TRINERGY TEAM	1991	M25	3	00:21:17	7	00:01:06	00:56:53	2	00:01:26	00:36:49	6	01:57:31		3	
4	444	PIKORSKI DOMINIK	Tridivision Triathlon Team 3DVSN	1993	M25	4	00:21:11	4	00:00:45	00:58:08	4	00:01:21	00:37:22	9	01:58:47		4	
5	262	ŚLUPIK TOMASZ		1993	M25	5	00:22:37	15	00:00:43	01:00:17	15	00:01:27	00:34:27	2	01:59:31		5	
6	275	JASIŃSKI JAKUB	WM Triself GoRide	1987	M30	1	00:19:13	1	00:00:48	00:58:25	5	00:01:28	00:39:51	29	01:59:45		6	
7	332	BOGDANOWICZ DOMINIK		1995	M25	6	00:21:40	9	00:01:02	00:59:22	8	00:01:38	00:36:04	4	01:59:46		7	
8	394	MROZEK ROBERT	Szkoła Pływania WODNIK/Bike room	1987	M30	2	00:21:13	5	00:00:44	00:59:52	13	00:01:20	00:37:31	10	02:00:40		8	
9	278	OWCZAREK KRZYSZTOF		1992	M25	7	00:21:10	3	00:00:46	00:58:26	6	00:01:21	00:39:27	23	02:01:10		9	
10	276	SANIAWA PIOTR	TRIATHLON LUBLIN TEAM/TRIAMIGOS	1983	M35	1	00:22:39	16	00:00:48	01:00:46	21	00:01:29	00:36:44	5	02:02:26		10	
11	347	DĄBROWSKI DARIUSZ	ILABO Racing Team powered by CTS	1974	M45	1	00:23:21	23	00:00:56	00:59:25	9	00:01:34	00:37:44	13	02:03:00		11	
12	418	ŁUKASZEWICZ KRZYSZTOF	Triathlonowa Akademia Młodzieży KL rehabilitacja	1999	M18	1	00:23:03	17	00:00:47	01:00:13	14	00:01:29	00:38:05	17	02:03:37		12	
13	425	KLINCIEWICZ ADRIAN	KS IRONMAN CS SZCZECIN CSR Słowianka	1997	M18	2	00:23:48	28	00:00:53	00:59:04	7	00:01:34	00:38:25	19	02:03:44		13	
14	316	GAŚIOR PATRYK	PLK. ŚLAWGAS	1994	M25	8	00:19:26	2	00:00:59	01:01:43	28	00:02:00	00:40:46	35	02:04:54		14	
15	374	SARBAK BARTOSZ	Eobuwie.pl	1996	M18	3	00:23:13	20	00:00:52	01:02:35	35	00:01:41	00:37:04	7	02:05:25		15	
16	339	KOŁOSOWSKI KAMIL	200 Procent Tętna Triathlon Nadaktywni	1988	M30	3	00:26:07	46	00:00:59	01:00:29	18	00:01:32	00:37:19	8	02:06:26		16	
17	290	TOMCZAK MARCIN	GVT BMC 3SOFT	1985	M35	2	00:22:36	14	00:00:53	01:01:35	27	00:01:50	00:39:44	27	02:06:38		17	
18	318	HOFFMANN WOJCIECH	Brzyski Tri Team/CTS	1975	M45	2											18	02:07:19
19	442	SKOWRON TOMASZ	WM Triself	1996	M18	4	00:22:19	11	00:00:55	00:59:47	11	00:01:30	00:43:02	53	02:07:33		19	
20	450	KRÓL MACIEJ		1995	M25	9	00:24:45	30	00:01:23	01:00:17	16	00:01:25	00:39:46	28	02:07:36		20	
21	320	WITKOWSKI PIOTR	JCH Team	1978	M40	1	00:27:20	57	00:01:09	00:59:27	10	00:01:43	00:38:03	16	02:07:42		21	
22	420	RYCYK MACIEJ	IronSilesia	1978	M40	2	00:26:54	50	00:00:51	01:00:40	20	00:01:37	00:38:28	20	02:08:30		22	
23	327	KLUŻNIAK JACEK	TRINERGY	1975	M45	3	00:21:42	10	00:01:04	01:02:49	38	00:01:43	00:41:18	39	02:08:36		23	
24	434	SZYMCZAK JANUSZ	TriWawa	1986	M30	4	00:25:23	31	00:01:40	01:00:55	22	00:01:43	00:40:00	30	02:09:41		24	
