

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Rok	Kat	Mce Kat	Czas netto	Czas brutto	K	M
1	6432	JABŁOŃSKI ARTUR	HORODŁO	DREAM RUN / NATIONALE NEDERLANDEN	POL	1981	M30-39	1	05:56:43	06:11:32		1
		8km: 00:57:52 26km: 02:20:02 30km: 02:32:28 41km: 03:40:02 47km: 04:26:01 52km: 04:56:41										
2	1329	KLAMUT MICHAŁ		GOPR KARKONOSZE.KARPACZSPORT	POL	1992	M18-29	1	05:57:17	05:58:17		2
		8km: 00:57:57 26km: 02:20:36 30km: 02:33:31 41km: 03:42:10 47km: 04:25:56 52km: 04:59:14										
3	4943	KOCZWARA TOMASZ	RADOMYŚL WIELKI		POL	1977	M40-49	1	06:10:15	06:11:55		3
		8km: 00:56:41 26km: 02:19:36 30km: 02:32:50 41km: 03:41:10 47km: 04:30:29 52km: 05:03:37										
4	5555	ZDANOWSKI ŁUKASZ	SIEDLCE		POL	1990	M18-29	2	06:12:11	06:13:01		4
		8km: 00:57:21 26km: 02:22:17 30km: 02:34:59 41km: 03:48:04 47km: 04:34:24 52km: 05:07:56										
5	5615	TOMASIK STANISŁAW	SZYMBARK		POL	1988	M30-39	2	06:25:32	06:48:43		5
		8km: 01:01:24 26km: 02:29:36 30km: 02:43:59 41km: 03:55:15 47km: 04:44:49 52km: 05:19:22										
6	1376	NIEDŹWIADEK KAMIL	WARSZAWA	NIEDŹWIADKI RUNNING TEAM	POL	1989	M18-29	3	06:35:28	06:59:09		6
		8km: 01:04:22 26km: 02:36:58 30km: 02:50:39 41km: 04:07:35 47km: 04:56:44 52km: 05:28:56										
7	1387	WAŚOWICZ JAN	KRAKÓW		POL	1973	M40-49	2	06:36:57	06:38:33		7
		8km: 00:57:35 26km: 02:22:29 30km: 02:35:33 41km: 03:47:12 47km: 04:40:55 52km: 05:21:39										
8	838	OLEKSY PRZEMYSŁAW	RZESZÓW	RZESZOWSKIE GAZELE I GEPARDY	POL	1985	M30-39	3	06:37:30	06:38:40		8
		8km: 01:04:28 26km: 02:36:48 30km: 02:49:57 41km: 04:10:02 47km: 04:57:30 52km: 05:33:25										
9	4942	SOLIŃSKA KATARZYNA		CISOWIANKA TEAM	POL	1990	K18-29	1	06:42:30	06:43:56	1	
		8km: 01:05:04 26km: 02:36:54 30km: 02:50:10 41km: 04:08:38 47km: 04:58:20 52km: 05:33:37										
10	1326	RĄCZKA JANUSZ	SKOMIELNA BIAŁA		POL	1991	M18-29	4	06:42:31	06:43:50		9
		8km: 00:57:50 26km: 02:23:38 30km: 02:36:14 41km: 03:56:25 47km: 04:51:08 52km: 05:30:20										
11	1301	ORSÁG MATEJ	KOŠICE	ALL4RUN KOŠICE	SVK	1987	M30-39	4	06:46:43	07:02:54		10
		8km: 01:05:42 26km: 02:40:54 30km: 02:55:13 41km: 04:13:51 47km: 05:06:31 52km: 05:40:59										
12	5554	RODRIGO PEREIRA OSWALD	WARSZAWA	WILD FOR THE RUN / HERCOG RUNNING TEAM	POL	1984	M30-39	5	06:52:04	06:52:59		11
		8km: 00:59:47 26km: 02:30:24 30km: 02:43:43 41km: 04:07:46 47km: 05:03:29 52km: 05:42:23										
13	870	MIEDZIEJEWSKI ANDRZEJ	PRUSZKÓW	WPRUNNING	POL	1986	M30-39	6	06:53:50	06:55:04		12
		8km: 01:02:19 26km: 02:39:27 30km: 02:53:39 41km: 04:13:15 47km: 05:07:42 52km: 05:44:56										
14	1350	BARCZYK MARIUSZ	OLKUSZ	OLKUSZBIEGA.PL	POL	1976	M40-49	3	06:57:20	06:58:06		13
		8km: 01:04:30 26km: 02:41:53 30km: 02:55:21 41km: 04:13:03 47km: 05:07:47 52km: 05:44:25										
15	4920	ZARECKI ŁUKASZ	SIECHNICE		POL	1986	M30-39	7	06:59:00	07:00:55		14
		8km: 01:03:41 26km: 02:36:28 30km: 02:49:43 41km: 04:09:31 47km: 05:08:01 52km: 05:46:11										
16	847	SARNA KAMIL	KRASNE		POL	1986	M30-39	8	07:06:49	07:26:20		15
		8km: 01:03:58 26km: 02:37:22 30km: 02:52:51 41km: 04:16:40 47km: 05:14:05 52km: 05:51:08										
17	873	TRACZ ŁUKASZ	JAROSŁAW	WWW.TRENINGFIZJOTERAPIA.PL/AQUAREH	POL	1985	M30-39	9	07:09:43	07:11:14		16
		8km: 01:04:43 26km: 02:54:39 30km: 03:09:44 41km: 04:34:38 47km: 05:24:40 52km: 06:01:15										
18	1258	KOCZAJA ARTUR	KRAKÓW		POL	1985	M30-39	10	07:15:42	07:38:07		17
		8km: 01:06:42 26km: 02:46:09 30km: 03:00:05 41km: 04:24:13 47km: 05:19:31 52km: 06:00:07										
19	364	BRATEK AGNIESZKA	GLIWICE	AMBASADOR FESTIWALU BIEGOWEGO	POL	1976	K40-49	1	07:17:34	07:28:50	2	
		8km: 01:07:33 26km: 02:50:58 30km: 03:05:27 41km: 04:27:28 47km: 05:20:34 52km: 05:59:06										
20	4944	MEDEJCZYK ŁUKASZ	JEDLICZE	VICTORIA DOBIESZYŃ	POL	1990	M18-29	5	07:20:08	07:20:37		18
		8km: 01:01:45 26km: 02:31:08 30km: 02:44:09 41km: 04:11:52 47km: 05:20:11 52km: 06:00:07										
21	1363	MALEK TOMASZ	GOSTYŃ		POL	1991	M18-29	6	07:26:39	08:03:14		19
		8km: 01:06:25 26km: 02:45:23 30km: 02:59:30 41km: 04:29:42 47km: 05:29:36 52km: 06:09:47										
22	6315	MALEK ANDRZEJ			POL	1976	M40-49	4	07:31:53	07:38:50		20
		8km: 01:10:22 26km: 02:52:46 30km: 03:07:47 41km: 04:31:47 47km: 05:27:04 52km: 06:06:38										
23	1181	GUMUŁŃSKI JAKUB	WARSZAWA		POL	1983	M30-39	11	07:31:54	08:07:33		21
		8km: 01:09:25 26km: 02:52:43 30km: 03:08:06 41km: 04:35:14 47km: 05:32:11 52km: 06:17:39										
24	1231	SZCZEPANIAK ANGELIKA IZABELA	RĄBIEŃ	AKADEMIA BIEGACZA. PL S. L. SALOS-WODNA	POL	1982	K30-39	1	07:33:47	07:50:50	3	
		8km: 01:15:26 26km: 03:06:16 30km: 03:22:17 41km: 04:46:14 47km: 05:40:57 52km: 06:17:59										
25	1357	BEDNARZ KUBA	ZAKOPANE	DRUZYNA SZPIKU	POL	1982	M30-39	12	07:35:15	08:01:21		22
		8km: 01:07:40 26km: 02:48:12 30km: 03:03:10 41km: 04:29:47 47km: 05:24:40 52km: 06:07:00										
26	1367	ŚWIERAD DARIUSZ	KRAKÓW	ASICS FRONTRUNNER POLAND / CAMELBAK POLS	POL	1985	M30-39	13	07:41:18	07:41:34		23
		8km: 01:12:14 26km: 02:52:13 30km: 03:07:01 41km: 04:30:43 47km: 05:34:27 52km: 06:20:24										
27	892	REJ MIROSLAW	MIELEC		POL	1984	M30-39	14	07:41:42	08:01:35		24
		8km: 01:14:21 26km: 03:06:27 30km: 03:21:52 41km: 04:51:21 47km: 05:49:13 52km: 06:27:14										
28	891	LONC TOMASZ	RZESZÓW		POL	1978	M40-49	5	07:41:52	08:00:44		25
		8km: 01:15:24 26km: 03:07:28 30km: 03:23:02 41km: 04:52:22 47km: 05:50:10 52km: 06:28:14										
29	4921	GRUND MAREK	STRZEBIŃ	AMBASADOR FESTIWALU BIEGOWEGO	POL	1989	M18-29	7	07:42:29	08:09:29		26
		8km: 01:11:37 26km: 02:59:43 30km: 03:15:58 41km: 04:49:20 47km: 05:47:41 52km: 06:28:51										
30	1053	TABAKA TOMASZ	ŻORY	INŻYNIERIA BIEGANIA	POL	1975	M40-49	6	07:45:28	08:26:31		27
		8km: 26km: 02:55:13 30km: 03:10:27 41km: 04:47:27 47km: 05:53:46 52km: 06:34:37										
31	1372	GIZA GRZEGORZ	RADOMYŚL WIELKI		POL	1981	M30-39	15	07:47:39	08:18:02		28
		8km: 01:11:56 26km: 03:03:15 30km: 03:18:46 41km: 04:44:38 47km: 05:38:49 52km: 06:23:27										
32	6349	NYKA JAN		#RUNULTRATRAIL	POL	1970	M40-49	7	07:53:32	08:08:29		29
		8km: 01:09:31 26km: 03:03:01 30km: 03:19:15 41km: 04:51:38 47km: 05:56:00 52km: 06:36:33										
33	948	WOJTASIK ANDRZEJ	ŁÓDŹ		POL	1971	M40-49	8	07:55:02	08:12:20		30
		8km: 01:10:24 26km: 02:55:16 30km: 03:11:10 41km: 04:50:14 47km: 05:52:37 52km: 06:37:53										
34	1270	RANOSZ PIOTR	LIMANOWA		POL	1980	M30-39	16	07:57:21	08:22:23		31
		8km: 01:09:22 26km: 02:55:47 30km: 03:12:57 41km: 04:51:19 47km: 05:55:33 52km: 06:37:21										
35	846	PABIS SZYMON	KARNIOWICE	BANDA R"	POL	1989	M18-29	8	07:57:36	07:57:26		32
		8km: 01:08:07 26km: 02:57:32 30km: 03:13:17 41km: 04:46:56 47km: 05:45:46 52km: 06:30:45										
36	820	ZAJĄC PITER	KRAKÓW		POL	1982	M30-39	17	07:58:03	08:01:39		33
		8km: 01:14:42 26km: 03:06:25 30km: 03:23:11 41km: 04:56:21 47km: 05:59:52 52km: 06:45:09										
37	895	BARTECKA SABINA	ŻORY	HRMAX ŻORY	POL	1977	K40-49	2	07:58:25	08:05:06	4	
		8km: 01:16:08 26km: 03:12:04 30km: 03:29:08 41km: 05:04:36 47km: 06:03:56 52km: 06:42:21										
38	1308	MALYSZ JAROSŁAW	HAŻLACH	OLZA CIESZYŃ	POL	1978	M40-49	9	08:00:33	08:29:59		34
		8km: 01:12:17 26km: 03:00:59 30km: 03:17:03 41km: 04:52:20 47km: 05:54:57 52km: 06:37:52										
39	4939	STEFANIAK MACIEJ	POZNAŃ	GRUNWALD POZNAŃ	POL	1988	M30-39	18	08:05:27	08:29:13		35
		8km: 01:16:15 26km: 03:12:33 30km: 03:27:09 41km: 05:01:14 47km: 06:03:18 52km: 06:45:52										
40	1077	JURCZAK ROMAN	RZESZÓW		POL	1958	M50+	1	08:08:08	08:08:14		36
