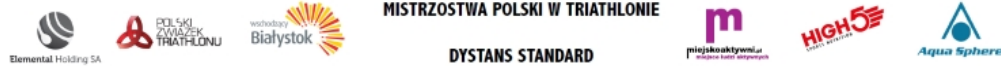


Elemental Triathlon Series - Białystok 18.08.2019 r.
Dystans: Olimpijski MP AG



M-ce	Numer	Nazwisko Imię	Team	Kraj	Rok ur.	Kat. wiek.	Miejsce kat	Plywanie	Plywanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara odbyta
1	257	LIS Łukasz	TRICLUB	POL	1986	M30	1	00:19:41	1	00:00:49	00:58:23	1	00:01:31	00:37:10	3	01:57:34		1	
2	91	PIKORSKI Dominik	TRI DIVISION TRIATHLON TEAM	POL	1993	M25	1	00:21:56	8	00:00:46	00:59:08	4	00:01:26	00:37:45	4	02:01:01		2	
3	126	WAŚOWSKI Rafał	Najmowicz Triathlon	POL	1990	M25	2	00:21:51	6	00:00:54	00:59:06	2	00:01:27	00:39:50	16	02:03:08		3	
4	125	LISIEŃSKI Michał	CHOP ZE ŻELAZA TRI TEAM	POL	1987	M30	2	00:21:51	7	00:00:50	00:59:08	3	00:01:31	00:40:10	17	02:03:30		4	
5	213	PRZYMUSIŃSKI Filip	UAM TRIATHLON POZNAŃ	POL	1983	M35	1	00:21:04	3	00:01:06	01:01:11	11	00:01:38	00:39:15	11	02:04:14		5	
6	84	NAWRACAJ Michał	GVT	POL	1986	M30	3	00:22:17	12	00:00:51	01:01:54	16	00:01:28	00:37:47	5	02:04:15		6	
7	77	SANIAWA Piotr	TRIATHLON LUBLIN TEAM/TRIAMIGOS	POL	1983	M35	2	00:22:15	11	00:00:51	01:01:08	10	00:01:27	00:39:06	10	02:04:47		7	
8	191	BOGDANOWICZ Dominik	DECATHLON TEAM	POL	1995	M18	1	00:22:42	16	00:00:58	01:01:45	13	00:01:24	00:38:34	8	02:05:23		8	
9	171	TRACZYK Paweł	TRI TEAM RUMIA	POL	1979	M40	1	00:19:51	2	00:01:05	00:59:23	6	00:01:35	00:43:53	36	02:05:47		9	
10	222	PIEKARSKI Rafał	HUROM TRI TEAM	POL	1996	M18	2	00:23:24	19	00:00:47	01:02:51	24	00:01:18	00:37:59	6	02:06:19		10	
11	238	NIZIO Adam	Roadbike.pl	POL	1995	M18	3	00:24:26	21	00:01:19	01:00:53	7	00:01:24	00:38:35	9	02:06:37		11	
12	267	STEKIERSKI Mateusz Marek	Nadaktynni Białystok/ SportowiczeWlaski	POL	1993	M25	3	00:25:40	30	00:01:07	01:01:50	15	00:01:20	00:36:41	2	02:06:38		12	
13	221	STAJNIAK Bartłomiej	NTT TRIADA Namysłów	POL	1991	M25	4	00:26:08	40	00:01:00	01:02:18	19	00:01:38	00:36:13	1	02:07:17		13	
14	52	MALACZEWSKI Łukasz	FizjoTRiterapia/GVT/GIANT	POL	1979	M40	2	00:21:17	4	00:01:12	01:00:54	8	00:01:30	00:42:37	28	02:07:30		14	
15	162	AWRUK Bartosz	NADAKTYWNI	POL	1982	M35	3	00:22:21	14	00:00:56	01:01:40	12	00:01:28	00:41:39	22	02:08:04		15	
16	206	SĘCZKOWSKI Aleksander	UKS CITYZEN /BE3	POL	1995	M18	4	00:21:23	5	00:01:09	00:59:21	5	00:01:41	00:44:44	47	02:08:18		16	
17	98	OWCZAREK Krzysztof		POL	1992	M25	5	00:22:10	10	00:00:52	01:00:58	9	00:01:21	00:43:53	35	02:09:14		17	
18	256	POTAPCZUK Łukasz	Endure Team	POL	1992	M25	6	00:22:31	15	00:01:13	01:04:36	35	00:01:43	00:39:49	15	02:09:52		18	
