

PKO MARATHON 09.10.2016 r.
Dystans: 42,195km (Maraton)

Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	10km	17km	21km	31km	38km	Czas netto	Czas brutto	K	M
1	69	DĄBROWSKI PRZEMYSŁAW	BORAWÉ	AGRO-METAL OSTROLEKA	1989	M20	1	00:33:36	00:56:18	01:11:15	01:45:16	02:08:22	02:23:57	02:23:57		1
2	97	GLAPIAK DAMIAN	BU CZ	LLKS OSOWA SIEŃ	1980	M30	1	00:34:47	00:58:16	01:13:33	01:47:51	02:11:26	02:27:15	02:27:15		2
3	574	RYBAK SERGIJ	WINNITSYA	LLB RUDNIK	1986	M30	2	00:35:16	00:59:15	01:15:07	01:50:33	02:14:44	02:31:10	02:31:10		3
4	88	GALAZKA MARCIN	REBKÓW	VICTUS REBKÓW	1989	M20	2	00:35:16	00:59:15	01:15:07	01:50:34	02:14:44	02:31:19	02:31:19		4
5	168	KALINOWSKI ZBIGNIEW	CZESTOCHOWA	Zabiegani Czestochowa	1982	M30	3	00:35:20	00:58:57	01:14:48	01:50:58	02:16:13	02:33:15	02:33:15		5
6	572	ROSTYSLAV KARTASHOV	LVIV	S.C. ULTRA	1990	M20	3	00:37:05	01:02:10	01:18:30	01:56:09	02:22:01	02:39:08	02:39:08		6
7	12	BARAN WOJTEK	ZAWABA	OKNOPLAST	1981	M30	4	00:36:46	01:02:00	01:18:39	01:56:10	02:22:03	02:39:22	02:39:22		7
8	185	KHANAS VOLODYMYR	LWÓW	SC Ultra	1984	M30	5	00:37:07	01:02:10	01:18:31	01:56:41	02:23:50	02:42:00	02:42:00		8
9	122	HAREZA MAREK	CZECHOWICE-DZIEDZICE		1988	M20	4	00:38:35	01:04:30	01:21:29	02:00:39	02:28:31	02:46:57	02:46:57		9
10	169	KALINSKI PRZEMYSŁAW	WARSZAWA	Biuro Ochrony Rządu	1982	M30	6	00:40:19	01:07:18	01:24:59	02:04:15	02:30:12	02:47:06	02:47:06		10
11	198	KOBYLARZ PIOTR	RZESZÓW	Rzeszowskie Gazete i Gepardy	1986	M30	7	00:40:33	01:07:08		02:04:14	02:31:12	02:48:28	02:48:28		11
12	260	LIZAK WOJCIECH	JASTRZĘBIE ZDRÓJ		1980	M30	8	00:38:36	01:04:31	01:21:29	02:00:39	02:29:01	02:48:58	02:48:58		12
13	48	CHMIEL PIOTR	SUCHEDIŃSKI	Biegneł, żeby Bartek mógł biegać / Nutr Mostki	1970	M40	1	00:40:20	01:07:18	01:24:57	02:04:15	02:31:32	02:49:13	02:49:14		13
14	144	JAGIEŁA ADAM	SIEMIANOWICE ŚLĄSKIE	KRS TKKF Jastrząg Ruda Śląska	1973	M40	2	00:38:36	01:04:34	01:21:58	02:02:34	02:30:54	02:49:23	02:49:23		14
15	580	BRZOZA PIOTR	KIELCE	B&B KIELCE TEAM	1985	M30	9	00:40:20	01:07:19	01:24:58	02:04:16	02:31:33	02:49:24	02:49:24		15
16	577	STOHL RICHARD	VRANOV NAD TOPLOU	Patriot Vranov	1988	M30	10	00:39:47	01:06:50		02:04:17	02:31:57	02:49:44	02:49:44		16
17	83	FEDAK GRZEGORZ	SANOK		1978	M30	11	00:40:53	01:08:34	01:26:28	02:06:03	02:33:11	02:51:14	02:51:14		17
18	134	HOLONA WOJCIECH	RYSNIK	Opel Active Team	1967	M40	3	00:39:51	01:06:58	01:24:53	02:05:29	02:33:52	02:53:36	02:53:38		18
19	398	SIEPIOLA KRZYSZTOF	WARSZAWA		1976	M40	4	00:37:13	01:03:00		02:01:07	02:32:14	02:53:58	02:53:58		19
20	524	WÓJCIK JACEK	GODOVA		1978	M30	12	00:41:21	01:09:07	01:27:17	02:08:08	02:35:51	02:54:04	02:54:05		20
21	326	OLEKSY PRZEMYSŁAW	RZESZÓW	Rzeszowskie Gazete i Gepardy	1985	M30	13	00:41:51	01:09:31	01:27:40	02:08:34	02:36:29	02:54:44	02:54:46		21
22	405	SKUZA MATEUSZ	WEJHEROWO	42.195 Wejherowo	1986	M20	5	00:42:23	01:10:48	01:29:26	02:10:34	02:38:13	02:56:56	02:56:57		22
23	239	KURIATA ROBERT	ZŁOTORYJA	ZLB ZŁOTORYJA	1966	M50	1	00:40:51	01:08:45	01:27:09	02:09:11	02:38:17	02:57:15	02:57:15		23
24	417	SOJDA MARIOLA	CZESTOCHOWA	CKS Budowlani Czestochowa	1982	K30	1	00:39:49	01:07:20	01:25:46	02:09:21	02:38:27	02:57:38	02:57:38		24
25	139	HURYŃ EWA	SZCZECIN		1973	K40	1	00:41:57	01:10:26	01:29:11	02:11:03	02:39:31	02:58:13	02:58:13	2	25
26	586	MOLCZYK PAWEŁ	NIWKA		1972	M40	5	00:42:21	01:10:24		02:11:09	02:40:04	02:58:39	02:58:42		26
27	182	KELLER DARIUSZ	KRAKÓW	Night Runners	1989	M20	6	00:40:31	01:07:26	01:25:13	02:07:17	02:37:39	02:59:27	02:59:28		27
28	100	GODEK GERARD	GÓRNO		1960	M50	2	00:40:55	01:08:58	01:27:39	02:10:16	02:40:17	03:00:29	03:00:31		28
29	115	GUZIŃ PIOTR	MIRCZE		1975	M40	6	00:42:20	01:10:46	01:29:24	02:12:03	02:41:30	03:00:55	03:00:58		29
30	165	JÓZEFczyk GRZEGORZ	WEJHEROWO		1970	M40	7	00:41:44	01:10:24	01:28:57	02:11:10	02:41:19	03:01:53	03:01:55		30
31	207	KORYŁ ŁUKASZ	RZESZÓW	MTU Aero Engines	1984	M30	14	00:41:20	01:09:40	01:28:22	02:11:40	02:42:03	03:02:17	03:02:22		31
32	470	TOMASIAK WAŁAW	SOKOŁÓW MALOPOLSKI	GB Na Zdrowie	1972	M40	8	00:42:15	01:10:17	01:28:38	02:11:30	02:42:07	03:03:43	03:03:51		32
33	457	ŚLĘCZKA DAMIAN	RZESZÓW	DIT PRO	1980	M30	15	00:42:47	01:11:18	01:29:55	02:12:31	02:42:44	03:03:59	03:04:00		33
34	21	BIAŁOWA TOMASZ	RZESZÓW	PIZZERIA TORRO TEAM	1982	M30	16	00:42:18	01:10:47	01:29:25	02:12:04	02:42:20	03:04:15	03:04:18		34
35	395	SERWAN PIOTR	JADOWNIKI	BKB VICTORIA BRZESKO	1988	M20	7	00:44:18	01:14:02	01:33:27	02:16:28	02:45:02	03:04:15	03:04:22		35
36	471	TOMCZAK JAKUB TOMCZAK	WARSZAWA		1981	M30	17	00:43:04	01:12:17	01:31:16	02:14:14	02:43:56	03:04:30	03:04:32		36
37	366	PRZEWOŃNIK MAREK	BRZESZCZA	Zadzyska Oświęcim/Drużyna Jezusa	1963	M50	3	00:41:54	01:10:24	01:29:06	02:12:38	02:43:32	03:04:32	03:04:33		37
38	91	GAWLE WOJCIECH	DĘBICA		1992	M20	8	00:41:45	01:10:27	01:29:19	02:12:07	02:42:18	03:05:21	03:05:22		38
39	550	ZAK ROBERT	JACHRANKA	Wieliszew Heron Team	1973	M40	9	00:42:11	01:11:03	01:30:22	02:15:21	02:46:01	03:05:29	03:05:39		39
40	58	CZEKAJ MACIEJ	KIELCE	fejting ceka	1981	M30	18	00:43:54	01:13:34	01:33:00	02:16:59	02:46:53	03:05:36	03:05:38		40
41	359	POLNY DANIEL	SANOK	Pozytywnie zabiegani Sanok	1970	M40	10	00:43:02	01:12:22	01:31:22	02:14:55	02:45:25	03:05:37	03:05:40		41
42	506	WIEŚNIAK DARIUSZ	WARSZAWA	Sportowe Bielany	1978	M30	19	00:41:41	01:09:39		02:11:42	02:44:57	03:06:27	03:06:31		42
43	266	ŁUKASZEWSKI PIOTR	POZNĄN	Night Runners	1984	M30	20	00:44:45	01:14:40	01:34:36	02:18:20	02:47:45	03:07:07	03:07:23		43
44	304	MOTYL ARTUR	ŚWIDNIK	Biegający Świdnik	1976	M40	11	00:44:23	01:14:05	01:33:31	02:17:45	02:48:07	03:07:10	03:07:15		44
45	40	BUCZYŃSKI ARKADIUSZ	BOLESŁAW		1974	M40	12	00:40:51	01:08:52	01:27:12	02:09:54	02:42:36	03:07:12	03:07:13		45
46	291	MEJER JAROSŁAW	WYRY	KRS TKKF	1992	M20	9	00:43:58	01:13:31	01:33:00	02:16:56	02:47:13	03:07:15	03:07:16		46