		8km: 01:15:34 26km: 03:11:51 30km: 03:28:40 41km: 05:05:03 47km: 06:05:35 52km: 06:48:52										
41	1044	RENCZ MAŁGORZATA	ORZESZE	W POGONI ZA DUCHEM	POL	1974	K40-49	3	08:08:27	08:24:14	5	
		8km: 01:16:13 26km: 03:12:44 30km: 03:30:01 41km: 05:04:30 47km: 06:06:19 52km: 06:50:22										
42	922	PATALON PIOTR	NOWE MIASTO LUBAWSKIE	ORKAMASTERS	POL							

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Rok	Kat	Mce Kat	Czas netto	Czas brutto	K	M
45	1230	PAWLAK ANDRZEJ	CIECHANÓW	KB TKKF PROMYK CIECHANÓW	POL	1984	M30-39	21	08:10:15	08:51:02		40
		8km: 01:16:01 26km: 03:10:43 30km: 03:27:21 41km: 05:05:15 47km: 06:06:22 52km: 06:44:55										
46	1344	KAWCZYŃSKI RADOŚLAW	SOSNOWIE	ONE TEAM	POL	1982	M30-39	22	08:10:55	08:39:51		41
		8km: 01:14:03 26km: 03:01:42 30km: 03:17:06 41km: 04:53:37 47km: 06:06:48 52km: 06:47:12										
47	1375	OŚIŃSKI PAWEŁ	SOCHACZEW		POL	1978	M40-49	11	08:10:57	08:44:33		42
		8km: 01:14:31 26km: 03:04:41 30km: 03:18:49 41km: 04:57:09 47km: 06:04:12 52km: 06:51:55										
48	4925	BAROS DANIEL	RUDNIKI	FALSTART RUDNIKI/ VEGE RUNNERS	POL	1992	M18-29	9	08:11:44	08:38:49		43
		8km: 01:18:30 26km: 03:12:08 30km: 03:28:34 41km: 05:01:29 47km: 06:04:50 52km: 06:50:22										
49	1369	BUJAK KAMIL	NAŁĘCZÓW	CISOWIANKA TEAM PL	POL	1987	M30-39	23	08:11:44	08:54:10		43
		8km: 01:17:52 26km: 03:10:19 30km: 03:25:29 41km: 05:02:59 47km: 06:06:54 52km: 06:51:29										
50	818	WNEK MAREK	JAZOWSKO	ŚLEZAK TEAM	POL	1989	M18-29	10	08:15:35	08:22:07		45
		8km: 01:12:51 26km: 03:02:35 30km: 03:18:28 41km: 04:53:12 47km: 05:55:26 52km: 06:44:47										
51	1098	FIECEK PAWEŁ	KRAKÓW	ŚWINKI TRZY	POL	1982	M30-39	24	08:17:53	08:48:35		46
		8km: 01:17:59 26km: 03:23:31 30km: 03:40:17 41km: 05:15:23 47km: 06:17:41 52km: 06:57:29										
52	1164	ANTONIUK ARTUR	KRAŚNIK	BARAN CYCLING TEAM	POL	1980	M30-39	25	08:18:05	08:22:27		47
		8km: 01:15:35 26km: 03:13:29 30km: 03:30:47 41km: 05:03:30 47km: 06:05:13 52km: 06:51:19										
53	1010	DAUSZO MACIEJ	WARSZAWA		POL	1996	M18-29	11	08:19:23	08:21:48		48
		8km: 01:15:39 26km: 03:09:52 30km: 03:25:24 41km: 05:04:33 47km: 06:08:32 52km: 06:54:58										
54	6095	SOBCZYK WOJCIECH			POL	1975	M40-49	12	08:19:23	08:54:53		48
		8km: 01:09:29 26km: 02:57:54 30km: 03:15:05 41km: 04:56:42 47km: 06:05:23 52km: 06:56:08										
55	957	RYBSKI WITOLD			POL	1982	M30-39	26	08:20:05	08:37:31		50
		8km: 01:12:07 26km: 03:01:35 30km: 03:18:12 41km: 05:01:54 47km: 06:13:52 52km: 06:59:08										
56	5782	PIETRZAK JACEK	ŁÓDŹ		POL	1974	M40-49	13	08:20:32	08:36:49		51
		8km: 01:19:58 26km: 03:21:51 30km: 03:38:29 41km: 05:13:30 47km: 06:15:26 52km: 06:56:51										
57	946	GACA DOMINIK			POL	1982	M30-39	27	08:21:12	08:43:48		52
		8km: 01:17:56 26km: 03:13:20 30km: 03:29:05 41km: 05:07:54 47km: 06:12:06 52km: 06:59:52										
58	1207	STRYCHARSKI KRYSZTIAN	WARSZAWA	AVE MARIA KIDS	POL	1982	M30-39	28	08:21:57	08:48:33		53
		8km: 01:16:10 26km: 03:06:43 30km: 03:22:39 41km: 05:02:42 47km: 06:07:02 52km: 06:51:53										
59	884	NYCZ MAREK	KRAKÓW		POL	1986	M30-39	29	08:22:51	08:49:43		54
		8km: 01:10:36 26km: 02:59:59 30km: 03:15:48 41km: 04:54:35 47km: 06:01:40 52km: 06:47:25										
60	1022	LASOTA ARTUR	KRAKÓW		POL	1977	M40-49	14	08:23:40	08:39:01		55
		8km: 01:13:30 26km: 02:58:19 30km: 03:12:29 41km: 05:02:17 47km: 06:06:48 52km: 06:53:34										
61	898	JASIŃSKI MARCIN	NOWY SĄCZ	AZS PWSZ NOWY SĄCZ	POL	1975	M40-49	15	08:24:15	08:34:22		56
		8km: 01:19:54 26km: 03:13:08 30km: 03:28:46 41km: 04:58:54 47km: 06:07:06 52km: 06:58:24										
62	1035	GRUSZKA GRZEGORZ	SIEMIANOWICE ŚLĄSKIE		POL	1977	M40-49	16	08:27:17	08:35:33		57
		8km: 01:17:04 26km: 03:12:37 30km: 03:28:11 41km: 05:11:06 47km: 06:15:44 52km: 07:01:03										
63	955	CZUPKIEWICZ MICHAŁ		RAJSPOORT ACTIVE	POL	1984	M30-39	30	08:28:47	08:28:47		58
		8km: 01:05:14 26km: 02:49:54 30km: 03:05:52 41km: 04:49:30 47km: 06:07:34 52km: 06:56:10										
64	910	KOZIK BARTŁOMIEJ	GLIWICE		POL	1977	M40-49	17	08:29:12	08:31:54		59
		8km: 01:20:45 26km: 03:19:07 30km: 03:35:14 41km: 05:13:52 47km: 06:17:27 52km: 07:03:43										
65	830	KRAWCZYK ŁUKASZ	BRZOZÓWKA	BUDAGO.PL	POL	1981	M30-39	31	08:32:29	08:34:35		60
		8km: 01:17:59 26km: 03:16:08 30km: 03:32:56 41km: 05:13:43 47km: 06:15:55 52km: 07:04:55										
66	899	DAWID KAROLINA	TYCHY	TGB LAKE RUNNERS	POL	1981	K30-39	2	08:33:03	08:40:50	6	
		8km: 01:26:06 26km: 03:31:36 30km: 03:51:25 41km: 05:35:27 47km: 06:35:06 52km: 07:15:52										
67	1211	LAMPARSKI ŁUKASZ	GORKI WIELKIE		POL	1988	M30-39	32	08:34:57	09:13:28		61
		8km: 01:14:27 26km: 03:04:12 30km: 03:21:03 41km: 04:54:38 47km: 05:57:25 52km: 06:50:02										
68	1402	GRES VALA OSKAR	KOŠICE		SVK	1977	M40-49	18	08:35:24	08:42:51		62
		8km: 01:18:45 26km: 03:20:17 30km: 03:36:47 41km: 05:19:02 47km: 06:23:16 52km: 07:10:13										
69	1397	GRUSZCZYŃSKI DARIUSZ	BELCHATÓW	KB SPARTAKUS BELCHATÓW	POL	1968	M50+	2	08:36:01	09:14:53		63
		8km: 01:19:43 26km: 03:20:31 30km: 03:38:12 41km: 05:24:14 47km: 06:30:30 52km: 07:14:02										
70	999	MIELEŃSKI MACIEJ	OLSZTYN		POL	1967	M50+	3	08:36:11	08:40:05		64
		8km: 01:23:47 26km: 03:23:53 30km: 03:41:14 41km: 05:17:36 47km: 06:24:45 52km: 07:10:55										
71	944	GRZESICA PAWEŁ	ŁĘDZINY		POL	1978	M40-49	19	08:36:12	08:38:22		65
		8km: 01:15:32 26km: 03:03:34 30km: 03:18:44 41km: 05:09:15 47km: 06:22:49 52km: 07:11:26										
72	1271	JÓZEF TOMASZ	DĄBROWA GÓRNICZA	ADS MASNA	POL	1983	M30-39	33	08:37:26	08:59:37		66
		8km: 01:16:35 26km: 03:08:27 30km: 03:25:15 41km: 05:07:59 47km: 06:22:37 52km: 07:08:42										
73	5552	PACEWICZ MIKOŁAJ	ZIELONKI		POL	1981	M30-39	34	08:37:47	09:18:43		67
		8km: 01:22:08 26km: 03:19:29 30km: 03:35:37 41km: 05:16:05 47km: 06:24:52 52km: 07:12:02										
74	1178	OŠIPOV ANDRII	KRAKOW		UKR	1987	M30-39	35	08:40:11	09:13:32		68
		8km: 01:17:42 26km: 03:24:16 30km: 03:41:13 41km: 05:23:36 47km: 06:29:53 52km: 07:14:03										
75	1105	ZIOBROWSKI TOMASZ		SĄDECKA GRUPA BIEGOWA	POL	1979	M30-39	36	08:40:54	08:58:06		69
		8km: 01:17:37 26km: 03:11:43 30km: 03:28:31 41km: 05:23:48 47km: 06:36:05 52km: 07:20:17										
76	894	RÓZAŃSKI MATEUSZ	KATOWICE	MOJA PIERWSZA 100!	POL	1981	M30-39	37	08:42:54	09:18:30		70
		8km: 01:16:11 26km: 03:15:16 30km: 03:32:27 41km: 05:16:48 47km: 06:26:31 52km: 07:16:15										
77	1264	OCHWAT ADAM	KATOWICE	ADS MASNA	POL	1980	M30-39	38	08:44:00	09:18:32		71
		8km: 01:22:19 26km: 03:32:03 30km: 03:50:03 41km: 05:29:24 47km: 06:36:14 52km: 07:25:44										
78	1341	PIĄTEK BEATA	ŁAŃCUT	TRENINGIZJOTERAPIA.PL	POL	1983	K30-39	3	08:44:11	09:13:53	7	
		8km: 01:32:48 26km: 03:38:11 30km: 03:55:14 41km: 05:33:10 47km: 06:38:21 52km: 07:21:46										
79	1255	LEDWOCH PRZEMEK	KATOWICE		POL	1981	M30-39	39	08:45:30	08:50:37		72
		8km: 01:17:06 26km: 03:17:04 30km: 03:34:53 41km: 05:22:54 47km: 06:28:15 52km: 07:12:41										
80	6437	PROKULEWICZ TOMASZ	WIELICZKA		POL	1980	M30-39	40	08:46:35	09:26:51		73
		8km: 01:22:28 26km: 03:22:50 30km: 03:39:49 41km: 05:21:28 47km: 06:28:23 52km: 07:15:53										
81	1103	ŁUCZYŃSKI WOJCIECH			POL	1987	M30-39	41	08:46:54	09:13:25		74
		8km: 01:23:30 26km: 03:26:19 30km: 03:44:28 41km: 05:29:03 47km: 06:36:12 52km: 07:27:51										
82	1320	GLADYKOWSKI ŁUKASZ	GNIEW	PGB SPORTOWA PACZKA	POL	1979	M30-39	42	08:49:00	09:23:42		75
		8km: 01:24:10 26km: 03:37:10 30km: 03:56:22 41km: 05:40:13 47km: 06:43:12 52km: 07:30:10										
83	1186	GARSZYŃSKI KUBA			POL	1981	M30-39	43	08:50:32	09:16:55		76
