

JBL TRIATHLON SIERAKÓW 26-27.05.2018 r.
Dystans: 112,99km



Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
1	6	BANACH BARTOSZ	GDAŃSK	TORUS-Apteka Gemini.pl	1986	M-PRO	1	00:27:09	6	00:03:50	02:06:07	4	00:01:58	01:20:18	3	03:59:22			1
2	4	SPAŁENIAK TOMASZ	GDYNIA		1990	M-PRO	2	00:28:43	13	00:03:59	02:09:28	6	00:01:49	01:19:09	2	04:03:08			2
3	37	RAJCA MICHAŁ	WROCŁAW		1990	M25-29	1	00:30:24	28	00:04:01	02:09:24	5	00:01:37	01:18:33	1	04:03:59			3
4	66	LISTEŃSKI MICHAŁ	SIEMIANOWICE ŚLĄSKIE	ChopZeZelaza Tri Team	1987	M30-34	1	00:26:05	1	00:03:49	02:14:24	13	00:02:12	01:29:08	12	04:15:38			4
5	182	LIPOWSKI MARCIN	WARSZAWA	Trinergy	1982	M35-39	1	00:29:53	21	00:04:16	02:11:09	7	00:02:10	01:28:51	11	04:16:19			5
6	51	KIMMER JAKUB	ZELÓW	Transition Technologies PSC	1988	M30-34	2	00:29:15	15	00:03:55	02:15:54	17	00:01:51	01:26:03	6	04:16:58			6
7	85	MŁODZIKOWSKI PAWEŁ	ADAMÓW	KB V-Max Adamów	1986	M30-34	3	00:30:26	30	00:04:11	02:17:02	22	00:02:33	01:25:14	4	04:19:26			7
8	362	SZUMIEK LUKASZ	JASŁO		1977	M40-44	1	00:33:54	124	00:04:48	02:11:27	8	00:02:16	01:27:48	7	04:20:13			8
9	304	KOWALCZYK MAREK	BYDGOSZCZ	Brzoza Biega	1978	M40-44	2	00:31:01	41	00:04:08	02:16:29	20	00:02:11	01:28:18	9	04:22:07			9
10	114	BUŁECKA PAWEŁ	ZDUŃSKA WOLA	Rajspport Active / GATTA BIKE-RS	1984	M30-34	4	00:38:11	259	00:04:02	02:11:27	9	00:03:10	01:25:27	5	04:22:17			10
11	138	BOROWIAK RAFAŁ	ŚLUBICE	JAKOŚ TEAM	1983	M35-39	2	00:31:10	43	00:03:55	02:16:24	19	00:02:06	01:29:48	14	04:23:23			11
12	77	GREGUŁA WOJCIECH	CHOJNA		1986	M30-34	5	00:31:15	46	00:04:36	02:16:47	21	00:02:17	01:28:30	10	04:23:25			12
13	265	KŁATKA MARIUSZ	KATOWICE	LABOSPORT	1979	M35-39	3	00:32:35	86	00:04:13	02:13:31	11	00:02:28	01:31:03	18	04:23:50			13
14	347	WOJTYSŁO MICHAŁ	WROCŁAW	GT RAT	1982	M35-39	4	00:30:52	34	00:04:06	02:13:08	10	00:02:15	01:33:52	27	04:24:13			14
15	352	MROCEK MARCIN	OPOLE		1977	M40-44	3	00:28:16	8	00:04:11	02:20:20	37	00:02:22	01:30:23	15	04:25:32			15
16	56	MARCINIAK DAMIAN	ŚWIEBODZIN		1988	M30-34	6	00:32:12	69	00:04:44	02:19:07	32	00:01:59	01:28:06	8	04:26:08			16
17	5	DOMAGAŁA TOMASZ	KOZIEGŁOWY		1988	M-PRO	3	00:26:35	4	00:03:42	02:13:34	12	00:02:00	01:41:21	64	04:27:12			17
18	163	CHYLEK WOJCIECH	KRAKÓW		1982	M35-39	5	00:29:45	17	00:04:12	02:15:52	16	00:02:21	01:35:12	33	04:27:22			18
19	256	BRUMM MACIEJ	DUNDALK		1979	M35-39	6	00:29:45	17	00:04:12	02:15:52	16	00:02:21	01:35:12	33	04:27:22			19
20	62	BUCZEK BARTŁOMIEJ	WROCŁAW		1987	M30-34	7	00:29:43	16	00:04:22	02:17:39	25	00:02:38	01:34:40	32	04:29:02			20
21	355	PIECZYŃSKI SZYMON	WYSOCKO MAŁE	No1 triathlon club	1977	M40-44	4	00:32:39	89	00:04:13	02:17:07	23	00:02:23	01:32:58	23	04:29:20			21
22	466	SZEFER PIOTR	STANISŁAWÓW DRUGI	TRINERGY	1974	M40-44	5	00:32:10	67	00:04:09	02:15:56	18	00:01:59	01:35:48	37	04:30:02			22
23	197	ZWIERCZAKOWSKI ANDRZEJ	GŁOGÓW MAŁOPOLSKI		1982	M35-39	7	00:32:19	80	00:04:30	02:17:41	26	00:02:20	01:33:28	25	04:30:18			23
24	145	FABISZEWSKI RAFAŁ	WARSZAWA	TriWawa	1983	M35-39	8	00:31:47	58	00:04:34	02:20:34	39	00:02:36	01:30:48	17	04:30:19			24
25	78	JACKOWIAK PIOTR	BRZEG	SurowyProjekt	1986	M30-34	8	00:28:36	12	00:04:29	02:20:20	38	00:02:46	01:35:41	36	04:31:52			25
26	65	KWASNIEWSKI MATEUSZ	WROCŁAW	Wanlicks Coaching	1987	M30-34	9	00:26:55	5	00:04:13	02:20:00	34	00:02:04	01:39:11	51	04:32:23			26
27	106	RODZIEWICZ MARCIN	POZNAŃ		1985	M30-34	10	00:29:58	24	00:04:11	02:22:10	46	00:01:59	01:34:15	29	04:32:33			27
28	228	DOMINIKOWSKI KRZYSZTOF	ŚWIDNICA	GLKS Żelazna Świdnica	1980	M35-39	9	00:35:19	165	00:04:10	02:21:23	43	00:02:53	01:29:34	13	04:33:19			28
29	588	POMORSKI RAFAŁ	WARSZAWA	LOVE THE PAIN	1983	M35-39	10	00:31:38	53	00:04:23	02:22:37	49	00:02:04	01:33:02	24	04:33:44			29
30	233	JANIAK PAWEŁ	SIEDLCE	Triathlon Siedlce Club / Team Poland	1980	M35-39	11	00:31:41	55	00:04:38	02:24:09	60	00:02:02	01:31:16	20	04:33:46			30
31	237	MICHAŁOWSKI MARCIN	SZCZECIN	SILCO TRANS GRYFU SZCZECIN	1980	M35-39	12	00:30:52	35	00:04:15	02:22:10	47	00:01:59	01:34:34	31	04:33:50			31
32	308	MAZURKIEWICZ DAREK	SMOLEC		1978	M40-44	6	00:31:47	57	00:05:20	02:17:37	24	00:03:19	01:36:17	40	04:34:20			32
33	38	SZYŻKA ŁUKASZ	WARSZAWA	Drużyna TVN	1990	M25-29	2	00:31:13	44	00:05:07	02:24:12	61	00:02:37	01:31:21	21	04:34:30			33
34	30	JEDRZEJCZAK MARCIN	SUCHY LAS		1991	M25-29	3	00:32:21	82	00:04:07	02:23:05	52	00:02:22	01:33:32	26	04:35:27			34
35	270	MALACZEWSKI ŁUKASZ	WROCŁAW	GVT	1979	M35-39	13	00:26:10	2	00:04:16	02:18:39	29	00:02:22	01:44:01	95	04:35:28			35
36	70	PISAREK EWELINA	WARSZAWA	TRIWAWA EWELSPORT	1987	K30-34	1	00:32:35	87	00:04:08	02:24:15	63	00:02:11	01:32:55	22	04:36:04		1	
37	144	FABISZEWSKI MARCIN	WARSZAWA	TriWawa	1983	M35-39	14	00:28:26	10	00:04:50	02:19:42	33	00:02:14	01:41:07	59	04:36:19			36
38	224	BANASZEWSKI WOJCIECH	WROCŁAW		1980	M35-39	15	00:31:59	63	00:04:01	02:27:37	92	00:02:40	01:30:26	16	04:36:43			37
39	43	LEWANDOWSKI MACIEJ	WROCŁAW	#DASHRADE TEAM	1989	M25-29	4	00:33:13	107	00:04:30	02:21:24	44	00:02:42	01:35:32	34	04:37:21			38
40	89	SZYMCZAK JANUSZ	WARSZAWA		1986	M30-34	11	00:29:57	23	00:04:38	02:18:51	31	00:02:18	01:41:52	71	04:37:36			39
41	328	ZAJĄC TOMASZ	RUDAWA		1978	M40-44	7	00:34:15	135	00:04:45	02:22:01	45	00:02:32	01:37:04	43	04:40:37			40
42	479	GOZDAŁSKI JAROSŁAW	WITKOWO		1973	M45-49	1	00:34:55	153	00:04:39	02:25:03	68	00:02:12	01:33:52	28	04:40:41			41
43	90	WÓJTOWICZ WOJCIECH	POBIEJDZIŃSKA		1986	M30-34	12	00:34:48	149	00:05:21	02:18:30	27	00:02:54	01:39:36	52	04:41:09			42
44	414	HOFFMANN WOJCIECH	KRAKÓW	Korona Masters Kraków	1975	M40-44	8	00:26:33	3	00:04:15	02:20:16	36	00:02:36	01:47:43	124	04:41:23			43
45	63	JEDRASIEWICZ PAWEŁ	JELENIA GÓRA		1987	M30-34	13	00:35:15	162	00:03:56	02:24:27	64	00:02:13	01:35:35	35	04:41:26			44