25	252	NOWAK WOJCIECH	3DVSN	1979	M40	3	00:25:25	33	00:01:01	01:02:10	32	00:01:35	00:39:33	25	02:09:44		25	
26	346	LITWINIUK KRZYSZTOF	Kriss Coaching	1980	M40	4	00:25:34	39	00:00:55	01:01:50	30	00:01:34	00:40:05	31	02:09:58		26	
27	305	PIĘTKA ANDRZEJ	PIT DELTA GOSTYNIN	1975	M45	4	00:28:44	80	00:00:52	01:01:23	26	00:01:36	00:37:34	11	02:10:09		27	
28	351	TWAROWSKI MICHAŁ	JEPPESEN POLAND TRISPACE TREK	1973	M45	5	00:28:53	85	00:00:58	01:01:11	24	00:01:43	00:37:42	12	02:10:27		28	
29	251	TALMON ADAM		1990	M30	5	00:28:40	77	00:01:19	01:01:00	23	00:01:44	00:37:51	14	02:10:34		29	
30	397	TRZEBIŃSKI BARTŁOŚMIJ	TRINERGY Bystry Królik	1975	M45	6	00:26:32	48	00:01:25	01:00:23	17	00:01:57	00:40:26	33	02:10:43		30	
31	445	REMBOWSKI MICHAŁ	UB 40 TC	1975	M45	7	00:25:29	35	00:01:13	01:02:50	39	00:01:58	00:39:36	26	02:11:06		31	
32	293	VOSLOO CHRISTOPHER	one eighty multisport	1966	M50	1	00:25:40	41	00:01:42	01:02:36	36	00:01:52	00:39:21	22	02:11:11		32	
33	435	NAPOROWSKI RAFAŁ	TS AKWEDUKT KIELCE Perschmann	1976	M40	5	00:27:57	67	00:01:02	01:01:43	29	00:01:44	00:38:52	21	02:11:18		33	
34	403	AWRUK BARTOSZ	NADAKTYWNI wawruk.pl	1982	M35	3	00:23:32	26	00:00:58	01:02:14	33	00:01:49	00:43:15	59	02:11:48		34	
35	274	RÓŻAŁSKI PIOTR	ETT Elbląg Triathlon Team	1979	M40	6	00:23:19	22	00:00:56	01:03:34	42	00:01:40	00:42:35	48	02:12:04		35	
36	289	KROPIEWNICKI PRZEMYSŁAW		1982	M35	4	00:23:30	25	00:00:59	01:04:07	47	00:01:41	00:42:29	47	02:12:46		36	
37	423	BISKUPSKI MARIUSZ	UKS TRS SUSZ	1974	M45	8	00:23:04	18	00:01:18	01:02:21	34	00:01:59	00:44:08	71	02:12:50		37	
38	373	MARIANEK ALEKSANDRA	ENDURE Team	1990	K30	1	00:23:16	21	00:01:09	01:04:35	52	00:01:55	00:42:12	46	02:13:07	1		
39	309	ABRAMCZYK RAFAŁ	krisscoaching.pl hotelAG	1979	M40	7	00:28:04	69	00:01:02	01:00:39	19	00:01:35	00:43:12	56	02:14:32		38	
40	424	BRETT TOMASZ	MLUKS Triathlon	1962	M55	1	00:23:35	27	00:00:53	01:02:53	40	00:01:38	00:45:58	93	02:14:57		39	
41	371	GARDENER JACEK	LKS Victoria Zabostów	1964	M55	2	00:29:57	103	00:01:02	01:01:19	25	00:01:40	00:41:14	37	02:15:12		40	
42	285	KAŁOL ŚLAWOMIR	TIMBUD TEAM	1964	M55	3	00:28:49	83	00:01:18	01:02:09	31	00:01:44	00:41:15	38	02:15:15		41	
43	324	KAMIŃSKI RAFAŁ		1984	M35	5	00:27:23	60	00:00:52	01:03:51	43	00:01:33	00:41:39	41	02:15:18		42	
44	277	JAHNZ KAROLINA	Go2Tri	1984	K35	1	00:23:10	19	00:00:50	01:05:50	69	00:01:55	00:43:57	68	02:15:42	2		
45	390	LEWKO ADAM	3T Białystok	1996	M18	5	00:22:33	13	00:01:40	01:04:19	49	00:02:22	00:44:56	81	02:15:50		43	
46	437	STARZ PAWEŁ		1981	M35	6	00:30:23	112	00:01:27	01:04:23	50	00:01:37	00:38:08	18	02:15:58		44	