47	193	KŁOC MARTA	URSZULIN	Perfect Runner Lublin	1991	K20	1	00:42:35	01:12:07	01:31:37	02:16:12	02:47:03	03:07:23	03:07:24	3	47
48	500	WENNE DAMIAN	RZESZÓW		1991	M20	10	00:40:54	01:09:12	01:29:14	02:12:54	02:44:12	03:07:23	03:07:23		48
49	226	KUBIK JÓZEF	ROPCZYCE		1961	M50	4	00:44:03	01:13:53	01:33:45	02:17:51	02:47:50	03:07:56	03:07:56		49
50	262	LUBOWICKI ŁUKASZ	TYCHY		1978	M30	21	00:44:36	01:14:46		02:18:23	02:48:07	03:07:59	03:08:03		50
51	555	LEŃCZOWSKI JAKUB	KOŚCIELSKI	DOBRENARTY.PL	1971	M40	13	00:41:43	01:10:22		02:13:01	02:45:51	03:08:58	03:09:01		51
52	145	JAJUGA ARKADIUSZ	DZIEDZCOWICE	Rajspout Active	1971	M40	14	00:42:42	01:11:29	01:30:38	02:14:08	02:46:03	03:09:52	03:10:00		52
53	22	BIELAWA MARIUSZ	ZYRAKOW		1970	M40	15	00:44:19	01:14:21	01:33:26	02:17:42	02:48:03	03:10:01	03:10:11		53
54	251	LEMKO ROBERT	SANOK	Rebelyant team	1974	M40	16	00:44:48	01:14:48	01:34:23	02:18:43	02:49:17	03:10:02	03:10:03		54
55	534	ZABIEGLY GRZEGORZ	RZESZÓW		1973	M40	17	00:42:13	01:10:17	01:29:03	02:15:56	02:49:49	03:12:35	03:12:45		55
56	429	STASIOWSKI PIOTR	BRZOZA KRÓLEWSKA	NOWOSARZYŃSKA GRUPA BIEGOWA / STAJNIA BALONA	1986	M30	22	00:44:04	01:13:50	01:33:42	02:18:47	02:50:33	03:12:47	03:12:49		56
57	250	LEJA MARCIN	ZÓLYNIA	Rzeszowskie Gazete i Gepardy	1989	M20	11	00:46:33	01:17:45	01:37:56	02:23:06	02:53:23	03:12:51	03:12:53		57
58	276	MAJERAN KRZYSZTOF	SUSZEC	Ruch Chorzów	1970	M40	18	00:42:49	01:12:12	01:31:41	02:16:04	02:48:54	03:13:00	03:13:00		58
59	188	KIPER MACIEJ	JAROSŁAW	BBL JAROSŁAW PERFECT RUNNER TEAM	1978	M30	23	00:41:24	01:09:40	01:28:11	02:12:23	02:47:33	03:13:32	03:13:32		59
60	229	KUCA SZYMON	ZŁOTORYJA	OLAWS Złotoryja	1985	M30	24	00:46:07	01:17:19	01:37:40	02:23:15	02:54:07	03:13:56	03:14:00		60
61	80	DZIUMA ARKADIUSZ	SOPOT	Świnka Račka Team	1979	M30	25	00:43:20	01:13:43	01:33:42	02:19:58	02:52:34	03:14:32	03:14:41		61
62	261	LOTKA MICHAŁ	LÓDŹ		1976	M40	19	00:44:42	01:14:41	01:34:17	02:19:57	02:52:38	03:15:21	03:15:32		62
63	549	ŻACZEK MARCIN	RZESZÓW	Komenda Miejska Policji w Rzeszowie	1980	M30	26	00:45:17	01:15:53	01:36:06	02:22:32	02:54:30	03:15:39	03:15:41		63
64	249	LECH GRZEGORZ	TRZCIANA		1972	M40	20	00:47:23	01:18:47	01:39:17	02:24:49	02:55:15	03:15:40	03:15:44		64
65	109	GRUNTOWSKI ARTUR	ANTONIEW	Victoria Rabień	1969	M40	21	00:45:55	01:16:28	01:36:45	02:23:06	02:54:43	03:15:47	03:15:50		65
66	189	KISZKA KAROLINA	BRATKOWICE		1992	K20	2	00:45:20	01:15:54		02:22:13	02:54:47	03:15:58	03:16:06	4	66
67	501	WĘGRZYŃ KRZYSZTOF	KRASNE	Rzeszowskie Gazete i Gepardy	1966	M50	5	00:47:18	01:18:29	01:38:09	02:22:10	02:54:33	03:16:50	03:16:54		67
68	407	SŁOWIK GRZEGORZ	SKRZYŃNIA		1980	M30	27	00:46:58	01:18:11	01:38:24	02:24:40	02:55:32	03:16:58	03:17:10		68
69	52	CIEŚLAK BARTŁOMIEJ	TYCHY	RUNHOGS Tychy	1980	M30	28	00:44:33	01:14:47	01:34:39	02:20:08	02:53:35	03:17:43	03:17:47		69
70	230	KUCHARSKI														

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Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	10km	17km	21km	31km	38km	Czas netto	Czas brutto	K	M
91	208	KOSOŃSKI JANUSZ	OLSZTYN	AKM OLIMP OLSZTYN sklepbiegowy.com	1952	M60	1	00:44:29	01:15:11	01:35:46	02:24:28	03:01:00	03:26:22	03:26:22		82
92	181	KAŻMIERCZYK ADAM	KATOWICE		1984	M30	38	00:49:47	01:22:18	01:44:08	02:33:12	03:05:50	03:26:29	03:26:56		83
93	17	BENEŠ ROBERT	RZESZÓW	Rzeszowskie Gazete i Gepardy	1973	M40	25	00:49:33	01:20:31		02:31:37	03:05:16	03:26:46	03:26:52		84
94	24	BIELECKI JACEK	DĄBROWA GÓRNICZA	Franciszkanie	1976	M40	26	00:45:09	01:16:20		02:26:31	03:02:52	03:26:51	03:27:01		85
95	337	PARTYKA MICHAŁ	RZESZÓW		1989	M20	15	00:51:54	01:25:04		02:34:45	03:07:21	03:27:31	03:27:43		86
96	288	MAZANEK MONIKA	KRAKÓW		1984	K30	4	00:47:10	01:19:09	01:40:42	02:30:23	03:04:56	03:27:42	03:27:53	10	
97	222	KRUPA PAWEŁ	AGATÓWKA	www.serwidrzewny.com	1979	M30	39	00:48:31	01:18:26		02:25:33	03:01:01	03:27:47	03:28:05		87
98	303	MOTYKA KAMIL	JAROSŁAW	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	1984	M30	40	00:47:54	01:19:26	01:40:31	02:29:13	03:04:52	03:28:07	03:28:22		88
99	301	MOSKAŁ WOJCIECH	RZESZÓW		1985	M30	41	00:48:28	01:21:05	01:42:24	02:31:13	03:05:23	03:28:12	03:28:34		89
100	512	WITEK BOGDAN	BARYCZKA	Water Team	1964	M50	7	00:47:52	01:19:45	01:40:49	02:29:17	03:04:51	03:28:23	03:28:25		90
101	346	BEREŠ ARKADIUSZ	RZESZÓW		1987	M20	16	00:50:45	01:24:01	01:46:12	02:35:47	03:08:35	03:28:37	03:28:48		91
102	66	DĄBZYŃSKI MAREK	SUCHEDNIOV		1982	M30	42	00:48:18	01:20:53	01:42:31	02:31:51	03:05:51	03:28:45	03:29:10		92
103	13	BARNAŚ DARIUSZ	JAŻWYŃ	GINNAZIUM JAŻWYŃ	1977	M30	43	00:43:40	01:14:56		02:25:09	03:02:42	03:28:46	03:28:50		93
104	133	HOLEWA GRZEGORZ	RADZISZÓW		1986	M30	44	00:47:06	01:18:51		02:30:17	03:05:00	03:28:58	03:29:02		94
105	305	MUCHA JANUSZ	STALOWA WOLA		1960	M50	8	00:49:58	01:24:50	01:46:22	02:34:58	03:08:16	03:29:18	03:29:59		95
106	589	WIŚNIEWSKI WOJCIECH	ŻABNO	ING	1975	M40	27	00:47:41	01:19:15	01:39:50	02:27:46	03:03:55	03:29:34	03:29:57		96
107	340	PASTUŁA ŁUKASZ	KOLBUSZÓWA		1983	M30	45	00:48:43	01:21:42	01:43:15	02:31:46	03:05:57	03:29:49	03:29:55		97
108	206	KOPEŁSKI PAWEŁ	MAJDAŃ KRÓLEWSKI	BLUEADVENTURES DIVING TEAM RZESZÓW	1982	M30	46	00:47:02	01:18:18	01:38:53	02:27:56	03:04:25	03:29:50	03:29:55		98
109	161	JEDLIŃSKI BARTOSZ	BRZEŃNICA	KB Maratończyk Dębica	1976	M40	28	00:47:42	01:20:39	01:42:15	02:32:30	03:08:00	03:30:12	03:30:16		99
110	361	PORCZAK MICHAŁ	RZESZÓW	SPAR Polska	1984	M30	47	00:48:48	01:21:32	01:42:55	02:31:37	03:05:22	03:30:13	03:30:21		100
111	4	ADAMIK-KUBALA MARIA	KRAKÓW		1987	K20	6	00:48:13	01:20:23	01:41:55	02:31:19	03:06:25	03:30:34	03:30:56	11	
112	2	ADAMCZYK MARIUSZ	ORNONTOWICE	KRS Tkfk Jastrzęb Ruda Śląska	1976	M40	29	00:47:35	01:19:23	01:40:23	02:28:59	03:04:46	03:30:43	03:30:52		101