		8km: 01:17:42 26km: 03:18:07 30km: 03:33:55 41km: 05:25:31 47km: 06:32:48 52km: 07:25:09										
84	1316	SOLIWODA MIROŚLAW	PIASTÓW		POL	1973	M40-49	20	08:51:02	09:14:18		77
		8km: 01:16:49 26km: 03:15:27 30km: 03:32:05 41km: 05:20:04 47km: 06:31:08 52km: 07:17:51										
85	919	WACŁAWSKI KRZYSZTOF	ILAWA	ORKAMASTERS ILAWA	POL	1965	M50+	4	08:51:27	09:00:55		78
		8km: 01:16:08 26km: 03:12:14 30km: 03:30:25 41km: 05:08:31 47km: 06:18:54 52km: 07:08:18										
86	4933	ŻYREK ADAM	JASŁO		POL	1969	M40-49	21	08:52:17	09		

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Rok	Kat	Mce Kat	Czas netto	Czas brutto	K	M
89	967	MAJCHROWSKI JACEK	TARNOBRZEG	CKB TARNOBZREG	POL	1971	M40-49	24	08:52:41	09:06:27		82
		8km: 01:17:42 26km: 03:19:11 30km: 03:36:40 41km: 05:23:40 47km: 06:33:54 52km: 07:22:05										
90	872	OBARA MICHAŁ		BIEGNE, ŻEBY BARTEK MÓGL BIEGAĆ	POL	1980	M30-39	44	08:53:57	09:01:04		83
		8km: 01:18:22 26km: 03:19:51 30km: 03:38:53 41km: 05:25:53 47km: 06:39:41 52km: 07:22:55										
91	5644	ZALEWSKA ANNA	ZDUŃSKA WOLA	BBL ZDUŃSKA WOLA	POL	1978	K40-49	4	08:54:01	09:26:15	8	
		8km: 01:23:23 26km: 03:35:21 30km: 03:53:23 41km: 05:43:11 47km: 06:46:31 52km: 07:31:23										
92	5643	ZALEWSKI BARTŁOMIEJ	ZDUŃSKA WOLA	BBL ZDUŃSKA WOLA	POL	1979	M30-39	45	08:54:01	09:26:15		84
		8km: 01:23:22 26km: 03:35:20 30km: 03:53:24 41km: 05:43:12 47km: 06:46:31 52km: 07:31:24										
93	994	CZERWIŃSKA BOŻENA	SANDOMIERZ		POL	1977	K40-49	5	08:54:31	09:15:02	9	
		8km: 01:25:35 26km: 03:31:29 30km: 03:47:52 41km: 05:31:52 47km: 06:43:20 52km: 07:29:44										
94	1221	FOGEL EWA	TARNÓW		POL	1972	K40-49	6	08:54:37	09:19:53	10	
		8km: 01:25:26 26km: 03:35:24 30km: 03:53:05 41km: 05:43:03 47km: 06:48:25 52km: 07:33:55										
95	1185	CHLUPKA KRZYSZTOF	DĘBNO		POL	1986	M30-39	46	08:54:57	09:21:14		85
		8km: 01:24:25 26km: 03:23:20 30km: 03:38:13 41km: 05:24:12 47km: 06:32:57 52km: 07:25:15										
96	866	GRZEGORCZYK MATEUSZ	WROCLAW		POL	1991	M18-29	12	08:55:05	08:58:07		86
		8km: 01:22:05 26km: 03:24:13 30km: 03:42:01 41km: 05:25:37 47km: 06:37:35 52km: 07:26:54										
97	1343	SZCZEPAŃSKI GRZEGORZ	RZESZÓW	MAJSTER SPORT TEAM	POL	1975	M40-49	25	08:55:08	09:25:12		87
		8km: 01:22:31 26km: 03:28:45 30km: 03:45:52 41km: 05:31:13 47km: 06:39:28 52km: 07:27:03										
98	1006	SAMORAŃSKI KRZYSZTOF	BYTOM		POL	1982	M30-39	47	08:55:22	09:05:38		88
		8km: 01:27:42 26km: 03:32:53 30km: 03:50:17 41km: 05:36:44 47km: 06:41:20 52km: 07:27:55										
99	968	OLEŚ DANIEL	CZARNOWO		POL	1989	M18-29	13	08:55:57	09:04:50		89
		8km: 01:20:30 26km: 03:21:12 30km: 03:38:11 41km: 05:22:55 47km: 06:37:10 52km: 07:25:08										
100	5612	WOJNAROWSKI PIOTR			POL	1973	M40-49	26	08:56:15	09:25:15		90
		8km: 01:13:03 26km: 03:18:28 30km: 03:35:21 41km: 05:30:39 47km: 06:38:00 52km: 07:27:23										
101	1291	SIWIELA MATEUSZ	REDA	RUNEDA/CIAGNIENIWKADOLASU.PL	POL	1990	M18-29	14	08:56:44	09:38:41		91
		8km: 01:18:14 26km: 03:11:57 30km: 03:28:26 41km: 05:17:27 47km: 06:28:42 52km: 07:19:48										
102	5399	JASIŃSKI MARCIN	LGOTA		POL	1980	M30-39	48	08:56:50	09:04:22		92
		8km: 01:15:01 26km: 03:10:27 30km: 03:28:04 41km: 05:15:45 47km: 06:31:05 52km: 07:24:02										
103	1374	MOSOŃ WIKTOR	GŁOWIENKA	MUKS PODKARPACIE JEDLICZE	POL	1975	M40-49	27	08:56:54	09:33:37		93
		8km: 01:14:06 26km: 03:15:57 30km: 03:33:45 41km: 05:19:10 47km: 06:31:00 52km: 07:22:36										
104	6187	WIACEK NARCIN			POL	1979	M30-39	49	08:58:07	10:08:05		94
		8km: 01:17:40 26km: 03:31:14 30km: 41km: 05:30:47 47km: 06:34:57 52km: 07:21:08										
105	1170	PALUZEWICZ EWA	NOWY SAĆZ	VISEGRAD MARATON RYTRO	POL	1969	K40-49	7	08:58:46	09:18:53	11	
		8km: 01:24:19 26km: 03:32:18 30km: 03:50:08 41km: 05:39:45 47km: 06:46:10 52km: 07:32:49										
106	945	MARTUŚ JACEK	BOBOWA	BOBOWSKA GRUPA BIEGOWA	POL	1978	M40-49	28	08:59:09	09:08:50		95
		8km: 01:16:20 26km: 03:12:59 30km: 03:29:57 41km: 05:27:03 47km: 06:43:36 52km: 07:33:11										
107	5749	GRZESIK JĘDRZEJ		BRUBECK TEAM	POL	1980	M30-39	50	08:59:23	09:47:20		96
		8km: 01:20:03 26km: 03:29:47 30km: 03:48:50 41km: 05:41:49 47km: 06:47:06 52km: 07:36:37										
108	5553	LESZCZYŃSKI PAWEŁ			POL	1960	M50+	5	08:59:30	09:08:18		97
		8km: 01:25:23 26km: 03:34:38 30km: 03:52:27 41km: 05:38:05 47km: 06:47:03 52km: 07:35:49										
109	1063	DUDA ZUZANNA	JÓZEFÓW		POL	1994	K18-29	2	08:59:39	09:30:51	12	
		8km: 01:22:42 26km: 03:23:40 30km: 03:42:45 41km: 05:22:13 47km: 06:37:35 52km: 07:33:00										
110	1150	SOB CZYŃSKA MAGDALENA	POZNAŃ	#TEAMBIEGIWLK	POL	1991	K18-29	3	08:59:41	09:31:18	13	
		8km: 01:25:53 26km: 03:33:04 30km: 03:50:26 41km: 05:49:48 47km: 06:53:21 52km: 07:39:58										
111	1345	SZYMCZYK TOMASZ	CZĘSTOCHOWA		POL	1982	M30-39	51	08:59:55	09:12:22		98
		8km: 01:20:12 26km: 03:17:55 30km: 03:33:41 41km: 05:25:24 47km: 06:41:20 52km: 07:30:18										
112	1273	UBYCH MARIUSZ	ŁÓDŹ		POL	1988	M30-39	52	09:00:36	09:33:03		99
		8km: 01:25:09 26km: 03:26:09 30km: 03:43:12 41km: 05:29:42 47km: 06:37:19 52km: 07:21:39										
113	887	KRZYŻAN JAKUB	JERZMANOWICE	KW KRAKÓW	POL	1974	M40-49	29	09:01:19	09:07:35		100
		8km: 01:20:51 26km: 03:26:28 30km: 03:43:34 41km: 05:26:26 47km: 06:37:49 52km: 07:30:19										
114	4948	KLICHOWSKI MAREK	ŁÓDŹ	NAPIERACZE	POL	1982	M30-39	53	09:02:33	09:34:58		101
		8km: 01:25:11 26km: 03:26:11 30km: 03:43:13 41km: 05:29:44 47km: 06:37:21 52km: 07:21:44										
115	1342	KONOPIŃSKI TOMASZ	BYDGOSZCZ		POL	1977	M40-49	30	09:03:21	09:43:52		102
		8km: 01:19:41 26km: 03:17:33 30km: 03:34:26 41km: 05:22:11 47km: 06:38:30 52km: 07:29:25										
116	1382	SZCZEPANEK SYLWESTER	SIEDLISKA		POL	1981	M30-39	54	09:04:26	09:18:27		103
		8km: 01:20:52 26km: 03:28:54 30km: 03:48:21 41km: 05:37:13 47km: 06:48:26 52km: 07:34:53										
117	1389	TANKIELUN GRZEGORZ	OLSZTYN		POL	1981	M30-39	55	09:04:47	09:40:33		104
		8km: 01:25:13 26km: 03:32:23 30km: 03:48:46 41km: 05:38:59 47km: 06:51:27 52km: 07:37:01										
118	1336	SUMARA PAWEŁ	RABKA-ZDRÓJ		POL	1992	M18-29	15	09:05:14	09:23:55		105
		8km: 01:11:37 26km: 03:02:16 30km: 03:18:30 41km: 05:09:03 47km: 06:27:33 52km: 07:18:31										
119	1349	DUTKIEWICZ LESZEK	KATOWICE		POL	1984	M30-39	56	09:06:08	09:49:02		106
		8km: 01:23:01 26km: 03:31:29 30km: 03:49:19 41km: 05:34:30 47km: 06:40:42 52km: 07:25:22										
120	1379	ZAJĄC PAWEŁ	JEDLŃA LETNISKO	SMASHINGPAPKINS/AMBASADOR FESTIWALU BIEG	POL	1985	M30-39	57	09:07:11	09:34:07		107
		8km: 01:19:06 26km: 03:20:46 30km: 03:36:51 41km: 05:23:18 47km: 06:35:34 52km: 07:23:26										
121	1279	KWIETNIEWSKI PIOTR	KRAŚNIK		POL	1985	M30-39	58	09:07:59	09:12:16		108
		8km: 01:20:29 26km: 03:10:18 30km: 03:26:08 41km: 05:16:53 47km: 06:30:12 52km: 07:21:17										
122	1219	MOSKWIAK MATEUSZ	JAROSLAW		POL	1989	M18-29	16	09:08:57	09:21:19		109
		8km: 01:20:30 26km: 03:19:08 30km: 03:35:57 41km: 05:21:30 47km: 06:35:09 52km: 07:24:53										
123	1011	FIREK RAFAŁ	KRAKÓW	LACHO TEAM	POL	1974	M40-49	31	09:09:30	09:24:11		110
		8km: 01:20:32 26km: 03:23:39 30km: 03:43:47 41km: 05:30:07 47km: 06:36:30 52km: 07:29:43										
124	1250	ZAIK PRZEMEK	CHRZANÓW		POL	1980	M30-39	59	09:09:58	09:33:05		111
		8km: 01:17:54 26km: 03:17:42 30km: 03:37:08 41km: 05:36:31 47km: 06:45:27 52km: 07:34:17										
125	1437	AMANOWICZ MAREK	POLANIEC	RUNNING POLANIEC	POL	1983	M30-39	60	09:10:01	09:46:21		112
		8km: 01:19:22 26km: 03:17:40 30km: 03:34:39 41km: 05:19:34 47km: 06:40:27 52km: 07:34:41										