47	253	PADUSZYŃSKI PIOTR	edustacyjka.pl triathlon team edustacyjka.pl	1972	M45	9	00:29:26	96	00:00:53	01:03:55	44	00:01:40	00:40:18	32	02:16:12		45	
48	376	KLEJZEROWICZ PAWEŁ	Nadaktywni	1990	M30	6	00:24:42	29	00:01:06	01:04:31	51	00:01:52	00:44:14	73	02:16:25		46	
49	448	PUCH ROBERT	CTS - CzajaTrainingSystem	1975	M45	10	00:27:22	59	00:00:59	00:59:48	12	00:01:39	00:47:06	101	02:16:54		47	
50	349	HANĆCZYK JACEK	Polonia Środa	1965	M55	4	00:25:31	36	00:01:38	01:06:06	70	00:01:47	00:42:06	45	02:17:08		48	
51	343	CZARTOSZEWSKI SZYMON		1996	M18	6	00:29:52	101	00:01:26	01:05:47	68	00:02:12	00:37:53	15	02:17:10		49	
52	268	BRZÓSKA HENRYK	TS Akwedukt Kielce	1966	M50	2	00:32:00	124	00:01:28	01:02:45	37	00:01:51	00:39:31	24	02:17:35		50	
53	267	KOWALCZYK TOMASZ	TRICLUB	1972	M45	11	00:27:02	51	00:01:00	01:05:00	55	00:02:01	00:42:53	52	02:17:56		51	
54	419	JANUSZ IZABELA		1994	K25	1	00:25:39	40	00:01:10	01:05:34	62	00:01:37	00:44:23	76	02:18:23	3		
55	321	KAMIŃSKI PAWEŁ	Coach Triathlon	1986	M30	7	00:28:14	70	00:01:00	01:04:18	48	00:01:40	00:43:13	57	02:18:25		52	
56	372	POKORSKI MAREK	CTS - CzajaTrainingSystem GFI Happy Team	1971	M45	12	00:28:00	68	00:01:03	01:06:17	72	00:02:13	00:41:43	43	02:19:16		53	
57	456	DUKS ŁUKASZ		1986	M30	8	00:25:31	37	00:01:06	01:06:57	79	00:02:00	00:43:58	69	02:19:32		54	
58	298	KWIECIŃSKI SEBASTIAN	Przemysław Szymanowski Triathlon Team	1977	M40	8	00:29:04	90	00:01:14	01:06:11	71	00:02:10	00:41:26	40	02:20:05		55	
59	439	MICHAŁOWSKI PIOTR	NADAKTYWNI Białystok	1991	M25	10	00:25:24	32	00:02:08	01:07:02	82	00:02:24	00:43:14	58	02:20:12		56	
60	296	GARBACIK JACEK	SKB Stałowa Wola	1967	M50	3	00:31:04	115	00:01:06	01:04:52	54	00:01:36	00:41:52	44	02:20:30		57	
61	452	SADOWSKA NATALIA	TRI TEAM RUMIA	1997	K18	1	00:23:29	24	00:01:13	01:11:16	119	00:01:53	00:42:41	51	02:20:32	4		
62	302	TWARDOWSKI SEBASTIAN	Do zakończenia jeden krok	1979	M40	9	00:28:28	75	00:01:35	01:07:39	89	00:02:05	00:40:42	34	02:20:39		58	
63	356	GEHARDT JAKUB	Smaruż Na Trening Team / Fundacja Gebhardt Sport Baltix.se	1979	M40	10	00:27:38	63	00:00:56	01:04:06	46	00:02:04	00:45:56	91	02:20:40		59	
64	280	DESSELBERGER ANDRZEJ	ENERGY TRI Włocławek LABOSPORT Team	1969	M50	4	00:28:18	71	00:00:59	01:03:59	45	00:01:41	00:45:48	89	02:20:45		60	
65	303	PALMOWSKI ŁUKASZ		1976	M40	11	00:30:40	113	00:01:16	01:03:15	41	00:01:33	00:44:14	72	02:20:58		61	
66	342	MRÓZ MICHAŁ	3T	1979	M40	12	00:25:44	43	00:01:24	01:07:03	83	00:01:59	00:44:54	80	02:21:04		62	
67	299	KOCHANOWSKI DARIUSZ	TRI LEVEL	1974	M45	13	00:											