113	514	WNUK NORBERT	PRZEMYŚL	1 Orle JW3411	1981	M30	48	00:49:40	01:22:57	01:44:53	02:34:22	03:07:57	03:30:47	03:31:09		102
114	345	PEŁCZAR GRZEGORZ	TARNOWIEC	piglet11	1991	M20	17	00:47:51	01:20:48	01:42:40	02:32:27	03:07:47	03:30:50	03:31:08		103
115	195	KŁOPOTOWSKA JADWIGA	KRAKÓW	TBC	1981	K30	5	00:47:09	01:19:30	01:41:04	02:30:38	03:06:29	03:31:01	03:31:14	12	
116	53	CISEK MIROSLAW TOMASZ	PIASECZNO	KONDYCCJA	1972	M40	30	00:46:33	01:18:11	01:39:31	02:30:35	03:06:48	03:31:03	03:31:22		104
117	565	FRANZ DANIELA	BIELEFELD		1968	K40	2	00:49:08	01:22:33	01:44:36	02:34:16	03:08:20	03:31:06	03:31:22	13	
118	518	WOJTOŃ RYSZARD	DOMARADZ		1960	M50	9	00:42:11	01:13:04		02:25:43	03:04:16	03:31:11	03:31:11		105
119	117	GWÓDZ ANDRZEJ	JAROSŁAW	Jarosławska Grupa biegowa Sokół	1968	M40	31	00:48:47	01:21:49	01:43:48	02:33:41	03:08:07	03:31:16	03:31:25		106
120	537	ZĄBEK ŁUKASZ	WROCLAW	Pro-run Wrocław	1978	M30	49	00:49:49	01:22:25	01:44:13	02:33:40	03:07:35	03:31:16	03:31:37		106
121	388	RYZNER KRZYSZTOF	JAROSŁAW	JAROSŁAW	1960	M50	10	00:48:48	01:21:49	01:43:48	02:33:42	03:08:07	03:31:17	03:31:25		108
122	333	PAŁAC ADAM	HYŻNE		1979	M30	50	00:49:27	01:22:54	01:44:59	02:34:55	03:09:04	03:31:23	03:31:24		109
123	342	PATRUSZ LESZEK	RZESZÓW	Szarotki	1984	M30	51	00:49:28	01:22:54	01:44:59	02:35:01	03:10:04	03:31:31	03:31:31		110
124	105	GRABOWSKI WOJCIECH	LUBLIN		1975	M40	32	00:48:11	01:19:58	01:40:59	02:30:26	03:07:18	03:31:57	03:32:13		111
125	348	PIETRZYKA GRZEGORZ	RZESZÓW	Godik Kulas	1974	M40	33	00:49:30	01:22:57	01:45:06	02:35:02	03:09:34	03:31:58	03:32:02		112
126	158	JĄSLAR DAWID	BESKO		1986	M30	52	00:47:45	01:20:44	01:42:34	02:32:23	03:08:19	03:32:10	03:32:33		113
127	298	MIKULSKI MICHAŁ	BOCHNIA	GREMI BOCHNIA	1984	M30	53	00:48:28	01:22:01	01:43:47	02:34:13	03:09:32	03:32:13	03:32:21		114
128	468	TOMAKA WOJCIECH	TRZEBOWNISKO	RZESZOWSKIE GAZELE I GEPARDY	1972	M40	34	00:49:07	01:21:52	01:43:19	02:31:41	03:06:41	03:32:53	03:33:00		115
129	520	WOLAŃSKI PIOTR	RZESZÓW		1985	M30	54	00:47:30	01:19:32	01:41:46	02:34:10	03:09:43	03:32:54	03:33:07		116
130	59	CZEKIRDA PAWEŁ	LEŻAJSK	Pawcius Team	1977	M30	55	00:50:40	01:23:49	01:45:46	02:35:35	03:10:17	03:33:58	03:33:21		117
131	376	REMBISZ KONRAD	ZABRZE		1987	M20	18	00:48:53	01:22:43	01:44:16	02:33:28	03:08:20	03:33:28	03:33:48		118
132	370	PUCHALA EWELINA	KATOWICE	Da Vinci Team	1986	K30	6	00:50:18	01:24:19	01:46:32	02:37:54	03:12:16	03:33:48	03:34:05	14	
133	235	KUMASZKA ANNA	WROCLAW		1984	K30	7	00:49:25	01:22:33	01:44:58	02:36:03	03:10:22	03:33:50	03:34:05	15	
134	57	CZACHOR ANDRZEJ	NOSÓWKA	Turlam Się Do Mety	1978	M30	56	00:49:55	01:24:04	01:46:24	02:38:07	03:12:25	03:33:53	03:34:00		119
135	31	BORYS ANDRZEJ	ŁĄZY		1978	M30	57	00:42:42	01:11:50	01:32:15	02:23:56	03:07:46	03:34:12	03:34:23		120
136	86	FILIPPIŃSKI BARTOSZ	ŁAŃCUT	Żółwiobiegacz	1979	M30	58	00:51:24	01:25:37		02:38:57	03:12:56	03:34:23	03:34:48		121
137	77	DYDIO PIOTR	SANOK		1968	M40	35	00:50:09	01:23:30	01:45:32	02:35:43	03:10:43	03:35:03	03:35:19		122
138	567	MAŁEK ANDRZEJ	RZESZÓW		1976	M40	35	00:44:38	01:15:10	01:35:34	02:24:34	03:07:02	03:35:03	03:35:12		122
139	292	MEJER KRZYSZTOF	CHORZÓW	KRS TKKF Jastrzęb Ruda Śląska	1969	M40	37	00:48:27	01:21:11	01:43:16	02:33:31	03:10:40	03:35:04	03:35:07		124
140	190	KITA TOMASZ	JADOWNIKI	BKB Victoria Brzesko	1979	M30	59	00:50:58	01:25:14		02:39:11	03:13:08	03:35:18	03:35:29		125
141	547	ZMYŚLIŃSKI ŁUKASZ	NOTYCZ		1982	M30	60	00:51:55	01:25:19	01:47:00	02:36:58	03:11:30	03:35:22	03:35:51		126
142	101	GOLIAN SEBASTIAN	LUBLIN		1985	M30	61	00:49:24	01:22:40	01:44:40	02:35:01	03:11:28	03:36:11	03:36:18		127
143	252	LENIART KRZYSZTOF	BŁAZÓWA	RZESZOWSKIE GAZELE I GEPARDY	1978	M30	62	00:50:30	01:23:42	01:45:18	02:35:09	03:11:24	03:36:45	03:36:58		128
144	372	PUZIO MAREK	KOLBUSZÓWA		1968	M40	38	00:47:24	01:18:31	01:39:25	02:27:49	03:05:51	03:36:53	03:37:16		129
145	64	ĆWIERTNIJA KRZYSZTOF	BUSKO-ZDRÓJ	AKMB Pędziwiatr Gliwice	1957	M50	11	00:51:16	01:26:16		02:39:20	03:13:54	03:36:59	03:37:27		130
146	434	STRZELECKI PAWEŁ	RZESZÓW		1976	M40	39	00:45:33	01:16:55	01:37:53	02:28:17	03:07:17	03:36:59	03:37:04		130
147	98	GLĄDYŚ RAFAŁ	KROSNO	Krosno	1975	M40	40	00:50:04	01:23:40	01:46:02	02:37:15	03:13:21	03:37:14	03:37:23		132
148	396	SEKOWSKI ROMAN	RZESZÓW		1971	M40	41	00:49:31	01:22:52		02:34:53	03:11:38	03:37:23	03:37:26		133
149	152	JANKOWSKI DARIUSZ	PRZEWORSK	PRZEWORSKA GRUPA BIEGOWA	1970	M40	42	00:51:19	01:24:50	01:46:58	02:37:45	03:13:23	03:37:31	03:37:43		134
150	234	KULPOK TOMASZ	RUDA ŚLĄSKA	KRS TKKF Jastrzęb Ruda Śląska	1980	M30	63	00:47:35	01:19:23	01:40:22	02:29:11	03:09:00	03:37:39	03:37:48		135
151	149	JAKUBOWSKI ROBERT	ZACCERNIE	Politechnika Rzeszowska	1973	M40	43	00:50:39	01:23:42	01:45:55	02:37:03	03:13:08	03:37:44	03:38:13		136
152	37	BRYCHCY WIOLETA	GLIWICE	AKMB PĘDZIWIATR GLIWICE	1971	K40	3	00:49:00	01:22:48		02:38:55	03:14:51	03:38:05	03:38:11	16	
153	186	KIERZEK MICHAŁ	BOCHNIA		1978	M30	64	00:45:03	01:15:42	01:35:54	02:26:05	03:07:06	03:38:08	03:38:29		137
154	102	GOŁĘBOWSKI GRZEGORZ	NOWY SĄCZ	mBank	1977	M30	65	00:51:11	01:24:58	01:47:07	02:37:14	03:13:10	03:38:19	03:39:04		138
155	490	WALENICKI MAREK	WARSZAWA		1984	M30	66	00:53:16	01:28:56	01:51:50	02:43:42	03:17:40	03:38:45	03:39:09		139
156	418	SOKOŁOWSKI KRYSZTYAN	RZESZÓW		1987	M20	19	00:48:28	01:21:29	01:43:47	02:36:01	03:13:53	03:38:49	03:38:53		140
157	464	TATAR PAWEŁ	RUDA WÓKOSKA		1994	M20	20	00:52:45	01:28:15	01:51:26	02:43:06	03:17:31	03:40:03	03:40:27		141
158	3	ADAMCZYK WOJCIECH	OPPCZNO		1985	M30	67	00:47:24	01:18:32	01:39:25	02:27:58	03:09:54	03:40:06	03:40:28		142
159	148	JAKUBOWSKI JAKUB	RZESZÓW	Nastukolki	1980	M30	68	00:52:31	01:27:39	01:50:58	02:43:00	03:17:44	03:40:18	03:40:31	143	
160	90	GAWŁE PIOTR	DĘBICA		1988											

PKO MARATHON 09.10.2016 r.
