

VOLVO Triathlon Series

Organizator: G&G Promotion, Grzegorz Golonko

Data: 16.07.2017

Dystans: 1/4 IRON MAN (950m pływania/45km rower/10,5km bieg)

Miejscowość: NIEPORĘT



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
1	460	MITRUŚ PAWEŁ	WARSZAWA	NEON TEAM	POL	1992	M1	1	00:15:20 (5)	00:01:58	01:09:28 (2)	00:00:49	00:39:28 (4)	02:07:03	1		
2	353	GOLINIEWSKI JAKUB	CZESTOCHOWA	KOLARSKI.EU TEAM	POL	1993	M1	2	00:13:33 (1)	00:01:52	01:11:14 (10)	00:00:51	00:40:47 (12)	02:08:17	2		
3	291	BIAŁOUS BOGUMIŁ	PODKOWA LEŚNA		POL	1976	M3	1	00:15:18 (4)	00:02:03	01:11:46 (13)	00:01:05	00:38:37 (2)	02:08:49	3		
4	343	GARDENER JACEK	ŁÓWICZ	TEAM BANASZ INTERNET	POL	1964	M4	1	00:16:18 (20)	00:01:55	01:10:43 (7)	00:01:01	00:41:34 (16)	02:11:31	4		
5	600	POMORSKI RAFAŁ	WARSZAW	TRI FAMILY	POL	1983	M2	1	00:16:11 (15)	00:02:26	01:13:28 (21)	00:00:49	00:38:43 (3)	02:11:37	5		
6	399	KOMOROWSKI MACIEJ	JULIANÓW	GOLDEN BOYS	POL	1977	M2	2	00:16:00 (10)	00:02:11	01:11:09 (8)	00:01:15	00:41:28 (15)	02:12:03	6		
7	400	KONIECZNY KRZYSZTOF	KONSTANCIN-JEZIORNA	TRI4FUN	POL	1979	M2	3	00:16:41 (32)	00:02:05	01:10:31 (6)	00:01:08	00:42:17 (25)	02:12:42	7		
8	588	ZIĘBA MARCIN	WARSZAWA	KUŹNIA TRIATHLONU	POL	1978	M2	4	00:16:31 (26)	00:02:05	01:11:42 (12)	00:01:14	00:41:14 (14)	02:12:46	8		
9	387	KAPALA OSKAR	PRUSZKÓW	AKS POLONIA WARSZAWA	POL	1982	M2	5	00:14:22 (2)	00:02:14	01:15:26 (46)	00:01:15	00:39:48 (5)	02:13:05	9		
10	414	KRAKOWIAK PAWEŁ	OTWOCK	4SPORTLAB / F.P.H.KRAKOWIAK	POL	1986	M2	6	00:16:39 (30)	00:02:19	01:13:22 (20)	00:00:59	00:40:02 (8)	02:13:21	10		
11	490	PIETRAS ADAM	KĘDZIERZYN-KOŹLE	KUMPLE GRZMOTKA	POL	1998	M1	3	00:16:12 (16)	00:02:29	01:13:07 (19)	00:01:03	00:40:40 (11)	02:13:31	11		
12	450	MAZUREK MICHAŁ	KONSTANCIN-JEZIORNA	EUROSOFT TEAM	POL	1977	M2	7	00:18:13 (58)	00:02:07	01:11:53 (14)	00:01:09	00:40:15 (9)	02:13:37	12		
13	544	SZEFER PIOTR	STANISŁAWÓW DRUGI	TRINERGY	POL	1974	M3	2	00:17:35 (49)	00:02:28	01:09:57 (3)	00:01:02	00:42:36 (28)	02:13:38	13		
14	596	BOBROWICZ PAWEŁ	WARSZAWA	TRIWAWA	POL	1989	M1	4	00:14:51 (3)	00:01:54	01:15:24 (45)	00:01:09	00:40:31 (10)	02:13:49	14		
15	453	MICHALSKI BARTOSZ	TORUŃ	RETRO DUDA ROWERY TEAM	POL	1982	M2	8	00:16:29 (25)	00:02:57	01:10:02 (5)	00:01:08	00:43:22 (30)	02:13:58	15		
16	325	SZRAJNER PIOTR	MARKI	TRIATHLON SERIES TEAM	POL	1974	M3	3	00:16:44 (35)	00:02:09	01:14:46 (34)	00:00:54	00:39:49 (6)	02:14:22	16		
17	582	ZAKRZEWSKI MACIEJ	WARSZAWA	WARSZAWA WILANÓW	POL	1977	M2	9	00:16:35 (27)	00:02:09	01:13:32 (22)	00:01:18	00:41:35 (17)	02:15:09	17		
18	467	NIEDZIELSKI ŁUKASZ	JÓZEFOSŁAW	LABOSPORT	POL	1975	M3	4	00:18:05 (54)	00:02:08	01:12:09 (15)	00:01:13	00:41:43 (18)	02:15:18	18		
19	566	VAN CLEEFF RICHARD	ROTTERDAM		NED	1981	M2	10	00:19:26 (83)	00:03:32	01:13:02 (18)	00:01:39	00:38:08 (1)	02:15:47	19		
20	436	MACIESZ PIOTR	WARSZAWA	AXEL TREK	POL	1973	M3	5	00:16:12 (16)	00:02:25	01:09:58 (4)	00:01:26	00:45:48 (53)	02:15:49	20		
21	500	PRUCHNIEWSKI SŁAWOMIR	WARSZAWA	ASSECO ACTIVE TEAM	POL	1979	M2	11	00:16:37 (28)	00:02:06	01:14:17 (30)	00:00:50	00:42:11 (24)	02:16:01	21		