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Dystans: MP AG (1,5-40-10)



MISTRZOSTWA POLSKI W TRIATHLONIE DYSTANS STANDARD

M-ce	Numer	Nazwisko Imię	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara czasowa
76	384	KRAWCZYK ALEKSANDRA	Coco Bongo Pink Team/ TRI w kolorze blond	1984	K35	2	00:27:11	54	00:01:29	01:08:13	95	00:01:07	00:45:27	87	02:23:27	7		
77	395	KIEDA WOJCIECH	KiEDA - TRENERFIT.PL / IronWoman FIT	1976	M40	15	00:26:10	47	00:00:55	01:07:35	86	00:01:35	00:47:25	108	02:23:40		70	
78	301	WASILEWSKI PIOTR		1978	M40	16	00:25:56	45	00:01:02	01:07:46	90	00:02:13	00:46:51	97	02:23:48		71	
79	379	CIASO SEBASTIAN		1985	M35	8	00:25:44	44	00:01:21	01:06:41	76	00:02:33	00:47:53	112	02:24:12		72	
80	307	ABRAMCZYK MARCIN	Yanushe Triathlon Team YTT	1977	M40	17	00:28:45	82	00:01:29	01:05:09	56	00:01:55	00:46:57	98	02:24:15		73	
81	338	OSYTEK SŁAWOMIR	TRI LEVEL	1966	M50	6	00:29:00	89	00:00:56	01:06:19	73	00:01:48	00:46:14	94	02:24:17		74	
82	364	NOWAK MICHAŁ		1996	M18	7	00:25:28	34	00:01:06	01:05:13	58	00:02:08	00:50:26	136	02:24:21		75	
83	421	BARTECKA SABINA	HRmax Zory Różowe TRI	1977	K40	1	00:29:08	91	00:01:33	01:05:38	65	00:02:27	00:45:47	88	02:24:33	8		
84	404	BURZYCKI MARIUSZ		1978	M40	18	00:30:06	107	00:01:14	01:07:38	88	00:02:00	00:43:35	62	02:24:33		76	
85	385	SIERADZAN PRZEMYSŁAW	TS AKWEDUKT KIELCE	1977	M40	19	00:27:40	65	00:01:25	01:07:00	80	00:01:59	00:47:44	111	02:25:48		77	
86	447	WINIARCZYK JACEK		1971	M45	15	00:27:12	55	00:01:13	01:11:36	122	00:02:17	00:43:40	64	02:25:58		78	
87	291	MIŃKO PIOTR	UNIBEP TRI Bielska Podlaski TEAM	1978	M40	20	00:30:16	109	00:00:59	01:05:41	66	00:01:55	00:47:19	105	02:26:10		79	
88	354	WYSOCKI TOMASZ	Nadaktywni	1977	M40	21	00:30:20	111	00:01:31	01:08:58	99	00:01:57	00:43:27	61	02:26:13		80	
89	446	MAŁEWSKI DAMIAN	Team Kalach	1975	M45	16	00:27:39	64	00:01:16	01:05:28	60	00:02:31	00:50:47	138	02:27:41		81	
90	438	BARTECKI ALEKSANDER		1972	M45	17	00:35:50	160	00:01:19	01:05:25	59	00:02:31	00:42:38	49	02:27:43		82	
91	417	TOMASZEWSKA JULITA	TIMBUD TEAM	1978	K40	2	00:30:04	106	00:01:21	01:08:56	98	00:02:11	00:45:14	86	02:27:46	9		
92	330	DMOWSKI BARTOSZ	TriWawa	1972	M45	18	00:32:48	131	00:01:59	01:07:12	85	00:02:14	00:43:56	67	02:28:09		83	
93	430	CIESZYŃSKI WOJCIECH	GRYFIŃSKI KLUB SPORTOWY DELF	1978	M40	22	00:27:21	58	00:00:56	01:07:51	91	00:01:54	00:50:15	132	02:28:17		84	