46	190	SERWIŃSKI RADEK	WARSZAWA		1982	M35-39	16	00:33:44	120	00:04:36	02:23:17	53	00:02:09	01:38:24	48	04:42:10			45
47	396	TARGONI PAWEŁ	FRYDEK		1976	M40-44	9	00:31:35	51	00:04:54	02:26:04	75	00:03:00	01:36:40	41	04:42:13			46
48	175	KISŁY KAMIL	MYŚLIBÓRZ		1982	M35-39	17	00:33:20	112	00:05:48	02:22:57	51	00:03:04	01:37:43	46	04:42:52			47
49	214	NIEDBAŁ ŁUKASZ	GLIWICE		1981	M35-39	18	00:33:32	117	00:04:52	02:20:06	35	00:02:39	01:42:56	83	04:44:05			48
50	39	BŁACHOWIAK JAKUB	LESZNO		1989	M25-29	5	00:32:45	91	00:04:27	02:18:47	30	00:02:09	01:46:04	102	04:44:12			49
51	213	MESSYASZ KRZYSZTOF	GAĆ	BIMARKO&WELDA TEAM	1981	M35-39	19	00:34:18	137	00:04:13	02:21:02	41	00:02:23	01:42:29	76	04:44:25			50
52	274	UBUCHOWICZ ARTUR	WISCHOWA		1979	M35-39	20	00:31:40	54	00:04:56	02:25:17	70	00:02:41	01:39:56	55	04:44:30			51
53	253	ARAK TOMASZ	PIASECZNO	TriWawa	1979	M35-39	21	00:36:58	226	00:04:08	02:21:16	42	00:02:36	01:39:42	54	04:44:40			52
54	511	WIERZBICKI GRZEGORZ	NOWE IGANIE		1972	M45-49	2	00:32:33	85	00:05:41	02:24:34	65	00:02:29	01:40:05	57	04:45:22			53
55	156	TOMASZEWSKI MIKOŁAJ	KOŚCIAN		1983	M35-39	22	00:32:54	95	00:05:24	02:28:06	99	00:02:27	01:37:23	44	04:46:14			54
56	131	RADKE TOMASZ	BABKI		1984	M30-34	14	00:35:23	168	00:05:01	02:27:24	89	00:03:37	01:35:54	38	04:46:19			55
57	110	ŚWITALSKI TOMASZ	SZCZECIN		1985	M30-34	15	00:35:48	190	00:04:26	02:25:11	69	00:02:23	01:39:07	50	04:46:55			56
58	367	BARTOSZEWSKI GRZEGORZ	DLUGOŁĘKA	Litwin Triathlon Team	1976	M40-44	10	00:33:29	116	00:05:13	02:24:51	66	00:02:33	01:41:47	70	04:47:53			57
59	155	TEMPSKI PATRYK	BYDGOSZCZ		1983	M35-39	23	00:31:26	49	00:05:30	02:26:55	84	00:02:37	01:41:26	66	04:47:54			58
60	222	TARSKI TOMASZ	KATOWICE	WAY2CHAMP	1981	M35-39	24	00:33:13	105	00:04:50	02:22:24	48	00:02:41	01:44:52	96	04:48:00			59
61	366	WOŁODKO GRZEGORZ	SMOLEC		1977	M40-44	11	00:33:13	106	00:05:47	02:14:59	14	00:02:40	01:51:26	160	04:48:05			60
62	537	FOREMSKI SŁAWOMIR	TORUŃ	Toruński klub triathlonowy	1968	M50-54	1	00:36:42	212	00:04:48	02:27:08	86	00:02:22	01:37:29	45	04:48:29			61
63	529	WITKOWSKI JAREK	POZNAŃ		1970	M45-49	3	00:32:57	98	00:04:56	02:25:35	72	00:02:54	01:42:18	75	04:48:40			62
64	259	DANIŁEWICZ MARIUSZ	DĄBRÓWKA		1979	M35-39	25	00:31:49	59	00:05:51	02:26:43	81	00:02:20	01:42:17	74	04:49:00			63
65	179	KRAŚNODĘBSKI SE																	

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Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
86	385	LESISZ MACIEJ	NAMYSŁÓW	TriAda Namysłów	1976	M40-44	20	00:30:04	25	00:04:38	02:31:52	141	00:02:41	01:47:44	126	04:56:59			85
87	532	KALINOWSKI PAWEŁ	OSTRÓW WIELKOPOLSKI		1969	M45-49	6	00:33:18	109	00:04:30	02:33:59	165	00:02:19	01:43:08	86	04:57:14			86
88	71	WALISZEWSKI JAKUB	POZNAŃ	Rowery Małgoška	1987	M30-34	18	00:37:18	236	00:04:49	02:26:06	76	00:02:26	01:46:37	108	04:57:16			87
89	519	WALASZCZYK WOJCIECH	JASŁO		1971	M45-49	7	00:37:31	241	00:04:07	02:35:26	183	00:02:46	01:37:50	47	04:57:40			88
90	462	PIETRZAK DANIEL	ŁÓDŹ		1974	M40-44	21	00:35:31	176	00:05:28	02:27:19	88	00:02:31	01:46:52	110	04:57:41			89
91	345	KULA DAMIAN	KRAKÓW		1977	M40-44	22	00:31:00	40	00:04:33	02:35:54	188	00:02:40	01:43:38	91	04:57:45			90
92	108	SOBIELGA AGATA	POZNAŃ		1985	K30-34	2	00:32:18	78	00:04:02	02:28:04	98	00:02:12	01:51:09	156	04:57:45	2		
93	447	GORCZYCA JAKUB	RYBNIK	wroniecki klub biegacza	1974	M40-44	23	00:34:10	132	00:04:31	02:27:57	95	00:03:35	01:47:37	122	04:57:50			91
94	23	HYHS JAN	OSTRÓW WIELKOPOLSKI	OSW TRI TEAM	1992	M25-29	7	00:35:56	193	00:04:47	02:27:52	94	00:03:11	01:46:10	105	04:57:56			92
95	192	SOSNOWSKA ALEKSANDRA	WARSZAWA		1982	K35-39	1	00:29:46	18	00:05:13	02:37:16	204	00:02:28	01:43:14	87	04:57:57	3		
96	319	SZAFRANIEC ARTUR	WARSZAWA		1978	M40-44	24	00:35:17	163	00:05:12	02:31:15	132	00:02:47	01:43:28	88	04:57:59			93
97	142	DOMARADZKI WOJCIECH	POZNAŃ		1983	M35-39	32	00:32:16	75	00:05:22	02:31:45	138	00:02:17	01:47:17	118	04:58:57			94
98	379	GLÓD TOMASZ	JÓZEFOSŁAW	Accelerating Poland	1976	M40-44	25	00:36:24	201	00:06:11	02:29:24	115	00:03:26	01:43:42	92	04:59:07			95
99	99	GZYL JAKUB	WROŃKI	wroniecki klub biegacza	1985	M30-34	19	00:35:27	170	00:04:45	02:26:56	85	00:02:48	01:49:15	138	04:59:11			96
100	389	OHŁA KRZYSZTOF	POZNAŃ		1976	M40-44	26	00:38:39	276	00:05:12	02:24:15	62	00:02:38	01:48:28	131	04:59:12			97
101	408	DUCHNOWSKI RADOSŁAW	GORZÓW WIELKOPOLSKI		1975	M40-44	27	00:35:29	175	00:04:54	02:34:08	170	00:03:18	01:41:26	65	04:59:15			98
102	580	NOWAK PAWEŁ	NIEPORĘT		1977	M40-44	28	00:33:57	126	00:05:37	02:30:28	123	00:02:57	01:46:21	106	04:59:20			99
103	403	BLAZOWSKI PAWEŁ	JASŁO		1975	M40-44	29	00:34:37	143	00:05:42	02:34:00	166	00:02:36	01:42:39	78	04:59:34			100
104	520	WYSOCKI RAFAŁ	BYDGOSZCZ	SrTri/Triathlon Konsulting	1971	M45-49	8	00:32:48	92	00:05:10	02:23:42	57	00:02:51	01:55:03	200	04:59:34			100
105	36	MROCKOWSKI KAROL	WROCLAW		1990	M25-29	8	00:30:35	32	00:04:52	02:30:36	124	00:03:25	01:50:14	146	04:59:42			102
106	135	TIETZ ERYK	LUBIECIN		1984	M30-34	20	00:34:53	151	00:05:30	02:33:41	162	00:02:42	01:43:01	84	04:59:47			103
107	297	FREJNIK MIŁOŚZ	BERLIN		1978	M40-44	30	00:36:33	208	00:05:12	02:24:57	67	00:03:06	01:50:11	145	04:59:59			104
108	493	WELZER DARIUSZ	OLAWA		1973	M45-49	9	00:34:39	144	00:04:53	02:29:27	117	00:04:19	01:46:53	111	05:00:11			105
109	122	KRAWCZYK ALEKSANDRA	WARSZAWA		1984	K30-34	3	00:32:12	70	00:04:46	02:37:50	213	00:02:28	01:43:45	93	05:01:01	4		
110	465	SOLECKI ALEKSANDER	WARSZAWA		1974	M40-44	31	00:35:20	166	00:04:47	02:25:48	74	00:02:57	01:52:14	171	05:01:06			106
111	509	SZNEK ARTUR	JERZYKOWO	CityZen Poznań	1972	M45-49	10	00:33:38	118	00:05:02	02:37:33	208	00:03:12	01:41:59	73	05:01:24			107