22	367	HOROSZKO ERNEST	SANOK	HOROSZKO.PL	POL	1986	M2	12	00:16:45 (36)	00:02:40	01:15:15 (42)	00:01:07	00:41:04 (13)	02:16:51	22		
23	307	BARSCZ MARCIN	WARSZAWA	TRILIVE THE LIFE YOU LOVE	POL	1982	M2	13	00:18:04 (53)	00:02:37	01:11:37 (11)	00:01:09	00:43:28 (31)	02:16:55	23		
24	463	NAFALSKI RAJMUND	WARSZAWA	TEAM KARAS	POL	1974	M3	6	00:18:14 (59)	00:02:30	01:14:06 (27)	00:02:24	00:40:01 (7)	02:17:15	24		
25	599	POKRYWIŃSKI MARCIN	KONSTANCIN-JEZIORNA	DAREZTRI	POL	1981	M2	14	00:15:43 (7)	00:02:11	01:14:20 (31)	00:01:12	00:43:53 (36)	02:17:19	25		
26	395	KOCHANOWSKI DARIUSZ	MARKI	TRI LEVEL	POL	1974	M3	7	00:16:14 (18)	00:02:04	01:16:19 (59)	00:01:10	00:41:54 (20)	02:17:41	26		
27	335	ESPINOSA PEREZ DANI	WARSZAWA	WARSAW INTERNATIONAL TRIATHLON CLUB	POL	1984	M2	15	00:16:53 (39)	00:02:11	01:16:01 (51)	00:00:51	00:42:25 (27)	02:18:21	27		
28	363	GUADOWICZ MARCIN	JÓZEFOSŁAW	LABO SPORT	POL	1976	M3	8	00:18:06 (55)	00:02:19	01:14:46 (34)	00:01:22	00:41:58 (21)	02:18:31	28		
29	351	GLONEK MARCIN	PRUSZKÓW	GEMINUS	POL	1987	M1	5	00:16:06 (12)	00:02:33	01:13:58 (25)	00:01:09	00:44:48 (43)	02:18:34	29		
30	390	KIEREŚ ARKADIUSZ	WARSZAWA	WITC	POL	1978	M2	16	00:16:09 (14)	00:02:10	01:14:06 (27)	00:01:47	00:44:24 (40)	02:18:36	30		
31	530	SOLAN RADOSŁAW	WARSZAWA		POL	1974	M3	9	00:17:11 (42)	00:02:41	01:12:31 (17)	00:01:19	00:45:00 (45)	02:18:42	31		
32	469	NOSOWSKI JACEK	WARSZAWA		POL	1974	M3	10	00:15:59 (9)	00:02:16	01:16:13 (57)	00:01:05	00:43:36 (32)	02:19:09	32		
33	316	BLICHAZ MARCIN	WARSZAWA		POL	1983	M2	17	00:19:55 (98)	00:02:12	01:14:02 (26)	00:01:11	00:42:08 (23)	02:19:28	33		
34	437	MACKIEWICZ JACEK	SULEJÓWEK		POL	1977	M2	18	00:19:27 (84)	00:02:47	01:12:24 (16)	00:01:21	00:43:43 (34)	02:19:42	34		
35	518	SARBIEWSKI DARIUSZ	BARTĄG		POL	1974	M3	11	00:16:20 (23)	00:02:42	01:16:06 (54)	00:01:12	00:43:49 (35)	02:20:09	35		
36	507	ROBIŃSKI MARCIN	WARSZAWA	KUŹNIA TRIATHLONU	POL	1981	M2	19	00:20:13 (108)	00:03:09	01:13:54 (24)	00:01:30	00:41:52 (19)	02:20:38	36		
37	302	ANTONOWICZ MARCIN	WARSZAWA	LABOSPORT	POL	1979	M2	20	00:16:51 (38)	00:02:38	01:15:31 (47)	00:01:01	00:45:07 (47)	02:21:08	37		
38	319	BRUSKI ŁUKASZ	ŻELECHÓW	WTW	POL	1977	M2	21	00:16:48 (37)	00:03:16	01:14:09 (29)	00:01:24	00:45:53 (54)	02:21:30	38		
39	533	MAJEWSKI TOMASZ	KOBYLKA	RETRO BIKEACADEMY.PL	POL	1970	M3	12	00:22:04 (164)	00:03:15	01:06:22 (1)	00:01:20	00:48:59 (96)	02:22:00	39		
40	586	ZAWISTOWSKI PIOTR	WARSZAWA	TEAM KARAS	POL	1985	M2	22	00:17:34 (48)	00:03:52	01:14:48 (37)	00:01:38	00:44:12 (39)	02:22:04	40		
41	492	PIETRZAK SEBASTIAN	WARSZAWA	SPOTT	POL	1975	M3	13	00:19:35 (86)	00:02:57	01:14:46 (36)	00:01:38	00:43:39 (33)	02:22:35	41		
42	482	PADLEWSKA ANNA	WARSZAWA	PZU SPORT TEAM	POL	1980	K2	1	00:16:18 (20)	00:02:38	01:18:36 (89)	00:01:09	00:44:28 (42)	02:23:09		1	
43	526	SKRZYDŁO JAROSŁAW	WARSZAWA	ASSECO ACTIVE TEAM	POL	1983	M2	23	00:16:17 (19)	00:02:44	01:16:19 (60)	00:00:59	00:47:02 (62)	02:23:21	42		