94	388	KOPCIEWSKA PAULA MARTA	3T Białystok	1992	K25	2	00:28:38	76	00:01:40	01:10:48	115	00:02:14	00:44:58	82	02:28:18	10		
95	441	MISZTAŁ PIOTR	TS Akwedukt Kielce	1976	M40	23	00:29:31	98	00:02:03	01:07:54	93	00:02:28	00:46:45	96	02:28:41		85	
96	294	CISLEWSKI PIOTR		1982	M35	9	00:35:34	158	00:01:56	01:05:42	67	00:02:28	00:43:19	60	02:28:59		86	
97	261	GIEȚ MAGDALENA		1997	K18	2	00:28:53	84	00:01:04	01:12:53	131	00:01:29	00:44:49	79	02:29:08	11		
98	279	STRUK PIOTR		1993	M25	11	00:28:38	74	00:01:30	01:06:52	77	00:01:51	00:50:21	133	02:29:12		87	
99	357	KLEJZEROWICZ ROMAN	EGGER Runs/SBR Team Elk	1977	M40	24	00:31:27	122	00:01:02	01:10:38	114	00:02:22	00:44:06	70	02:29:35		88	
100	389	MISIASZEK JANUSZ	LABOSPORT Team	1958	M60	1	00:32:16	126	00:01:26	01:09:24	104	00:02:02	00:44:47	78	02:29:55		89	
101	352	DRAPĘŁA DARIUSZ	CTS - CzajaTrainingSystem	1957	M60	2	00:29:26	97	00:01:17	01:08:19	96	00:01:56	00:49:34	124	02:30:32		90	
102	359	LEWANDOWSKI ANDRZEJ	UAM TRIATHLON POZNAŃ	1959	M60	3	00:28:44	81	00:01:37	01:09:48	107	00:02:09	00:48:20	119	02:30:38		91	
103	355	KOSTRO MICHAŁ	3T BIAŁYSTOK	1994	M25	12	00:25:41	42	00:01:18	01:13:01	135	00:01:53	00:48:48	121	02:30:41		92	
104	333	WOLKOWYCKI PAWEŁ		1987	M30	9	00:31:23	119	00:02:16	01:11:48	125	00:02:34	00:42:40	50	02:30:41		92	
105	263	DE LA FUENTE ENRIQUE	Kuźnia Triathlonu	1976	M40	25	00:25:33	38	00:01:29	01:09:48	106	00:02:24	00:51:38	144	02:30:52		94	
106	415	WIĘCKO GRZEGORZ		1983	M35	10	00:33:51	139	00:01:38	01:09:11	101	00:01:58	00:44:21	75	02:30:59		95	
107	317	KEPIŃSKI KACPER	TriWawa	1995	M25	13	00:22:22	12	00:01:35	01:11:41	123	00:02:15	00:53:28	152	02:31:21		96	
108	288	MADANY MICHAŁ		1978	M40	26	00:34:36	149	00:01:06	01:07:36	87	00:02:26	00:45:48	90	02:31:32		97	
109	459	CHOMONT MAGDALENA	No Gravity	1978	K40	3	00:30:18	110	00:00:58	01:11:32	120	00:01:53	00:47:06	102	02:31:47	12		
110	256	TYMIŃSKI DARIUSZ	Orlen Running Team	1968	M50	7	00:33:58	142	00:02:10	01:09:33	105	00:01:59	00:44:18	74	02:31:58		98	
111	313	NEUFELD THOMAS	DJK Weiden	1962	M55	6	00:34:53	154	00:02:32	01:08:43	97	00:02:17	00:43:49	65	02:32:14		99	
112	455	ŁOŚ TOMASZ	3T Białystok	1986	M30	10	00:33:17	137	00:01:48	01:10:01	109	00:02:24	00:45:02	84	02:32:32		100	
113	383	FUGAS KONRAD	KAZIKI	1991	M25	14	00:34:02	143	00:01:35	01:08:06	94	00:01:55	00:46:57	99	02:32:35		101	
114	412	KIRILENKO ANETA	TRI LEVEL	1974	K45	1	00:33:51	138	00:01:31	01:10:23	113	00:02:28	00:44:38	77	02:32:51	13		