112	372	CZAPRACKI DOMINIK	OPALENICA		1976	M40-44	32	00:36:46	214	00:04:54	02:35:48	187	00:03:01	01:41:29	68	05:01:58			108
113	219	RASZTAWICKI DARIUSZ	ZIELONKA		1981	M35-39	33	00:30:25	29	00:05:06	02:35:43	186	00:02:13	01:48:47	133	05:02:14			109
114	103	NIEDŹWIECKI MARCIN	WARSZAWA		1985	M30-34	21	00:30:46	33	00:04:34	02:28:52	111	00:02:29	01:55:50	210	05:02:31			110
115	346	KURCZEWSKI BARTOSZ	GRUSZCZYN	CITYZEN	1977	M40-44	33	00:36:47	215	00:04:05	02:38:47	229	00:02:44	01:40:46	58	05:03:09			111
116	393	SITAREK ARTUR	PIASECZNO	NeOn TEAM	1976	M40-44	34	00:36:31	207	00:04:40	02:28:14	103	00:03:26	01:50:34	150	05:03:25			112
117	589	KOŚCIAŃSKI ADAM	KOŚCIAN	TGV KOŚCIAN	1980	M35-39	34	00:37:32	242	00:05:20	02:26:52	83	00:02:26	01:51:33	164	05:03:43			113
118	255	BESPALOV OLEG	KALININGRAD		1979	M35-39	35	00:33:00	100	00:04:53	02:32:31	146	00:02:40	01:50:49	152	05:03:53			114
119	101	KOCENDA WOJCIECH	ZDZIESZOWICE		1985	M30-34	22	00:36:43	213	00:05:24	02:38:22	223	00:02:18	01:41:07	60	05:03:54			115
120	93	ZAJĄC KRZYSZTOF	DEBNO	tricarbon.pl	1986	M30-34	22	00:43:41	400	00:06:00	02:46:18	79	00:02:57	01:44:58	98	05:03:54			115
121	375	DZIUBATY LUKASZ	TARNOWO PODGÓRNE		1976	M40-44	35	00:29:54	22	00:05:12	02:33:35	160	00:03:12	01:52:07	170	05:04:00			117
122	288	WROŃSKI TOMASZ	WROCLAW		1979	M35-39	36	00:28:23	9	00:04:36	02:50:08	351	00:02:37	01:38:40	49	05:04:24			118
123	279	PUZOŃ ROBERT	BIELSKO-BIALA		1979	M35-39	37	00:38:59	289	00:05:05	02:22:38	50	00:03:05	01:54:43	192	05:04:30			119
124	469	WALEŃSKI TOMASZ	WROCLAW		1974	M40-44	36	00:40:11	321	00:03:56	02:37:01	202	00:02:19	01:41:20	63	05:04:47			120
125	370	CELMER PIOTR	WARSZAWA		1976	M40-44	37	00:33:22	114	00:05:25	02:34:44	176	00:03:07	01:48:17	128	05:04:55			121
126	494	WOŁOWSKI FILIP	WARSZAWA	TRIWAWA	1973	M45-49	11	00:36:12	196	00:04:36	02:26:25	80	00:02:37	01:55:14	203	05:05:04			122
127	383	KORZEŃ ARTUR	OLAWA		1976	M40-44	38	00:39:56	314	00:05:01	02:41:08	259	00:03:02	01:36:00	39	05:05:07			123
128	487	PALUS PAWEŁ	JÓZEFOSŁAW	SIDOR TEAM	1973	M45-49	12	00:32:14	72	00:05:02	02:28:42	110	00:02:42	01:56:43	225	05:05:23			124
129	535	DANIELEWSKI MICHAŁ	PIASECZNO		1968	M50-54	3	00:33:10	103	00:06:51	02:26:11	77	00:02:59	01:56:38	224	05:05:49			125
130	68	NOWAK EVELINA	BIAŁA BŁOTA	TriAmator	1987	K30-34	4	00:34:30	141	00:05:17	02:33:31	158	00:02:49	01:49:46	142	05:05:53	5		
131	354	OSMOLIK JAREK	ZABKI		1977	M40-44	39	00:38:24	267	00:05:13	02:30:11	121	00:02:54	01:49:30	141	05:06:12			126
132	291	ZIĘTEK KRZYSZTOF	GNIEZNO		1979	M35-39	38	00:30:57	39	00:04:44	02:36:07	189	00:02:28	01:52:00	169	05:06:16			127
133	109	STANISŁAWSKI JACEK	POZNAŃ		1985	M30-34	24	00:37:58	250	00:04:39	02:29:26	116	00:02:41	01:52:16	172	05:06:20			128
134	572	GRZANKA ANTONI	KOZIEGŁOWY		1956	M60-64	1	00:38:50	285	00:06:35	02:32:47	151	00:03:04	01:45:07	99	05:06:23			129
135	382	KOCZAJEWSKI SEWERYN	JĘDRZEJÓW		1976	M40-44	40	00:33:16	108	00:06:02	02:37:59	216	00:02:57	01:46:09	104	05:06:23			129
136	98	FIREK ADRIAN	BIELSKO-BIALA		1985	M30-34	25	00:33:45	121	00:04:53	02:30:44	126	00:02:35	01:54:29	191	05:06:26			131
137	464	SCHULTEK ARKADIUSZ	POZNAŃ		1974	M40-44	41	00:44:48	416	00:05:06	02:26:51	82	00:03:37	01:46:09	103	05:06:31			132
138	158	ZAPALOWSKI PAWEŁ	WROCLAW	GT RAT / Leniwece.pl	1983	M35-39	39	00:32:56	96	00:04:46	02:28:01	97	00:02:48	01:58:00	246	05:06:31			132
139	284	TAMBORSKI RAFAŁ	LESZNO		1979	M35-39	40	00:36:19	200	00:05:28	02:28:09	101	00:02:17	01:54:43	193	05:06:56			134
140	551	KRASUKI MIROSLAW	SIEDLCE		1966	M50-54	4	00:38:04	254	00:05:51	02:28:21	104	00:02:44	01:51:58	168	05:06:58			135
141	183	MAŁECKI MATEUSZ	NOWY TARG	111.kegel.pl	1982	M35-39	41	00:46:12	440	00:04:54	02:29:40	120	00:02:53	01:43:36	90	05:07:15			136
142	273	NETTMANN MATEUSZ	SIEROŚLAW	FTI Racing Team	1979	M35-39	42	00:38:33	272	00:03:36	02:31:27	134	00:03:45	01:49:56	144	05:07:17			137
143	72	ŻYRA MACIEJ	JASŁO		1987	M30-34	26	00:36:30	206	00:06:20	02:38:36	228	00:02:40	01:43:32	89	05:07:42			138
144	97	WALCZAK WOJCIECH	RADZYMIN	Progress Triathlon Team	1976	M40-44	42	00:36:26	202	00:05:18	02:35:03	180	00:02:34	01:48:24	130	05:07:45			139
145	80	KOZŁOWSKI MARCIN	BARANOWO		1986	M30-34	27	00:31:49	60	00:05:49	02:43:48	288	00:02:27	01:44:54	97	05:08:47			140
146	107	SAM VERHEYDEN	NYSA		1985	M30-34	28	00:36:49	218	04:06:05	-01:23:55	2	00:02:44	01:47:07	115	05:08:50			141
147	313	PAŻ MICHAŁ	WARSZAWA	Neon Team	1978	M40-44	43	00:32:16	73	00:04:56	02:33:43	163	00:02:55	01:55:02	199	05:08:52			142
148	264	KITA TOMEK	POZNAŃ		1979	M35-39	43	00:32:24	83	00:04:28	02:38:01	217	00:02:54	01:51:12	158	05:08:59			143
149	96	CIEMIELEWSKI PIOTR	TOR																

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Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
171	180	KRYCH JAKUB	POZNAŃ		1982	M35-39	47	00:40:56	338	00:04:29	02:38:25	224	00:02:21	01:47:17	119	05:13:28			166
172	356	PIĘTKA DANIEL	POZNAŃ		1977	M40-44	51	00:35:12	159	00:05:52	02:34:10	171	00:02:20	01:56:23	221	05:13:57			167
173	461	ORWAT TOMASZ	ZIELONA GÓRA	Grupa ROTO MTB	1974	M40-44	52	00:39:53	311	00:05:53	02:35:00	178	00:03:12	01:50:32	148	05:14:30			168
174	365	VIŚENTIN ERIC	WROCLAW	TMTeam	1977	M40-44	53	00:36:16	199	00:05:36	02:32:37	148	00:03:03	01:57:01	227	05:14:33			169
175	53	KOBIELA MACIEJ	KRAKÓW	MAGAZYN TRIATHLON	1988	M30-34	36	00:38:47	282	00:05:01	02:30:44	127	00:02:26	01:57:53	242	05:14:51			170
176	172	JEGER KRZYSZTOF	SWARZĘDZ		1982	M35-39	48	00:30:21	27	00:06:41	02:34:22	174	00:03:22	02:00:34	272	05:15:20			171
177	202	DUDZIK EMIL	RZESZÓW		1981	M35-39	49	00:41:46	364	00:05:47	02:28:39	108	00:03:04	01:56:13	215	05:15:29			172