126	1262	KLUZA DAWID			POL	1989	M18-29	17	09:10:01	09:49:08		112
		8km: 01:19:48 26km: 03:32:08 30km: 03:51:27 41km: 05:41:57 47km: 06:49:23 52km: 07:36:22										
127	1256	ŁĄCZKA ROBERT	TRZEBINIA		POL	1970	M40-49	32	09:10:03	09:33:05		114
		8km: 26km: 03:21:38 30km: 03:38:45 41km: 05:39:13 47km: 06:46:34 52km:										
128	1003	NIEDZIAŁKOWSKI JAN	POZNAŃ		POL	1984	M30-39	61	09:10:24	09:32:55		115
		8km: 01:18:21 26km: 03:25:54 30km: 03:43:57 41km: 05:31:49 47km: 06:47:20 52km: 07:38:56										
129	5613	GRADZI DARIUSZ	KRAKÓW	KRAKOWSKA IZBA ADWOKACKA	POL	1983	M30-39	62	09:10:38	09:40:51		116
		8km: 01:21:33 26km: 03:32:42 30km: 03:49:34 41km: 05:34:51 47km: 06:50:29 52km: 07:35:38										
130	5647	ARTER ANGELIKA	KRAK									

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Rok	Kat	Mce Kat	Czas netto	Czas brutto	K	M
133	4945	GLÓD LUKASZ	KRAKÓW	KLUB BIEGACZA AZS UEK	POL	1990	M18-29	18	09:12:28	09:49:15		119
		8km: 01:14:02 26km: 03:15:53 30km: 03:33:42 41km: 05:22:42 47km: 06:47:18 52km: 07:34:44										
134	858	MASŁOWSKA KATARZYNA	SZCZĘKOCINY		POL	1974	K40-49	8	09:12:43	09:18:35	15	
		8km: 01:26:16 26km: 03:36:15 30km: 03:54:44 41km: 05:48:12 47km: 06:56:13 52km: 07:46:15										
135	1384	POŚLAJKO MARIUSZ	KRAKÓW		POL	1973	M40-49	34	09:12:45	09:55:26		120
		8km: 01:24:44 26km: 03:38:30 30km: 03:55:48 41km: 05:47:43 47km: 06:57:45 52km: 07:43:36										
136	903	KRAWCZYK ADRIANA	CHOCIANÓW		POL	1988	K30-39	5	09:12:47	09:49:14	16	
		8km: 01:19:30 26km: 03:25:47 30km: 03:42:26 41km: 05:29:08 47km: 06:34:18 52km: 07:24:37										
137	1311	RZEPECKI KRZYSZTOF	KRAKÓW		POL	1963	M50+	6	09:12:47	10:32:22		121
		8km: 01:25:08 26km: 03:28:07 30km: 03:49:04 41km: 05:52:38 47km: 07:02:18 52km: 07:48:25										
138	1404	FELIŃSKI JAREK	ŁÓDŹ		POL	1963	M50+	7	09:13:30	09:51:02		122
		8km: 01:19:38 26km: 03:25:24 30km: 03:45:29 41km: 05:33:53 47km: 06:42:57 52km: 07:33:31										
139	1119	KEDZIOR JAROSŁAW	RUDNIK		POL	1977	M40-49	35	09:15:17	09:16:24		123
		8km: 01:24:26 26km: 03:32:07 30km: 03:50:55 41km: 05:44:56 47km: 06:51:39 52km: 07:41:31										
140	1166	KRUSZEWSKI FILIP	POZNAŃ		POL	1986	M30-39	64	09:15:30	09:39:22		124
		8km: 01:22:59 26km: 03:30:46 30km: 03:47:55 41km: 05:38:00 47km: 06:51:43 52km: 07:40:43										
141	848	MARCZEWSKI SŁAWOMIR	ZŁOTÓW	ZŁOTÓW - STAWNICA	POL	1972	M40-49	36	09:15:36	09:22:04		125
		8km: 01:21:19 26km: 03:26:57 30km: 03:46:05 41km: 05:36:28 47km: 06:46:10 52km: 07:36:29										
142	1252	HADUK GRZEGORZ	RZESZÓW	G.B.U.R.	POL	1977	M40-49	37	09:16:15	09:49:41		126
		8km: 01:23:39 26km: 03:32:23 30km: 03:53:10 41km: 05:39:33 47km: 06:46:30 52km: 07:36:25										
143	897	CIELUSZECKA ELA			POL	1983	K30-39	6	09:16:19	09:28:26	17	
		8km: 01:26:13 26km: 03:41:06 30km: 04:01:58 41km: 05:46:35 47km: 06:54:51 52km: 07:38:55										
144	1359	KRUPA PIOTR	TARNOBRZEG		POL	1985	M30-39	65	09:17:47	09:31:38		127
		8km: 01:24:50 26km: 03:35:44 30km: 03:55:36 41km: 05:37:51 47km: 06:50:50 52km: 07:41:39										
145	1100	BĘBEN ROBERT	OSTROWIEC ŚWIĘTOKRZYSKI	OSTROBIEC	POL	1971	M40-49	38	09:17:50	09:45:26		128
		8km: 01:24:37 26km: 03:38:00 30km: 03:57:31 41km: 05:50:13 47km: 06:58:33 52km: 07:46:10										
146	914	HEBA TOMASZ	OSTROWIEC ŚWIĘTOKRZYSKI		POL	1982	M30-39	66	09:17:53	09:45:26		129
		8km: 01:24:33 26km: 03:35:09 30km: 03:53:21 41km: 05:50:17 47km: 06:58:37 52km: 07:46:15										
147	5614	ŁANUSZKA KAMIL	WIELICZKA		POL	1983	M30-39	67	09:17:57	09:48:24		130
		8km: 01:22:22 26km: 03:24:01 30km: 03:41:40 41km: 05:32:47 47km: 06:45:05 52km: 07:39:19										
148	1324	POLOMSKI DANIEL	SZCZECIN		POL	1976	M40-49	39	09:18:31	09:52:53		131
		8km: 01:19:54 26km: 03:25:18 30km: 03:44:03 41km: 05:44:34 47km: 06:56:47 52km: 07:49:42										
149	1297	GLUSZEK TOMASZ	KIELCE		POL	1987	M30-39	68	09:18:35	09:40:01		132
		8km: 01:18:58 26km: 03:14:31 30km: 03:30:47 41km: 05:29:46 47km: 06:43:52 52km: 07:37:56										
150	1198	MAŚLANKA GRZEGORZ	LUBIN	MSPORT TEAM MSPOTR WILDRIDERS	POL	1986	M30-39	69	09:18:37	09:38:14		133
		8km: 01:16:54 26km: 03:24:24 30km: 03:43:42 41km: 05:36:22 47km: 06:48:54 52km: 07:37:48										
151	857	SIWIEC STANISŁAW	RZESZÓW		POL	1956	M50+	8	09:20:32	09:24:30		134
		8km: 01:25:23 26km: 03:37:23 30km: 03:55:44 41km: 05:47:44 47km: 06:56:26 52km: 07:46:55										
152	1281	ZAJĄC ANDRZEJ	KRAKÓW		POL	1983	M30-39	70	09:21:16	09:54:47		135
		8km: 01:23:48 26km: 03:25:56 30km: 03:43:36 41km: 05:38:57 47km: 06:50:36 52km: 07:37:58										
153	6161	WOJTKIEWICZ JAROSŁAW			POL	1968	M50+	9	09:22:22	10:41:55		136
		8km: 01:28:17 26km: 03:39:11 30km: 03:59:24 41km: 05:49:15 47km: 07:01:57 52km:										
154	1050	KOSECKI KRZYSZTOF	ŁOSOSINA DOLNA		POL	1984	M30-39	71	09:23:03	09:51:29		137
		8km: 01:22:39 26km: 03:35:14 30km: 03:53:46 41km: 05:50:11 47km: 07:02:28 52km: 07:50:09										
155	1292	MROWICKI GRZEGORZ	ŁÓDŹ		POL	1982	M30-39	72	09:23:51	09:46:07		138
		8km: 01:22:47 26km: 03:42:54 30km: 04:03:22 41km: 05:49:52 47km: 06:58:30 52km: 07:44:27										
156	1209	KOWALCZYK KAZIMIERZ	WITÓW		POL	1968	M50+	10	09:24:13	09:47:41		139
		8km: 01:10:27 26km: 03:08:56 30km: 03:27:03 41km: 05:39:51 47km: 06:58:54 52km: 07:58:44										
157	1381	GRALA MARIA	RZOSÓW		POL	1983	K30-39	7	09:25:17	09:59:55	18	
		8km: 01:24:24 26km: 03:34:51 30km: 03:53:26 41km: 05:42:23 47km: 06:56:23 52km: 07:47:48										
158	1088	ŚLEDZIOWSKI ANDRZEJ	KRAKÓW	LACHO TEAM	POL	1969	M40-49	40	09:25:43	09:40:20		140
		8km: 01:26:58 26km: 03:37:31 30km: 03:54:55 41km: 05:50:41 47km: 06:56:26 52km: 07:48:51										
159	988	WIECHNIK ANDRZEJ	CYCOW		POL	1974	M40-49	41	09:26:08	09:43:44		141
		8km: 01:16:25 26km: 03:17:12 30km: 03:35:37 41km: 05:48:00 47km: 06:53:03 52km: 07:37:51										
160	1300	RURA MARCIN	REJOWIEC FABRYCZNY	HERNIK TEAM	POL	1990	M18-29	19	09:26:43	09:29:54		142
		8km: 01:22:08 26km: 03:27:08 30km: 03:46:09 41km: 05:41:17 47km: 06:55:12 52km: 07:44:35										
161	1115	CZERNIK BARBARA	TYCHY	TGB LAKE RUNNERS	POL	1987	K30-39	8	09:26:53	09:35:00	19	
		8km: 01:27:15 26km: 03:38:02 30km: 03:56:14 41km: 05:49:43 47km: 07:01:39 52km: 07:52:55										
162	1282	WOJCIECHOWSKI TOMASZ	WARSZAWA	RUNNING FROGS	POL	1981	M30-39	73	09:27:23	10:08:36		143
		8km: 01:19:32 26km: 03:21:03 30km: 03:39:07 41km: 05:41:18 47km: 06:53:21 52km: 07:43:36										
163	1069	ZIEMBA MICHAŁ	RZESZÓW		POL	1984	M30-39	74	09:27:29	10:04:21		144
		8km: 01:22:57 26km: 03:30:25 30km: 03:46:56 41km: 05:38:39 47km: 06:56:20 52km: 07:45:05										
164	1159	BYSTREK BERNARD	KOLBUSZOWA		POL	1990	M18-29	20	09:27:35	09:32:51		145
		8km: 01:14:04 26km: 03:08:51 30km: 03:25:25 41km: 05:27:24 47km: 06:50:55 52km: 07:47:41										
165	1330	WAŚOWICZ SZYMON	KĘTY		POL	1981	M30-39	75	09:28:03	10:07:20		146
		8km: 01:22:23 26km: 03:37:20 30km: 03:56:53 41km: 05:55:31 47km: 07:08:03 52km: 07:57:07										
166	859	BAŚ ANNA			POL	1969	K40-49	9	09:28:10	09:44:52	20	
		8km: 01:24:44 26km: 03:37:50 30km: 03:58:36 41km: 05:53:37 47km: 07:02:52 52km: 07:50:19										
167	1309	BRONISZEWSKI RYSZARD	PIOTRKÓW TRYB.	PASSION LIFE JOY	POL	1957	M50+	11	09:29:02	10:02:13		147
		8km: 01:24:05 26km: 03:34:53 30km: 03:51:39 41km: 05:54:18 47km: 07:04:57 52km: 07:56:32										
168	1315	WOSZCZYK MONIKA	PIOTRKÓW TRYBUNALSKI	PASSION LIFE JOY	POL	1981	K30-39	9	09:29:06	10:02:13	21	
		8km: 01:24:08 26km: 03:34:57 30km: 03:51:42 41km: 05:54:22 47km: 07:05:00 52km: 07:56:34										
169	834	KRZYSZTOSZEK JAKUB	KIELCE	BIEGAM DLA NADISI I LEOSTIA :)	POL	1981	M30-39	76	09:29:19	09:46:26		148