19	141	DOWBOR Maciej	AirBike	POL	1978	M40	3	00:22:21	13	00:00:55	01:02:13	18	00:01:26	00:43:44	34	02:10:39		19	
20	196	KOŁOSOWSKI Kamil	Nadaktynni	POL	1988	M30	4	00:26:22	43	00:00:53	01:02:11	17	00:01:41	00:39:32	13	02:10:39		19	
21	225	WOWTONIUK Mariusz	Tim Malego	POL	1978	M40	4	00:25:48	33	00:01:03	01:03:35	29	00:01:24	00:39:21	12	02:11:11		21	
22	188	MIELOCH Artur	MielPol Team & KawaKamp	POL	1983	M35	4	00:22:05	9	00:00:44	01:02:43	23	00:01:23	00:44:58	48	02:11:53		22	
23	194	ADAMCZAK Artur	SKS OBORNIA	POL	1992	M25	7	00:25:59	38	00:01:20	01:01:50	14	00:01:26	00:41:35	21	02:12:10		23	
24	86	DUPLICKI Kamil	Warsaw Master Team	POL	1981	M35	5	00:28:09	62	00:00:59	01:03:53	32	00:01:23	00:38:22	7	02:12:46		24	
25	187	KLUŻNIAK Jacek	TRINERGY	POL	1975	M40	5	00:22:57	18	00:01:11	01:04:53	37	00:01:53	00:41:52	26	02:12:46		24	
26	207	POKRYWIŃSKI Marcin	Team Dare2Tri	POL	1981	M35	6	00:25:52	35	00:00:57	01:03:17	28	00:01:48	00:41:21	20	02:13:15		26	
27	245	SZCZOTKA Mariusz	LABOSPORT Team	POL	1975	M40	6	00:26:03	39	00:01:28	01:02:32	22	00:02:27	00:40:52	18	02:13:22		27	
28	216	KLEJZEROWICZ Paweł	Nadaktynni	POL	1990	M25	8	00:25:47	31	00:01:05	01:03:16	27	00:01:39	00:41:48	25	02:13:35		28	
29	133	TWAROWSKI Michał	TRISPACE	POL	1973	M45	1	00:29:33	76	00:01:03	01:02:20	20	00:01:32	00:39:43	14	02:14:11		29	
30	193	FAJKS Adam	Ecosociety Triathlon Team	POL	1973	M45	2	00:25:53	36	00:00:59	01:03:37	30	00:01:44	00:43:53	37	02:16:06		30	
31	117	GONCZAREK Bartosz		POL	1978	M40	7	00:27:22	55	00:00:53	01:03:15	26	00:01:44	00:44:10	39	02:17:24		31	
32	248	CHMIELEWSKI Piotr	Warsaw Masters Team	POL	1978	M40	8	00:24:49	25	00:01:01	01:03:57	33	00:01:39	00:46:27	61	02:17:53		32	
33	254	LANGE Grzegorz	LANGE TRI COACH	POL	1978	M40	9	00:28:55	67	00:00:55	01:02:20	21	00:01:40	00:44:27	42	02:18:17		33	
34	116	SOKÓŁ Adam	PersonalTriathlon.pl	POL	1976	M40	10	00:25:57	37	00:01:06	01:05:48	42	00:02:16	00:44:10	40	02:19:17		34	
35	151	BLAKIE Alan		POL	1983	M35	7	00:29:18	72	00:01:26	01:03:47	31	00:01:19	00:44:00	38	02:19:50		35	
36	75	JANUSZ Izabela	TRIATHLON CLUB WROCLAW	POL	1994	K25	1	00:26:21	42	00:01:17	01:06:01	45	00:01:41	00:44:32	45	02:19:52	1		
37	262	MICHAŁOWSKI Piotr	NADAKTYWNI Białystok	POL	1991	M25	9	00:25:07	28	00:02:35	01:06:24	49	00:01:45	00:44:30	43	02:20:21		36	
38	260	LULIŃSKA Kamila	UKS TRS SUSZ	POL	1995	K18	1	00:25:48	34	00:00:56	01:09:34	72	00:01:47	00:42:53	30	02:20:58	2		
39	114	KAZANECKI Tomasz	Twister Team	POL	1976	M40	11	00:27:25	56	00:01:48	01:04:55	38	00:01:52	00:45:11	49	02:21:11		37	
40	66	HAŃCZYK Jacek	KS POLONIA ŚRODA Wlkp.	POL	1965	M50	1	00:26:31	46	00:01:19	01:07:33	58	00:01:50	00:44:15	41	02:21:28		38	