178	553	WÓJCIK MIROSLAW	TOMASZÓW MAZ.		1966	M50-54	6	00:35:53	192	00:05:34	02:28:57	113	00:03:18	02:02:05	297	05:15:47			173
179	428	TYSZKA DARIUSZ	WARSZAWA	AKS Polonia Warszawa	1975	M40-44	54	00:38:34	273	00:05:02	02:34:38	175	00:04:24	01:53:14	182	05:15:52			174
180	404	BUCZEK ROBERT	SIEDLCE		1975	M40-44	55	00:35:28	171	00:06:13	02:30:59	129	00:03:44	01:59:42	262	05:16:06			175
181	61	BABICZ PAWEŁ	KRAKÓW	72d windsport team	1987	M30-34	37	00:30:16	26	00:05:19	02:28:54	112	00:03:04	02:08:43	344	05:16:16			176
182	517	SUPERSON WOJTEK	KRAKÓW		1971	M45-49	14	00:32:11	68	00:05:08	02:41:02	256	00:03:13	01:54:46	194	05:16:20			177
183	246	POWAŻYŃSKI ARIEK	WIAZOWNA	neON Team	1980	M35-39	50	00:33:12	104	00:04:31	02:27:33	91	00:02:42	02:08:24	339	05:16:22			178
184	373	CZŁONKOWSKI GRZEGORZ	POZNAŃ	DZIKI Z MORASKA	1976	M40-44	56	00:32:56	97	00:05:49	02:37:01	201	00:03:03	01:57:37	235	05:16:26			179
185	79	JASTRZĘBSKI WOJTEK	OPALENICA	K.S Tęcza	1986	M30-34	38	00:36:54	221	00:04:34	02:27:27	90	00:02:50	02:04:45	313	05:16:30			180
186	463	RAK ŁUKASZ	JASŁO		1974	M40-44	57	00:41:19	351	00:07:25	02:29:32	118	00:05:05	01:53:10	181	05:16:31			181
187	181	KUSIK ZBIGNIEW	POZNAŃ		1982	M35-39	51	00:37:40	243	00:05:33	02:28:12	102	00:02:41	02:02:30	298	05:16:36			182
188	456	ŁABNO WALDEMAR	LUCZYCE		1974	M40-44	58	00:39:39	308	00:06:24	02:40:45	248	00:02:41	01:47:12	116	05:16:41			183
189	120	HAJNOS-MAŁECKA MARIA	SZAFLARY	111.kegel.pl	1984	K30-34	5	00:32:19	79	00:04:18	02:39:02	233	00:02:15	01:59:06	252	05:17:00	6		
190	241	NOWAKOWSKI ARKADIUSZ	STOK LACKI		1980	M35-39	52	00:34:47	148	00:05:31	02:33:17	156	00:02:54	02:01:19	284	05:17:36			184
191	125	MARKIEWICZ MACIEJ	BYDGOSZCZ	TriSpace	1984	M30-34	39	00:36:56	223	00:06:24	02:42:43	274	00:03:24	01:48:22	129	05:17:49			185
192	436	BIERNACKI DAMIAN	PABIANICE	Korona Pabianice AT TEAM	1974	M40-44	59	00:35:33	177	00:06:48	02:31:40	136	00:03:00	02:01:02	278	05:18:03			186
193	566	NOWICKI LESZEK	INOWROCLAW	inonowiki	1961	M55-59	1	00:42:03	370	00:05:38	02:37:07	203	00:02:18	01:50:58	155	05:18:04			187
194	146	GAŹDZIK TOMASZ	WROCLAW		1983	M35-39	53	00:32:20	81	00:05:38	02:32:25	145	00:03:09	02:04:34	310	05:18:06			188
195	474	CUPA IRENEUSZ	TORUŃ		1973	M45-49	15	00:40:55	337	00:05:22	02:31:50	139	00:03:58	01:58:14	216	05:18:19			189
196	245	PENDOWSKI KAMIL	BIAŁYSTOK		1980	M35-39	54	00:35:40	183	00:06:15	02:38:27	225	00:03:33	01:54:50	196	05:18:45			190
197	533	KORCZYŃSKI RADOSŁAW	STRASSEN		1969	M45-49	16	00:37:17	235	04:14:51	-01:24:28	1	00:04:08	01:46:59	113	05:18:47			191
198	547	KOWALSKI GRZEGORZ	PIASECZNO		1967	M50-54	7	00:44:28	412	00:07:49	02:40:56	252	00:03:59	01:41:41	69	05:18:53			192
199	322	SZYMAŃSKI PRZEMYSŁAW	TRZCIANKA	Rewizor TRI	1978	M40-44	60	00:38:49	283	00:05:00	02:33:32	159	00:03:34	01:58:24	248	05:19:19			193
200	526	PIETRAS DARIUSZ	KĘDZIERZYN-KOŹLE		1970	M45-49	17	00:34:10	131	00:05:35	02:38:11	219	00:02:54	01:58:34	250	05:19:24			194
201	58	SERZYSCO BARTOSZ	CIESZYN		1988	M30-34	40	00:42:17	378	00:05:49	02:40:49	249	00:03:38	01:47:16	117	05:19:49			195
202	334	CISOWSKI ARTUR	WARSZAWA		1977	M40-44	61	00:35:26	169	00:05:31	02:35:20	182	00:02:52	02:00:49	276	05:19:58			196
203	386	MAKA WOJCIECH	GRANICA	TriWawa	1976	M40-44	62	00:37:16	233	00:06:09	02:32:36	147	00:02:30	02:01:35	288	05:20:06			197
204	539	JAGIELKA KRZYSZTOF	LESZNO		1968	M50-54	8	00:39:11	299	00:05:32	02:38:35	227	00:02:35	01:54:19	190	05:20:12			198
205	544	SADOWSKI PIOTR	PIASECZNO	PMCG Piaseczno	1968	M50-54	8	00:37:56	249	00:07:34	02:36:30	194	00:05:15	01:52:57	179	05:20:12			198
206	391	RADLIŃSKI ŁUKASZ	SZCZECIN		1976	M40-44	63	00:36:10	195	00:05:59	02:40:20	240	00:02:43	01:55:05	202	05:20:17			200
207	360	SOPOTNICKI WOJCIECH	KUNICE		1977	M40-44	64	00:35:14	160	00:06:11	02:43:45	287	00:02:31	01:52:47	176	05:20:28			201
208	230	FJALKOWSKI TOMASZ	BIAŁYSTOK	Nadaaktywni	1980	M35-39	55	00:28:56	14	00:05:05	02:36:08	190	00:03:32	02:06:51	321	05:20:32			202
209	260	IDZIKOWSKI PIOTR	SUCHY LAS		1979	M35-39	56	00:38:03	253	00:05:44	02:37:49	212	00:03:22	01:55:39	206	05:20:37			203
210	343	KRZYŻYŃSKI ANDRZEJ	ŁÓDŹ	Tri Aktywny Piotrków	1977	M40-44	65	00:35:43	185	00:05:22	02:44:19	292	00:02:54	01:52:23	174	05:20:41			204
211	567	GLINKOWSKI ZBIGNIEW	MOŚINA		1960	M55-59	2	00:41:35	360	00:05:35	02:33:05	153	00:02:52	01:57:43	236	05:20:50			205
212	317	SŁOMCZYŃSKI BARTOSZ	OPOLE	10 BLog	1978	M40-44	66	00:34:54	152	00:04:33	02:42:58	275	00:02:43	01:55:54	211	05:21:02			206
213	534	PARTYKA PIOTR	PROMIENKO		1969	M45-49	18	00:36:35	209	00:06:16	02:36:43	197	00:03:46	01:57:47	238	05:21:07			207
214	94	ANDRZEJCZAK ADAM	WROCLAW		1985	M30-34	41	00:36:42	211	00:06:38	02:43:01	276	00:02:45	01:52:24	175	05:21:30			208
215	27	WOŹNIAK PATRYK	OSTRÓW WIELKOPOLSKI		1992	M25-29	11	00:32:40	90	00:05:02	02:45:07	299	00:02:31	01:56:17	218	05:21:37			209
216	249	RATAJEWICZ MACIEJ	WARSZAWA		1980	M35-39	57	00:39:18	300	00:05:03	02:43:18	281	00:02:48	01:51:29	163	05:21:56			210
217	59	ŚWIĄTEK WOJCIECH	ŁÓDŹ		1988	M30-34	42	00:36:15	198	00:06:08	02:45:32	302	00:02:45	01:51:18	159	05:21:58			211
218	267	LEWICKI ARKADIUSZ	WARSZAWA	TriWawa	1979	M35-39	58	00:33:00	99	00:05:46	02:30:15	122	00:03:06	02:10:00	355	05:22:07			212
219	423	RUBINSKI MICHAŁ	KONSTANCYJEWICZ		1975	M40-44	67	00:31:38	52	00:05:32	02:32:16	144	00:03:09	02:09:32	351	05:22:07			212
220	554	CON LESLAW	DREZDENKO		1965	M50-54	10	00:35:33	178	00:07:15	02:37:24	207	00:03:30	01:58:27	249	05:22:09			214
221	31	KARKOSZKA MARCIN	MASANÓW		1990	M25-29	12	00:38:45	278	00:06:37	02:46:29	312	00:03:01	01:47:41	123	05:22:33			215
222	419	MILOCH PAWEŁ	GORZÓW WLKP		1975	M40-44	68	00:35:44	188	00:05:41	02:40:23	241	00:03:26	01:57:34	234	05:22:48			216