Dystans: 42,195km (Maraton)

Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	10km	17km	21km	31km	38km	Czas netto	Czas brutto	K	M
181	509	WILK KRZYSZTOF	KRAKÓW		1968	M40	48	00:53:17	01:28:48	01:52:18	02:44:31	03:20:55	03:44:43	03:45:14		165
182	223	KRYZA RAFAL	MAŁECZYŃ	Biegim Radom!	1975	M40	49	00:51:20	01:25:42	01:48:32	02:41:07	03:18:49	03:44:48	03:45:08		166
183	23	BIELAWSKI MICHAŁ	KRAKÓW	COŁad-DKL	1985	M30	77	00:50:27	01:23:37	01:45:23	02:37:20	03:16:59	03:44:56	03:45:23		167
184	315	NOWAK MARCIN	STAŁOWA WOLA	Pacemaker	1982	M30	78	00:52:46	01:28:13	01:51:17	02:43:33	03:19:11	03:44:58	03:45:21		168
185	94	GAWROŃSKI ZBIGNIEW	BIELSKO-BIALA		1971	M40	50	00:52:42	01:28:03	01:51:35	02:45:08	03:21:35	03:45:08	03:45:17		169
186	408	SŁOWIK JAN	HERMANOWA	Wybiegamy w przyszłość	1970	M40	51	00:50:31	01:23:17	01:46:19	02:37:09	03:16:29	03:45:15	03:45:27		170
187	328	OPALIŃSKI MICHAŁ	DĘBICA	Klub Biegacza "Maratończyk" Dębica	1989	M20	27	00:50:59	01:24:34	01:47:00	02:38:29	03:17:21	03:45:36	03:45:54		171
188	494	WASIŃSKI ARTUR	SULECHÓW		1975	M40	52	00:51:32	01:24:41	01:46:43	02:40:30	03:19:42	03:45:58	03:46:10		172
189	78	DZIAMA AGNIESZKA	RZESZÓW		1978	K30	8	00:52:23	01:27:28	01:50:59	02:44:01	03:21:26	03:45:59	03:46:18	17	
190	587	MAC MACIEJ	STRZYŻÓW	PRZEBIEGLI STRZYŻÓW	1972	M40	53	00:54:12	01:30:52	01:54:49	02:47:47	03:23:26	03:47:24	03:48:09		173
191	155	JAREMKO GRZEGORZ	NOWA DEBA	Zapał	1973	M40	54	00:45:15	01:15:19	01:35:32	02:29:03	03:14:28	03:47:25	03:48:00		174
192	204	KOMOROWICZ PIOTR	ZABORÓW	72D	1990	M20	28	02:45:08	01:28:32		02:45:08	03:22:03	03:47:38	03:47:52		175
193	60	CZERNIAKIEWICZ DARIUSZ	JASKÓW		1976	M40	55	00:52:19	01:26:25	01:49:19	02:41:01	03:20:13	03:48:26	03:48:46		176
194	108	GRODZKI ARKADIUSZ	NOWA WIEŚ		1994	M20	29	00:45:59	01:17:42		02:35:11	03:19:00	03:48:46	03:49:01		177
195	170	KALTENBERG JANUSZ	JAROSŁAW		1968	M40	56	00:53:19	01:29:09	01:52:39	02:45:51	03:25:25	03:49:21	03:49:32		178
196	487	WALAT ADRIAN	RZESZÓW		1988	M20	30	00:51:25	01:25:41	01:48:13	02:41:26	03:23:22	03:49:34	03:49:44		179
197	39	BUBA DARIUSZ	LEŻAJSK	SOFTSYSTEM	1975	M40	57	00:48:55	01:22:40	01:45:05	02:37:33	03:20:38	03:49:41	03:49:54		180
198	469	TOMAS DARIUSZ	JAROSŁAW		1969	M40	58	00:53:19	01:29:09		02:45:53	03:25:26	03:50:00	03:50:11		181
199	553	ŻULIŃSKI SEBASTIAN	RZESZÓW	Rzeszowskie Gazele i Gopardy	1974	M40	59	00:50:51	01:24:59	01:47:33	02:39:07	03:19:06	03:50:18	03:50:32		182
200	32	BOŹEK WOJCIECH	NIEPOLOMICE	Auto Spektrum / Niepolomice Biegają	1978	M30	79	00:53:46	01:30:00	01:53:59	02:48:18	03:25:18	03:50:21	03:50:36		183
201	27	BLYSKAŁ KRZYSZTOF	USTRYKI DOLNE	Stowarzyszenie PROSPERITA	1980	M30	80	00:51:47	01:25:28	01:48:07	02:41:13	03:22:06	03:50:34	03:50:54		184
202	197	KMUK TOMASZ	PADWĘ TOMASZ		1980	M30	81	00:53:25	01:28:05	01:51:08	02:44:02	03:23:02	03:50:48	03:51:21		185
203	61	CZMOK RAFAŁ	RZESZÓW		1975	M40	60	00:52:45	01:27:33	01:50:53	02:43:58	03:24:05	03:51:04	03:51:24		186
204	89	GARBARUK KRZYSZTOF	DĄBROWA	Adrenalina team	1986	M30	82	00:46:20	01:18:15	01:40:32	02:36:33	03:19:46	03:51:10	03:51:16		187
205	374	RADAŃSKI ARTUR	BILGORAJ		1987	M20	31	00:51:33	01:25:42	01:48:00	02:40:12	03:22:08	03:51:14	03:51:30		188
206	399	SIEWERA DAWID	RZESZÓW		1996	M20	32	00:44:26	01:13:50	01:34:20	02:29:57	03:14:49	03:51:28	03:51:32		189
207	192	KLIŃSKI KONRAD	RZESZÓW		1980	M30	83	00:51:30	01:27:01	01:50:35	02:44:43	03:23:48	03:51:30	03:51:32		190
208	360	POPARDA PAWEŁ	RZESZÓW		1979	M30	84	00:51:00	01:25:40	01:49:54	02:43:53	03:22:42	03:51:44	03:51:50		191
209	507	WILK DAMIAN	KOLBUSZOWA	Maratonersi z Cmolasu	1990	M20	33	00:54:08	01:30:28	01:54:17	02:48:02	03:25:26	03:51:45	03:52:19		192
210	365	PRZETACZYŃSKI MARCIN	STRÓŻE	Grupetto Gorlice	1973	M40	61	00:49:57	01:25:10	01:48:18	02:41:02	03:22:09	03:51:57	03:52:04		193
211	243	KUŚCZAK KAMIL	PIGANY	Rzeszowska Sekcja Aikido	1990	M20	34	00:55:35	01:32:36	01:57:04	02:50:18	03:26:52	03:52:02	03:52:32		194
212	331	PALCZAK RAFAŁ	GŁOĞÓW MAŁOPOLSKI		1976	M40	62	00:52:49	01:28:17	01:51:24	02:45:14	03:25:33	03:52:07	03:52:29		195
213	330	OZGA ANNA	MOGIELNICA / RZESZÓW		1981	K30	9	00:53:59	01:30:28	01:54:24	02:49:29	03:27:27	03:52:25	03:52:30	18	
214	590	PYRZAK JACEK	JAROSŁAW		1980	M30	85	00:54:12	01:31:44	01:56:25	02:52:24	03:30:11	03:52:26	03:52:36		196
215	523	WOŹNIAK JANUSZ	SKOŁYSZYN	FORMAT JEDLICZE BIEGA	1963	M50	13	00:52:15	01:28:07	01:51:22	02:43:42	03:23:30	03:52:34	03:52:53		197
216	380	ROSA JÓZEF	WOJNICZ		1975	M40	63	00:54:28	01:29:29	01:52:21	02:45:43	03:25:43	03:52:41	03:53:24		198
217	121	HANULAK PAWEŁ	RZESZÓW	Poker to nie hazard	1990	M20	35	00:48:11	01:20:25	01:41:54	02:39:28	03:22:09	03:52:42	03:53:04		199
218	167	KALANDYK WOJCIECH	RZESZÓW	Turlam Się Do Mety	1985	M30	86	00:53:47	01:30:11	01:54:08	02:49:20	03:27:49	03:52:56	03:53:18		200
219	495	WASIŁKA ADAM	KATOWICE		1972	M40	64	00:53:34	01:29:25	01:53:22	02:46:48	03:26:01	03:52:56	03:53:22		200
220	9	BANAŚ MATEUSZ	KATOWICE	My very own way to Ironman / Baksun Sport	1986	M30	87	00:53:43	01:29:33	01:53:30	02:46:57	03:25:12	03:53:01	03:53:18		202
221	1	ADAMCZYK ALICJA	OPOCZNO		1988	K20	7	00:49:29	01:24:24	01:47:45	02:42:55	03:24:14	03:53:02	03:53:24	19	
222	570	STAŁEK TOMASZ	KRASNE	KARDIOCHIRURGIA BIEGA	1964	M40	65	00:50:14	01:24:11	01:47:16	02:43:08	03:23:56	03:53:14	03:53:15		203
223	575	SOBASZEK MIROSLAW	RZESZÓW	PRZ	1982	M30	88	00:49:51	01:22:24	01:44:37	02:38:52	03:21:50	03:53:24	03:53:47		204
224	385	RUTKOWSKI ŁUKASZ	KROSNO		1983	M30	89	00:53:19	01:27:22	01:49:35	02:42:37	03:24:35	03:53:27	03:54:13		205
225	339	PASTERZ PIOTR	RZESZÓW		1983	M30	90	00:52:55	01:28:25		02:44:57	03:25:14	03:53:30	03:53:43		206