115	345	SYGULA JOANNA	WITC JKS REAL ESTATE	1980	K40	4	00:34:12	144	00:01:48	01:07:54	92	00:02:11	00:47:03	100	02:33:08	14		
116	325	JAKUBOW MAREK		1990	M30	11	00:33:15	136	00:01:14	01:09:15	102	00:02:09	00:47:35	110	02:33:28		102	
117	429	STĘPIAŃSKI GRZEGORZ	K.S.Triathlon Rawa	1978	M40	27	00:38:29	173	00:01:21	01:05:31	61	00:01:56	00:46:41	95	02:33:58		103	
118	408	STYPUŁKOWSKI MICHAŁ	Nadaktywni	1980	M40	28	00:28:34	73	00:01:48	01:10:18	112	00:02:01	00:52:07	146	02:34:48		104	
119	270	TUKIENDORF MAGDALENA	Kuźnia Triathlonu	1978	K40	5	00:28:59	88	00:01:30	01:12:10	129	00:02:29	00:49:51	128	02:34:59	15		
120	393	WRÓBLEWSKI MIĘCZYSLAW	WKTrI-Wrocław	1956	M60	4	00:28:43	79	00:01:06	01:09:15	103	00:01:46	00:54:52	160	02:35:42		105	
121	375	LISOWSKI PAWEŁ	Tri Passion SpeedApp Sp. z o.o.	1974	M45	19	00:31:22	118	00:02:28	01:12:58	133	00:02:06	00:47:20	106	02:36:14		106	
122	432	BOGUSZ ŻANETA		1992	K25	3									02:36:19	16		
123	344	OLSZEWSKI KAMIL		1989	M30	12	00:33:57	141	00:02:13	01:11:06	117	00:01:54	00:47:21	107	02:36:31		107	
124	306	WYPARŁO ANNA	Babska Środa	1992	K25	4	00:31:25	121	00:01:49	01:09:50	108	00:02:17	00:52:18	151	02:37:39	17		
125	348	JARZĄBEK LINDHOLM ANNA	Triclub Warszawa MyBike.pl, (Triwawa)	1975	K45	2	00:32:41	130	00:01:11	01:13:03	136	00:02:13	00:48:48	120	02:37:56	18		
126	401	TRZEJA ZDANOWSKA DOROTA	Babska Środa	1973	K45	3	00:34:18	146	00:01:44	01:12:12	130	00:02:54	00:47:09	103	02:38:17	19		
127	310	SZCZEPANIŁ ANDRZEJ	Rolmet Rolmet	1952	M65	1	00:33:05	134	00:02:21	01:10:18	111	00:02:20	00:50:56	140	02:39:00		108	
128	386	SOJKOWSKI PIOTR	Tri NEGU	1982	M35	11	00:29:15	93	00:01:21	01:15:40	152	00:02:14	00:50:34	137	02:39:04		109	
129	271	OLENDER PAWEŁ	Mronville family Town Mragowo	1977	M40	29	00:34:40	151	00:01:10	01:13:01	134	00:02:14	00:48:02	115	02:39:07		110	
130	257	WIECH ROMAN		1970	M50	8	00:27:29	62	00:01:27	01:11:48	124	00:02:18	00:56:19	168	02:39:21		111	
131	361	SABA TOMASZ	Triclub Warszawa	1974	M45	20	00:29:59	104	00:01:25	01:10:56	116	00:02:51	00:54:18	158	02:39:29		112	
132	382	GRABOWSKI KAMIL		1983	M35	12	00:31:42	123	00:01:50	01:16:27	158	00:02:01	00:48:05	117	02:40:05		113	
133	273	TARASZKIEWICZ ŁUKASZ		1987	M30	13	00:32:55	132	00:02:53	01:11:55	127	00:02:02	00:50:22	134	02:40:07		114	
134	391	UŹDZIŁO PRZEMYSŁAW	Wyczesani	1980	M40	30												