223	232	HOLUBOWICZ GRZEGORZ	GORZÓW WLKP.		1980	M35-39	59	00:39:08	297	00:05:24	02:36:27	193	00:02:32	01:59:21	258	05:22:52			217
224	457	LYTEK MARCIN	BIELAWA		1974	M40-44	69	00:35:52	191	00:04:56	02:38:56	231	00:02:50	02:00:48	274	05:23:22			218
225	412	HALAJDA MACIEJ	STRZELIN		1975	M40-44	70	00:35:37	179	00:05:57	02:44:12	291	00:03:03	01:54:48	195	05:23:37			219
226	310	MIŃKO PIOTR	BIAŁYSTOK	TRI BIELSKO PODLASKI TEAM	1978	M40-44	71	00:38:01	252	00:04:56	02:40:36	247	00:05:01	01:55:16	204	05:23:50			220
227	522	DERSLER STEPHEN	POZNAŃ		1970	M45-49	19	00:31:56	61	00:06:19	02:37:23	206	00:03:20	02:04:56	314	05:23:54			221
228	318	SOKOŁOWSKI MICHAŁ	HENRYKÓW UROCZE		1978	M40-44	72	00:34:14	134	00:05:12	02:48:49	332	00:03:28	01:52:17					

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Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
256	189	SAWICKI ARKADIUSZ	WROCLAW	Scorpion	1982	M35-39	66	00:36:27	204	00:06:35	02:30:45	128	00:02:55	02:11:40	372	05:28:22			248
257	227	BIEN MACIEJ	WARSZAWA		1975	M40-44	83	00:29:49	20	00:05:19	02:40:24	242	00:03:23	02:09:34	352	05:28:29			249
258	332	CHACUŚ ADRIAN	TYCHY	RestTeam	1977	M40-44	84	00:41:58	369	00:05:13	02:41:14	260	00:03:22	01:57:21	232	05:29:08			250
259	41	KAMIŃSKI RADOŚLAW	ROKIETNICA	WUEFRITEAM	1989	M25-29	15	00:42:17	379	00:06:51	02:45:44	303	00:04:11	01:50:20	147	05:29:23			251
260	266	LEWANDOWSKI JAKUB	POZNAŃ		1979	M35-39	67	00:35:11	158	00:05:49	02:45:00	298	00:02:51	02:01:08	281	05:29:59			252
261	164	DRÓŻDŹ KAMIL	WARSZAWA	Kuźnia Triathlonu	1982	M35-39	68	00:36:56	222	00:06:22	02:36:33	195	00:02:38	02:07:59	334	05:30:28			253
262	410	FRANASZCZYK MARCIN	SIERAKÓW	Bucharzewo Team	1975	M40-44	85	00:34:46	147	00:06:16	02:44:42	295	00:03:46	02:01:03	279	05:30:33			254
263	147	JASKÓLSKI KRZYSZTOF	GUBIN	BBL Gubin	1983	M35-39	69	00:44:01	407	00:05:44	02:40:19	239	00:02:43	01:57:49	240	05:30:36			255
264	295	DEUTSCHMAN PIOTR	WROCLAW	GT RAT	1978	M40-44	86	00:33:20	113	00:05:16	02:37:35	209	00:03:12	02:11:33	368	05:30:56			256
265	286	WAWRZYŃIAK MICHAŁ	SOLEC KUJAWSKI	San Escobar Triathlon Team	1979	M35-39	70	00:34:39	145	00:07:01	02:37:40	210	00:03:21	02:08:25	340	05:31:06			257
266	216	PIOTROWSKI TOMASZ	WARSZAWA	GREMBSKI TRIATHLON	1981	M35-39	71	00:37:12	231	00:05:46	02:47:08	315	00:03:14	01:57:48	239	05:31:08			258
267	153	SIEKAN GRZEGORZ	TYCHY		1983	M35-39	72	00:34:10	133	00:05:59	02:46:51	314	00:02:49	02:01:26	286	05:31:15			259
268	439	CIEKAŃSKI MICHAŁ	LESZNO		1974	M40-44	87	00:36:27	205	00:06:24	02:41:06	258	00:03:39	02:03:42	302	05:31:18			260
269	376	GAŁEK WOJCIECH	KONSTANCIN- JEZIORNA		1976	M40-44	88	00:38:28	269	00:07:28	02:40:26	245	00:04:05	02:00:58	277	05:31:25			261
270	149	KONDRACKI LUKASZ	ZGORZELEC	UKS Energetyk Zgorzelec	1983	M35-39	73	00:32:16	74	00:05:41	02:48:16	326	00:03:23	02:01:57	294	05:31:33			262
271	584	KAPUSTKA MIROSLAW	POZNAŃ	KAPUSTRI	1983	M35-39	74	00:36:57	224	00:05:37	02:47:13	317	00:02:32	01:59:30	260	05:31:49			263
272	250	SAWCZUK GRZEGORZ	WYSOKA		1980	M35-39	75	00:38:47	281	00:05:38	02:36:44	198	00:03:20	02:07:23	327	05:31:52			264
273	510	WIECZOREK MACIEK	POZNAŃ		1972	M45-49	24	00:41:52	366	00:06:43	02:40:58	253	00:03:25	01:59:11	256	05:32:09			265
274	314	PIDEK MARCIN	OBORNIKI		1978	M40-44	89	00:43:52	405	00:06:04	02:43:28	283	00:02:36	01:56:21	220	05:32:21			266
275	422	PRYK RAFAŁ	GOLENIÓW	Rozbiegany Goleniów	1975	M40-44	89	00:41:18	350	00:06:37	02:48:13	325	00:02:58	01:53:15	183	05:32:21			266
276	416	KUKOROWSKI GRZEGORZ	OŚNO LUBUSKIE		1975	M40-44	91	00:33:08	102	00:06:12	02:40:33	246	00:03:00	02:09:56	354	05:32:49			268
277	199	BREWKA WOJCIECH	PIERWOSZOW	GT RAT	1981	M35-39	76	00:34:58	156	00:05:03	02:44:00	290	00:03:07	02:05:51	315	05:32:59			269
278	311	NIEMCZEWSKI RAFAŁ	KOBYLNICZA		1978	M40-44	92	00:35:42	184	00:07:31	02:46:15	311	00:04:27	01:59:06	253	05:33:01			270
279	281	SOWA MACIEJ	POZNAŃ		1979	M35-39	77	00:37:51	244	00:07:41	02:35:15	181	00:03:12	02:09:04	346	05:33:03			271
280	506	NITSCHKE MACIEJ	WOLSZTYN	Wolsztyński Klub Biegowy	1972	M45-49	25	00:46:00	436	00:10:16	02:33:45	164	00:03:30	01:59:56	264	05:33:27			272
281	568	PAWŁOWSKI ANDRZEJ	POZNAŃ		1959	M55-59	3	00:44:49	419	00:05:20	02:41:58	269	00:02:19	01:59:09	254	05:33:35			273
282	542	KOZŁOWSKI WOJTEK	KRAKÓW		1968	M50-54	12	00:36:47	216	00:09:38	02:35:03	179	00:04:27	02:07:52	333	05:33:47			274
283	342	KRAKOWIAK GRZEGORZ	GRANOWO		1977	M40-44	93	00:44:46	415	00:05:42	02:45:10	300	00:02:49	01:55:24	205	05:33:51			275
284	261	JANUS JACEK	ZORY		1979	M35-39	78	00:34:01	127	00:05:35	02:48:37	329	00:03:15	02:02:31	299	05:33:59			276
285	582	STADNICKI PIOTR	WARSZAWA	TRI PASSION	1982	M35-39	79	00:39:25	304	00:06:39	02:43:06	277	00:03:08	02:01:46	290	05:34:04			277
286	21	MARCINEK SZYMON	PIETROWICE WIELKIE		1993	M25-29	16	00:32:18	77	00:05:21	02:51:49	368	00:03:42	02:01:03	280	05:34:13			278
287	193	STACHOWSKI SEBASTIAN	ZĄBKI		1982	M35-39	80	00:41:21	352	00:07:12	02:43:29	284	00:03:09	01:59:12	257	05:34:23			279
288	60	ZALEWSKI LESZEK	BERLIN	Olimpiusz.pl	1988	M30-34	45	00:41:10	346	00:05:17	02:38:01	218	00:03:27	02:06:45	320	05:34:40			280
289	212	LISTAKIEWICZ BARTOSZ	WROCLAW		1981	M35-39	81	00:38:47	280	00:07:05	02:45:18	301	00:03:28	02:00:05	265	05:34:43			281
290	405	CIOSEK ARTUR	GORZÓW WIELKOPOLSKI		1975	M40-44	94	00:32:54	94	00:08:08	02:47:11	316	00:03:43	02:02:57	301	05:34:53			282
291	450	JACZAN BARTEK	KOMORNKI	ZGRUPKA TEAM	1974	M40-44	95	00:30:56	38	00:05:18	02:44:26	293	00:03:42	02:10:36	360	05:34:58			283
292	446	GOLANOWSKI KRZYSZTOF	SZCZECIN		1974	M40-44	96	00:38:08	257	00:06:20	02:49:48	343	00:03:32	01:57:19	230	05:35:07			284