226	384	RUTKOWSKI JAKUB	WOLBÓRZ	Rutkowski Team	1983	M30	90						03:53:30	03:54:16		206
227	142	JACKIEWICZ MATEUSZ	RZESZÓW		1993	M20	36	00:56:28	01:34:06	01:59:08	02:55:00	03:31:29	03:53:57	03:54:30		208
228	449	SZKARZ MARIUSZ	KRAKÓW	DA NA Miasteczku	1991	M20	37	00:53:14	01:29:15	01:53:14	02:46:35	03:25:07	03:54:11	03:54:32		209
229	233	KULA ROBERT	TARNOŃ		1975	M40	66	00:54:01	01:30:47	01:55:00	02:50:34	03:29:14	03:54:22	03:54:30		210
230	452	SZULCZYŃSKI ANDRZEJ	TARNOŃ		1966	M50	14	00:50:31	01:26:23	01:50:44	02:46:56	03:27:17	03:54:39	03:54:59		211
231	15	BAZANOWSKA MARTA	PRZEMYSŁ		1983	K30	10	00:58:14	01:36:17	02:02:12	02:55:13	03:31:29	03:54:40	03:55:16	20	
232	422	SOWA TOMASZ	GŁOĞÓW MAŁOPOLSKI		1974	M40	67	00:52:39	01:28:11	01:52:36	02:49:58	03:29:16	03:54:50	03:55:27		212
233	191	KLIŃSKI ZBIGNIEW	HERMANOWA	Rzeszowskie Gazele i Gopardy	1965	M50	15	00:51:52	01:26:42	01:51:10	02:45:48	03:26:27	03:55:00	03:55:13		213
234	246	KWIATKOWSKI MICHAŁ	TERESIN	BB	1982	M30	92	00:53:43	01:29:17	01:52:48	02:46:47	03:27:06	03:52:02	03:55:33		214
235	5	AUGUSTYN KRZYSZTOF	KOLBUSZOWA		1971	M40	68	00:55:47	01:32:11	01:56:57	02:52:35	03:31:07	03:55:46	03:56:23		215
236	563	LIWOCZ DOMINIK	RZESZÓW		1975	M40	69	00:54:29	01:31:15	01:55:26	02:50:39	03:30:24	03:55:52	03:56:16		216
237	456	SZYMASZEK TOMASZ	DĘBICA	SPARTAN RACE TRAINING GROUP DĘBICA	1979	M30	93	00:56:56	01:34:11	01:59:01	02:54:35	03:33:20	03:56:15	03:56:56		217
238	106	GRĄDEK DARIUSZ	KRAŚNIK	STRAFTRIATHLONU KRAŚNIK	1967	M40	70	00:51:17	01:25:50	01:49:44	02:46:53	03:28:47	03:56:20	03:56:51		218
239	377	ROGAŁA GRZEGORZ	BOGUCHWAŁA	Koral Team	1973	M40	71	00:55:25	01:32:29		02:49:27	03:30:03	03:56:29	03:56:36		219
240	425	STACHNIK RYSZARD	DĘBICA		1974	M40	72	00:50:08	01:26:08	01:50:35	02:48:05	03:31:09	03:56:45	03:56:59		220
241	210	KOTLIŃSKI JANUSZ	RZESZÓW		1964	M50	16	00:51:22	01:26:15	01:49:41	02:48:08	03:29:13	03:56:46	03:56:51		221
242	54	CIURKOT MARCIN	DĘBICA	DAS	1980	M30	94	01:00:52	01:39:54	02:04:57	02:59:10	03:35:14	03:57:16	03:57:51		222
243	256	LITWIN MIROSLAW	JASIONKA		1980	M30	95	00:53:55	01:29:58	01:53:56	02:50:20	03:30:31	03:57:18	03:57:50		223
244	272	MACHOWSKI KRZYSZTOF	RZESZÓW		1976	M40	73	00:52:03	01:28:22	01:52:28	02:49:29	03:31:56	03:57:18	03:57:25		223
245	387	RYCYK GRZEGORZ	KRASNYSTAW	Krasnystaw Biega	1975	M40	74	00:56:12	01:35:01	02:00:23	02:55:33	03:34:12	03:57:21	03:57:40		225
246	81	DZIURA MATEUSZ	RZESZÓW		1993	M20	38	00:50:06	01:23:20	01:46:08	02:39:42	03:26:16	03:57:30	03:57:41		226
247	216	KRAUZ MAREK	GIEDLAROWA		1961	M50	17	00:50:59	01:25:52	01:49:52	02:46:51	03:28:36	03:57:35	03:57:44		227
248	386	RYBA PIOTR	DĘBICA	Klub Biegacza Maratończyk Dębica	1981	M30	96	00:52:51	01:28:20	01:51:23	02:43:42	03:25:55	03:57:37	03:57:54		228
249	248	LATOS MAREK	ZABRZE	Zabrzańskie Towarzystwo Tnathlonowe	1986	M30	97	00:57:54	01:34:44	01:59:36	02:54:59					

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Dystans: 42,195km (Maraton)

Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	10km	17km	21km	31km	38km	Czas netto	Czas brutto	K	M
271	267	ŁUSZCZYC ANNA	RZESZÓW	aSPawen	1983	K30	12	00:52:50	01:29:11	01:53:54	02:52:05	03:33:42	04:00:09	04:00:27	24	
272	242	KUSZ TOMASZ	JASŁO		1978	M30	103	00:51:47	01:27:07	01:51:14	02:49:30	03:32:05	04:01:05	04:01:30		248
273	127	HELIASZ PIOTR	NIEPOŁOMICE	AUTO SPEKTRUM / NIEPOŁOMICE BIEGAJA	1988	M20	43	00:55:21	01:32:49	01:57:34	02:53:51	03:34:08	04:01:21	04:01:36		249
274	130	HERMANIUK TOMASZ	RZESZÓW	NEXTEP	1976	M40	81	00:57:39	01:36:50	02:01:45	02:58:36	03:36:59	04:01:43	04:02:18		250
275	255	LITWIN KAROLINA	BŁAZOWA		1981	K30	13	00:55:30	01:32:41	01:57:35	02:54:25	03:34:49	04:01:51	04:02:24	25	
276	227	KUC ALICJA	BUSZKOWICZKI		1987	K20	8	00:58:43	01:38:06	02:03:24	02:59:07	03:36:54	04:01:54	04:02:21	26	
277	285	MATERNA ROMAN	RZESZÓW	SPAR Polska	1967	M40	82	00:52:27	01:28:41	01:52:59	02:50:56	03:34:18	04:01:59	04:02:04		251
278	416	SOCHA TOMASZ	BIECZ	KKB Mosir Krosno	1970	M40	83	00:53:26	01:30:01	01:54:21	02:51:13	03:34:00	04:02:02	04:02:08		252
279	475	TRĘBACZ TOMASZ	STRZESZYN	Biecz	1981	M30	104	00:53:26	01:30:01	01:54:21	02:51:13	03:34:00	04:02:03	04:02:09		253
280	116	GWIŹDZ GRZEGORZ	RZESZÓW		1980	M30	105	00:55:16	01:32:15	01:57:06	02:52:47	03:32:46	04:02:27	04:02:57		254
281	123	HERMANN LUKASZ	RZESZÓW		1975	M40	84	00:57:32	01:36:47	02:01:41	02:58:34	03:36:56	04:02:46	04:03:24		255
282	313	NICGORSKI PIOTR	RZESZÓW		1979	M30	106	00:57:43	01:36:48	02:01:42	02:58:34	03:36:56	04:02:49	04:03:27		256
283	583	SZYLER GRZEGORZ	STASZÓW		1973	M40	85	00:57:43	01:35:58	02:00:54	02:56:55	03:35:22	04:02:58	04:03:25		257
284	120	HANULAK JAKUB	RZESZÓW	Drabianka - Jędralla - Free Taras	1993	M20	44	00:53:27	01:27:34	01:49:53	02:44:18	03:31:55	04:04:15	04:04:36		258
285	290	MAZUR RAFAŁ	STASZÓW	STARIS Staszów	1978	M30	107	00:58:10	01:35:46	02:02:52	02:55:52	03:35:32	04:04:17	04:04:44		259
286	212	KOWALCZYK ALAN	SHIREBROOK		1985	M30	108	00:55:48	01:33:12	01:58:17	02:56:18	03:39:12	04:04:38	04:04:47		260
287	236	KUMOR KACPER	RZESZÓW		1991	M20	45	00:48:05	01:21:30	01:44:07	02:44:07	03:34:05	04:04:53	04:05:05		261
288	196	KŁOS PAWEŁ	LUBLIN		1977	M30	109	00:57:59	01:36:08	02:01:05	02:56:56	03:36:31	04:05:05	04:05:40		262
289	275	JANAS PIOTR	KRAKÓW		1983	M30	110	00:57:35	01:38:10	02:04:22	03:03:09	03:42:05	04:05:09	04:05:55		263
290	447	SZESZKO DOROTA	BYTOM	kr.kkf.Jastrzab Ruda Śl.	1962	K50	1	00:54:37	01:32:31		02:56:27	03:37:22	04:05:35	04:05:49	27	
291	448	SZESZKO MAREK	BYTOM	kr.kkf.Jastrzab Ruda Śl.	1964	M50	20	00:54:38	01:32:31	01:57:53	02:56:27	03:37:20	04:05:35	04:05:49		264
292	578	CHMIELEWSKA-ZIEBA IWONA	RZESZÓW		1979	K30	14	00:53:34	01:30:02	01:53:59	02:49:32	03:36:15	04:05:44	04:06:14	28	