		8km: 01:25:11 26km: 03:46:19 30km: 04:05:13 41km: 05:52:07 47km: 07:03:35 52km: 07:53:44										
170	1244	SIEPRAWKA MALGOSIA	SPYTKOWICE		POL	1983	K30-39	10	09:29:48	10:00:55	22	
		8km: 01:25:27 26km: 03:37:09 30km: 03:57:15 41km: 05:52:44 47km: 07:04:05 52km: 07:52:23										
171	1122	LAMPERT MATEUSZ			POL	1993	M18-29	21	09:29:50	10:01:38		149
		8km: 01:32:45 26km: 03:43:37 30km: 04:01:41 41km: 05:52:40 47km: 07:04:14 52km: 07:55:03										
172	853	KROCZYŃSKI SŁAWOMIR	KOŁOBRZEG		POL	1961	M50+	12	09:30:46	09:43:39		150
		8km: 01:21:34 26km: 03:34:28 30km: 03:56:26 41km: 05:54:50 47km: 07:05:37 52km: 07:55:10										
173	5646	ZARĘBA FILIP	MIELEC	ZABIEGANI MIELEC	POL	1993	M18-29	22	09:31:07	10:07:25		151
		8km: 01:17:08 26km: 03:13:50 30km: 03:31:46 41km: 05:27:11 47km: 06:36:47 52km: 07:28:42										
174	1064	BOTOR MATEUSZ			POL	1981						

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Rok	Kat	Mce Kat	Czas netto	Czas brutto	K	M
221	1314	JODŁOWSKI DOMINIK	KRAKÓW		POL	1981	M30-39	92	09:50:12	10:21:29		194
		8km: 01:26:45 26km: 03:33:23 30km: 03:50:53 41km: 05:49:36 47km: 07:15:24 52km: 08:08:35										
222	1403	KOZIELEC TOMASZ	KLESZCZÓW	PEDZACE MISIE	POL	1975	M40-49	59	09:50:52	10:33:05		195
		8km: 01:32:33 26km: 03:57:19 30km: 04:18:29 41km: 06:10:58 47km: 07:21:34 52km: 08:12:25										
223	952	LEBUDA GRZEGORZ	TYCHY	TEAM PAPRY 20	POL	1975	M40-49	60	09:51:08	10:04:10		196
		8km: 01:25:08 26km: 03:43:51 30km: 04:07:11 41km: 06:01:55 47km: 07:12:44 52km: 07:59:25										
224	1305	JANIK MATEUSZ	TENCZYNEK		POL	1988	M30-39	93	09:51:09	10:27:09		197
		8km: 01:16:36 26km: 03:17:53 30km: 03:34:58 41km: 05:40:26 47km: 07:22:14 52km: 08:13:34										
225	811	PISINGAS MARIUSZ	GLIWICE		POL	1978	M40-49	61	09:51:56	10:01:07		198
		8km: 01:20:56 26km: 03:34:25 30km: 03:52:31 41km: 05:59:41 47km: 07:21:25 52km: 08:14:55										
226	913	BORYCKI LUKASZ	KIELCE	WŁÓCZYKIE	POL	1987	M30-39	94	09:52:02	10:04:03		199
		8km: 01:20:00 26km: 03:16:29 30km: 03:33:47 41km: 05:30:38 47km: 07:07:36 52km: 08:01:39										
227	865	POTOCZNY MIROSLAW	JAWORZNO	Z BIEGIEM MI DO TWARZY	POL	1974	M40-49	62	09:52:24	10:21:01		200
		8km: 01:26:53 26km: 03:58:47 30km: 04:17:22 41km: 05:59:14 47km: 07:11:55 52km: 08:03:46										
228	5401	MIKULSKI MICHAŁ	BOCHNIA	GREMI BOCHNIA	POL	1984	M30-39	95	09:52:26	10:26:32		201
		8km: 01:21:53 26km: 03:33:26 30km: 03:50:38 41km: 05:45:27 47km: 07:07:27 52km: 08:02:37										
229	1024	CHILIMONIUK PAWEŁ	WARSZAWA		POL	1974	M40-49	63	09:52:49	10:07:50		202
		8km: 01:24:29 26km: 03:37:09 30km: 03:55:22 41km: 05:53:39 47km: 07:21:11 52km: 08:12:10										
230	1248	WILCZEK MIROSLAW	CELESTYNÓW		POL	1979	M30-39	96	09:53:24	10:03:56		203
		8km: 01:24:49 26km: 03:31:04 30km: 03:49:11 41km: 05:49:40 47km: 07:05:19 52km: 07:57:00										
231	1288	LUKASIAK ADAM	WARSZAWA		POL	1985	M30-39	97	09:53:49	10:27:50		204
		8km: 01:18:24 26km: 03:30:29 30km: 03:47:29 41km: 05:59:18 47km: 07:21:10 52km: 08:08:00										
232	1146	JACH-BALICKA ALEKSANDRA	WIELICZKA		POL	1982	K30-39	14	09:55:28	10:14:37	28	
		8km: 01:30:03 26km: 03:58:16 30km: 04:19:10 41km: 06:18:14 47km: 07:29:59 52km: 08:17:35										
233	1298	WAŻ MARIUSZ	REDA	KS ISKRA PRZY AKADEMII MARYNARKI WOJENNE	POL	1970	M40-49	64	09:55:34	10:26:56		205
		8km: 01:21:06 26km: 03:35:07 30km: 03:55:29 41km: 05:55:38 47km: 07:15:53 52km: 08:05:48										
234	1226	MACHNICKI PAWEŁ	KRAKÓW	OSTROBIEC	POL	1983	M30-39	98	09:56:01	10:34:04		206
		8km: 01:27:16 26km: 03:43:36 30km: 04:01:30 41km: 06:03:03 47km: 07:34:37 52km: 08:26:01										
235	1080	BRYL SŁAWOMIR	WIELICZKA	ROZBIEGANE DOBCZYCE	POL	1980	M30-39	99	09:56:02	10:26:53		207
		8km: 01:25:28 26km: 03:44:44 30km: 04:01:07 41km: 06:07:46 47km: 07:26:00 52km: 08:22:16										
236	1089	DRZYŻGA - BŁASZCZYK ANNA	DOBCZYCE	ROZBIEGANE DOBCZYCE	POL	1981	K30-39	15	09:56:05	10:26:53	29	
		8km: 01:25:38 26km: 03:44:49 30km: 04:01:10 41km: 06:07:46 47km: 07:26:02 52km: 08:22:19										
237	1322	LEWANDOWSKI PAWEŁ	RZESZÓW		POL	1978	M40-49	65	09:56:10	10:32:00		208
		8km: 01:13:22 26km: 03:18:12 30km: 03:34:02 41km: 05:36:50 47km: 07:21:24 52km: 08:16:52										
238	1108	KRAWCZYK JACEK	KRAKÓW		POL	1974	M40-49	66	09:57:11	10:12:22		209
		8km: 01:23:36 26km: 03:39:26 30km: 04:00:49 41km: 06:05:59 47km: 07:34:37 52km: 08:21:34										
239	1222	FOGEL JANUSZ	TARNÓW		POL	1974	M40-49	67	09:57:38	10:25:26		210
		8km: 01:23:21 26km: 03:35:22 30km: 03:54:31 41km: 05:57:26 47km: 07:22:59 52km: 08:15:38										
240	5645	WOJTANOWICZ MARCIN	ZDUŃSKA WOLA		POL	1976	M40-49	68	09:57:39	10:29:50		211
		8km: 01:23:29 26km: 03:35:24 30km: 03:53:54 41km: 05:55:07 47km: 07:11:24 52km: 08:03:01										
241	5745	ARMACIŃSKI FILIP	USTRZYKI DOLNE	WOJAK TEAM ***	POL	1994	M18-29	29	09:58:04	10:30:01		212
		8km: 01:22:40 26km: 03:42:05 30km: 04:02:50 41km: 06:02:14 47km: 07:22:56 52km: 08:17:42										
242	1400	SZOPIŃSKA AGNIESZKA	BYDGOSZCZ		POL	1980	K30-39	16	09:58:36	10:07:07	30	
		8km: 01:29:25 26km: 03:53:51 30km: 04:11:54 41km: 06:16:20 47km: 07:31:32 52km: 08:19:57										
243	1208	WOJTYCZKA WOJCIECH	KŁODNITZ RUN		POL	1985	M30-39	100	09:58:46	10:20:37		213
		8km: 01:21:10 26km: 03:21:45 30km: 03:39:32 41km: 05:43:39 47km: 07:12:27 52km: 08:06:59										
244	1102	HAUPA MACIEJ	WIELEŃ	KS DEBIUT WIELEŃ	POL	1979	M30-39	101	09:59:39	10:26:28		214
		8km: 01:27:23 26km: 03:42:13 30km: 04:03:15 41km: 06:02:00 47km: 07:30:53 52km: 08:22:45										
245	1276	MATULA TOMASZ	GRYBÓW (NOWOSĄDECKI)		POL	1980	M30-39	102	09:59:52	10:41:29		215
		8km: 01:30:39 26km: 03:52:51 30km: 41km: 06:11:28 47km: 07:29:11 52km: 08:22:11										
246	1261	RAĆKOWSKI GRZEGORZ	GRYBÓW		POL	1983	M30-39	103	10:00:15	10:41:48		216
		8km: 01:30:42 26km: 03:53:03 30km: 41km: 06:11:31 47km: 07:29:15 52km: 08:25:01										
247	825	KRÓL PAWEŁ	TARNOWSKIE GÓRY		POL	1975	M40-49	69	10:00:26	10:04:38		217
		8km: 01:31:08 26km: 03:54:52 30km: 04:14:44 41km: 06:14:44 47km: 07:34:30 52km: 08:23:13										
248	4950	SZURMAN JAN	USTRÓŃ	VIRTUAL RUNNERS CLUB	POL	1984	M30-39	104	10:02:17	10:39:38		218
		8km: 01:25:26 26km: 03:47:15 30km: 04:06:08 41km: 06:04:22 47km: 07:25:14 52km: 08:21:53										
249	1354	TRYBUS RAFAL	GORLICE		POL	1993	M18-29	30	10:02:40	10:45:02		219
		8km: 01:20:32 26km: 03:31:49 30km: 03:50:10 41km: 06:00:56 47km: 07:30:27 52km: 08:23:20										
250	852	WŁOCH SŁAWOMIR	KROSNO		POL	1970	M40-49	70	10:02:40	10:05:56		219
		8km: 01:18:45 26km: 03:23:36 30km: 03:44:21 41km: 05:55:04 47km: 07:22:30 52km: 08:16:45										
251	1065	SIWEK SEBASTIAN	BYTOM	SZOMBIERKI RUNNERS	POL	1972	M40-49	71	10:03:05	10:07:12		221
		8km: 01:29:29 26km: 03:54:39 30km: 04:13:59 41km: 06:17:28 47km: 07:33:44 52km: 08:25:20										
252	918	MONICA MATEUSZ	KRYNICA ZDRÓJ	AMBASADOR FESTIWALU BIEGOWEGO	POL	1979	M30-39	105	10:03:10	10:23:09		222
		8km: 01:24:00 26km: 03:46:56 30km: 04:06:52 41km: 06:05:15 47km: 07:19:17 52km: 08:15:27										
253	1056	ORDON ZBIGNIEW	LUBIANKA	KM TRUCHCIK LUBIANKA	POL	1973	M40-49	72	10:03:41	10:22:44		223
		8km: 01:26:35 26km: 03:45:17 30km: 04:04:07 41km: 06:05:37 47km: 07:28:00 52km: 08:22:07										
254	1394	DUDEK MICHAŁ		BIEGOSIEM.PL	POL	1985	M30-39	106	10:05:49	10:43:06		224
		8km: 01:25:30 26km: 03:47:20 30km: 04:06:13 41km: 06:04:26 47km: 07:25:19 52km: 08:21:56										
255	1378	MATUĆ DARIUSZ	BYTOM	MIECHOWICKA GRUPA BIEGOWA	POL	1972	M40-49	73	10:07:03	10:31:46		225