293	76	GŁOWACKI MICHAŁ	WARSZAWA		1986	M30-34	46	00:38:32	271	00:05:32	02:20:43	40	00:02:52	02:27:28	438	05:35:07			284
294	513	JANISZEWSKI ARKADIUSZ	ŚRODA ŚLĄSKA	GT RAT	1971	M45-49	26	00:42:42	384	00:06:09	02:31:43	137	00:03:16	02:11:36	370	05:35:26			286
295	571	WALIGÓRSKI RYSZARD	WOLSZTYN	Wolsztyński Klub Biegowy	1957	M60-64	2	00:42:15	377	00:06:16	02:44:31	294	00:05:18	01:57:06	228	05:35:26			286
296	223	WITKOWSKI DAMIAN	KROTOSZYN		1981	M35-39	82	00:36:58	225	00:06:43	02:47:54	319	00:03:23	02:00:39	273	05:35:37			288
297	299	KASZUBOWSKI PATRYK	PROMNO	Danielówka Promno - Agroturystyka	1978	M40-44	97	00:39:29	305	00:06:39	02:41:54	268	00:03:42	02:04:04	306	05:35:48			289
298	162	BIAŁEK MAREK	WARSZAWA	TriWawa	1982	M35-39	83	00:34:55	154	00:06:17	02:35:30	185	00:04:08	02:15:55	402	05:36:45			290
299	564	LEŚNIEWSKI TOMASZ	POZNAŃ		1962	M55-59	4	00:45:32	430	00:06:44	02:54:06	382	00:02:49	01:47:34	121	05:36:45			290
300	395	SZUSTOROWSKI RAFAŁ	WARSZAWA	REST TEAM	1976	M40-44	98	00:38:45	279	00:04:58	02:31:23	133	00:03:01	02:18:39	412	05:36:46			292
301	161	BETLEJ HUBERT	KRAKÓW	ESKADA KRAKÓW	1982	M35-39	84	00:45:27	429	00:05:10	02:31:15	131	00:03:07	02:11:49	374	05:36:48			293
302	159	BABICKI SZYMON	WARSZAWA		1982	M35-39	85	00:44:57	423	00:06:43	02:50:43	357	00:02:35	01:51:55	167	05:36:53			294
303	69	PIESZALA MACIEJ	POZNAŃ		1987	M30-34	47	00:39:01	291	00:06:09	02:41:29	263	00:03:00	02:07:31	328	05:37:10			295
304	160	BARYŁA MARZANNA	STRZELIN		1982	K35-39	4	00:42:07	371	00:05:43	02:48:45	331	00:03:21	01:57:25	233	05:37:21		9	
305	468	WAKULA MAREK	SIEDLCE		1974	M40-44	99	00:38:08	256	00:06:02	02:48:55	333	00:03:26	02:01:11	283	05:37:42			296
306	203	FLOREK-WOJTAŁIK MONIKA	KOŹRZEW O		1981	K35-39	5	00:42:57	388	00:07:18	02:54:00	381	00:05:11	01:48:33	132	05:37:59		10	
307	14	SIECZKOWSKI DAMIAN	DOBIESZKÓW	swimbikerun4fun	1997	M18-24	3	00:41:56	368	00:06:09	02:46:12	310	00:03:02	02:01:08	282	05:38:27			297
308	388	MITURA DARIUSZ	JÓZEFOSŁAW		1976	M40-44	100	00:39:00	290	00:07:26	02:48:25	328	00:03:09	02:00:30	270	05:38:30			298
309	516	OSTROWICKI PIOTR	POZNAŃ		1971	M45-49	27	00:39:04	294	00:05:37	02:41:44	267	00:02:56	02:09:29	349	05:38:50			299
310	148	JEŻOŁKOWSKI JAKUB	PNIEWY	Gira Się Kręci	1983	M35-39	86	00:39:44	309	00:05:21	02:43:53	289	00:02:16	02:07:42					

JBL TRIATHLON SIERAKÓW 26-27.05.2018 r.
Dystans: 112,99km



Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
341	455	KUKOTKO RAFAŁ	TARNOWO PODGÓRNE		1974	M40-44	109	00:42:08	372	00:06:53	02:44:49	297	00:03:08	02:10:25	358	05:47:23		327	
342	275	PARTYKA LUKASZ	POZNAŃ		1979	M35-39	92	00:40:10	320	00:06:39	02:50:19	354	00:03:15	02:07:20	326	05:47:43		328	
343	333	CHMIELEWSKI GRZEGORZ	SUCHY DWÓR	TMTeam	1977	M40-44	110	00:32:30	84	00:06:41	02:49:19	340	00:03:15	02:16:02	405	05:47:47		329	
344	443	FLEISZAR TYMOTUSZ	GRUSZCZYN-POLAND	WÓJTOWICZ TRI TEAM	1974	M40-44	111	00:39:32	306	00:07:33	02:48:23	327	00:04:06	02:08:16	336	05:47:50		330	
345	95	ANDRZEJEWSKI BARTOSZ	MUROWANA GOŚLIŃNA		1985	M30-34	53	00:44:48	417	00:04:50	02:43:40	286	00:03:44	02:10:59	362	05:48:01		331	
346	305	LAWNICZAK DOMINIK	NOTTINGHAM		1978	M40-44	112	00:43:03	391	00:06:31	02:52:39	372	00:03:59	02:01:50	291	05:48:02		332	
347	435	BIELERZEWSKI JAKUB	WARSZAWA		1974	M40-44	113	00:42:14	376	00:06:29	03:01:44	419	00:03:31	01:54:51	197	05:48:49		333	
348	184	MARTYNOWSKI LUKASZ	OPOLE		1982	M35-39	93	00:32:13	71	00:05:25	03:05:48	435	00:03:54	02:01:34	287	05:48:54		334	
349	18	ANDRYSZAK ALEKSANDRA	ŚWINOUJŚCIE		1993	K25-29	1	00:34:52	150	00:06:22	02:58:03	404	00:03:31	02:06:09	319	05:48:57	15		
350	557	BLACHOWIAK MARIUSZ	LESZNO	Maraton Leszno	1964	M50-54	14	00:46:04	439	00:07:17	02:50:05	350	00:04:38	02:01:25	285	05:49:29		335	
351	488	PALKA KRZYSZTOF	ŻORY		1973	M45-49	34	00:42:46	385	00:06:41	02:48:58	334	00:03:33	02:07:48	332	05:49:46		336	
352	124	LEWANDOWSKI WOJCIECH	ŻERNIKI WROCLAWSKIE		1984	M30-34	54	00:43:33	397	00:07:44				02:00:17	268	05:49:54		337	
353	415	ILKIEWICZ MICHAŁ	STARE BABICE		1975	M40-44	114	00:44:53	421	00:08:02	02:43:08	278	00:04:43	02:09:30	350	05:50:16		338	
354	508	SZKUDLARSKI WOJCIECH	NOWY TOMYŚL		1972	M45-49	35	00:42:09	373	00:09:02	02:58:11	405	00:05:16	01:55:48	209	05:50:26		339	
355	133	SAZONOV VICTOR	KALININGRAD	AmberMan	1984	M30-34	55	00:37:52	245	00:05:33	02:51:59	369	00:03:25	02:11:46	373	05:50:35		340	
356	242	ORZYŁOWSKI RAJMUND	SIEDLCE		1980	M35-39	94	00:41:29	355	00:06:59	02:59:17	410	00:03:54	01:59:11	255	05:50:50		341	
357	390	PRZYBYLSKI TOMASZ	BORÓWIEC		1976	M40-44	115	00:42:12	375	00:05:28	02:40:53	250	00:03:17	02:19:25	416	05:51:15		342	
358	151	KUCHARSKI LUKASZ	ŁÓDŹ		1983	M35-39	95	00:36:48	217	00:06:04	02:40:25	243	00:03:06	02:25:40	432	05:52:03		343	
359	480	HANCZAR PAWEŁ	WROCLAW		1973	M45-49	36	00:47:42	452	00:07:38	02:55:39	393	00:03:59	01:57:20	231	05:52:18		344	
360	470	WIADERNY JANUSZ	JASTRZĘBIA-ZDRÓJ		1974	M40-44	116	00:44:10	410	00:06:03	02:47:56	320	00:02:48	02:11:28	366	05:52:25		345	
361	263	KILKOWSKA PAULINA	MOSINA	AF MOSINA TEAM	1979	K35-39	6	00:44:51	420	00:05:51	02:49:56	348	00:03:37	02:08:22	338	05:52:37	16		
362	140	CZERNIKI JAKUB	SUCHY LAS		1983	M35-39	96	00:36:27	203	00:06:39	02:51:02	361	00:03:27	02:15:16	395	05:52:51		346	
363	459	NAROJCZYK KRZYSZTOF	NOWA IWICZNA		1974	M40-44	117	00:35:28	173	00:06:45	02:41:02	254	00:04:19	02:26:19	436	05:53:53		347	
364	320	SZAMBELAŃCZYK MACIEJ	LUSÓWKO		1978	M40-44	118	00:46:44	444	00:06:36	02:41:42	266	00:03:02	02:16:02	404	05:54:06		348	
365	536	DĘBSKI DANIEL	WAŁBRZYCH		1968	M50-54	15	00:38:27	268	04:07:03	01:14:18	3	00:07:53	02:15:40	399	05:54:45		349	
366	575	BAREWSKI BOGDAN	WARSZAWA	AKS Polonia Warszawa	1954	M60-64	3	00:46:40	443	00:08:04	03:06:18	439	00:04:52	01:48:52	134	05:54:46		350	