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Miejscowość: NIEPORĘT



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
44	331	DĄBROWSKI ŁUKASZ	PIASTÓW	DĄBKI FAMILY TEAM	POL	1982	M2	24	00:17:17 (43)	00:01:58	01:16:06 (53)	00:01:00	00:47:17 (66)	02:23:38	43		
45	315	BIEŃ MACIEJ	WARSZAWA		POL	1975	M3	14	00:16:02 (11)	00:02:11	01:16:51 (67)	00:00:58	00:48:19 (84)	02:24:21	44		
46	549	SZYL PAWEŁ	ZLOTORYJA	TRIDEA	POL	1981	M2	25	00:17:03 (41)	00:02:58	01:15:18 (44)	00:02:09	00:46:55 (61)	02:24:23	45		
47	366	HERDA BARTŁOMIEJ	BYTOM	TRIATHLON TRAINING CENTER	POL	1988	M1	6	00:18:38 (68)	00:02:21	01:14:59 (39)	00:01:00	00:47:36 (72)	02:24:34	46		
48	556	TATARSKI PETRONIUSZ	WARSZAWA	TRIPASSION	POL	1973	M3	15	00:16:43 (34)	00:02:38	01:17:30 (78)	00:01:54	00:45:54 (55)	02:24:39	47		
49	417	KRAWCZYK ALEKSANDRA	WARSZAWA	TRI W KOLORZE BLOND	POL	1984	K2	2	00:16:41 (32)	00:02:09	01:16:46 (65)	00:01:09	00:48:17 (83)	02:25:02		2	
50	425	KUKUŁA MICHAŁ	WARSZAWA	NEON TEAM	POL	1978	M2	26	00:16:37 (28)	00:03:33	01:15:35 (49)	00:01:59	00:47:33 (70)	02:25:17	48		
51	321	BUGOWSKI ANDRZEJ	WARSZAWA		POL	1974	M3	16	00:20:44 (132)	00:02:28	01:16:05 (52)	00:01:34	00:44:26 (41)	02:25:17	49		
52	374	JANOWSKI STANISŁAW	WARSZAWA	LUFT TRI TEAM	POL	1977	M2	27	00:19:39 (91)	00:02:37	01:14:38 (33)	00:01:17	00:47:26 (68)	02:25:37	50		
53	560	TUDEK AGATA	WARSZAWA	LDI	POL	1985	K2	3	00:16:19 (22)	00:01:57	01:16:33 (63)	00:01:10	00:50:11 (116)	02:26:10		3	
54	442	MALISZEWSKI WOJCIECH	JÓZEFOSŁAW	WARSAW MASTERS TEAM	POL	1974	M3	17	00:15:54 (8)	00:02:38	01:19:04 (91)	00:01:27	00:47:13 (64)	02:26:16	51		
55	537	SWEKLEJ ADAM	BIAŁA PODLASKA	PZU SPORT TEAM	POL	1974	M3	18	00:20:02 (101)	00:02:49	01:17:47 (82)	00:01:33	00:44:08 (38)	02:26:19	52		
56	352	GŁOWACKA AGNIESZKA	WARSZAWA	PILATES Z GŁOWĄ	POL	1981	K2	4	00:18:22 (63)	00:02:09	01:21:53 (132)	00:01:03	00:43:07 (29)	02:26:34		4	
57	382	KAIM IGNACY	WARSZAWA	LITT	POL	1989	M1	7	00:18:17 (60)	00:02:15	01:16:54 (68)	00:01:17	00:47:58 (75)	02:26:41	53		
58	292	TRUS MARIUSZ	LUBLIN		POL	1974	M3	19	00:19:25 (81)	00:02:28	01:17:16 (75)	00:01:38	00:46:04 (56)	02:26:51	54		
59	465	NARÓJEK GRZEGORZ	WARSZAWA	LABOSPORT	POL	1979	M2	28	00:18:39 (69)	00:02:38	01:16:13 (56)	00:01:18	00:48:06 (77)	02:26:54	55		
60	568	WALCZAK WOJCIECH	RADZYMIN	PROGRESS TRIATHLON TEAM	POL	1976	M3	20	00:18:40 (70)	00:03:20	01:18:21 (87)	00:01:38	00:45:03 (46)	02:27:02	56		
61	388	KARCZEWSKI PRZEMYSŁAW	WARSZAWA	TRICLUB	POL	1980	M2	29	00:20:49 (136)	00:02:16	01:17:30 (78)	00:01:07	00:46:04 (57)	02:27:46	57		
62	538	SYGULA JOANNA	WARSZAWA	ABSOLUTE BIKES TEAM	POL	1980	K2	5	00:19:25 (81)	00:02:30	01:15:34 (48)	00:01:09	00:49:15 (101)	02:27:53		5	
63	332	DĄBROWSKI TOMASZ	WARSZAWA	TWISTER TEAM	POL	1972	M3	21	00:18:57 (75)	00:02:37	01:16:20 (61)	00:01:21	00:48:48 (90)	02:28:03	58		
64	575	WOJDYŁA MICHAŁ	WARSZAWA	TRICLUB	POL	1980	M2	30	00:17:19 (45)	00:02:27	01:18:30 (88)	00:01:43	00:48:15 (82)	02:28:14	59		
65	303	AUGUSTYNIK MARIUSZ	WYSZKÓW		POL	1979	M2	31	00:18:07 (56)	00:03:54	01:17:57 (83)	00:02:02	00:46:51 (60)	02:28:51	60		
66	355	GONTARZ JAROSŁAW	KOZIENICE	TRI ENGINES	POL	1977	M2	32	00:18:57 (75)	00:02:40	01:15:12 (41)	00:01:31	00:50:39 (119)	02:28:59	61		
67	372	JANISZEWSKI WOJCIECH	KRAKÓW		POL	1988	M1	8	00:18:34 (66)	00:03:38	01:20:17 (104)	00:01:20	00:45:13 (48)	02:29:02	62		
68	433	LISIUS TOMASZ	GDAŃSK		POL	1964	M4	2	00:20:24 (116)	00:03:23	01:17:11 (73)	00:01:30	00:46:42 (59)	02:29:10	63		
69	336	FOKSA ARTUR	WARSZAWA		POL	1974	M3	22	00:18:25 (64)	00:03:14	01:17:33 (80)	00:01:22	00:49:11 (98)	02:29:45	64		
70	476	OMELIANOWICZ PIOTR	WYSZKÓW		POL	1989	M1	9	00:21:24 (152)	00:04:00	01:20:50 (116)	00:01:59	00:42:07 (22)	02:30:20	65		
71	522	SKŁAD TOMASZ	MYSIADŁO	MYSIADŁO	POL	1977	M2	33	00:16:06 (12)	00:03:18	01:20:40 (108)	00:01:26	00:48:53 (94)	02:30:23	66		
72	348	GĘBALA WOJTEK	WARSZAWA		POL	1978	M2	34	00:21:21 (149)	00:02:57	01:16:42 (64)	00:01:49	00:47:39 (73)	02:30:28	67		
73	579	WYSOCKI TOMASZ	BIAŁYSTOK	NADAKTYWNI	POL	1977	M2	35	00:18:58 (77)	00:03:05	01:17:12 (74)	00:01:16	00:50:00 (114)	02:30:31	68		
74	576	WOREK PAWEŁ	CIESZYN	GIBIEC TEAM	POL	1975	M3	23	00:20:25 (117)	00:03:39	01:15:00 (40)	00:01:45	00:49:49 (109)	02:30:38	69		
75	448	MAZUREK MARCIN	WARSZAWA		POL	1976	M3	24	00:16:39 (30)	00:02:59	01:21:16 (125)	00:01:25	00:48:20 (85)	02:30:39	70		
76	349	GIBIEC WIKTORIA	CIESZYN	GIBIECTEAM	POL	1997	K1	1	00:17:45 (50)	00:02:52	01:24:11 (146)	00:01:13	00:44:56 (44)	02:30:57		6	
77	493	PIOTROWICZ KRZYSZTOF	LUBLIN		POL	1968	M3	25	00:20:58 (142)	00:02:18	01:15:54 (50)	00:01:16	00:50:43 (121)	02:31:09	71		
78	552	SZYMONK MIROSLAW	ZLOTORYJA	TRIDEA TEAM	POL	1959	M4	3	00:21:59 (163)	00:02:55	01:14:31 (32)	00:01:48	00:49:59 (113)	02:31:12	72		
79	577	WROTONY MARIUSZ	MLAWA		POL	1991	M1	10	00:20:37 (122)	00:02:47	01:17:59 (84)	00:01:38	00:48:23 (86)	02:31:24	73		
80	496	PODGÓRSKI BARTOSZ	BYTOM	PZU SPORT TEAM	POL	1979	M2	36	00:19:37 (88)	00:03:49	01:21:05 (121)	00:01:31	00:45:31 (52)	02:31:33	74		
81	480	OSYTEK SŁAWOMIR	RADZYMIN		POL	1966	M4	4	00:19:40 (93)	00:02:54	01:16:21 (62)	00:01:12	00:51:35 (129)	02:31:42	75		
82	384	KAJETANOWICZ KRZYSZTOF	WARSZAWA	TRICLUB / VALUEPARTNER.PL	POL	1981	M2	37	00:23:13 (199)	00:02:27	01:16:48 (66)	00:01:33	00:48:07 (79)	02:32:08	76		
83	563	URBAN KRZYSZTOF	WARSZAWA	TRICLUB	POL	1980	M2	38	00:16:25 (24)	00:02:09	01:15:18 (43)	00:01:08	00:57:09 (202)	02:32:09	77		
84	376	JAROSZEWSKI KAROL	WARSZAWA	VEGAN TRIATHLON/KOLARSKI.EU	POL	1975	M3	26	00:23:55 (211)	00:03:00	01:19:23 (94)	00:01:54	00:44:06 (37)	02:32:18	78		
85	406	KOŚCIELSKI MATEUSZ	KĄTY WĘGIERSKIE	KĄTY WĘGIERSKIE	POL	1976	M3	27	00:21:12 (145)	00:04:01	01:17:01 (70)	00:01:29	00:48:53 (94)	02:32:36	79		
86	477	OPALCZYŃSKI ZBIGNIEW	WARSZAWA		POL	1974	M3	28	00:19:40 (93)	00:02:45	01:19:47 (98)	00:01:02	00:49:28 (103)	02:32:42	80		