		8km: 01:25:54 26km: 03:38:37 30km: 03:58:05 41km: 06:14:18 47km: 07:51:11 52km: 08:41:20										
256	1259	ZAWORA LUKASZ	PUSTKÓW		POL	1986	M30-39	107	10:07:58	10:13:19		226
		8km: 01:18:10 26km: 03:28:39 30km: 03:48:04 41km: 05:54:25 47km: 07:19:47 52km: 08:12:49										
257	5550	WALUK PIOTR	PAPROTNIA		POL	1975	M40-49	74	10:08:09	10:36:11		227
		8km: 01:31:59 26km: 03:48:25 30km: 04:07:05 41km: 06:13:21 47km: 07:36:12 52km: 08:28:20										
258	1175	PAWELCZUK PIOTR	ZABIERZÓW		POL	1978	M40-49	75	10:09:28	10:42:25		228
		8km: 01:34:57 26km: 04:07:39 30km: 04:28:38 41km: 06:30:32 47km: 07:49:32 52km: 08:37:59										
259	915	WISZNIEWSKI MACIEJ	TARNÓW	GRUPA SKROMNYCH BIEGACZY	POL	1973	M40-49	76	10:09:40	10:12:27		229
		8km: 01:27:29 26km: 03:49:29 30km: 04:08:19 41km: 06:11:34 47km: 07:30:27 52km: 08:23:56										
260	1304	ALBIŃSKI TOMASZ	WARSZAWA		POL	1978	M40-49	77	10:10:56	10:52:04		230
		8km: 01:24:02 26km: 03:30:04 30km: 03:50:10 41km: 05:59:53 47km: 07:19:38 52km: 08:10:50										
261	1005	BODZĘTA DOROTA	KRZESZOWICE		POL	1973	K40-49	12	10:12:23	10:41:57	31	
		8km: 01:29:19 26km: 03:52:45 30km: 04:11:20 41km: 06:08:40 47km: 07:28:37 52km: 08:28:16										

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Rok	Kat	Mce Kat	Czas netto	Czas brutto	K	M
265	1126	ŚWIDER ZBIGNIEW	SKOCZÓW		POL	1975	M40-49	78	10:14:13	10:14:50		233
		8km: 01:24:55 26km: 03:32:55 30km: 03:51:26 41km: 05:53:33 47km: 07:35:48 52km: 08:33:32										
266	1267	SZACH ANDRZEJ			POL	1978	M40-49	79	10:14:54	10:53:58		234
		8km: 01:22:57 26km: 03:32:12 30km: 03:51:34 41km: 05:51:47 47km: 07:29:56 52km: 08:35:36										
267	1195	BRUZDA JOANNA	BĘDZIN	ZDZIERAJ KAPCIE	POL	1977	K40-49	14	10:15:12	10:53:56	33	
		8km: 01:28:06 26km: 03:47:37 30km: 04:08:18 41km: 06:16:34 47km: 07:32:17 52km: 08:22:13										
268	1377	KWACZ KRZYSZTOF	POZNAŃ	ON THE MOVE	POL	1976	M40-49	80	10:15:33	10:48:34		235
		8km: 01:26:56 26km: 03:52:57 30km: 04:13:21 41km: 06:20:27 47km: 07:41:42 52km: 08:35:48										
269	1266	CZAJKOWSKI ARKADIUSZ	KATOWICE	ADS MASNA	POL	1972	M40-49	81	10:16:12	10:50:41		236
		8km: 26km: 03:43:39 30km: 04:03:52 41km: 06:05:29 47km: 07:24:59 52km: 08:20:20										
270	5402	MARKOWSKA-MIKULSKA HALINA	BOCHNIA	GREMI BOCHNIA	POL	1983	K30-39	17	10:16:23	10:50:20	34	
		8km: 01:31:05 26km: 03:55:22 30km: 04:14:42 41km: 06:10:57 47km: 07:36:48 52km: 08:35:35										
271	937	MATYSIAK ALEKSANDRA	GRODZISK WLKP		POL	1995	K18-29	4	10:16:32	10:54:58	35	
		8km: 01:28:36 26km: 03:56:06 30km: 04:17:13 41km: 06:23:24 47km: 07:44:18 52km: 08:37:05										
272	1015	IWICKI KRZYSZTOF	TORUŃ		POL	1990	M18-29	32	10:16:48	10:42:14		237
		8km: 01:20:25 26km: 03:28:43 30km: 03:48:55 41km: 05:57:08 47km: 07:48:04 52km: 08:42:52										
273	1283	KRUK MAŁGORZATA	KIELCE		POL	1975	K40-49	15	10:17:05	10:51:17	36	
		8km: 01:28:17 26km: 03:46:49 30km: 04:04:37 41km: 06:09:20 47km: 07:33:15 52km: 08:24:43										
274	6376	PILECKI PAWEŁ			POL	1982	M30-39	108	10:17:31	10:59:17		238
		8km: 01:26:18 26km: 03:43:23 30km: 04:02:23 41km: 05:59:10 47km: 07:30:56 52km: 08:25:54										
275	1092	ZIELIŃSKI IREK	KOŃCZEWICE	KM TRUCHCIK LUBIANKA	POL	1981	M30-39	109	10:18:26	10:37:25		239
		8km: 01:26:39 26km: 03:45:20 30km: 04:03:18 41km: 06:05:40 47km: 07:28:04 52km: 08:22:12										
276	1321	DZIERŻEŃSKA MONIKA	GDAŃSK		POL	1974	K40-49	16	10:18:31	10:51:13	37	
		8km: 01:34:02 26km: 04:11:10 30km: 04:30:53 41km: 06:36:51 47km: 07:52:55 52km: 08:41:20										
277	1091	TOMANEK RENATA	STARACHOWICE		POL	1973	K40-49	17	10:18:52	10:48:10	38	
		8km: 01:29:42 26km: 03:53:44 30km: 04:14:24 41km: 06:17:27 47km: 07:34:48 52km: 08:37:08										
278	1239	KISIELEWSKI PIOTR	KRAKÓW	BIKE BOARD	POL	1969	M40-49	82	10:19:45	10:35:02		240
		8km: 01:23:04 26km: 03:39:17 30km: 03:59:14 41km: 06:05:53 47km: 07:34:31 52km: 08:29:32										
279	4938	BOCHENEK MARIA	SKOCZÓW	AMBASADOR FESTIWALU BIEGOWEGO	POL	1965	K50+	1	10:19:46	10:34:20	39	
		8km: 01:30:31 26km: 03:51:11 30km: 04:12:20 41km: 06:19:45 47km: 07:46:53 52km: 08:39:36										
280	1137	ZABOROWSKA HALINA	DĘBICA	KB MARATOŃCZYK DĘBICA	POL	1964	K50+	2	10:19:51	10:33:12	40	
		8km: 01:33:06 26km: 03:57:26 30km: 04:18:13 41km: 06:19:45 47km: 07:40:23 52km: 08:34:49										
281	1399	URBANOWICZ ANDRZEJ	ZABIERZÓW		POL	1976	M40-49	83	10:20:41	10:50:37		241
		8km: 01:21:04 26km: 03:31:36 30km: 03:51:04 41km: 05:59:20 47km: 07:43:44 52km: 08:38:26										
282	1060	DZIAŁA PIOTR		KB OŻARÓW MAZOWIECKI BIEGA	POL	1976	M40-49	84	10:20:43	10:35:10		242
		8km: 01:30:16 26km: 03:47:34 30km: 04:07:21 41km: 06:10:24 47km: 07:33:50 52km: 08:27:19										
283	871	TYSZEWICZ-OBARA ANNA		BIEGNE, ZEBY BARTEK MÓGL BIEGAĆ	POL	1982	K30-39	18	10:20:47	10:27:48	41	
		8km: 01:23:22 26km: 03:38:01 30km: 03:57:38 41km: 06:16:32 47km: 07:35:49 52km: 08:36:42										
284	979	HELIOSZ ADAM	WODZISŁAW ŚLĄSKI		POL	1979	M30-39	110	10:21:10	10:42:41		243
		8km: 01:30:36 26km: 03:59:46 30km: 04:21:24 41km: 06:17:15 47km: 07:37:10 52km: 08:26:41										
285	4940	RYTCH GRZEGORZ	ŁÓDŹ	HUSARIA RACE TEAM	POL	1988	M30-39	111	10:21:32	10:27:09		244
		8km: 01:33:46 26km: 03:59:15 30km: 04:19:11 41km: 06:24:31 47km: 07:47:57 52km: 08:39:52										
286	1278	SZYMANIAK FILIP	BYTOM		POL	1995	M18-29	33	10:21:46	11:00:58		245
		8km: 01:25:32 26km: 03:45:00 30km: 04:05:00 41km: 06:05:46 47km: 07:38:35 52km: 08:35:29										
287	1009	DUDEK ADAM	BOBROWA	SZWADRON WILKÓW ALFA	POL	1974	M40-49	85	10:22:43	10:36:09		246
		8km: 01:24:07 26km: 03:39:23 30km: 04:00:51 41km: 06:09:49 47km: 07:36:29 52km: 08:32:07										
288	1338	HOSS JAN	HATFIELD		GBR	1980	M30-39	112	10:22:48	10:22:48		247
		8km: 26km: 30km: 41km: 47km: 52km:										
289	1125	RANDAK MAREK			POL	1969	M40-49	86	10:22:53	10:52:28		248
		8km: 01:26:05 26km: 03:54:48 30km: 04:14:17 41km: 06:11:32 47km: 07:31:27 52km: 08:28:16										
290	987	SOKOLOWSKA AGNIESZKA			POL	1985	K30-39	19	10:23:05	10:50:28	42	
		8km: 01:34:02 26km: 03:58:05 30km: 04:17:30 41km: 06:22:49 47km: 07:46:32 52km: 08:40:16										
291	1110	RADWAN JAREK	SKAWINA		POL	1979	M30-39	113	10:23:28	10:38:59		249
		8km: 01:19:31 26km: 03:18:35 30km: 03:39:47 41km: 05:52:29 47km: 07:49:52 52km: 08:43:43										
292	1174	ŃÓŻKA ANDRZEJ	PYRNIK		POL	1979	M30-39	114	10:24:56	10:35:53		250
		8km: 01:27:38 26km: 03:49:23 30km: 04:09:09 41km: 06:13:30 47km: 07:35:07 52km: 08:29:57										
293	1143	MATCZAK MACIEJ	ODOLANÓW		POL	1985	M30-39	115	10:24:59	10:40:54		251
		8km: 01:25:46 26km: 03:51:46 30km: 04:13:43 41km: 06:32:46 47km: 07:51:18 52km: 08:39:36										
294	1046	KAZIMIERUK GRZEGORZ	WARSZAWA		POL	1986	M30-39	116	10:25:11	11:01:16		252
		8km: 01:32:39 26km: 04:00:21 30km: 04:20:58 41km: 06:16:49 47km: 07:51:19 52km: 08:49:21										
295	881	BIELAK TOMASZ	KAMIONKA		POL	1976	M40-49	87	10:25:29	10:30:16		253
		8km: 01:33:51 26km: 04:04:47 30km: 04:25:57 41km: 06:37:02 47km: 07:53:49 52km: 08:44:07										
296	4927	ROSZAK WALDEMAR	WARSZAWA	BIEGAM NA ZIELONEJ BIALOLEŃCE	POL	1967	M50+	18	10:25:55	10:36:18		254
		8km: 01:39:21 26km: 04:16:45 30km: 04:40:09 41km: 06:41:09 47km: 08:01:50 52km: 08:51:19										
297	1107	MADEJ PAWEŁ		MAZOWIECKI KLUB KARATE KYOKUSHIN	POL	1992	M18-29	34	10:26:02	11:03:38		255
		8km: 01:20:16 26km: 03:27:22 30km: 03:48:21 41km: 06:03:20 47km: 07:25:03 52km: 08:19:14										
298	1355	REJMAN DOROTA	TARNOBRZEG	UKS SIEDLESZCZANY	POL	1980	K30-39	20	10:26:07	10:38:00	43	