367	115	CZEKAŁSKA MARIA	POZNAŃ	FTI Racing Team	1984	K30-34	7	00:41:14	349	00:05:51	02:53:24	376	00:02:50	02:11:28	367	05:54:47	17		
368	220	RZYTKI PIOTR	BEZWOLA		1981	M35-39	97	00:49:08	460	00:06:34	02:49:50	345	00:03:44	02:06:56	323	05:56:12		351	
369	368	BLASIAK ADRIAN	BIELSKO-BIALA		1976	M40-44	119	00:41:00	340	00:06:07	02:46:05	308	00:03:11	02:20:08	422	05:56:31		352	
370	485	KUJK KRZYSZTOF	PUCK		1973	M45-49	37	00:44:03	408	00:07:45	02:49:46	342	00:04:07	02:11:27	365	05:57:08		353	
371	40	FABIJAŃCZYK PAWEŁ	LESZNO		1989	M25-29	18	00:39:54	313	00:07:42	03:05:53	437	00:04:17	01:59:30	261	05:57:16		354	
372	240	NOWAK TOMASZ	WITKOWO		1980	M35-39	98	00:40:38	327	00:06:17	02:53:10	375	00:03:47	02:13:37	387	05:57:29		355	
373	378	GLAPA KRZYSZTOF	GÓLSKI		1976	M40-44	120	00:37:19	237	00:09:45	02:49:08	335	00:05:34	02:15:53	401	05:57:39		356	
374	482	KAPCIŃSKA MALGORZATA	LUSÓWKO		1973	K45-49	2	00:43:50	404	00:06:37	03:05:44	434	00:03:43	01:57:55	245	05:57:49	18		
375	454	KRZESAK ADAM	PIASTÓW		1974	M40-44	121	00:35:39	181	00:06:00	02:52:54	374	00:03:44	02:19:46	420	05:58:03		357	
376	200	BUCKI PRZEMYŚLAW	SZCZODRE		1981	M35-39	99	00:38:13	260	00:07:32	03:00:18	415	00:03:48	02:08:39	343	05:58:30		358	
377	357	SIP WOJCIECH	DREZDENKO		1977	M40-44	122	00:46:15	441	00:08:35	02:41:02	255	00:03:44	02:19:26	417	05:59:02		359	
378	116	DROPIK LUKASZ	POZNAŃ		1984	M30-34	56	00:47:14	451	00:05:52	03:01:17	417	00:02:50	02:02:05	296	05:59:18		360	
379	105	PIECH MICHAŁ	OPOLE		1985	M30-34	57	00:35:44	187	00:06:34	02:54:53	385	00:04:05	02:18:16	411	05:59:32		361	
380	448	GRY GORUK ANDRZEJ	WARSZAWA		1974	M40-44	123	00:39:24	303	00:08:46	02:51:04	362	00:05:16	02:15:06	393	05:59:36		362	
381	486	MOSKAŁ ARKADIUSZ	CEGLIENIA RADZYMIN		1973	M45-49	38	00:38:13	261	00:08:57	03:04:03	427	00:04:19	02:04:11	308	05:59:43		363	
382	136	TRACZYK GRZEGORZ	KIEKRZ K. POZNANIA		1984	M30-34	58	00:52:20	470	00:06:43	03:06:26	441	00:04:15	01:50:51	153	06:00:35		364	
383	380	JAGODZIŃSKI MICHAŁ	ROGOZINIEC		1976	M40-44	124	00:45:54	435	00:07:11	03:03:01	424	00:04:12	02:00:21	269	06:00:39		365	
384	198	BORDA PIOTR	POZNAŃ		1980	M35-39	100	00:40:42	330	00:06:53	02:50:51	359	00:03:43	02:18:57	415	06:01:06		366	
385	329	AUGUSTYNOWICZ ANDRZEJ	ŁĘGNICA		1977	M40-44	125	00:43:27	396	00:06:59	02:53:25	377	00:02:53	02:15:25	397	06:02:09		367	
386	530	MARCHWIŃSKI RAFAŁ	USZCZYN	Tri Aktywny Piotrków	1977	M40-44	126	00:41:10	345	00:06:42	02:40:55	251	00:04:02	02:29:50	445	06:02:39		368	
387	12	SZCZEPAŃSKI MACIEJ	SIERAKÓW	Drużyna Szpiku	1999	M18-24	4	00:40:44	331	00:04:02	02:49:48	344	00:02:39	02:25:46	433	06:02:59		369	
388	235	KOZMA MICHAŁ	POZNAŃ		1980	M35-39	101	00:50:32	464	00:08:42	02:47:59	321	00:04:18	02:11:34	369	06:03:05		370	
389	298	HOJNOR PIOTR	ŚWIĘTA KATARZYNA		1978	M40-44	127	00:44:30	413	00:07:00	02:49:18	339	00:02:58	02:19:47	421	06:03:33		371	
390	437	BIZIEL MICHAŁ	SMOLEC	TMTeam	1974	M40-44	128	00:39:48	310	00:05:54	03:12:29	449	00:03:31	02:02:01	295	06:03:43		372	
391	49	WYPYCHOWSKI JAKUB	POZNAŃ		1989	M25-29	19	00:46:03	438	00:07:50	02:56:11	396	00:05:25	02:08:26	341	06:03:55		373	
392	531	DZUBAŁA RADEK	ŚWIĘCIECHOWA	Real 64-sto	1969	M45-49	39	00:40:26	324	00:08:00	02:57:14	400	00:04:17	02:14:09	388	06:04:06		374	
393	559	SKIBA WŁODZIMIERZ	POZNAŃ	Stowarzyszenie Triathlonowców U64 Poznań	1964	M50-54	16	00:42:34	383	00:10:30	03:02:48	422	00:03:51	02:04:41	312	06:04:24		375	
394	563	BAJEROWICZ PIOTR	GRZĘDZICE		1963	M55-59	5	00:41:52	365	00:08:31	02:57:25	402	00:04:44	02:11:53	375	06:04:25		376	
395	35	KUREK DAWID	BYTOM		1990	M25-29	20	00:35:38	180	00:06:15	02:55:29	390	00:03:44	02:24:23	429	06:04:29		377	
396	10	KUNZ MARTIN	HOSTIVICE	Brána v Pěčku	1999	M18-24	5	00:39:33	307	00:08:17	03:15:40	453	00:04:55	01:56:16	217	06:04:41		378	
397	292	ZYBURA PAWEŁ	NYSA		1979	M35-39	102	00:49:44	463	00:08:17	03:06:54	442	00:03:34	01:56:30	222	06:04:59		379	
398	194	STASIOŁOWICZ DOMINIKA	WARSZAWA		1982	K35-39	7	00:43:12	393	00:07:56	03:00:22	416	00:04:43	02:08:47	345	06:05:00	19		
399	433	BASIŃSKI MARCIN	PACZKOWO	OKBAS	1974	M40-44	129	00:35:43	186	00:07:00	03:06:03	438	00:03:32	02:13:05	384	06:05:23		380	
400	341	KOZIŃSKI DARIUSZ	CZĘSTOCHOWA	ITO	1977	M40-44	130	00:44:55	422	00:06:37	02:54:59	386	00:03:59	02:15:25	396	06:05:55		381	
401	583	BUGAJNY PAWEŁ	POZNAŃ		1964	M50-54	17	00:43:37	399	00:09:00	02:55:21	389	00:05:18	02:12:57	383	06:06:13		382	
402	501	LIGEZA JOASIA	KRAKÓW	Smashing Papkins/Unlimited	1972	K45-49	3	00:42:56	387	00:06:39	03:08:08	443	00:04:25	02:04:11	309	06:06:19	20		
403	252	WOŁODKO ANDRZEJ	KOWARY		1980	M35-39	103	00:34:24	140	00:05:56	02:59:54	413	00:03:00	02:23:34	428	06:06:48		383	

Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
426	491	RZEPKA MAREK	WROCLAW		1973	M45-49	43	00:47:53	454	00:07:45	02:51:18	365	00:04:14	02:21:55	426	06:13:05			404
427	171	GUZY PIOTR	CZECHOWICE-DZIEDZICE		1982	M35-39	109	00:37:55	246	00:08:34	03:03:26	426	00:06:07	02:17:12	409	06:13:14			405
428	309	MIKOŁAJCZYK MACIEJ	WRZEŚNIA		1978	M40-44	136	00:44:49	418	00:07:48	02:55:01	388	00:04:07	02:21:53	425	06:13:38			406
429	47	SOBKOWIAK MACIEJ	KROTOSZYN	KS Krotoszyn Krotoszyn	1989	M25-29	22	00:42:59	389	00:06:10	02:59:18	411	00:03:58	02:22:12	427	06:14:37			407
430	514	LENARD BŁAŻEJ	BRZEG		1971	M45-49	44	00:55:51	476	00:08:32	02:56:02	394	00:05:11	02:09:18	348	06:14:54			408
431	290	ZGORZELSKI BARTOSZ	GNIEZNO		1979	M35-39	110	00:49:35	462	00:07:31	03:04:47	429	00:03:27	02:10:03	356	06:15:23			409
432	573	SITEK WITOLD	OSTRÓW WLKP.		1956	M60-64	4	00:48:57	459	00:07:12	02:53:34	378	00:05:23	02:21:16	424	06:16:22			410