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Miejscowość: NIEPORĘT



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
87	444	MANIKAŁO DARIUSZ	LIPKÓW	NEON TEAM	POL	1969	M3	29	00:22:30 (177)	00:02:24	01:17:04 (72)	00:01:17	00:49:33 (105)	02:32:48	81		
88	334	DZIOBIAK ROBERT	WARSZAWA	TRINERGY TEAM	POL	1978	M2	39	00:21:18 (147)	00:03:11	01:17:42 (81)	00:01:48	00:48:49 (92)	02:32:48	82		
89	583	ZAŁĘSKI WOJCIECH	OSTROŁĘKA		POL	1973	M3	30	00:19:16 (79)	00:02:07	01:21:52 (131)	00:01:13	00:48:34 (88)	02:33:02	83		
90	597	KOSMALA KAROL	WARSZAWA	TRIWAWA	POL	1987	M1	11	00:18:53 (74)	00:03:12	01:20:47 (114)	00:01:58	00:48:13 (81)	02:33:03	84		
91	345	GAWIN SŁAWOMIR	DEBE WIELKIE	8TEAM	POL	1983	M2	40	00:20:13 (108)	00:03:33	01:18:16 (86)	00:01:38	00:49:31 (104)	02:33:11	85		
92	573	WOCH KRZYSZTOF	ŁOMIANKI	WIDLOROGI	POL	1980	M2	41	00:20:49 (136)	00:02:50	01:20:44 (110)	00:02:04	00:47:11 (63)	02:33:38	86		
93	491	PIETRASZEWSKI GRZEGORZ	GLIWICE	TRIATHLON TRAINING CENTER	POL	1983	M2	42	00:21:44 (158)	00:02:36	01:20:45 (111)	00:01:31	00:47:20 (67)	02:33:56	87		
94	454	MICHAŁECZKO MACIEJ	TARNOBRZEG		POL	1980	M2	43	00:19:20 (80)	00:04:49	01:16:17 (58)	00:01:21	00:52:14 (136)	02:34:01	88		
95	514	SACHMATA ROBERT	PIASECZNO	KUŹNIA TRIATHLONU	POL	1967	M3	31	00:22:31 (179)	00:03:02	01:19:24 (95)	00:01:34	00:47:32 (69)	02:34:03	89		
96	373	JANKOWSKI DAMIAN	WARSZAWA	TRICLUB	POL	1986	M2	44	00:19:36 (87)	00:03:21	01:23:52 (143)	00:02:04	00:45:28 (51)	02:34:21	90		
97	598	WIKALINSKI JAROSŁAW	WARSZAWA		POL	1970	M3	32	00:22:30 (177)	00:03:47	01:17:23 (76)	00:01:54	00:49:05 (97)	02:34:39	91		
98	369	JAKUBAS PAWEŁ	WARSZAWA		POL	1977	M2	45	00:19:57 (100)	00:03:38	01:18:58 (90)	00:01:54	00:50:17 (117)	02:34:44	92		
99	360	GRZELCZAK SŁAWEK	WARSZAWA		POL	1977	M2	46	00:20:42 (129)	00:03:42	01:20:30 (106)	00:01:50	00:48:05 (76)	02:34:49	93		
100	308	BARTCZAK ROBERT	WARSZAWA	KLUB LENIWYCH TRIATHLONISTÓW	POL	1970	M3	33	00:21:55 (161)	00:03:58	01:20:17 (104)	00:01:09	00:47:34 (71)	02:34:53	94		
101	305	BANKIEWICZ DAMIAN	WARSZAWA	ASSECO ACTIVE TEAM	POL	1971	M3	34	00:20:20 (113)	00:02:49	01:20:07 (101)	00:01:54	00:49:49 (109)	02:34:59	95		
102	350	GIBIEC KINGA	CIESZYN	GIBIECTEAM	POL	1994	K1	2	00:17:26 (46)	00:02:46	01:24:41 (151)	00:01:17	00:49:13 (99)	02:35:23		7	
103	539	SYGUŁA MATEUSZ	MICHAŁOWICE	KOLARSKI.EU TEAM	POL	1979	M2	47	00:21:54 (160)	00:02:12	01:13:34 (23)	00:01:19	00:56:56 (201)	02:35:55	96		
104	565	UUSISAARI-GRZELCZAK ANNA	WARSZAWA		POL	1978	K2	6	00:20:53 (138)	00:02:37	01:20:06 (100)	00:01:48	00:50:41 (120)	02:36:05		8	
105	564	URBANOWICZ RAFAŁ	WARSZAWA		POL	1981	M2	48	00:22:26 (172)	00:02:50	01:16:59 (69)	00:01:47	00:52:07 (135)	02:36:09	97		
106	383	KAJDA KRZYSZTOF	WARSZAWA	NEON TEAM	POL	1973	M3	35	00:22:50 (190)	00:02:46	01:20:34 (107)	00:01:54	00:48:33 (87)	02:36:37	98		
107	515	SACHMATA JACEK	PIASECZNO	KUŹNIA TRIATHLONU	POL	1990	M1	12	00:21:57 (162)	00:02:36	01:19:55 (99)	00:01:00	00:51:32 (127)	02:37:00	99		
108	357	GÓRNIWICZ MARCIN	WARSZAWA	MBANK	POL	1981	M2	49	00:23:33 (204)	00:03:19	01:19:13 (92)	00:02:44	00:48:48 (91)	02:37:37	100		
109	380	KACZOROWSKI ADAM	KRYNICA ZDRÓJ		POL	1981	M2	50	00:20:43 (130)	00:02:58	01:19:22 (93)	00:02:12	00:52:27 (139)	02:37:42	101		
110	320	BRZOZOWSKI BARTOSZ	WARSZAWA	KU AZS WAT	POL	1985	M2	51	00:17:17 (43)	00:02:40	01:22:34 (135)	00:01:13	00:53:59 (163)	02:37:43	102		
111	418	KRAWCZYK MICHAŁ	NADARZYN	LUKA	POL	1978	M2	52	00:20:11 (105)	00:03:10	01:20:54 (119)	00:00:58	00:52:36 (141)	02:37:49	103		
112	499	PROKOP PAULINA	WARSZAWA	TRIWAWA	POL	1986	K2	7	00:20:43 (130)	00:02:35	01:21:07 (122)	00:01:23	00:52:03 (133)	02:37:51		9	
113	542	SZAREK GUSTAW	WROCLAW	TORPEDA TBG	POL	1987	M1	13	00:20:10 (102)	00:03:26	01:23:02 (137)	00:01:40	00:49:36 (106)	02:37:54	104		
114	466	NEJMAN ANDRZEJ	WARSZAWA		POL	1982	M2	53	00:20:10 (102)	00:03:33	01:17:01 (71)	00:02:37	00:54:36 (169)	02:37:57	105		
115	304	BADOWSKI PIOTR	KONSTANCIN JEZIORNA	BROTHERS IN ARMS	POL	1968	M3	36	00:17:27 (47)	00:02:35	01:20:16 (103)	00:01:33	00:56:07 (192)	02:37:58	106		
116	455	MIEDZIANOWSKA KAROLINA	WARSZAWA		POL	1985	K2	8	00:20:21 (115)	00:03:35	01:19:38 (96)	00:01:25	00:53:07 (148)	02:38:06		10	
117	422	KSIĄŻEK DYMITR	WARSZAWA		POL	1978	M2	54	00:18:52 (73)	00:03:23	01:25:34 (159)	00:02:09	00:48:08 (80)	02:38:06	107		
118	594	BROŻYNA MAREK	WARSZAWA	SWIMMERS MASTERS TEAM	POL	1980	M2	55	00:15:25 (6)	00:03:52	01:21:13 (123)	00:01:38	00:56:01 (191)	02:38:09	108		
119	394	KLIMCZAK ADAM	JÓZEFOSŁAW	CAPAROL POLSKA	POL	1966	M4	5	00:19:39 (91)	00:02:48	01:23:52 (142)	00:01:07	00:50:50 (122)	02:38:16	109		
120	590	ZYCHEWICZ MACIEJ	WARSZAWA	ACCENTURE	POL	1983	M2	56	00:20:59 (143)	00:02:48	01:22:29 (134)	00:01:33	00:50:35 (118)	02:38:24	110		
121	580	ZABORNY PAWEŁ	WARSZAWA		POL	1979	M2	57	00:22:11 (165)	00:03:06	01:21:14 (124)	00:01:50	00:50:03 (115)	02:38:24	111		
122	567	WAGNER SEBASTIAN	SEROCK	T-MOBILE	POL	1974	M3	37	00:18:42 (72)	00:04:13	01:18:15 (85)	00:01:53	00:55:22 (181)	02:38:25	112		
123	435	ŁUSIAK MARIUSZ	GLIWICE	WATAHA	POL	1984	M2	58	00:17:49 (51)	00:03:00	01:20:49 (115)	00:01:28	00:55:40 (185)	02:38:46	113		
124	413	KOZŁOWICZ KRZYSZTOF MARCIN	MIEDZYRZEC PODLASKI		POL	1976	M3	38	00:20:19 (111)	00:02:35	01:16:12 (55)	00:02:07	00:57:47 (205)	02:39:00	114		
125	534	STANIK MICHAŁ	JÓZEFÓW	NEON TEAM	POL	1978	M2	59	00:20:20 (113)	00:02:50	01:17:29 (77)	00:01:53	00:56:34 (195)	02:39:06	115		
126	309	BARTOLIŃ PIOTR	WARSZAWA	PZU SPORT TEAM	POL	1978	M2	60	00:18:35 (67)	00:02:16	01:20:55 (120)	00:02:15	00:55:41 (186)	02:39:42	116		
127	498	POSZELĘŻNY ANDRZEJ	WARSZAWA		POL	1980	M2	61	00:20:47 (135)	00:03:05	01:20:45 (111)	00:01:42	00:53:24 (154)	02:39:43	117		
128	545	SZELC MIKOŁAJ	ŁOMIANKI	OBŁUSKI RUNNING TEAM	POL	1976	M3	39	00:20:45 (133)	00:03:14	01:20:53 (117)	00:02:10	00:53:13 (151)	02:40:15	118		
129	501	PRUSIK BARTOSZ	WARSZAWA	COZMO BIKE CYCLING CLUB	POL	1993	M1	14	00:21:30 (156)	00:04:14	01:11:11 (9)	00:01:37	01:01:51 (234)	02:40:23	119		

VOLVO Triathlon Series

Organizator: G&G Promotion, Grzegorz Golonko

Data: 16.07.2017

Dystans: 1/4 IRON MAN (950m pływanie/45km rower/10,5km bieg)