Elemental Tri Series - Białystok - MP 16.08.2020

Dystans: MP AG (1,5-40-10)



MISTRZOSTWA POLSKI W TRIATHLONIE DYSTANS STANDARD

M-ce	Numer	Nazwisko	Imię	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara czasowa
151	449	SWIDERSKI	MICHAŁ		1974	M45	21	00:29:33	99	00:01:39	01:11:50	126	00:02:44	00:59:47	178	02:45:33			126
152	281	BRZÓSKA	RENATA	TS Akwedukt Kielce	1970	K50	1	00:36:06	161	00:01:31	01:17:04	162	00:02:05	00:49:00	122	02:45:46	26		
153	422	WÓJCİK	RAFAL	Nadaktywni Białystok	1978	M40	32	00:38:28	172	00:03:04	01:14:58	144	00:03:29	00:45:56	92	02:45:55			127
154	326	PISZCZATOWSKI	DAWID		1992	M25	15	00:26:38	49	00:01:28	01:17:33	164	00:01:39	00:59:17	177	02:46:35			128
155	407	MARKOWSKA	EWA	iSwim Białystok MP Kancelaria TEAM	1981	K35	4	00:27:16	56	00:01:42	01:18:32	168	00:03:06	00:56:33	169	02:47:09	27		
156	454	NAGAS	PAWEŁ	Lubią Burpees?	1979	M40	33	00:38:23	170	00:02:00	01:13:16	137	00:03:05	00:50:48	139	02:47:32			129
157	377	MICHALSKI	ANDRZEJ		1984	M35	17	00:34:24	147	00:02:28	01:14:05	139	00:02:47	00:54:01	156	02:47:45			130
158	409	MAJDECKI	PIOTR		1996	M18	8	00:32:18	128	00:02:51	01:19:21	171	00:03:13	00:50:24	135	02:48:07			131
159	362	MADEJ	TOMASZ	PwC	1981	M35	18	00:31:06	116	00:03:55	01:16:15	154	00:03:08	00:54:19	159	02:48:43			132
160	458	MARKIEWICZ	RAFAL	Bielyje Rozy	1976	M40	34	00:36:44	166	00:03:24	01:14:04	138	00:02:41	00:52:17	150	02:49:10			133
161	440	ZALEWSKI	MICHAŁ	Crossfit Białystok	1985	M35	19	00:36:37	165	00:01:44	01:14:55	143	00:02:05	00:54:09	157	02:49:30			134
162	269	CHUDECKI	KAMIL	Vege Runners	1969	M50	10	00:41:54	179	00:01:21	01:15:45	153	00:02:40	00:48:04	116	02:49:44			135
163	295	MYŚLIWIEC	JANUSZ	Nadaktywni Białystok	1969	M50	11	00:29:44	100	00:02:04	01:12:02	128	00:03:56	01:02:03	182	02:49:49			136
164	365	RADZIWOŃSKI	BARTOSZ	Three Tee Team	1976	M40	35	00:36:49	167	00:02:07	01:19:26	172	00:02:07	00:49:27	123	02:49:56			137
165	319	MIKA-HOFFMANN	MAGDALENA	BrzyskiTriTeam	1978	K40	8	00:35:44	159	00:01:18	01:18:27	167	00:02:34	00:52:15	149	02:50:18	28		
166	413	BAKUN	MONIKA		1997	K18	3	00:27:10	53	00:03:15	01:21:27	179	00:04:04	00:54:57	161	02:50:53	29		
167	416	ŻUKOWSKA	BASIA	wydolność.pl wydolność.pl	1968	K50	2	00:32:17	127	00:02:19	01:15:22	149	00:02:57	00:58:06	173	02:51:01	30		
168	410	SZACIŁOWSKI	PRZEMYSŁAW	NADAKTYWNI	1984	M35	20	00:38:55	175	00:01:55	01:12:55	132	00:03:01	00:55:53	166	02:52:39			138
169	350	SZRAM	IWONA	OAZA KÓRNIK	1961	K55	1	00:33:07	135	00:01:41	01:20:04	173	00:02:44	00:55:23	164	02:52:59	31		
170	292	KANTSAVY	ARTSIOM	TG Sokół Białystok Grupa POOD	1991	M25	16	00:36:07	162	00:02:17	01:18:04	166	00:02:46	00:54:01	155	02:53:15			139
171	255	MIKOŁAJCZUK	JAREK		1967	M50	12	00:35:31	157	00:02:29	01:20:06	174	00:03:54	00:51:25	142	02:53:25			140
172	433	ŚWIECH	KRYSTIAN	Krystian Świech	1980	M40	36	00:37:40	168	00:01:43	01:14:43	141	00:02:57	00:57:09	171	02:54:12			141
173	360	ROKICKI	TOMASZ		1959	M60	7	00:35:20	156	00:02:13	01:14:19	140	00:04:04	00:59:02	175	02:54:58			142
174	366	ANGOWSKI	MARCIN		1980	M40	37	00:32:31	129	00:02:33	01:21:08	178	00:03:43	00:59:09	176	02:59:04			143
175	297	BAREWSKI	BOGDAN		1954	M65	2	00:45:49	187	00:02:17	01:22:16	181	00:01:58	00:47:58	114	03:00:18			144
176	264	WITKOWSKI	DARIUSZ	Outdoor Training	1960	M60	8	00:38:34	174	00:02:15	01:18:49	169	00:03:32	00:57:14	172	03:00:24			145