41	69	PADUSZYŃSKI Piotr	edustacja.pl triathlon team	POL	1972	M45	3	00:30:34	85	00:00:56	01:06:27	50	00:01:44	00:41:47	24	02:21:28		38	
42	218	MACKIEWICZ Jacek		POL	1977	M40	12	00:31:55	101	00:01:34	01:03:00	25	00:02:11	00:42:55	31	02:21:35		40	
43	120	STEFANKIEWICZ Jakub	GVT BMC	POL	1989	M30	5	00:26:26	44	00:00:56	01:10:55	85	00:01:21	00:41:57	27	02:21:35		40	
44	220	BORKO Cezary	Najmowicz Triathlon	POL	1973	M45	4	00:25:03	27	00:00:54	01:05:56	44	00:01:32	00:48:12	77	02:21:37		42	
45	123	ŚLIPY Adam	BST - Banach Sport Team - TORUS	POL	1977	M40	13	00:27:07	52	00:00:57	01:04:53	36	00:01:55	00:47:05	66	02:21:57		43	
46	90	KWIECIEŃSKI Sebastian	Przemysław Szymanowski Triathlon Team	POL	1977	M40	14	00:29:04	68	00:01:11	01:06:51	54	00:01:54	00:43:11	32	02:22:11		44	
47	71	KONIECZNY Krzysztof	TRI4fun Triathlon Team Piaseczno	POL	1979	M40	15	00:27:20	54	00:01:04	01:05:56	43	00:02:01	00:46:21	60	02:22:14		45	
48	93	KARPIŃSKI Jarosław	Szymanowski Triathlon Team	POL	1979	M40	16	00:30:45	92	00:01:42	01:06:14	46	00:02:01	00:41:44	23	02:22:26		46	
49	127	CHOLDA Krzysztof	Swim Test	POL	1964	M55	1	00:24:31	23	00:01:01	01:07:39	59	00:01:51	00:47:29	71	02:22:31		47	
50	210	MICHAŁEWICZ Marcin	www.ITmasters.com.pl	POL	1983	M35	8	00:24:50	26	00:00:51	01:06:44	53	00:01:17	00:49:02	85	02:22:44		48	
51	232	KOCHANOWSKI Dariusz	TRI LEVEL	POL	1974	M45	5	00:27:06	51	00:01:00	01:09:43	74	00:01:54	00:43:30	33	02:23:13		49	
52	211	CHODYŃNA Monika	3life team	POL	1992	K25	2	00:22:42	17	00:01:04	01:08:32	66	00:02:05	00:48:51	81	02:23:14		3	
53	142	KOWALCZYK Iga		POL	1989	K30	1	00:26:33	48	00:01:05	01:09:46	75	00:01:35	00:44:31	44	02:23:30	4		
54	229	CIASO Sebastian		POL	1985	M30	6	00:26:37	50	00:01:19	01:06:35	51	00:02:19	00:46:44	64	02:23:34		50	
55	183	BIADUŃ Daniel	LABOSPORT Team	POL	1982	M35	9	00:29:15	71	00:01:20	01:05:11	39	00:02:59	00:45:47	54	02:24:32		51	
56	108	PUCIŁOWSKI Mirosław	Nadaktynni	POL	1962	M55	2	00:30:06	79	00:00:54	01:07:06	56	00:01:38	00:45:37	52	02:25:21		52	
57	228	KARBOWIAK Mirosław	Water Knights Triathlon Zabierzów	POL	1991	M25	10	00:26:32	47	00:01:40	01:07:44	60	00:02:01	00:47:37	73	02:25:34		53	
58	129	BAK Marek		POL	1973	M45	6	00:28:11	63	00:00:52	01:07:19	57	00:01:39	00:47:41	75	02:25:42		54	
59	113	KIEDA Wojciech	KiEdA - TRENERFIT.PL / IronWoman FIT	POL	1976	M40	17	00:25:48	32	00:00:54	01:08:25	65	00:01:34	00:49:56	92	02:26:37		55	
60	53	BRZOŚKA Henryk	TS Akwedukt Kielce	POL	1966	M50	2	00:36:19	137	00:01:45	01:05:30	40	00:02:16	00:41:13	19	02:27:03		56	