Miejscowość: NIEPORĘT



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
130	535	STEC JOANNA	NOWA IWICZNA	EXATEL TEAM	POL	1982	K2	9	00:22:38 (183)	00:02:48	01:20:54 (118)	00:01:36	00:52:28 (140)	02:40:24		11	
131	344	GAWIN KRZYSZTOF	WARSZAWA		POL	1992	M1	15	00:19:38 (89)	00:02:50	01:23:53 (144)	00:01:16	00:52:50 (143)	02:40:27	120		
132	361	GRZESIAK MARIUSZ	WARSZAWA		POL	1974	M3	40	00:19:38 (89)	00:03:06	01:26:44 (168)	00:01:41	00:49:22 (102)	02:40:31	121		
133	300	ADAMSKI JAROSŁAW	WARSZAWA	ASSECO ACTIVE TEAM	POL	1970	M3	41	00:20:53 (138)	00:02:52	01:24:19 (148)	00:01:15	00:51:14 (125)	02:40:33	122		
134	558	TOMSZYS PIOTR	WARSZAWA	ASSECO ACTIVE TEAM	POL	1965	M4	6	00:20:36 (121)	00:02:43	01:21:17 (126)	00:01:38	00:54:32 (168)	02:40:46	123		
135	298	CZAYKA KRYSZTIAN	WARSZAWA	PROCYCLING PROMOTIONS	POL	1982	M2	62	00:18:20 (62)	00:02:58	01:21:29 (130)	00:01:22	00:56:47 (197)	02:40:56	124		
136	431	LINDHOLM ANNA	WARSZAWA	MYBIKE.PL WITC	SWE	1975	K3	1	00:21:49 (159)	00:02:50	01:23:38 (141)	00:01:43	00:51:06 (124)	02:41:06		12	
137	346	GĄSIEWSKA ZUZA	WARSZAWA	LADY TRI	POL	1978	K2	10	00:20:39 (124)	00:02:35	01:19:43 (97)	00:01:21	00:57:35 (204)	02:41:53		13	
138	410	KOWALSKI TOMASZ	KOSZALIN	WITC	POL	1986	M2	63	00:23:54 (210)	00:05:01	01:26:03 (163)	00:01:42	00:45:20 (49)	02:42:00	125		
139	311	BEDYŃSKI RADOŚLAW	WARSZAWA	PZU SPORT TEAM	POL	1973	M3	42	00:20:30 (118)	00:03:44	01:14:50 (38)	00:02:24	01:00:42 (229)	02:42:10	126		
140	503	PUCHALSKI PIOTR	WROCLAW	PZU SPORT TEAM	POL	1973	M3	43	00:21:20 (148)	00:04:33	01:26:02 (161)	00:01:40	00:48:41 (89)	02:42:16	127		
141	446	MARZAK ADAM	NIEPORĘT	TRILEVEL	POL	1969	M3	44	00:20:10 (102)	00:04:28	01:24:21 (149)	00:01:27	00:52:04 (134)	02:42:30	128		
142	328	CURRIT TRAVIS	WARSZAWA	WITC	POL	1984	K2	11	00:26:52 (244)	00:05:19	01:26:03 (162)	00:01:56	00:42:24 (26)	02:42:34		14	
143	520	SIDELNIK MARCIN	WARSZAWA	PWC RUNNING TEAM	POL	1977	M2	64	00:23:44 (208)	00:03:26	01:27:28 (172)	00:01:47	00:46:25 (58)	02:42:50	129		
144	426	KUKUŁKA TOMASZ	WARSZAWA		POL	1978	M2	65	00:18:58 (77)	00:03:51	01:26:05 (164)	00:02:07	00:51:57 (132)	02:42:58	130		
145	478	OPOLSKI MARCIN	WARSZAWA	LEAN COMMUNICATION TC	POL	1981	M2	66	00:23:35 (205)	00:02:50	01:21:23 (127)	00:01:45	00:53:39 (158)	02:43:12	131		
146	458	MIKSA CEZARY	JÓZEFÓW	ASSECO ACTIVE TEAM	POL	1985	M2	67	00:21:25 (154)	00:03:18	01:21:24 (128)	00:01:16	00:55:50 (188)	02:43:13	132		
147	451	MEŻYŃSKI PIOTR	WARSZAWA		POL	1979	M2	68	00:19:41 (95)	00:04:13	01:20:16 (102)	00:01:31	00:58:23 (208)	02:44:04	133		
148	401	KOPYTOWSKA ANNA	WARSZAWA		POL	1987	K1	3	00:20:11 (105)	00:03:06	01:31:15 (195)	00:02:02	00:48:07 (78)	02:44:41		15	
149	562	ULICZNY MARCIN	PLOCK	B42	POL	1974	M3	45	00:20:40 (125)	00:03:18	01:20:46 (113)	00:01:39	00:58:35 (211)	02:44:58	134		
150	370	JAKUBCZYK MARCIN	WARSZAWA	MGG HELPEA TEAM	POL	1975	M3	46	00:22:13 (166)	00:05:36	01:21:24 (128)	00:02:33	00:54:11 (165)	02:45:57	135		
151	551	SZYMENDERSKI ŁUKASZ	LUBLIN		POL	1977	M2	69	00:18:19 (61)	00:02:53	01:23:34 (140)	00:02:13	00:59:02 (216)	02:46:01	136		
152	525	SKOMRA KRZYSZTOF	WARSZAWA	T-MOBILE RUNNING TEAM	POL	1978	M2	70	00:24:58 (221)	00:04:49	01:24:47 (153)	00:01:49	00:49:42 (107)	02:46:05	137		
153	293	ŚWIDERSKI MICHAŁ	NIEPORĘT		POL	1980	M2	71	00:20:32 (119)	00:03:29	01:25:10 (157)	00:02:13	00:54:46 (173)	02:46:10	138		
154	484	PAWLAK KAMIL	WARSZAWA		POL	1988	M1	16	00:22:48 (189)	00:03:13	01:22:23 (133)	00:02:06	00:55:42 (187)	02:46:12	139		
155	521	SIENICKI RADOŚLAW	WARSZAWA	PWC TRI TEAM	POL	1982	M2	72	00:19:41 (95)	00:03:27	01:32:33 (208)	00:01:49	00:48:49 (92)	02:46:19	140		
156	445	MANTUR PAWEŁ	WARSZAWA		POL	1986	M2	73	00:22:28 (175)	00:03:52	01:24:47 (152)	00:02:07	00:53:07 (147)	02:46:21	141		
157	342	GARCZARZYK TOMASZ	NAKŁO ŚLĄSKIE		POL	1991	M1	17	00:25:17 (226)	00:03:04	01:23:15 (138)	00:01:15	00:53:34 (156)	02:46:25	142		
158	415	KRAMIŃA ADAM	WARSZAWA	MŁODE WILKI	POL	1984	M2	74	00:20:41 (127)	00:03:09	01:27:44 (173)	00:01:49	00:53:14 (152)	02:46:37	143		
159	405	KOSTACIŃSKA MARIA	WARSZAWA	COZMO BIKE CYCLING TEAM	POL	1993	K1	4	00:23:26 (202)	00:03:39	01:24:54 (154)	00:01:46	00:53:04 (146)	02:46:49		16	
160	459	MISIAK MIREK	KORYTÓW A	WIDLOROGI	POL	1970	M3	47	00:22:39 (184)	00:03:20	01:26:42 (167)	00:01:31	00:52:46 (142)	02:46:58	144		
161	572	WILK PRZEMEK	JÓZEFÓW		POL	1979	M2	75						02:47:04	145		
162	516	SADOWSKA MONIKA	WARSZAWA		POL	1981	K2	12	00:20:41 (127)	00:04:05	01:35:56 (225)	00:01:52	00:45:23 (50)	02:47:57		17	
163	485	PAWLAK PIOTR	WARSZAWA		POL	1990	M1	18	00:22:24 (170)	00:03:49	01:27:15 (170)	00:01:52	00:53:12 (150)	02:48:32	146		
164	527	SOBIECH PAWEŁ	LEGIONOWO	TRILEVEL	POL	1978	M2	76	00:20:38 (123)	00:03:02	01:28:52 (183)	00:02:08	00:53:53 (161)	02:48:33	147		
165	408	KOWALIK MARCIN	RADZYMIN		POL	1990	M1	19	00:27:35 (249)	00:03:27	01:28:28 (180)	00:02:15	00:47:14 (65)	02:48:59	148		
166	403	KORZENIECKI MARIUSZ	WARSZAWA	ULTRA ŻEŃ-KO	POL	1981	M2	77	00:21:23 (151)	00:04:47	01:24:15 (147)	00:01:24	00:57:19 (203)	02:49:08	149		
167	330	CZERWINSKI KRZYSZTOF	WARSZAWA	WITC	POL	1980	M2	78	00:20:19 (111)	00:03:19	01:25:16 (158)	00:01:57	00:58:25 (209)	02:49:16	150		
168	377	JAROSZYŃSKI PAWEŁ	GRÓJEC	AKTYWNI GRÓJEC	POL	1967	M3	48	00:21:40 (157)	00:04:17	01:20:40 (108)	00:02:41	01:00:07 (224)	02:49:25	151		
169	432	LIPIŃSKI PIOTR	GRÓJEC	WWW.PIOTR.LIPINSKI.PL	POL	1967	M3	49	00:21:11 (144)	00:03:49	01:23:15 (138)	00:01:32	01:00:04 (223)	02:49:51	152		
170	429	LILONKIEWICZ TOMASZ SZCZESNY	WARSZAWA		POL	1966	M4	7	00:26:24 (239)	00:03:46	01:24:23 (150)	00:01:26	00:54:11 (166)	02:50:10	153		
171	531	SOŁTYSIAK PAWEŁ	WARSZAWA	MOYA RUNNING TEAM	POL	1974	M3	50	00:25:08 (223)	00:04:37	01:24:56 (155)	00:01:55	00:53:35 (157)	02:50:11	154		
172	323	CICHOCKA MARIANNA	KIEKRZ		POL	1969	K3	2	00:22:28 (175)	00:03:15	01:29:35 (187)	00:01:52	00:53:12 (149)	02:50:22		18	