433	432	ZAGRABSKI DAWID	BIELSKO-BIALA		1975	M40-44	137	00:45:42	432	00:07:07	02:51:01	360	00:03:45	02:28:47	442	06:16:22			410
434	45	NOWICKI ŁUKASZ	POZNAŃ		1989	M25-29	23	00:38:22	265	00:06:22	02:59:01	408	00:03:39	02:29:28	444	06:16:52			412
435	143	DZIAMSKI MARCIN	WARSZAWA	TriWawa	1983	M35-39	111	00:41:29	356	00:05:40	02:50:46	358	00:02:50	02:36:19	452	06:17:04			413
436	262	KĄŻMIERCZAK MICHAŁ	ŚRODA WIELKOPOLSKA	Garel Plast Team	1979	M35-39	112	00:40:41	329	00:06:13	02:57:12	399	00:05:06	02:28:47	441	06:17:59			414
437	82	MARKIEWICZ JAREK	WARSZAWA		1986	M30-34	60	00:38:39	277	00:06:49	02:54:16	384	00:05:23	02:35:07	450	06:20:14			415
438	548	KURZAWIŃSKI SZYMON	TARNOWO PODGÓRNE		1967	M50-54	21	00:37:07	229	00:04:21	03:02:10	421	00:05:06	02:34:56	449	06:23:40			416
439	280	SARZYŃSKI WOJCIECH	KRAKOW		1979	M35-39	113	00:40:28	325	00:08:31	03:15:10	452	00:04:16	02:15:34	398	06:23:59			417
440	132	ROCHOWIAK PRZEMYSŁAW	INOWROCLAW		1984	M30-34	61	00:55:42	475	00:07:49	03:01:20	418	00:04:37	02:14:40	391	06:24:08			418
441	340	KNOFEL-LASZCZYŃSKA AGATA	STRZELIN		1977	K40-44	3	00:43:13	394	00:07:31	03:16:48	456	00:04:28	02:12:17	378	06:24:17	23		
442	492	SAULS CLINT	SOPOT		1973	M45-49	45	00:38:32	270	00:10:10	02:51:44	367	00:03:37	02:40:18	459	06:24:21			419
443	503	MARCINKOWSKI PIOTR	OSTRÓW WIELKOPOLSKI	OSW TRI TEAM	1972	M45-49	46	00:30:55	37	00:07:38	02:54:10	383	00:03:37	02:48:34	468	06:24:54			420
444	231	FRAŃCZEK MARCIN	WROCLAW		1980	M35-39	114	00:41:09	343	00:06:15	03:04:23	428	00:04:21	02:30:27	447	06:26:35			421
445	338	JARZABEK CZAREK	WARSZAWA		1977	M40-44	138	00:45:07	426	00:07:29	02:52:45	373	00:05:14	02:36:28	453	06:27:03			422
446	430	WINTOCH MARCIN	TORUŃ		1975	M40-44	139	00:45:03	425	00:07:39	02:49:27	341	00:04:41	02:41:09	460	06:27:59			423
447	543	MIESZKOWSKI PAWEŁ	POZNAŃ	Zmęczeni już przed biegiem	1968	M50-54	22	00:48:48	458	00:10:35	03:16:25	455	00:03:20	02:12:44	382	06:31:52			424
448	337	JANOWSKI KRZYSZTOF	KRUSZYN		1977	M40-44	140	00:48:20	455	00:07:16	03:05:48	436	00:04:27	03:08:43	439	06:33:54			425
449	549	RECZKO MARIUSZ	MALINOWICE		1967	M50-54	23	00:38:35	274	00:08:37	02:51:19	366	00:04:10	02:51:22	470	06:34:03			426
450	84	MŁODZIKOWSKA WERONIKA	ADAMÓW	KB V-Max Adamów	1986	K30-34	8	00:40:12	322	00:06:32	03:16:57	458	00:03:27	02:28:39	440	06:35:47	24		
451	11	MÍŠKOVSÝ ŠTĚPÁN	HOSŤIVICE	Braňa v Pěčku	1999	M18-24	7	00:55:41	474	00:07:56	03:10:17	446	00:04:38	02:17:37	410	06:36:09			427
452	421	PAWLAK PIOTR	POZNAŃ	PKO Bank Polski	1975	M40-44	141	00:45:03	424	00:06:34	02:58:52	407	00:03:40	02:42:24	461	06:36:33			428
453	424	SIODŁA MACIEJ	CZERWONAK		1975	M40-44	142	00:40:06	318	00:08:39	03:08:43	444	00:04:23	02:35:19	451	06:37:10			429
454	34	KRASZKA MARTA	POZNAŃ		1990	K25-29	2	00:46:57	448	00:06:21	03:13:33	451	00:04:15	02:26:18	435	06:37:24	25		
455	254	BANACH KAROL	BOLEWICE	DC Bolewice	1979	M35-39	115	00:39:54	312	00:07:37	03:00:05	414	00:08:12	02:42:31	462	06:38:19			430
456	191	SKOŁOZDRZYCH KAROL	POZNAŃ		1982	M35-39	116	00:48:22	456	00:09:33	03:06:23	440	00:04:12	02:36:44	454	06:45:14			431
457	361	STASZAK AGNIESZKA	ZŁOTNIKI		1977	K40-44	4	00:46:28	442	00:06:54	03:16:54	457	00:04:49	02:32:18	448	06:47:23	26		
458	504	MRÓWKA MACIEJ	WARSZAWA	IRONANT.PL	1972	M45-49	47	00:37:21	239	00:08:15	02:57:24	401	00:06:09	02:58:43	475	06:47:52			432
459	578	OLEJNICZAK WITOLD	OSTRÓW WLKP		1949	M65-69	2	00:51:05	466	00:09:00	03:13:15	450	00:05:17	02:30:16	446	06:48:53			433
460	579	FAJER MARKUS	DOBRA SZCZECIŃSKA RAZ SZCZECIN		1948	M70+	1	00:51:58	468	00:10:52	03:36:07	472	00:04:52	02:07:34	329	06:51:23			434
461	550	DAKOWSKI ROBERT	POZNAŃ		1966	M50-54	24	00:46:03	437	00:18:19	02:56:23	397	00:08:26	02:42:38	463	06:51:49			435
462	24	JUNCZYK EWELINA	POZNAŃ		1992	K25-29	3	00:41:29	354	00:07:34	03:20:03	462	00:03:35	02:39:51	458	06:52:32	27		
463	92	WRZECIAN ADAM	POZNAŃ		1986	M30-34	62	00:54:00	472	00:06:49	03:33:31	470	00:39:28	01:42:37	77	06:56:25			436
464	168	GAWROŃSKI SEBASTIAN	WARSZAWA	PZU Sport Team	1982	M35-39	117	00:44:37	414	00:07:09	03:10:17	445	00:04:47	02:54:25	474	07:01:15			437
465	484	KUCZMA MACIEJ	GORTATOWO		1973	M45-49	48	00:54:31	473	00:06:55	03:19:44	461	00:05:58	02:37:15	455	07:04:23			438
466	569	TROJAN STANISŁAW	WROCLAW	WKB PIAST WROCLAW	1958	M60-64	5	00:40:12	323	00:11:47	03:19:35	460	00:03:49	02:50:12	469	07:05:35			439
467	130	PAWŁOWSKI KRZYSZTOF	WALBRZYCH		1984	M30-34	63	00:41:10	344	00:09:39	03:25:22	466	00:04:06	02:46:58	467	07:07:15			440
468	42	KUZIEMSKI TOMASZ	OSTRÓW WIELKOPOLSKI	KS MARATON OSTROW WLKP	1989	M25-29	24	00:41:05	342	00:07:48	03:25:35	467	00:04:58	02:51:28	471	07:10:54			441
469	473	BOBROWSKI KRZYSZTOF	WARSZAWA		1973	M45-49	49	00:52:12	469	00:07:21	03:21:32	465	00:04:14	02:46:38	465	07:11:57			442
470	277	PTAK ARKADIUSZ	WILK SZYN	Spartanie Dzieciom	1979	M35-39	118	00:46:45	445	00:08:19	03:21:00	464	00:05:31	02:51:33	472	07:13:08			443
471	303	KORZENIOWSKI MIROSLAW	WROCLAW		1978	M40-44	143	00:43:35	398	00:09:22	03:37:40	473	00:04:48	02:37:49	457	07:13:14			444
472	476	FILIPOWSKI ZENON	KOMORNIKI	SCIM	1973	M45-49	50	00:45:35	431	00:08:56	03:28:30	468	00:04:46	02:46:12	464	07:13:59			445
473	576	MIAŚO JEDOW BOŻENA	WARSZAWA	AKS Polonia Warszawa	1954	K60-64	1	00:49:17	461	00:08:05	03:38:40	475	00:38:47	01:59:43	263	07:14:32	28		
474	502	MALINOWSKI PRZEMYSŁAW	RYBNIK		1972	M45-49	51	00:50:43	465	00:08:58	03:19:04	459	00:04:43	02:52:06	473	07:15:34			446
475	394	SZCZUCIŃSKI WITOLD	POZNAŃ	FRAM	1976	M40-44	144	01:03:23	480	00:07:32	03:16:00	454	00:02:56	02:46:54	466	07:16:45			447
476	515	MUCHA ROBERT	KOLUSZKI		1971	M45-49	52	00:53:16	471	00:08:41	03:11:18	448	00:06:12	03:00:20	476	07:19:47			448
477	129																		