61	236	PIETRYKA Sylwester	Akwedukt Kielce	POL	1983	M35	10	00:27:19	53	00:01:03	01:08:13	63	00:01:37	00:48:51	82	02:27:03		56	
62	58	ZAPILAJ Daniel		POL	1993	M25	11	00:27:55	60	00:01:32	01:08:19	64	00:01:51	00:47:37	72	02:27:14		58	
63	233	TYMIŃSKI Paweł		POL	1983	M35	11	00:35:44	133	00:02:27	01:04:35	34	00:02:02	00:42:42	29	02:27:30		59	
64	166	MALICKI Dominik		POL	1993	M25	12	00:27:57	61	00:00:52	01:12:05	94	00:02:08	00:45:30	50	02:28:32		60	
65	119	URBAŃSKA Ewa	ATOS POLSKA	POL	1976	K40	1	00:30:44	91	00:01:02	01:06:15	47	00:01:42	00:48:57	84	02:28:40		5	
66	224	BIERNACKI Łukasz	Victus Rębków	POL	1986	M30	7	00:27:37	59	00:01:23	01:12:07	95	00:01:38	00:46:01					

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Dystans: Olimpijski MP AG



MISTRZOSTWA POLSKI W TRIATLONIE

DYSTANS STANDARD



M-ce	Numer	Nazwisko	Imię	Team	Kraj	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara odbyta
81	258	KACPERSKI	Olaf		POL	1973	M45	7	00:32:12	102	00:01:21	01:12:28	98	00:01:43	00:46:13	58	02:33:57		73	
82	149	PIETRZAK	Romek		POL	1963	M55	4	00:32:41	108	00:01:22	01:12:44	101	00:01:58	00:45:52	55	02:34:37		74	
83	190	LEWANDOWSKI	Andrzej	UAM TRIATHLON POZNAŃ	POL	1959	M60	2	00:29:18	73	00:01:26	01:10:56	86	00:02:13	00:50:56	99	02:34:49		75	
84	200	LIBUCHA	Jacek		POL	1976	M40	25	00:31:35	99	00:01:49	01:11:13	87	00:03:01	00:47:14	67	02:34:52		76	
85	112	WIĘCKO	Grzegorz		POL	1983	M35	13	00:32:58	110	00:01:32	01:11:49	90	00:01:46	00:46:47	65	02:34:52		76	
86	101	CISZEK	Jerzy	Rekiny Triathlonu	POL	1988	M30	9	00:26:31	45	00:01:30	01:12:40	100	00:02:03	00:52:16	109	02:35:00		78	
87	201	JURCZEWSKI	Mariusz	Nadaktywni Białystok	POL	1984	M35	14	00:32:26	106	00:01:36	01:08:42	67	00:02:26	00:51:10	102	02:36:20		79	
88	168	KĘPIŃSKI	Kacper		POL	1995	M18	5	00:23:27	20	00:01:27	01:19:20	147	00:01:53	00:50:48	97	02:36:55		80	
89	100	TKACZYK	Milosz	Rekiny Triathlonu	POL	1988	M30	10	00:30:31	84	00:01:20	01:09:52	76	00:02:19	00:53:09	115	02:37:11		81	
90	179	RAMOTOWSKI	Arkadiusz	NADAKTYWNI Białystok	POL	1974	M45	8	00:29:53	78	00:01:35	01:10:46	83	00:01:54	00:53:27	120	02:37:35		82	
91	235	GLAUBERT	Weronika	MKS Truso Elbląg	POL	2000	K18	4	00:29:18	74	00:00:59	01:15:23	115	00:01:28	00:50:34	95	02:37:42		9	
92	237	RUDNIK	Sławomir	Nadaktywni / Podlasie 4x4	POL	1971	M45	9	00:32:58	112	00:01:34	01:09:54	77	00:02:26	00:50:52	98	02:37:44		83	
93	59	PISZCZATOWSKI	Dawid		POL	1992	M25	13	00:27:34	58	00:01:50	01:14:04	110	00:01:23	00:52:57	113	02:37:48		84	