293	338	PASIERB MATEJUSZ	RZESZÓW	KRIS-TRANS	1984	M30	111	00:53:38	01:30:39	01:55:53	02:53:29	03:36:05	04:05:45	04:06:16		265
294	432	STRACILO DARIUSZ	SIEDLISKA BOGUSZ	Fysie Team	1989	M20	46	00:55:28	01:32:29	01:57:18	02:53:39	03:36:24	04:04:17	04:06:34		266
295	566	MAREK ADAM	BIELEFELD		1964	M50	21	00:55:17	01:32:25	01:57:38	02:56:15	03:37:58	04:06:34	04:06:50		267
296	530	WYSOKIŃSKI JAROSŁAW	DĘBICA		1964	M50	22	00:55:47	01:32:42		02:56:36	03:38:37	04:07:01	04:07:40		268
297	411	SMOLIK BARTOSZ	KROSNO	Turaszówka	1993	M20	47	00:44:51	01:15:53	01:37:04	02:33:35	03:25:13	04:07:17	04:07:23		269
298	280	MAKSYMUK MIROSLAW	RZESZÓW	SPAR team	1965	M50	23	00:52:52	01:28:31	01:51:36	02:48:47	03:33:59	04:07:24	04:07:33		270
299	546	ZŁONKIEWICZ ZBIGNIEW	KIELCE		1969	M50	24	00:51:22	01:28:06	01:52:32	02:52:36	03:36:55	04:04:43	04:08:05		271
300	474	TRELA ARKADIUSZ	RZESZÓW		1984	M30	112	00:53:11	01:29:43	01:54:01	02:52:34	03:37:25	04:07:53	04:08:15		272
301	258	LIZAK GRZEGORZ	JASTRZĘBIE ZDRÓJ		1984	M30	113	00:52:14	01:28:28	01:52:57	02:51:18	03:35:11	04:07:54	04:07:56		273
302	95	GIERULA PIOTR	RZESZÓW		1983	M30	114	00:54:22	01:31:27	01:56:31	02:55:40	03:39:59	04:08:43	04:08:57		274
303	400	SIMKA KAMIL	RZESZÓW		1978	M30	115	00:57:48	01:36:28		03:00:53	03:41:59	04:08:51	04:09:24		275
304	263	LUTAŁ AGNIESZKA	STRZYSÓW	UM LUBLIN	1991	K20	9	00:59:43	01:41:03	02:07:56	03:05:18	03:43:40	04:08:57	04:09:20	29	
305	281	MALICKA EWELINA	LUKOWIA		1983	K30	15	00:55:34	01:32:47	01:57:26	02:54:15	03:36:47	04:09:08	04:09:42	30	
306	56	CYRAN GRZEGORZ	RZESZÓW		1978	M30	116	00:56:40	01:33:07	01:57:40	02:54:11	03:37:05	04:09:09	04:09:43		276
307	224	KUBIAK BARBARA	TARNOBREZEG		1975	K40	6	00:54:14	01:31:14	01:55:54	02:56:50	03:40:16	04:09:11	04:09:37	31	
308	240	KUSTRA JAKUB	RZESZÓW	Biegam Bo Muszę	1978	M30	117	00:56:30	01:34:33	01:59:27	02:58:18	03:40:33	04:09:32	04:10:04		277
309	164	JORDAN KAJETAN	CHORZÓW		1972	M40	86	00:54:15	01:31:13	01:55:24	02:50:36	03:31:06	04:09:44	04:10:10		278
310	424	SROKA ZBIGNIEW	KRZYSZÓW		1969	M40	87	00:54:18	01:30:55	01:55:53	02:55:26	03:40:05	04:09:55	04:10:41		279
311	402	SIWIEC STANISŁAW	RZESZÓW		1956	M60	5	00:52:56	01:28:28	01:52:27	02:53:06	03:38:13	04:10:00	04:10:14		280
312	431	STOPA MARCIN	RZESZÓW	www.runrzeszow.pl	1975	M40	88	00:55:32	01:32:49	01:58:10	02:58:25	03:40:34	04:10:21	04:10:39		281
313	414	SMULSKI PAWEŁ	DĘBICA	KB Maratończyk Dębica	1981	M30	118	00:52:44	01:28:50	01:53:26	02:52:10	03:39:41	04:10:49	04:11:07		282
314	319	NIZIO PIOTR	BŁĘDOWA TYCZYŃSKA	Auto Spektrum	1988	M20	48	01:00:20	01:40:53	02:07:39	03:08:03	03:46:18	04:11:03	04:11:32		283
315	441	SZAFRAN ZYGMUNT	GŁOGÓW MAŁOPOLSKI	Rzeszowskie Gopardy i Gazele	1965	M50	25	00:54:47	01:32:19	01:57:22	02:56:53	03:42:37	04:11:13	04:11:25		284
316	200	KOCZUR JAKUB	KRAKÓW	Auto Spectrum	1987	M20	49	00:55:21	01:32:49	01:57:33	02:54:32	03:40:43	04:11:21	04:11:36		285
317	356	PLIS SŁAWOMIR	OSTRÓW		1971	M40	89	00:49:45	01:25:19	01:49:47	02:50:47	03:38:04	04:11:32	04:11:44		286
318	503	WIECHNIK ANDRZEJ	CYCÓW	SAM Malinówka	1974	M40	90	00:51:33	01:25:19		02:45:14	03:36:08	04:12:03	04:12:22		287
319	492	WAŁĘGA PAWEŁ	DĘBICA		1987	M20	50	00:52:21	01:27:21	01:51:08	02:47:19	03:40:35	04:12:06	04:12:23		288
320	455	SZYMAŃSKI REMIGIUSZ	RZESZÓW	MAJSTER SPORT TEAM	1982	M30	119	00:54:14	01:31:10	02:53:04	03:41:02	04:12:07	04:12:28		289	
321	473	TRAWKA GRZEGORZ	RZESZÓW	PINNACLE EVAPORITE TWO	1963	M50	26	00:53:04	01:29:30	01:53:49	02:52:10	03:38:05	04:12:42	04:12:50		290
322	47	CHMIEL MICHAŁ	RZESZÓW	Rzeszowskie Gazele i Gopardy	1980	M30	120	00:56:08	01:34:04	01:59:07	02:56:57	03:42:38	04:12:50	04:13:23		291
323	558	SAMOLEWICZ JANUSZ	RZESZÓW	HANDLOPEX	1955	M60	6	00:52:07	01:27:37	01:51:18	02:50:05	03:41:40	04:13:34	04:13:45		292
324	486	WAŁAS ELŻBIETA	JASIONKA	Ela Wałas	1976	K40	7	00:53:30	01:31:36	02:59:37	03:43:58	04:14:10	04:14:39	32		
325	373	PYTKOWSKI JĄREK	KRAKÓW		1973	M40	91	00:59:29	01:39:10	02:05:14	03:03:41	03:46:40	04:14:22	04:14:56		293
326	46	JASIŃSKI BARTŁOMIJ	RZESZÓW		1992	M20	51	00:56:32	01:36:14	02:02:15	03:01:56	03:48:52	04:14:41	04:14:52		294
327	437	SULEJ MICHAŁ	BIAŁA PODLASKA	KB BIAŁA BIEGA	1982	M30	121	00:56:37	01:34:33	01:59:57	03:00:25	03:45:07	04:14:42	04:14:51		295
328	45	CHŁOPEK ARTUR	KRAKÓW		1975	M40	92	00:57:39	01:37:03	02:03:10	03:03:42	03:47:18	04:14:58	04:15:14		296
329	497	WAŻNY ANDRZEJ	RZESZÓW	Tynexpol	1978	M30	122	00:54:44	01:31:55	01:57:16	02:59:46	03:44:50	04:15:08	04:15:20		297
330	72	DOBZYŃSKA DARIA	RZESZÓW		1981	K30	16	00:56:15	01:34:08	01:59:11	02:58:56	03:46:07	04:15:12	04:15:41	33	
331	329	ORZECHOWSKI TOMASZ	LANCUT	MOCZYMORDY	1982	M30	123	00:52:34	01:29:11	01:54:02	02:54:21	03:43:50	04:15:14	04:15:39		298
332	166	KAIN PAWEŁ	KROSNO		1980	M30	124	00:57:29	01:36:51	02:02:21	03:02:23	03:45:44	04:15:15	04:15:39		299
333	485	WACNIK JANUSZ	RZESZÓW	Rzeszowskie Gazele i Gopardy	1967	M40	93	00:53:59	01:30:35	01:55:34	02:56:56	03:43:50	04:15:20	04:15:30		300
334	482	URBANIK JAKUB	STRZYSÓW	Auto Spektrum	1988	M20	52	00:58:19	01:37:08		03:02:27	03:46:24	04:15:31	04:16:09		301
335	427	STANIO ARKADIUSZ	RZESZÓW	Asseco Active Team	1975	M40	94	00:58:11	01:37:11	02:01:42	03:02:57	03:47:36	04:15:49	04:16:27		302
336	113	GURAK LESZEK	GNIEWIYCZYNA		1988	M20	53	00:57:40	01:35:38	02:00:47	03:00:45	03:46:32	04:16:12	04:16:47		303
337	274	MAGDA ARKADIUSZ	KRZEMIENICA		1991	M20	54	00:52:36	01:29:47	01:56:03	02:55:37	03:43:19	04:16:32	04:16:50		304
338	70	DELEKTA JAN	ŁOWISKO	DEŁJA	1973	M40	95	00:50:02	01:24:05	01:46:30	02:40:22	03:37:14	04:16:38	04:17:09		305
339	379	ROLECZEK PIOTR	ZŁOTORYJA		1969	M40	96	00:53:46	01:31:30	01:56:23	02:59:07					

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Dystans: 42,195km (Maraton)

Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	10km	17km	21km	31km	38km	Czas netto	Czas brutto	K	M
361	159	JAWORSKI ROMAN	RZESZÓW	SOFTSYSTEM	1970	M40	105	01:00:03	01:40:24	02:07:23	03:08:28	03:50:03	04:20:57	04:21:15		327
362	259	LIZAK KRZYSZTOF	ZÓRY		1975	M40	106	00:51:56	01:28:23	01:52:38	02:51:59	03:49:40	04:21:15	04:21:18		328
363	499	WELM GRZEGORZ	CZĘSTOCHOWA	Zabiegani Częstochowa	1970	M40	107	00:56:30	01:37:28	02:02:46	03:07:19	03:54:19	04:22:25	04:22:29		329
364	496	WAŚKOWICZ WALDEMAR	LUBLIN		1969	M40	108	00:58:47	01:38:44	02:05:26	03:08:11	03:53:19	04:22:40	04:23:09		330
365	445	SZCZEPAŃSKI GRZEGORZ	RZESZÓW	Majster Team	1975	M40	109	00:53:55	01:31:18	01:56:26	02:56:26	03:44:58	04:22:45	04:23:05		331
366	26	BLAJER ELŻBIETA	RZESZÓW		1973	K40	8	00:58:16	01:37:23	02:03:17	03:09:04	03:53:27	04:23:16	04:23:38	35	
367	410	SLUPEK EDWARD	BRZEZÓWKA K. HYŻNEGO	Zamek Dubiecko Running Team	1962	M50	30	00:53:39	01:29:41	01:53:50	03:00:45	03:55:35	04:23:17	04:23:43		332
368	173	KAMIŃSKI WIESŁAW	WARSZAWA		1967	M40	110	00:57:51	01:37:36	02:05:09	03:10:02	03:54:21	04:23:26	04:24:15		333
369	247	KWIECIEN TOMASZ	KRAKÓW	ESKADRA KRAKÓW	1971	M40	110	01:00:45	01:41:55	02:09:25	03:12:43	03:55:36	04:23:26	04:23:54		333
370	489	WALCZYK DARIUSZ	RZESZÓW	dzw	1979	M30	132	01:00:07	01:40:41	02:07:27	03:11:54	03:56:34	04:25:30	04:25:42		335
371	451	SZPIŁA MACIEJ	RZESZÓW	Rzeszowskie Gazele i Gopardy	1965	M50	31	01:00:06	01:41:41	02:09:32	03:12:46	03:55:51	04:25:04	04:25:33		336
372	336	PAŃCZYK-FIGURA IRMINA	PULAWY	UMCS Biega	1976	K40	9	01:01:20	01:42:06	02:09:08	03:12:27	03:55:43	04:25:37	04:26:22	36	
373	153	JANUSZ GRZEGORZ	LUBLIN	UMCS Biega	1976	M40	112	01:01:32	01:41:26	02:07:56	03:08:02	03:54:10	04:25:50	04:26:36		337
374	510	WILK SŁAWOMIR	KIELAŃÓWKA		1982	M30	133	00:54:48	01:31:00	01:56:04	02:57:50	03:49:43	04:25:56	04:26:39		338
375	111	GUĆWA MIROSŁAW	KRASNE		1979	M30	134	00:58:04	01:37:22	02:03:32	03:05:47	03:53:16	04:26:04	04:26:40		339
376	299	MOCZULSKI ADAM	RZESZÓW		1975	M40	113	00:53:21	01:29:50		03:00:33	03:51:38	04:26:15	04:26:25		340
377	544	ZIOBRO ANDRZEJ	DĘBICA	DAS	1975	M40	114	01:03:48	01:46:03	02:14:45	03:19:57	03:59:52	04:26:37	04:27:13		341
378	324	OLECH PIOTR	ZIELONKI		1987	M20	57	00:55:58	01:35:20	02:02:37	03:06:57	03:56:48	04:27:02	04:27:20		342
379	73	DOMAGALSKI MARCIN	GÓRNO	Przemyska Reprezentacja Maratończyków	1979	M30	135	00:53:56	01:30:59	01:56:42	03:01:27	03:54:04	04:27:05	04:27:15		343
380	297	MIKULSKA BARBARA	BOCHNIA	GREMI BOCHNIA	1970	K40	10	00:54:32	01:34:04		03:10:24	03:56:50	04:27:21	04:27:52	37	
381	318	NYCZ GRZEGORZ	DOMARADZ	Kuku-świniki	1976	M40	115	00:54:33	01:32:00	01:55:29	03:04:09	04:04:04	04:27:23	04:27:55		344
382	363	POTWORA PIOTR	ROPYCZE	Ropczyce	1984	M30	136	00:52:38	01:31:22	01:59:31	03:06:58	03:56:23	04:27:33	04:27:53		345
383	465	TELEGA MICHAŁ	PRZEWORSK		1968	M40	116	01:01:42	01:43:13		03:16:43	03:59:31	04:27:38	04:27:53		346
384	311	NAPORA PRZEMYSŁAW	TRZEBOWNISKO	Blirzej niz dalej	1985	M30	137	01:00:03	01:40:41	02:08:06	03:12:16	03:58:17	04:27:43	04:28:18		347
385	202	KOLCZ SARA	RZESZÓW		1992	K20	11	01:00:09	01:41:14	02:08:41	03:12:44	03:57:56	04:28:01	04:28:38	38	
386	541	ZIELIŃSKI FRANCISZEK	GŁOGÓW MALOPOLSKI	TKKF „Sokół” Głogów Malopolski	1951	M60	7	00:56:32	01:34:53	02:00:46	03:06:10	03:57:07	04:29:39	04:29:54		348
387	135	HOMA LUKASZ	RZESZÓW	Studio Wnętrz Łukasz Aniol / RESKART TOR KARTINGÓW	1980	M30	138	01:00:04	01:40:41		03:12:17	04:00:08	04:29:46	04:30:21		349
388	150	JANDA PAULINA	RZESZÓW		1986	K30	17	01:00:38	01:40:55	02:07:57	03:10:19	03:58:34	04:30:06	04:30:40	39	
389	199	KOCHANIEC WALDEMAR	GŁOGÓW MALOPOLSKI		1970	M40	117	00:58:52	01:38:56	02:05:26	03:09:59	03:56:46	04:30:33	04:31:02		350
390	571	BIEKOWSKI LEON	RADOM	BIEGIEM RADOM	1960	M50	32	01:05:00	01:46:31	02:14:02	03:18:06	04:03:14	04:31:07	04:31:19		351
391	270	MACHAJ TOMASZ	RZESZÓW		1976	M40	118	01:00:04	01:41:33		03:11:55	04:00:46	04:31:52	04:32:09		352
392	138	HRYSZKO ROBERT	SANOK	Pozytywiec Zabiegani Sanok	1969	M40	119	01:05:17	01:48:20	02:17:40	03:20:30	04:01:31	04:32:11	04:32:52		353
393	228	KUC MARIAN	BUSZKOWICZKI		1985	M30	139	00:58:43	01:38:07	02:04:31	03:10:11	03:58:43	04:33:31	04:33:58		354
394	444	SZCZEPANIEWICZ WOJCIECH	RZESZÓW		1987	M20	58	01:00:33	01:41:40	02:09:19	03:12:55	04:00:53	04:33:32	04:33:39		355
395	472	TRAWKA BARTŁOMIEJ	RZESZÓW	G.B.U.R.	1974	M20	59	01:00:34	01:41:41	02:09:18	03:12:56	04:00:53	04:33:33	04:33:40		356
396	213	KOWALEWSKI KRZYSZTOF	Ł	Golden Team Biegajmy Raze,	1996	M40	120	01:00:17	01:40:35	02:07:56	03:14:16	04:03:19	04:34:56	04:35:39		357
397	355	PIWKO WOJCIECH	BABICA		1977	M30	140	00:58:18	01:38:43	02:07:02	03:14:57	04:02:15	04:35:26	04:35:52		358
398	354	PIWKO MIROSŁAW	CZUDEC		1981	M30	141	00:58:20	01:38:44	02:07:04	03:15:01	04:03:39	04:35:27	04:35:52		359
399	375	REJUS MAREK	GŁOGÓW MLP.	TKKF	1958	M50	33	01:00:14	01:40:27	02:07:26	03:13:57	04:01:53	04:35:33	04:35:49		360
400	147	JAKUBOWSKI DANIEL	ZABAŃKA	Centrum Animacji Społecznej	1976	M40	121	00:58:53	01:38:56	02:05:26	03:11:15	04:02:36	04:35:50	04:36:18		361
401	556	WOŹNIAK RYSZARD	Ł		1961	M50	34	01:00:51	01:42:14	02:09:56	03:14:06	04:03:22	04:35:57	04:36:10		362
402	579	WIDENKA KAZIMIERZ	TYCZYŃ	RZYKANT	1965	M50	35	01:03:31	01:46:07		03:17:09	04:01:59	04:36:04	04:36:42		363
403	559	BANAŚKIEWICZ RAFAL	RZESZÓW	MENTOR HRM RZESZÓW	1977	M30	142	01:00:03	01:40:25	02:07:23	03:08:28	03:59:45	04:36:10	04:36:28		364
404	554	ZUREK RAFAL	RZESZÓW		1992	M20	60	00:59:35	01:37:18	02:02:58	03:06:41	03:59:16	04:36:21	04:37:03		365
405	42	BURDA ANDRZEJ	RUDNIK NAD SANEM		1978	M30	143	00:52:47	01:31:25	01:58:17	03:08:14	04:00:10	04:36:42	04:36:44		366