VOLVO Triathlon Series

Organizator: G&G Promotion, Grzegorz Golonko

Data: 16.07.2017

Dystans: 1/4 IRON MAN (950m pływanie/45km rower/10,5km bieg)

Miejscowość: NIEPORĘT



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
173	452	MICHALCZYK TOMASZ	WARSZAWA	NAPRZÓD MŁOCINY	POL	1979	M2	79	00:20:12 (107)	00:03:50	01:29:57 (190)	00:01:46	00:54:43 (172)	02:50:28	155		
174	557	TOMASZEWSKI BARTOSZ	WARSZAWA		POL	1989	M1	20	00:22:33 (181)	00:03:35	01:31:31 (200)	00:01:17	00:51:57 (131)	02:50:53	156		
175	506	REKOSIEWICZ JAKUB	ZIELONA GÓRA		POL	1977	M2	80	00:26:56 (245)	00:04:21	01:30:14 (191)	00:01:47	00:47:46 (74)	02:51:04	157		
176	294	MARCINIAK ŁUKASZ	WARSZAWA		POL	1981	M2	81	00:22:27 (173)	00:04:35	01:32:08 (206)	00:02:16	00:49:51 (111)	02:51:17	158		
177	532	SOSNOWSKI MIŁOŚZ	WARSZAWA	NAPRZÓD MŁOCINY	POL	1975	M3	51	00:23:02 (195)	00:03:56	01:32:43 (211)	00:01:44	00:49:52 (112)	02:51:17	159		
178	420	KRYŚKA PIOTR	WARSZAWA		POL	1991	M1	21	00:18:31 (65)	00:03:52	01:32:42 (210)	00:01:36	00:54:38 (171)	02:51:19	160		
179	479	OSTASZEWSKA MARTA	PRUSZKÓW		POL	1979	K2	13	00:23:06 (197)	00:02:15	01:31:20 (198)	00:01:44	00:53:00 (145)	02:51:25		19	
180	548	SZTEBLICH MAGDALENA	WROCLAW	AT TEAM	POL	1982	K2	14	00:22:56 (194)	00:03:14	01:32:58 (212)	00:02:31	00:49:49 (108)	02:51:28		20	
181	519	SIBORENKO PIOTR ARTUR	WARSZAWA	MBC	POL	1975	M3	52	00:22:41 (185)	00:03:06	01:28:20 (179)	00:01:43	00:56:08 (193)	02:51:58	161		
182	438	MAGDZIARZ PAWEŁ	WARSZAWA		POL	1987	M1	22	00:21:24 (152)	00:05:06	01:30:46 (192)	00:03:20	00:51:24 (126)	02:52:00	162		
183	554	TALAREK RENATA	ZAMIENIE	I-SPORT	POL	1984	K2	15	00:23:13 (199)	00:03:10	01:28:49 (182)	00:01:48	00:55:01 (177)	02:52:01		21	
184	488	PAŹDZIOR ŁUKASZ	WARSZAWA	TRIATHLON SERWIS	POL	1976	M3	53	00:22:44 (187)	00:03:34	01:31:43 (204)	00:01:49	00:52:18 (137)	02:52:08	163		
185	347	GAŚIOREK PAWEŁ	JABLONNA	9. DYWERSYJNA	POL	1974	M3	54	00:25:20 (227)	00:03:49	01:28:06 (176)	00:01:45	00:53:20 (153)	02:52:20	164		
186	441	MALIŃSKI PAWEŁ	WARSZAWA	ASSECO ACTIVE TEAM	POL	1978	M2	82	00:20:17 (110)	00:03:28	01:28:34 (181)	00:01:41	00:59:23 (219)	02:53:23	165		
187	593	DONAT PAWEŁ	WARSZAWA		POL	1978	M2	83	00:25:02 (222)	00:03:15	01:29:29 (186)	00:01:44	00:53:56 (162)	02:53:26	166		
188	409	KOWALSKI ŁUKASZ	WARSZAWA		POL	1984	M2	84	00:20:46 (134)	00:04:02	01:32:02 (205)	00:01:31	00:55:08 (179)	02:53:29	167		
189	411	KOWALSKI ARTUR	WARSZAWA	0	POL	1972	M3	55	00:22:18 (167)	00:06:52	01:27:50 (174)	00:05:26	00:51:34 (128)	02:54:00	168		
190	299	KUPCZYK TOMASZ	ŁOMIANKI DOLNE		POL	1977	M2	85	00:20:57 (141)	00:04:59	01:33:09 (214)	00:01:41	00:53:47 (159)	02:54:33	169		
191	364	GUDRA MATEUSZ	POZNAŃ		POL	1982	M2	86	00:23:51 (209)	00:04:18	01:31:33 (201)	00:01:38	00:53:27 (155)	02:54:47	170		
192	392	KIRILENKO MARCIN	MARKI		POL	1974	M3	56	00:27:09 (247)	00:04:04	01:27:15 (170)	00:01:31	00:54:52 (176)	02:54:51	171		
193	296	RACZYŃSKI MIROŚLAW	CHEŁM		POL	1960	M4	8	00:26:25 (240)	00:03:13	01:28:07 (177)	00:01:56	00:55:32 (183)	02:55:13	172		
194	443	MANIECKA AGNIESZKA	WARSZAWA	TRIPASSION	POL	1986	K2	16	00:16:54 (40)	00:02:54	01:35:05 (223)	00:01:48	00:58:54 (214)	02:55:35		22	
195	404	KOTOW SEBASTIAN	WARSZAWA	LUFT TRI TEAM	POL	1975	M3	57	00:23:35 (205)	00:04:09	01:25:37 (160)	00:01:39	01:00:36 (228)	02:55:36	173		
196	524	SKOCZYŁAS WOJCIECH	RADOM		POL	1966	M4	9	00:22:41 (185)	00:03:47	01:30:50 (194)	00:01:48	00:56:50 (200)	02:55:56	174		
197	550	SZYMANEK PAWEŁ	WARSZAWA	I-SPORT / NAPRZÓD MŁOCINY	POL	1979	M2	87	00:18:41 (71)	00:04:24	01:26:21 (165)	00:01:46	01:04:45 (240)	02:55:57	175		
198	398	KOMOROWSKA OLGA	WARSZAWA		POL	1992	K1	5	00:17:55 (52)	00:03:08	01:37:53 (232)	00:01:46	00:55:28 (182)	02:56:10		23	
199	589	ZNAMIEC MARCIN	WARSZAWA	POLICJA	POL	1977	M2	88	00:24:56 (220)	00:04:09	01:36:29 (227)	00:01:43	00:49:13 (99)	02:56:30	176		
200	447	MATHIAK RAFAŁ	STARY KRASZEW		POL	1976	M3	58	00:25:32 (232)	00:05:14	01:31:37 (203)	00:01:37	00:52:59 (144)	02:56:59	177		
201	512	RYMKIEWICZ ZBIGNIEW	WARSZAWA		POL	1981	M2	89	00:19:31 (85)	00:04:01	01:22:50 (136)	00:01:51	01:09:33 (246)	02:57:46	178		
202	462	MYSIOREK RAFAŁ	PIASTÓW		POL	1970	M3	59	00:22:54 (192)	00:04:05	01:26:25 (166)	00:01:41	01:02:52 (236)	02:57:57	179		
203	541	SZANIEWSKI MIROŚLAW	JELENIA GÓRA	WWW.BIEGAMDLAZDROWIA.PL	POL	1973	M3	60	00:25:26 (229)	00:05:00	01:34:35 (221)	00:02:09	00:50:57 (123)	02:58:07	180		
204	574	WOJDECKA KAROLINA	WARSAW	KUŹNIA TRIATLONU	POL	1986	K2	17	00:20:40 (125)	00:03:11	01:34:13 (218)	00:01:46	00:58:27 (210)	02:58:17		24	
205	362	GRZYMAŁA GRZEGORZ	WARSZAWA		POL	1986	M2	90	00:24:25 (216)	00:04:41	01:33:02 (213)	00:02:10	00:55:03 (178)	02:59:21	181		
206	529	SOKALSKA ANETA	WARSZAWA	WITC	POL	1989	K1	6	00:22:24 (170)	00:03:06	01:37:25 (230)	00:01:44	00:54:48 (175)	02:59:27		25	
207	511	RYDEL DOMINIKA	KRAKÓW		POL	1989	K1	7	00:22:27 (173)	00:03:31	01:32:28 (207)	00:01:44	00:59:38 (221)	02:59:48		26	
208	483	PALCZEWSKI MARCIN	WARSZAWA	B-42	POL	1975	M3	61	00:23:10 (198)	00:06:02	01:33:15 (216)	00:01:43	00:55:53 (189)	03:00:03	182		
209	434	ŁĄCZYŃSKA MALWINA	WARSAW		POL	1987	K1	8	00:23:04 (196)	00:03:32	01:37:06 (228)	00:01:53	00:54:37 (170)	03:00:12		27	
210	423	KUBACKI WOJCIECH	WILCZOGÓRA	SGR RACING TEAM	POL	1985	M2	91	00:30:43 (257)	00:03:44	01:24:08 (145)	00:01:29	01:00:16 (227)	03:00:20	183		
211	354	GONET MACIEJ	WARSZAWA		POL	1989	M1	23	00:22:47 (188)	00:03:27	01:37:53 (233)	00:01:53	00:54:22 (167)	03:00:22	184		
212	555	TARCZYŃSKI MARCIN	WARSZAWA		POL	1980	M2	92	00:20:34 (120)	00:03:14	01:34:15 (219)	00:01:52	01:00:52 (231)	03:00:47	185		
213	440	MALESA PAWEŁ	MARKI		POL	1975	M3	62	00:22:22 (169)	00:04:38	01:31:34 (202)	00:01:41	01:00:42 (230)	03:00:57	186		
214	543	SZCZĘSNY MARCIN	MARKI		POL	1971	M3	63	00:25:39 (233)	00:04:22	01:33:36 (217)	00:02:06	00:55:19 (180)	03:01:02	187		
215	585	ZATORSKI ROBERT	WARSZAWA		POL	1971	M3	64	00:24:43 (218)	00:05:20	01:29:43 (188)	00:01:50	00:59:38 (220)	03:01:14	188		