94	186	SKIBA	Stanisław	OSiR Włoszczowa	POL	1958	M60	3	00:30:39	89	00:01:33	01:13:30	105	00:02:19	00:50:16	93	02:38:17		85	
95	87	KOTARBA	Krzysztof		POL	1981	M35	15	00:32:15	103	00:02:10	01:13:26	104	00:02:17	00:48:33	80	02:38:41		86	
96	252	LUKASIK	Błażej	WKB Meta Lubliniec	POL	1978	M40	26	00:33:49	117	00:01:28	01:12:12	96	00:01:56	00:49:48	90	02:39:13		87	
97	209	JANKIEWICZ	Piotr		POL	1997	M18	6	00:26:16	41	00:01:31	01:17:12	129	00:02:19	00:52:12	107	02:39:30		88	
98	83	STRUK	Piotr		POL	1993	M25	14	00:29:25	75	00:01:36	01:08:06	62	00:02:06	00:59:01	153	02:40:14		89	
99	214	DYRO	Rafał		POL	1979	M40	27	00:36:00	135	00:01:48	01:12:51	103	00:01:55	00:48:05	76	02:40:39		90	
100	250	MIĘTEK	Zbigniew		POL	1976	M40	28	00:35:04	125	00:01:29	01:12:45	102	00:02:13	00:49:16	87	02:40:47		91	
101	178	LYSIUK	Maciej	Nadaktywni	POL	1982	M35	16	00:31:25	98	00:01:10	01:09:12	71	00:02:33	00:56:34	144	02:40:54		92	
102	65	KOPCIEWSKI	Wojciech	TRIWAWA	POL	1982	M35	17	00:30:52	94	00:01:13	01:12:18	97	00:02:09	00:54:44	132	02:41:16		93	
103	95	WOŁKOWYCKI	Paweł	Pie3cki Team	POL	1987	M30	11	00:32:53	109	00:01:55	01:16:20	123	00:02:43	00:48:22	78	02:42:13		94	
104	55	KOCHANIEC-MATUSZAK	Karolina	TRIATHLON LUBLIN TEAM	POL	1988	K30	2	00:32:29	107	00:01:15	01:14:42	112	00:01:45	00:52:53	110	02:43:04		10	
105	148	BOCHNIA	Paweł		POL	1992	M25	15	00:27:27	57	00:02:27	01:17:13	130	00:02:38	00:53:25	118	02:43:10		95	
106	161	BIELENIA	Daniel	Crossfit Białystok CFB	POL	1981	M35	18	00:33:28	115	00:02:08	01:15:44	119	00:02:18	00:49:40	89	02:43:18		96	
107	242	NIKEL	Natalia	CSW Champion Lubawa	POL	1997	K18	5	00:26:34	49	00:01:00	01:16:45	126	00:01:38	00:57:27	147	02:43:24		11	
108	154	SOŃTA	Wojciech	SZYMANOWSKI Triathlon Team	POL	1970	M45	10	00:32:58	111	00:02:36	01:14:12	111	00:02:54	00:50:47	96	02:43:27		97	
109	152	DUBIŃSKI	Bogdan		POL	1953	M65	1	00:30:24	81	00:02:33	01:10:40	81	00:03:03	00:57:03	146	02:43:43		98	
110	88	MATUSZAK	Mariusz	Triathlon Lublin Team	POL	1989	M30	12	00:36:41	141	00:01:36	01:16:42	125	00:01:52	00:47:23	70	02:44:14		99	
111	215	SZCZEPANIK	Andrzej	Rolmet	POL	1952	M65	2	00:34:33	123	00:02:01	01:12:32	99	00:02:06	00:53:15	116	02:44:27		100	
112	51	PIOTROWSKI	Rafał	Nadaktywni	POL	1980	M35	19	00:30:41	90	00:01:36	01:10:19	78	00:02:01	01:00:05	156	02:44:42		101	
113	266	MAKOWSKA	Maja	Team Aktywni z Cukrzycy	POL	1991	K25	4	00:30:35	87	00:01:47	01:15:40	118	00:02:00	00:55:00	135	02:45:02		12	
114	264	GODLEWSKI	Marek	Nadaktywni Białystok	POL	1974	M45	11	00:32:19	105	00:02:10	01:17:58	136	00:01:57	00:51:00	101	02:45:24		102	