177	304	DZIECIĄTKOWSKI	PIOTR	meritumobuwie.pl	1967	M50	13	00:42:04	182	00:01:58	01:17:28	163	00:02:45	00:56:52	170	03:01:07			146
178	380	BODYCH	MACIEJ		1978	M40	38	00:38:08	169	00:04:03	01:15:05	145	00:03:48	01:00:32	180	03:01:36			147
179	457	GAWRYCH	SYLWIA	NADAKTYWNI Białystok	1985	K35	5	00:39:27	176	00:02:01	01:22:11	180	00:02:48	00:55:21	163	03:01:48	32		
180	460	PRZEPIEŚĆ	KAMILA	BEKO TEAM	1984	K35	6									03:02:09	33		
181	258	WIECH	EWA		1970	K50	3	00:41:56	180	00:01:33	01:20:14	175	00:02:36	00:56:06	167	03:02:25	34		
182	378	ADAMCZYK	DARIUSZ		1971	M45	22	00:40:59	178	00:02:26	01:16:18	156	00:03:07	01:00:39	181	03:03:29			148
183	436	GRABOWSKI	MICHAŁ	niestowarzyszony	1987	M30	16	00:42:03	181	00:01:23	01:15:31	151	00:02:21	01:02:44	184	03:04:02			149
184	451	OSTAPIUK	JERZY	AX	1970	M50	14	00:42:41	185	00:04:07	01:20:54	177	00:03:29	00:53:46	153	03:04:57			150
185	406	RÓŻAŃSKI	TOMASZ	Warsaw Masters Team	1973	M45	23	00:34:42	152	00:01:41	01:20:50	176	00:02:41	01:05:16	185	03:05:10			151
186	427	WRÓBLEWSKI	ARTUR		1975	M45	24	00:34:42	153	00:02:54	01:23:26	182	00:02:54	01:02:42	183	03:06:38			152
187	272	MEDWID-FIDLER	MARTA	CTS Czaja Training System	1981	K35	7	00:38:24	171	00:01:42	01:29:32	185	00:02:45	00:55:17	162	03:07:40	35		
188	370	LEJDWARD	MACIEJ		1991	M25	17	00:31:24	120	00:01:44	01:25:40	183	00:02:19	01:07:48	186	03:08:55			153
189	428	BULWIN	BEATA		1992	K25	5	00:42:04	183	00:02:55	01:25:45	184	00:02:29	01:00:31	179	03:13:44	36		
190	265	MIASOJEDOW	BOŻENA	AKS Polonia Warszawa	1954	K65	1	00:42:08	184	00:02:26	01:30:35	186	00:02:58	00:58:14	174	03:16:21	37		
191	266	WRONA	ANDRZEJ	TRIATHLON LUBLIN TEAM	1959	M60	9	00:45:05	186	00:03:12	01:31:16	187	00:04:26	01:15:55	187	03:39:54			154
431		GOLYSZ	GRZEGORZ		1997	M18		00:25:52		00:01:19	01:01:13		00:01:51			DNF			
414		MAĆCZYŃSKI	CZESŁAW		1952	M65		00:45:26		00:01:35						DNF			
358		PIETRUSZKA	TOMASZ	Klub Triathlonowy "Water Knights" Zabierzów	1977	M40										DNF			
334		STAWINOĞA	ZBIGNIEW	Kuropatwy Tri Club	1972	M45		00:37:19		00:03:24	01:22:17					DNF			
259		CATTELL	GARY		1956	M60										DNS			
341		CHMIELEWSKI	PIOTR	Warsaw Masters Team	1978	M40										DNS			
367		GÓŹDŹ	WOJTEK	Speleoklub Świętokrzyski	1974	M45										DNS			
405		JĘDRZEJCZAK	MACIEJ	NEON TEAM	1953	M65										DNS			
300		KMIECIAK	SLAWOMIR	CH Fala Szczecin	1973	M45										DNS			
284		MIEŁOCH	ARTUR	MielPol Team & KawaKamp	1983	M35										DNS			
336		OŚCIAK	RAFAL	LUFT TRI TEAM	1976	M40										DNS			
426		PICHLAK	PIOTR	SPORTEVO	1960	M60										DNS			
453		RESZKE	PAWEŁ	UKS Tri-Team Rumia	1985	M35										DNS			
254		SAWICKI	ADAM	Ostrów Biega	1984	M35										DNS			
287		SEBASTIANOWICZ	GRZEGORZ	DALEJ	1988	M30										DNS			
260		SUDA	GRZEGORZ		1983	M35										DNS			
400		SZUGZDA	MAGDALENA		1979	K40										DNS			
323		SZYMONIK	FILIP	ENDLESS PAIN CYFROWA POLSKA	1994	M25										DNS			
368		MACIEJCZYK	DARIUSZ		1959	M60		00:43:36		00:03:33	00:56:35		00:04:34	01:00:40		DSQ			

Dystans pływania (liczba okrażeń): 1500m (2 ok.)

Dystans roweru (liczba okrażeń): 40km (4 ok.)

Dystans biegu (liczba okrażeń): 10km (4 ok.)

Pianki zabronione

Temp. powietrza: 28.5C (14:40)

Temp. wody: 23.9C (14:40)

Sędzia główny:
Joanna Pyrzynska-Figurska

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