VOLVO Triathlon Series

Organizator: G&G Promotion, Grzegorz Golonko

Data: 16.07.2017

Dystans: 1/4 IRON MAN (950m pływanie/45km rower/10,5km bieg)

Miejscowość: NIEPORĘT



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
216	547	SZOPA TOMASZ	WARSZAWA		POL	1984	M2	93	00:24:22 (214)	00:04:57	01:38:53 (235)	00:01:23	00:52:18 (137)	03:01:53	189		
217	473	ODOLIŃSKI MAKS	WARSZAWA	OJCIEC I SYN	POL	1990	M1	24	00:25:27 (230)	00:03:10	01:30:48 (193)	00:01:52	01:00:53 (232)	03:02:10	190		
218	365	HASIOR KRZYSZTOF	WARSZAWA		POL	1984	M2	94	00:25:16 (225)	00:04:41	01:35:59 (226)	00:01:29	00:54:47 (174)	03:02:12	191		
219	553	ŚWITAŁA KAMIL	NOWY DWÓR MAZOWIEC		POL	1989	M1	25	00:23:29 (203)	00:07:55	01:32:37 (209)	00:02:20	00:56:49 (198)	03:03:10	192		
220	430	LEWANDOWSKI RAFAŁ	CIECHOCINEK		POL	1995	M1	26	00:25:24 (228)	00:03:33	01:39:17 (236)	00:01:46	00:53:51 (160)	03:03:51	193		
221	489	PERCIŃSKI MATEUSZ	SIEDLCE		POL	1994	M1	27	00:19:51 (97)	00:05:19	01:40:32 (239)	00:01:46	00:56:49 (198)	03:04:17	194		
222	456	MIĘTEK ZBIGNIEW	LEGIONOWO		POL	1976	M3	65	00:23:25 (201)	00:03:59	01:28:02 (175)	00:01:39	01:07:27 (243)	03:04:32	195		
223	333	DZIĘCIOŁ WŁODEK	WOŁOMIN	RKS FAMILY ACTIVE	POL	1972	M3	66	00:27:59 (250)	00:04:38	01:31:23 (199)	00:01:58	00:58:48 (213)	03:04:46	196		
224	569	WASILEWSKA JOANNA	WARSZAWA	WITC	POL	1972	K3	3	00:24:10 (213)	00:04:17	01:37:12 (229)	00:01:31	00:58:01 (206)	03:05:11		28	
225	338	FRANKOWSKI ŁUKASZ	WARSZAWA		POL	1984	M2	95	00:21:29 (155)	00:04:13	01:41:32 (241)	00:01:46	00:56:25 (194)	03:05:25	197		
226	584	ZARĘBA MARIAN	ZEGRZE		POL	1976	M3	67	00:22:55 (193)	00:06:09	01:35:13 (224)	00:01:53	00:59:16 (218)	03:05:26	198		
227	523	SKŁADANEK JAKUB	WARSZAWA	LITT	POL	1989	M1	28	00:24:31 (217)	00:03:14	01:25:04 (156)	00:01:31	01:11:12 (252)	03:05:32	199		
228	396	KOLASZEWSKA DAGNA	WARSZAWA		POL	1988	K1	9	00:19:55 (98)	00:03:58	01:40:04 (237)	00:01:38	01:00:11 (225)	03:05:46		29	
229	571	WERLE MICHAŁ	WARSZAWA		POL	1990	M1	29	00:27:34 (248)	00:03:22	01:34:20 (220)	00:01:44	00:59:09 (217)	03:06:09	200		
230	337	FORMELA MARCIN	WARSZAWA		POL	1983	M2	96	00:22:18 (167)	00:03:20	01:29:43 (188)	00:01:49	01:09:51 (248)	03:07:01	201		
231	424	KUDAS TOMASZ	KRAKÓW	SPACE INVADERS	POL	1974	M3	68						03:07:48	202		
232	528	SOBOLEWSKI WOJCIECH	WARSZAWA		POL	1958	M4	10	00:21:15 (146)	00:04:08	01:31:16 (196)	00:01:42	01:10:03 (250)	03:08:24	203		
233	397	KOŁODZIEK MAREK	WARSZAWA		POL	1972	M3	69	00:29:28 (254)	00:04:07	01:28:55 (184)	00:01:44	01:04:46 (241)	03:09:00	204		
234	495	PLATEK MARCIN	ELKAPIT	EL KAPITANO	POL	1976	M3	70	00:23:35 (205)	00:04:54	01:40:18 (238)	00:01:44	00:58:36 (212)	03:09:07	205		
235	368	HUTNY EWA	WARSZAWA	WITC	POL	1964	K4+	1	00:28:38 (253)	00:04:54	01:42:03 (243)	00:01:47	00:51:51 (130)	03:09:13		30	
236	306	BARAŃSKI MICHAŁ	WARSZAWA	ASSECO ACTIVE TEAM	POL	1981	M2	97	00:22:32 (180)	00:07:23	01:29:06 (185)	00:02:12	01:09:04 (245)	03:10:17	206		
237	391	KIJAK ARTUR	ZĄBKI	GKMA	POL	1976	M3	71	00:26:15 (238)	00:06:26	01:41:49 (242)	00:02:30	00:54:01 (164)	03:11:01	207		
238	546	SZMIGIELSKA NOEMI	WARSZAWA	WITC	POL	1984	K2	18	00:24:08 (212)	00:03:47	01:43:05 (249)	00:01:44	00:58:55 (215)	03:11:39		31	
239	470	NOWAK RAFAŁ	MARKI	BRAK	POL	1974	M3	72	00:29:39 (255)	00:03:51	01:33:13 (215)	00:02:17	01:04:37 (239)	03:13:37	208		
240	318	BORKOWSKI PIOTR	JÓZEFÓW	PROGRESTRENER.PL TEAM	POL	1985	M2	98	00:27:03 (246)	00:05:13	01:31:16 (196)	00:01:40	01:08:40 (244)	03:13:52	209		
241	461	MUCHA KRZYSZTOF	MSZANA		POL	1975	M3	73	00:22:35 (182)	00:05:44	01:44:21 (250)	00:01:41	01:01:37 (233)	03:15:58	210		