115	203	ZARZYCKI	Wojciech	TriUnlimited	POL	1971	M45	12	00:35:28	130	00:02:40	01:11:16	88	00:02:38	00:53:25	119	02:45:27		103	
116	139	SZACIŁOWSKI	Przemysław	NADAKTYWNI	POL	1984	M35	20	00:39:51	155	00:01:31	01:07:52	61	00:02:45	00:54:51	133	02:46:50		104	
117	132	KRÓL	Jakub	Crossfit Białystok	POL	1986	M30	13	00:33:25	114	00:01:28	01:16:48	127	00:01:54	00:53:24	117	02:46:59		105	
118	136	KOPAŃSKA	Katarzyna	Triathlon Siedlce Club	POL	1968	K50	1	00:36:30	139	00:01:25	01:17:57	135	00:02:16	00:49:05	86	02:47:13		13	
119	198	JARZĄBEK	LINDHOLM Anna	Triclub Warszawa	POL	1975	K40	2	00:34:23	121	00:01:28	01:17:23	132	00:02:11	00:51:50	104	02:47:15		14	
120	163	SOBIERAJ	Adam		POL	1988	M30	14	00:30:29	83	00:02:09	01:17:59	137	00:02:20	00:54:18	126	02:47:15		106	
121	96	PYTŁAK	Piotr		POL	1969	M50	3	00:31:18	96	00:01:41	01:16:17	122	00:02:46	00:55:19	136	02:47:21		107	
122	226	SAMULSKA	Ewa	Power Training	POL	1978	K40	3	00:31:20	97	00:01:10	01:21:40	158	00:01:57	00:51:16	103	02:47:23		15	
123	107	GRYGORUK	Andrzej		POL	1974	M45	13	00:35:34	132	00:02:57	01:10:51	84	00:02:33	00:56:25	141	02:48:20		108	
124	70	MAKOWICZ	Józef	Saint-Gobain Squad	POL	1956	M60	4	00:39:14	152	00:02:55	01:13:36	107	00:02:24	00:50:17	94	02:48:26		109	
125	180	STRASZ	Katarzyna		POL	1979	K40	4	00:32:16	104	00:01:33	01:18:21	140	00:03:41	00:52:55	112	02:48:46		16	
126	230	MARKOWSKA	Ewa	iSwim Białystok	POL	1981	K35	1	00:28:53	66	00:03:09	01:18:03	138	00:03:02	00:55:46	140	02:48:53		17	
127	204	BOROWIEC	Krzysztof		POL	1979	M40	29	00:28:15	64	00:02:20	01:20:02	150	00:01:39	00:56:58	145	02:49:14		110	
128	67	MYŚLIWIEC	Janusz	Nadaktywni Białystok	POL	1969	M50	4	00:30:17	80	00:01:54	01:11:52	92	00:02:19	01:02:55	162	02:49:17		111	
129	189	MIRONIUK	Rafał		POL	1995	M18	7	00:25:32	29	00:03:57	01:22:12	160	00:02:56	00:54:43	131	02:49:20		112	
130	99	LEOŃCZUK	Justyna	Nadaktywni	POL	1988	K30	3	00:37:47	147	00:01:06	01:17:44	134	00:01:50	00:50:57	100	02:49:24		18	
131	212	KUKLA	Łukasz	TS Akwedukt Kielce	POL	1981	M35	21	00:37:37	145	00:01:29	01:14:01	109	00:02:08	00:54:18	127	02:49:33		113	
132	128	WASIŁEWSKA	Urszula	EGIS Run Challenge	POL	1973	K45	1	00:36:43	142	00:01:28	01:19:37	148	00:01:57	00:49:49	91	02:49:34		19	
133	199	CURYŁO	Wacław		POL	1964	M55	5	00:40:16	157	00:01:43	01:10:35	80	00:02:02	00:56:28	142	02:51:04		114	
134	227	BIELSKI	Marcin	Marcin Bielski	POL	1984	M35	22	00:35:29	131	00:01:10	01:18:57	143	00:02:05	00:53:55	123	02:51:36		115	
135	244	WAŹROBA	Dariusz	TS Akwedukt Kielce	POL	1971	M45	14	00:37:54	148	00:01:38	01:15:32	117	00:02:29	00:54:21	128	02:51:54		116	