406	421	SOWA MICHAŁ	STALOWA WOLA		1983	M30	144	00:58:23	01:36:14	02:02:10	03:09:07	04:02:12	04:37:45	04:38:15		367
407	344	PAWLIK JADWIGA	JASŁO	Posmakuj Run Team	1980	K30	18	00:59:34	01:41:30	02:09:37	03:16:46	04:06:16	04:37:50	04:38:14	40	
408	93	GAWROŃSKI LUKASZ	SANOK		1977	M30	145	01:04:57	01:47:57	02:16:28	03:22:14	04:09:24	04:38:29	04:39:10		368
409	11	BARAN STANISŁAW	NOZDRZEC		1994	M20	61	00:53:42	01:29:35	01:54:33	03:01:45	04:02:27	04:39:46	04:40:18		369
410	420	SOWA JACEK	RZESZÓW		1965	M50	36	01:00:00	01:41:30	02:08:48	03:11:53	04:03:18	04:40:12	04:40:33		370
411	38	BRZOZOWSKI JERZY	RZESZÓW		1983	M30	146	00:54:01	01:31:56	01:57:37	03:06:00	04:04:52	04:40:19	04:40:28		371
412	378	ROJEK RAFAL	WARSZAWA	Vege Runners	1978	M30	147	00:56:57	01:38:14	02:06:31	03:15:44	04:04:56	04:40:50	04:41:22		372
413	114	GURAL MARCIN	DĘBICA		1977	M30	148	01:01:51	01:44:49	02:13:07	03:18:01	04:06:25	04:41:00	04:41:32		373
414	353	PISZCZ DARIUSZ	RZESZÓW		1974	M40	122	00:52:43	01:34:35		03:12:50	04:06:11	04:41:24	04:41:44		374
415	254	LIS ROBERT	MARCHWACZ	SUPERMARATON KALISZ	1959	M50	37	00:54:42	01:32:24		03:10:56	04:08:21	04:42:22	04:42:59		375
416	237	KUMOR LUKASZ	KRASNE	GYMHERO.ZC	1978	M30	149	00:58:45	01:38:02	02:04:10	03:11:36	04:08:03	04:42:32	04:43:03		376
417	423	SROKA GRZEGORZ	ZACZERNIE		1972	M40	123	00:59:54	01:41:55	02:09:46	03:16:59	04:06:26	04:42:47	04:43:01		377
418	459	ŚWIĄTEK PIOTR	ZACZERNIE	Emdex	1979	M30	150	00:59:54	01:41:54	02:09:46	03:16:57	04:06:57	04:42:47	04:43:01		377
419	352	PIOTROWSKI PIOTR	LUBLIN	FILMIC TEAM	1968	M40	124	00:58:11	01:39:39	02:10:35	03:17:46	04:09:11	04:43:19	04:43:33		379
420	131	HERNIK KRZYSZTOF	PRZEMYSŁ		1983	M30	151	00:57:41	01:36:27	02:02:26	03:10:58	04:06:15	04:43:37	04:44:04		380
421	393	SĄDEJ MARCIN	STALOWA WOLA		1989	M20	62	01:01:46	01:44:11	02:12:26	03:23:06	04:15:01	04:43:50	04:44:32		381
422	160	JEDLIŃSKA IZABELA	BRZEZIŃCA	KB MARATOŃCZYK DĘBICA	1980	K30	19	01:05:52	01:51:58	02:21:18	03:30:11	04:14:20	04:43:58	04:44:41	41	
423	415	SNÓPEK SEBASTIAN	BZIANKA	Team Bayzel	1987	M20	63	00:53:25	01:31:50	01:58:35	03:09:35	04:06:44	04:44:28	04:44:30		382
424	265	ŁAKOMSKI ANDRZEJ	RZESZÓW	Biegam bo Muszę	1981	M30	152	00:56:31	01:34:33	01:59:27	03:04:27	04:04:45	04:44:59	04:45:31		383
425	309	NAJDER WOJCIECH	RZESZÓW		1980	M30	153	01:00:03	01:41:26	02:08:45	03:17:38	04:12:13	04:45:04	04:45:30		384
426	129	HERMANIUK IWONA	RZESZÓW	NEXTEP	1977	K30	20	01:01:45	01:43:51	02:12:16	03:20:46	04:12:00	04:45:07	04:45:42	42	
427	531	WYSZYŃSKA KINGA	RZESZÓW		1985	K30	20	01:01:46	01:43:51		03:20:41	04:12:00	04:45:07	04:45:42	42	
428	140	ISKRYCZKA MAGDALENA	RZESZÓW	aSPAwen	1984	K30	22	00:58:17	01:40:17	02:09:00	03:17:08	04:08:48	04:45:31	04:45:49	44	
429	171	KAMIŃSKI JACEK	RZESZÓW	M	1											

PKO MARATHON 09.10.2016 r.
Dystans: 42,195km (Maraton)

Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	10km	17km	21km	31km	38km	Czas netto	Czas brutto	K	M
451	436	STYS- LITWIN MAGDALENA	JASIONKA		1978	K30	25	01:05:32	01:58:40		03:40:06	04:26:41	05:00:09	05:00:40	48	
452	383	RUT STANISLAW	RZESZÓW		1955	M60	9	01:02:22	01:45:11	02:13:46	03:25:34	04:26:37	05:01:36	05:02:16		404
453	283	MARUSZAK MICHAŁ	NOWOSIELCE	Stowarzyszenie Razem Możemy Więcej	1992	M20	69	01:00:55	01:41:46	02:09:37	03:25:30	04:26:07	05:01:49	05:02:15		405
454	103	GÓRCZYŃSKA ANNA	RZESZÓW	Dream Team	1978	K30	26	01:06:20	01:51:04	02:21:14	03:30:56	04:24:54	05:02:15	05:02:46	49	
455	104	GÓRCZYŃSKI PRZEMYSŁAW	RZESZÓW	Dream Team	1978	M30	160	01:05:31	01:51:05	02:21:14	03:30:57	04:24:50	05:02:15	05:02:46		406
456	179	KAWALEC MALGORZATA	RZESZÓW		1981	K30	26	01:06:20	01:51:04	02:21:13	03:30:56	04:24:48	05:02:15	05:02:46	49	
457	323	OKARMA WOJTEK	WARZYCE	SPOREST	1984	M30	161	01:01:17	01:45:28	02:16:02	03:34:15	04:28:29	05:03:26	05:04:00		407
458	478	TUTAK DANIEL	KROSNO	FURIOSI POLANKA	1979	M30	161	01:01:16	01:45:29	02:16:07	03:34:18	04:28:27	05:03:26	05:04:01		407
459	542	ZIELNIK LESLAW	KRAKÓW		1968	M40	132	00:58:32	01:41:32	02:11:52	03:28:15	04:25:56	05:03:59	05:04:40		409
460	293	MICHNIK DAMIAN	DEBICA	Dębickie Dziki	1990	M20	70	00:59:58	01:41:59	02:11:51	03:27:38	04:25:39	05:04:36	05:04:54		410
461	74	DOMIN DANUTA	DUBIECKO		1978	K30	28	01:02:15	01:47:24		03:31:30	04:27:18	05:04:45	05:04:55	51	
462	412	SMOLUCH TOMASZ	OLKUSZ	Saint-Gobain SQUAD	1976	M40	133	01:05:57	01:50:46		03:35:25	04:30:42	05:09:11	05:10:00		411
463	67	DĄBROWSKA DANUTA	RZESZÓW		1963	K50	2	01:08:48	01:59:38		03:43:46	04:36:58	05:10:35	05:11:05	52	
464	163	JODLOWSKI KRZYSZTOF	DUBLIN		1968	M40	134	01:00:12	01:43:55	02:14:53	03:36:52	04:35:42	05:11:00	05:11:43		412
465	516	WOJCIECHOWSKI PAWEŁ	KRAKÓW		1981	M30	163	00:58:06	01:42:15		03:31:16	04:35:23	05:12:05	05:12:44		413
466	581	DRONKA BOGDAN	RZESZÓW		1957	M50	38	00:54:45	01:35:13	02:08:04	03:30:10	04:35:39	05:12:20	05:12:43		414
467	187	KILAR AGATA	DOBIESZYŃ	Biegamy, aby dobiec	1989	K20	12	01:02:02	01:45:28	02:16:02	03:35:34	04:35:56	05:15:25	05:15:53	53	
468	180	KAZNOWSKI TOMASZ	WIELICZKA	Amator	1968	M40	135	01:05:38	01:51:14	02:21:10	03:32:36	04:34:01	05:18:14	05:18:57		415
469	205	KONDEUSZ KATARZYNA	JASIONKA		1977	K30	29	01:08:48	01:58:42		03:47:42	04:41:43	05:18:57	05:19:26	54	
470	584	CEBULSKA KATARZYNA	KRAKÓW		1968	K40	12	01:06:10	01:52:15	02:21:35	03:33:14	04:36:01	05:21:33	05:21:59	55	
471	389	RZĘDARSKA ELIZA	RZESZÓW	Urząd Miasta Rzeszowa	1985	K30	30	01:02:19	01:46:53		03:39:16	04:42:34	05:24:48	05:24:49	56	
472	343	PATRYN KATARZYNA	STRZYŻÓW		1983	K30	31	01:05:39	01:51:05		03:50:09	04:59:45	05:45:27	05:45:58	57	
473	273	MACZUGA MALGORZATA	JASŁO		1963	K50	3	01:02:51	01:49:49		03:50:16	04:59:51	05:45:33	05:45:57	58	