242	295	JANIK TOMASZ	NIEPORĘT		POL	1975	M3	74	00:30:38 (256)	00:03:54	01:42:23 (247)	00:01:20	00:58:21 (207)	03:16:36	211		
243	416	KRASUSKI PRZEMYSŁAW	WARSZAWA		POL	1989	M1	30	00:25:09 (224)	00:05:29	01:34:41 (222)	00:02:01	01:09:43 (247)	03:17:03	212		
244	487	PAZUR MIROSLAW	WARSZAWA		POL	1978	M2	99	00:24:24 (215)	00:05:24	01:27:07 (169)	00:02:37	01:18:18 (258)	03:17:50	213		
245	481	PACHCIAREK MAGDALENA	PIASTÓW		POL	1981	K2	19	00:26:48 (243)	00:03:48	01:49:56 (258)	00:01:47	00:56:38 (196)	03:18:57		32	
246	578	WRZESIŃSKI ADAM	WARSZAWA	ENERGY INVEST GROUP	POL	1984	M2	100	00:22:52 (191)	00:04:21	01:37:32 (231)	00:02:25	01:13:04 (253)	03:20:14	214		
247	587	ZIEMBA ALEKSANDRA	WARSZAWA		POL	1986	K2	20	00:28:05 (251)	00:04:51	01:45:17 (252)	00:02:07	00:59:57 (222)	03:20:17		33	
248	592	JEZIOROWSKI JAROMIR	WARSZAWA	XBOX BIKE TEAM	POL	1977	M2	101	00:34:42 (260)	00:05:18	01:28:07 (177)	00:02:06	01:10:07 (251)	03:20:20	215		
249	581	ZAJĄCZKOWSKI BARTOSZ	PRZEMYŚL	PRZEMYSKI KLUB BIEGACZA	POL	1979	M2	102	00:31:30 (259)	00:04:26	01:41:19 (240)	00:02:05	01:01:53 (235)	03:21:13	216		
250	464	NARKIEWICZ-JODKO RAFAŁ	WARSZAWA		POL	1974	M3	75	00:25:28 (231)	00:08:05	01:42:19 (246)	00:02:19	01:03:30 (238)	03:21:41	217		
251	427	LALIK AGNIESZKA	JÓZEFÓW	LETE BIEGA	POL	1972	K3	4	00:25:56 (235)	00:05:15	01:45:19 (253)	00:02:29	01:03:05 (237)	03:22:04		34	
252	510	RÓZICKA KATARZYNA	WARSZAWA	WARSAW INTERNATIONAL TRIATHLON CLUB	POL	1986	K2	21	00:26:35 (241)	00:03:50	01:42:41 (248)	00:01:47	01:07:20 (242)	03:22:13		35	
253	393	KLIMASZEWSKI FILIP	WARSZAWA	KLIMASZPOL TEAM	POL	1985	M2	103	00:43:40 (263)	00:04:26	01:38:16 (234)	00:01:39	00:55:32 (183)	03:23:33	218		
254	428	LEBRAND KATARZYNA	ZALESIE GÓRNE		POL	1980	K2	22	00:24:47 (219)	00:04:02	01:42:12 (245)	00:01:54	01:15:45 (255)	03:28:40		36	
255	340	FYDRYSZEK ARTUR	WOŁOMIN	OPTIBUY TEAM	POL	1988	M1	31	00:21:22 (150)	00:03:42	01:53:16 (260)	00:01:55	01:10:02 (249)	03:30:17	219		
256	504	PYTEL PIOTR	WARSZAWA		POL	1966	M4	11	00:18:11 (57)	00:03:47	01:42:06 (244)	00:02:06	01:26:26 (262)	03:32:36	220		
257	421	KRZEMPEK ZBIGNIEW	CIESZYN		POL	1976	M3	76	00:37:19 (261)	00:04:23	01:49:32 (257)	00:02:27	01:00:11 (225)	03:33:52	221		
258	449	MAZUREK MACIEJ	KONSTANCIN-JEZIORNA		POL	1979	M2	104	00:20:53 (138)	00:04:34	01:48:36 (256)	00:01:17	01:19:02 (260)	03:34:22	222		

VOLVO Triathlon Series

Organizator: G&G Promotion, Grzegorz Golonko

Data: 16.07.2017

Dystans: 1/4 IRON MAN (950m pływanie/45km rower/10,5km bieg)

Miejscowość: NIEPORĘT



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
259	297	RUBASZKIEWICZ KONRAD	WARSZAWA	KM RUBASZKIEWICZ	POL	1974	M3	77	00:26:00 (236)	00:04:23	01:47:06 (254)	00:02:11	01:17:25 (257)	03:37:05	223		
260	513	RZEŻACZ ADAM	DŁUGOMIŁOWICE	OPTIBUY TEAM	POL	1988	M1	32	00:26:40 (242)	00:06:04	02:07:23 (261)	00:01:17	00:56:00 (190)	03:37:24	224		
261	502	PRZYBECKI WOJCIECH	WARSZAWA		POL	1954	M5+	1	00:31:10 (258)	00:05:16	01:50:45 (259)	00:02:10	01:18:45 (259)	03:48:06	225		
262	517	SAJNOG MONIKA RENATA	WARSZAWA	KUŹNIA TRIATHLONU	POL	1978	K2	23	00:42:30 (262)	00:06:28	01:47:18 (255)	00:02:37	01:14:31 (254)	03:53:24		37	
263	471	NOWAK STANISŁAW	RUDA ŚLASKA	LAST BUT NOT LEAST	POL	1956	M5+	2	00:25:46 (234)	00:06:50	01:45:05 (251)	00:03:50	01:34:27 (263)	03:55:58	226		
264	509	ROZWADOWSKI MARIUSZ	WARSZAWA		POL	1975	M3	78	00:26:02 (237)	00:05:52	02:12:13 (262)	00:03:44	01:17:01 (256)	04:04:52	227		
265	474	OKRZESIK MAŁGORZATA	WARSZAWA	WARTA	POL	1961	K4+	2	00:28:24 (252)	00:07:19	02:15:08 (263)	00:05:26	01:20:12 (261)	04:16:29		38	