136	217	MARK																		

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Dystans: Olimpijski MP AG



MISTRZOSTWA POLSKI W TRIATHLONIE

DYSTANS STANDARD



M-ce	Numer	Nazwisko	Imię	Team	Kraj	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara odbyta
161	155	BIERNAT	Ryszard	Biernat Rehabilitacja i Sport	POL	1954	M65	4	00:38:19	150	00:01:56	01:19:11	146	00:02:15	01:07:53	174	03:09:34		24	138
162	241	NAREWSKA	Sylwia	Nadaktywni	POL	1982	K35	2	00:36:58	143	00:01:34	01:25:17	168	00:02:21	01:03:36	165	03:09:46			
163	159	ADAMCZYK	Dariusz		POL	1971	M45	19	00:41:24	164	00:02:59	01:17:07	128	00:02:28	01:05:59	168	03:09:57			139
164	247	GINDOROWICZ	Anna Maria	Nadaktywni Białystok	POL	1967	K50	2	00:40:30	160	00:02:21	01:23:02	163	00:02:46	01:01:39	160	03:10:18		25	
165	135	KOŁODZIEJ	Antoni		POL	1952	M65	5	00:42:31	168	00:02:02	01:20:03	151	00:02:46	01:03:42	166	03:11:04			140
166	110	SAMSELSKI	Radosław		POL	1981	M35	24	00:53:13	177	00:02:23	01:21:40	157	00:02:28	00:52:15	108	03:11:59			141
167	177	GOMOŁA-PARADOWSKA	Anna	POWER TRAINING	POL	1983	K35	3	00:33:50	118	00:02:14	01:25:19	169	00:01:59	01:09:11	175	03:12:33		26	
168	72	WIKŁAK	Adam		POL	1975	M40	33	00:40:15	156	00:01:59	01:28:08	174	00:02:06	01:00:46	157	03:13:14			142
169	197	RACZYŃSKI	Mirosław		POL	1960	M55	9	00:41:30	165	00:01:51	01:20:13	152	00:03:15	01:07:01	171	03:13:50			143
170	158	MIZGALSKI	Paweł	Triathlon Training Center	POL	1979	M40	34	00:39:22	153	00:01:37	01:23:09	164	00:02:35	01:07:50	173	03:14:33			144
171	144	HREZJAŃSKI	Paweł	NATURALNIE BŁACHOWNIA	POL	1967	M50	9	00:57:07	178	00:03:15	01:17:34	133	00:03:02	00:53:38	121	03:14:36			145
172	239	STAWINOGA	Zbigniew		POL	1972	M45	20	00:40:47	161	00:03:07	01:26:08	171	00:03:32	01:06:03	169	03:19:37			146
173	61	KIELCZYKOWSKA	Żaneta	Triathlon Siedlce Club	POL	1983	K35	4	00:34:25	122	00:01:59	01:25:49	170	00:03:23	01:14:57	178	03:20:33		27	
174	81	MIASOJEDOW	Bożena	AKS Polonia Warszawa	POL	1954	K65	1	00:47:07	175	00:02:44	01:34:57	178	00:02:31	00:58:48	152	03:26:07		28	
175	164	LIPIŃSKI	Marek		POL	1952	M65	6	00:45:31	172	00:04:14	01:22:04	159	00:04:56	01:09:31	176	03:26:16			147
176	109	GENDEK	Jerzy	KŻ KOTWICA	POL	1947	M70+	1	00:51:00	176	00:02:24	01:26:31	173	00:03:14	01:03:35	164	03:26:44			148
177	64	CHMIELEWSKI	Jacek	4stres	POL	1963	M55	10	00:46:38	173	00:02:34	01:28:32	177	00:03:05	01:06:28	170	03:27:17			149
178	175	DĄBROWSKA	Marta	SBRT Warszawa	POL	1987	K30	4	00:46:42	174	00:03:00	01:28:24	176	00:02:55	01:12:46	177	03:33:47		29	