		8km: 01:35:17 26km: 04:10:02 30km: 04:32:28 41km: 06:30:53 47km: 07:54:50 52km: 08:41:26										
299	5648	WOZNIAK WOJCIECH	POZNAŃ	BETTER THAN A THOUSAND	POL	1968	M50+	19	10:27:09	10:54:51		256
		8km: 01:24:48 26km: 03:40:49 30km: 04:02:54 41km: 06:05:38 47km: 07:35:48 52km: 08:31:29										
300	1243	MOSKAL IZABELLA	POZNAŃ	AMBASADOR FESTIWALU BIEGOWEGO	POL	1973	K40-49	18	10:27:35	10:59:08	44	
		8km: 01:31:59 26km: 03:58:01 30km: 04:18:02 41km: 06:36:47 47km: 07:56:31 52km: 08:53:17										
301	1210	NAZIM TADEUSZ	SKAWINA	SKAWINA BIEGA	POL	1948	M50+	20	10:28:06	10:49:54		257
		8km: 01:29:20 26km: 03:52:34 30km: 04:13:15 41km: 06:18:21 47km: 07:52:40 52km: 08:45:50										
302	1275	GAD SZCZEPAN	WARSZAWA	KS STASZEWCY	POL	1976	M40-49	88	10:28:33	10:53:39		258
		8km: 01:25:13 26km: 03:33:36 30km: 03:51:18 41km: 05:53:28 47km: 07:29:00 52km: 08:25:13										
303	1142	KLIMOWSKI DANIEL	PIERŚCIEC		POL	1976	M40-49	89	10:28:40	10:29:21		259
		8km: 01:24:54 26km: 03:51:21 30km: 04:09:16 41km: 06:26:28 47km: 07:51:57 52km: 08:48:01										
304	977	MOJEK MICHAŁ	WARSZAWA		POL	1980	M30-39	117	10:31:35	10:39:27		260
		8km: 01:22:32 26km: 03:42:52 30km: 04:02:33 41km: 06:13:13 47km: 07:40:37 52km: 08:31:12										
305	1332	PABIAN PIOTR	KRAKÓW	MROŻNE PĄCZKI	POL	1986	M30-39	118	10:32:40	11:12:33		261
		8km: 01:26:56 26km: 03:52:51 30km: 04:12:28 41km: 06:14:15 47km: 07:32:39 52km: 08:35:34										
306	5920	JARECKA KATARZYNA	WARSZAWA	ALL								

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Rok	Kat	Mce Kat	Czas netto	Czas brutto	K	M
309	1245	SUMIEC KATARZYNA	MIELEC	ZABIEGANI MIELEC	POL	1994	K18-29	5	10:34:18	11:05:45	46	
310	1094	BILCZEWSKI TOMASZ	KRAKÓW		POL	1977	M40-49	90	10:37:16	10:52:42		264
311	906	DĄBROWSKA KATARZYNA	PIASECZNO	HUTNIK WARSZAWA	POL	1988	K30-39	21	10:37:22	10:54:44	47	
312	4923	GABRYŚ NATALIA	OSTRZESZÓW	AMBASADOR FESTIWALU BIEGOWEGO	POL	1986	K30-39	22	10:37:57	10:54:46	48	
313	824	GŁOWACKI MARIUSZ	KRAKÓW	ACTIVE JURA	POL	1974	M40-49	91	10:37:57	10:42:00		265
314	844	OSTAPIŃSKA MAGDA	PIASECZNO		POL	1974	K40-49	20	10:38:25	10:50:39	49	
315	4931	POLOMSKI ANDRZEJ	WARSZAWA		POL	1961	M50+	21	10:39:31	11:07:44		266
316	991	TUCHOWSKI JANUSZ	DĘBICA		POL	1975	M40-49	92	10:39:31	10:58:10		266
317	1041	GALUSZKA MARIA			POL	1994	K18-29	6	10:39:52	11:11:37	50	
318	813	NOWAKOWSKI MIROSLAW	WIELEŃ		POL	1971	M40-49	93	10:40:37	11:07:20		268
319	1187	SZEWczyk MAREK	POZNAŃ	CYBINA TEAM	POL	1955	M50+	22	10:41:40	11:07:53		269
320	1021	MACZUGA MONIKA		MUSTANGI GLIWICE	POL	1988	K30-39	23	10:42:49	11:00:40	51	
321	1391	SIEK KAZIMIERZ	ZABRNE	FARTLEK GO	POL	1969	M40-49	94	10:42:49	11:04:10		270
322	5832	ZUGAJ BARTEK			POL	1984	M30-39	121	10:42:58	11:32:18		271
323	1188	OLKIS RAFAŁ	WROCLAW	PRZEBIEGA.PL	POL	1981	M30-39	122	10:44:17	11:12:59		272
324	1076	SZERSZENIEWSKI MAREK	WARSZAWA		POL	1961	M50+	23	10:44:19	10:53:01		273
325	4941	BOCHENEK JACEK	SKOCZÓW	AMBASADOR FESTIWALU BIEGOWEGO	POL	1968	M50+	24	10:45:19	11:00:06		274
326	933	DEŁĄG AGNIESZKA	LUBLIN		POL	1983	K30-39	24	10:45:20	10:45:32	52	
327	1144	NOWICKA MONIKA	TYCHY		POL	1985	K30-39	25	10:45:28	10:58:26	53	
328	966	TKACZ PRZEMYSŁAW	KRAKÓW	ZIOMKI	POL	1973	M40-49	95	10:45:36	10:56:30		275
329	1149	FIEDOROWICZ MARCIN			POL	1985	M30-39	123	10:45:40	11:22:53		276
330	5403	ZIÓŁEK ANDRZEJ	NOWE GULCZEWO		POL	1969	M40-49	96	10:45:45	10:51:33		277
331	5404	BEDNARSKA DOROTA	PŁOCK	RYKOWISKO	POL	1978	K40-49	21	10:45:50	10:51:33	54	
332	1289	NATKOWSKI MARCIN	NOWY SĄCZ		POL	1985	M30-39	124	10:46:05	11:18:50		278
333	1286	NATKOWSKA ANETA	NOWY SĄCZ		POL	1990	K18-29	7	10:46:12	11:18:50	55	
334	1242	TRZEBUNIA ALICJA	ZAKOPANE	TG SOKÓŁ ZAKOPANE	POL	1979	K30-39	26	10:46:14	11:09:37	56	
335	831	ŻOCHOWSKI KRZYSZTOF	SŁUPNO	BIEGNIJ DZIADEK BIEGNIJ	POL	1964	M50+	25	10:47:57	10:56:53		279
336	1260	WILARY ROBERT	PŁOCK		POL	1973	M40-49	97	10:48:17	11:05:48		280
337	1189	JANOWSKA KATARZYNA	WARSZAWA	FIZJOZDROWIE	POL	1981	K30-39	27	10:48:20	11:07:42	57	
338	6399	WACH GRZEGORZ	LUBLIN		POL	1979	M30-39	125	10:48:27	11:13:58		281
339	978	GĄSIENIEC MARCIN	TOMASZÓW MAZOWIECKI		POL	1983	M30-39	126	10:48:38	11:14:15		282
340	1233	WOJDAT KATARZYNA	WARSZAWA		POL	1983	K30-39	28	10:48:40	11:19:38	58	
341	1385	SUBIK DARIUSZ	SWIERZOWA POLSKA		POL	1971	M40-49	98	10:49:07	11:29:55		283
342	917	LISIK JUSTYNA			POL	1980	K30-39	29	10:49:26	11:06:05	59	
343	1237	KLEPACKA-GANCARZ BARBARA	GLIWICE	MUSTANGI GLIWICE	POL	1976	K40-49	22	10:49:33	11:07:15	60	
344	879	RYZIŃSKI DARIUSZ	GLIWICE		POL	1967	M50+	26	10:50:33	10:52:54		284
345	880	RYZIŃSKA ANETA	GLIWICE		POL	1975	K40-49	23	10:50:37	10:52:54	61	
346	943	ŁATAK-SKRABUT BARBARA	GLIWICE	MUSTANGI GLIWICE	POL	1980	K30-39	30	10:50:44	11:08:31	62	
347	1373	CZECHOSKA MAGDALENA	WARSZAWA		POL	1981	K30-39	31	10:51:47	11:07:50	63	
348	1371	WÓLKIEWICZ DOROTA	PRUSKÓW	KS STASZEWSKY	POL	1970	K40-49	24	10:51:49	11:27:11	64	
349	867	KUREK DAWID			POL	1990	M18-29	35	10:52:31	11:19:58		285
350	1004	SZCZEPANIAK JADWIGA	ALEKSANDRÓW ŁÓDZKI		POL	1965	K50+	3	10:52:41	11:06:53	65	
351	973	JASIŃSKA MAGDALENA	WARSZAWA		POL	1974	K40-49	25	10:52:51	11:23:29	66	
352	1212	ICIEK SŁAWOMIR	TRZEBINIA	DZIKIE WIEPRZE TRZEBINIA	POL	1987	M30-39	127	10:53:32	10:53:26		286

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Rok	Kat	Mce Kat	Czas netto	Czas brutto	K	M
353	4935	JASKUŁA PAWEŁ	WARSZAWA		POL	1977	M40-49	99	10:53:55	11:05:37		287
8km: 01:27:23 26km: 03:48:50 30km: 04:09:10 41km: 06:26:57 47km: 08:08:00 52km: 08:59:41												
354	890	KARPIŃSKI PAWEŁ	WARSZAWA		POL	1983	M30-39	128	10:55:16	10:57:52		288
8km: 01:26:43 26km: 03:50:50 30km: 04:12:18 41km: 06:28:01 47km: 08:03:22 52km: 08:57:05												
355	869	SAWICKI RADEK	WARSZAWA	DZIKIE GRUBASY SZATANA	POL	1983	M30-39	129	10:55:20	10:57:52		289
8km: 01:26:45 26km: 03:50:48 30km: 04:12:22 41km: 06:25:16 47km: 08:03:26 52km: 08:57:06												
356	1325	DĄBROWSKA EWELINA	ŁÓDŹ	AKADEMIABIEGACZA.PL S.L. SALOS-WODNA ŁÓD	POL	1987	K30-39	32	10:56:33	11:35:15	67	
8km: 01:34:16 26km: 04:06:06 30km: 04:39:34 41km: 06:34:33 47km: 08:06:19 52km: 09:06:21												
357	809	KANDEFER URSZULA	RZESZÓW		POL	1980	K30-39	33	10:56:50	11:07:56	68	
8km: 01:30:59 26km: 03:56:03 30km: 04:17:39 41km: 06:26:06 47km: 08:00:22 52km: 09:02:25												
358	5919	KLUCZYŃSKI GRZEGORZ	WARSZAWA	ALLERGAN	POL	1973	M40-49	100	10:56:55	11:36:24		290
8km: 01:29:47 26km: 03:49:55 30km: 04:09:09 41km: 06:23:39 47km: 07:57:40 52km: 08:54:40												
359	1351	ARENDT MICHAŁ	GDYNIA		POL	1985	M30-39	130	10:57:10	11:39:04		291
8km: 01:27:53 26km: 03:44:58 30km: 04:04:29 41km: 06:06:32 47km: 07:39:35 52km: 08:36:10												
360	1043	BAŃSKI SZYMON	UJSOŁY	KS HALNY WĘGIESKA GÓRKA	POL	1979	M30-39	131	10:57:25	11:32:43		292
8km: 01:37:50 26km: 04:24:27 30km: 04:46:23 41km: 07:06:47 47km: 08:29:34 52km: 09:22:37												
361	1280	ŁABĘDZKI MICHAŁ	WARSZAWA	RUN FORREST	POL	1974	M40-49	101	10:58:10	11:09:56		293
8km: 01:27:02 26km: 03:50:27 30km: 04:12:23 41km: 06:44:41 47km: 08:08:06 52km: 09:03:21												
362	1254	KARKOWSKA WIESŁAWA	BARANÓWO	36 MINUT WESTPOINT	POL	1960	K50+	4	10:58:26	11:24:19	69	
8km: 01:36:39 26km: 04:11:14 30km: 41km: 06:42:27 47km: 08:02:11 52km: 08:58:59												
363	984	SIKORA TOMASZ	ZGŁOBICE	RACE BROTHERS	POL	1980	M30-39	132	10:59:38	11:20:47		294
8km: 01:26:58 26km: 03:46:46 30km: 04:10:20 41km: 06:19:06 47km: 07:55:39 52km: 08:59:30												
364	1317	WALENTA HANNA			POL	1976	K40-49	26	10:59:51	11:12:38	70	
8km: 01:42:09 26km: 04:28:44 30km: 04:48:38 41km: 06:50:17 47km: 08:21:40 52km: 09:13:01												
365	163	KNUROWSKI MARCIN	PRZEDMOŚCIE	CROSSFIT GŁOGÓW	POL	1971	M40-49	102	11:00:37	11:32:55		295
8km: 01:34:47 26km: 04:19:08 30km: 04:39:34 41km: 06:49:21 47km: 08:15:08 52km: 09:08:16												
366	827	MROCKIEWICZ KRZYSZTOF	POZNAŃ		POL	1979	M30-39	133	11:01:18	11:15:00		296
8km: 01:30:20 26km: 03:59:15 30km: 04:22:05 41km: 06:38:09 47km: 08:11:24 52km: 09:14:38												
367	1383	KAŁOL DARIUSZ		42DOSZCZESCIA.PL	POL	1990	M18-29	36	11:01:55	11:42:23		297
8km: 01:30:41 26km: 03:45:36 30km: 04:04:13 41km: 06:19:43 47km: 07:52:28 52km: 09:00:46												
368	1388	MUCHA KRZYSZTOF	TYCHY		POL	1987	M30-39	134	11:01:55	11:15:07		297
8km: 01:27:23 26km: 03:54:33 30km: 04:17:35 41km: 06:48:45 47km: 08:19:24 52km: 09:08:33												
369	1263	DUDEK JOANNA	BYDGOSZCZ	FORDNRUNNERS	POL	1978	K40-49	27	11:02:17	11:37:08	71	
8km: 01:36:08 26km: 04:17:56 30km: 04:40:21 41km: 07:14:23 47km: 08:33:27 52km: 09:23:35												
370	1078	SOWA MACIEJ	ŁÓDŹ	SZAKALE BALUT ŁÓDŹ	POL	1968	M50+	27	11:02:22	11:26:39		299
8km: 01:20:39 26km: 03:55:49 30km: 04:16:01 41km: 06:36:01 47km: 08:14:25 52km: 09:15:19												
371	850	PORĘBSKI ZBIGNIEW			POL	1967	M50+	28	11:02:24	11:10:46		300
8km: 01:29:57 26km: 04:03:12 30km: 04:25:04 41km: 06:44:11 47km: 08:25:25 52km: 09:21:07												
372	969	KUGLARZ SZYMON	WODZISŁAW ŚL.	MOTOINTEGRATOR RUNNING TEAM	POL	1973	M40-49	103	11:03:15	11:25:22		301
8km: 01:31:04 26km: 03:57:39 30km: 04:21:43 41km: 06:36:32 47km: 08:10:16 52km: 09:07:56												
373	998	CHARA PATRYK	SANDOMIERZ	TSA SANDOMIERZ	POL	1979	M30-39	135	11:04:02	11:24:36		302
8km: 01:31:49 26km: 03:59:25 30km: 04:21:57 41km: 06:47:58 47km: 08:18:13 52km: 09:12:45												
374	1033	ATYS BARTŁOMIEJ	WARSZAWA		POL	1975	M40-49	104	11:05:17	11:37:11		303
8km: 01:36:32 26km: 04:01:26 30km: 04:23:45 41km: 06:44:47 47km: 08:15:13 52km: 09:07:48												
375	935	OPOZDA ARKADIUSZ	KRAKÓW	NOVOMATIC TECHNOLOGIES POLAND	POL	1980	M30-39	136	11:05:44	11:16:10		304
8km: 01:23:30 26km: 03:42:22 30km: 04:04:39 41km: 06:25:47 47km: 08:01:18 52km: 09:01:38												
376	5398	CYPRYŚ JOANNA	RZESZÓW	DECATHLON RZESZÓW	POL	1993	K18-29	8	11:06:02	11:43:28	72	
8km: 01:31:47 26km: 04:01:32 30km: 41km: 06:35:54 47km: 07:59:33 52km: 08:57:46												
377	1147	BALICKI MARCIN	WIELICZKA		POL	1979	M30-39	137	11:06:05	11:25:17		305
8km: 01:29:50 26km: 03:59:01 30km: 04:19:19 41km: 06:32:01 47km: 08:00:36 52km: 09:01:25												
378	1268	KOSIERKIEWICZ GRZEGORZ	KIELCE		POL	1973	M40-49	105	11:06:11	11:06:31		306
8km: 01:42:25 26km: 04:25:04 30km: 04:48:24 41km: 06:59:06 47km: 08:26:13 52km: 09:21:11												
379	1072	BARAŃSKI JAKUB	KRAKÓW	LOS TREPOS COMPANIEROS	POL	1993	M18-29	37	11:07:13	11:25:24		307
8km: 01:28:10 26km: 04:02:39 30km: 04:23:09 41km: 06:34:45 47km: 08:11:27 52km: 09:03:56												
380	883	ZAWISZA ŁUKASZ	IWONICZ		POL	1986	M30-39	138	11:09:00	11:20:20		308
8km: 01:27:02 26km: 03:51:13 30km: 04:11:55 41km: 06:43:32 47km: 08:15:10 52km: 09:10:07												
381	4930	CZARNECKI ADAM	ŁOMIAŃKI		POL	1971	M40-49	106	11:09:05	11:19:17		309
8km: 01:31:24 26km: 04:03:52 30km: 04:25:12 41km: 06:40:52 47km: 08:18:03 52km: 09:16:25												
382	1039	RUPIK IRENEUSZ	CHORZÓW		POL	1971	M40-49	107	11:09:10	11:28:57		310
8km: 01:31:15 26km: 03:59:33 30km: 04:20:35 41km: 06:40:19 47km: 08:17:59 52km: 09:15:08												
383	4936	WOŹNIAK SEBASTIAN	ŁÓDŹ	MOTOINTEGRATOR RUNNING TEAM	POL	1979	M30-39	139	11:09:36	11:42:07		311
8km: 01:29:18 26km: 03:58:40 30km: 04:20:03 41km: 06:56:18 47km: 08:24:09 52km: 09:18:14												
384	821	NIEDŹWIEDZIŃSKI PIOTR	WROCLAW	RETRO	POL	1980	M30-39	140	11:10:12	11:20:48		312
8km: 01:30:54 26km: 03:57:36 30km: 04:19:18 41km: 06:32:17 47km: 08:01:39 52km: 08:58:00												
385	1140	BARAŃSKI RAFAŁ		BIEGAM BO MUSZE OPOLE	POL	1971	M40-49	108	11:10:56	11:38:09		313
8km: 01:37:24 26km: 04:06:14 30km: 04:26:03 41km: 06:35:42 47km: 08:05:27 52km: 09:04:17												
386	1361	KLEMBUKOWSKI PIOTR		KOLIBER TEAM	POL	1963	M50+	29	11:11:26	11:52:52		314
8km: 01:21:28 26km: 03:43:51 30km: 04:05:43 41km: 06:37:50 47km: 08:30:15 52km: 09:21:20												
387	808	LITWINOWICZ KARO	BEDZIN		POL	1981	K30-39	34	11:13:02	11:23:03	73	
8km: 01:28:24 26km: 04:07:07 30km: 04:32:35 41km: 06:38:09 47km: 08:17:15 52km: 09:09:16												
388	1025	DOROBISZ MAREK	MYSZKÓW		POL	1966	M50+	30	11:13:24	11:17:57		315
8km: 01:18:12 26km: 03:19:21 30km: 03:35:39 41km: 05:43:22 47km: 07:30:13 52km: 08:30:06												
389	962	KANIA JOLANTA	DĄBROWA GÓRNICZA		POL	1975	K40-49	28	11:14:40	11:20:44	74	
8km: 26km: 03:59:03 30km: 04:20:55 41km: 06:40:49 47km: 08:17:37 52km: 09:12:05												
390	997	MUSZYŃSKI MARCIN	JAKTORÓW		POL	1991	M18-29	38	11:15:13	11:43:09		316
8km: 01:31:30 26km: 03:47:18 30km: 04:06:47 41km: 06:05:20 47km: 07:36:18 52km: 08:42:46												
391	1151	URBAŃCZYK KAROL	GLIWICE		POL	1990	M18-29	39	11:16:06	11:45:18		317
8km: 01:35:50 26km: 04:20:20 30km: 04:42:23 41km: 06:53:28 47km: 08:19:11 52km: 09:20:55												
392	1148	PRZYBYŁO SONIA	GLIWICE		POL	1989	K18-29	9	11:16:08	11:45:18	75	
8km: 01:35:52 26km: 04:20:22 30km: 04:42:25 41km: 06:53:30 47km: 08:19:15 52km: 09:21:02												
393	5843	BRZEZOWSKA BEATA	WARSZAWA		POL	1967	K50+	5	11:17:33	11:59:50	76	
8km: 01:40:51 26km: 04:17:54 30km: 04:37:44 41km: 06:51:56 47km: 08:12:30 52km: 09:07:00												
394	1401	BAREJKA RAFAŁ	LODZ POLAND	NATALIA TOMASIAK GÓRSKI STYL	POL	1975	M40-49	109	11:18:00	11:42:13		318
8km: 01:31:15 26km: 04:03:17 30km: 04:25:26 41km: 06:39:28 47km: 08:14:28 52km: 09:15:18												
395	1229	KARPIŃSKI RADOSŁAW	KONDRAJEC PAŃSKI	KB TKKF PROMYK CIECHANÓW	POL	1995	M18-29	40	11:18:03	11:58:45		319
8km: 01:24:27 26km: 03:40:58 30km: 04:00:51 41km: 06:32:47 47km: 08:16:44 52km: 09:12:51												
396	1390	LEWANDOWSKI ROBERT			POL	1985	M30-39	141	11:18:07	11:58:44		320
8km: 01:24:32 26km: 03:41:03 30km: 04:00:54 41km: 06:32:50 47km: 08:16:50 52km: 09:10:13												

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Rok	Kat	Mce Kat	Czas netto	Czas brutto	K	M
485	822	CZAJKA PIOTR 8km: 01:41:46 26km: 04:42:43 30km: 05:14:59 41km: 07:57:49 47km: 09:30:53 52km: 10:30:03	WARSZAWA		POL	1968	M50+	38	12:48:16	12:57:37		374
486	1238	KIELBUS MIROSŁAW 8km: 02:05:32 26km: 05:20:42 30km: 05:44:33 41km: 08:19:48 47km: 09:53:51 52km: 10:50:07	RZESZÓW		POL	1971	M40-49	132	12:51:24	13:21:15		375
487	1240	BORTNOWSKA JUDYTA 8km: 02:06:05 26km: 05:20:44 30km: 05:44:38 41km: 08:19:48 47km: 09:53:53 52km: 10:50:12	RZESZÓW		POL	1976	K40-49	48	12:51:27	13:21:16	112	
488	863	JÓŻWICKI MICHAŁ 8km: 01:46:28 26km: 04:47:54 30km: 05:13:26 41km: 07:58:16 47km: 09:41:57 52km: 10:40:16	OTWOCK	RUN FORREST	POL	1977	M40-49	133	12:57:12	13:08:49		376
489	1084	KOMISAREK GRZEGORZ 8km: 01:44:34 26km: 04:54:32 30km: 05:21:39 41km: 07:55:25 47km: 09:37:29 52km: 10:31:35			POL	1976	M40-49	134	12:59:25	13:04:27		377
490	936	CIEŚLAK SYLWIA 8km: 01:55:59 26km: 05:01:35 30km: 05:28:48 41km: 08:18:36 47km: 09:54:54 52km: 10:54:17	GLIWICE		POL	1981	K30-39	48	13:05:33	13:23:55	113	
491	889	WSZELAK ILONA 8km: 01:48:43 26km: 04:58:11 30km: 05:25:55 41km: 08:06:01 47km: 09:52:13 52km: 10:50:26		ŁUBUDUBU	POL	1976	K40-49	49	13:08:27	13:14:35	114	
492	958	SITARZ MAGDALENA 8km: 01:52:48 26km: 05:01:27 30km: 05:28:40 41km: 08:20:57 47km: 09:58:02 52km: 10:54:15	KRAKÓW		POL	1964	K50+	6	13:09:37	13:11:39	115	